



Pilates Laguna

Classical Pilates Method of Body Conditioning

Studio Policies

Thank you for the opportunity to introduce you to the Pilates Method of Body Conditioning. If you have previous experience with this wonderful workout system I am happy to enable you to further your study.

Here's some information regarding your Pilates lessons with me:

Payment

- Payment may be made by check, cash, Visa, MasterCard, Discover and American Express.
- All sales are final. There are NO refunds.
- Payment is due in full at the time of service.

Cancellation

I understand that there may be times when you must cancel your session. I do ask that the following policies be observed:

- Please allow 24 hours of advance notice to cancel *or change* any appointment.
- No shows will automatically be deducted from your package.

Referrals

I continue to grow my business through referrals. So if your friends notice how fabulous you look and feel, please let them know what you have been up to! 😊