



*34th Scenic
Mountain
Triathlon
July 14
in Richwood*

Come join in a weekend of fun and excitement as the Richwood Chamber of Commerce plays host to West Virginia's oldest triathlon. Starting in 1985 this event has become a favorite of triathletes and spectators alike.

The entire race is held in the Monongahela National Forest. The race starts with a .5 mile swim in Summit Lake. Next is a 17.1 mile bike ride over 3 Kennison Mountain (elevation of 3,988 feet) to the Cranberry Mountain Nature Center. The race concludes with a 6.2 mile run down to the Cranberry Glades and back to the Cranberry Mountain Nature Center to the finish line.

For more information, visit www.richwoodchamberofcommerce.org