

Hall's Martial Arts Connection

11021 ANDERSON ROAD PIEDMONT, SC 29673 864.295.9403 or 864.444.5250

Special Points Of Interest

Birthday's

- April 16 Sensei Mike Bindas
- April 25 Sean Prenders
- April 28 Sensei James Walker

Recommended Reading

 Secrets of the Samura A. Westbrook and O. Ratti

Special Note

- Tuition payments are due no later than April I.
 Late fees apply after April 3.
- NEW Children's Class (Ages 6-10) each
 Saturday, (9:15-10:15am)
- Thanks to those that took part in the Stroud/Huneycutt Memorial Seminar. We had a great time and you honored HMAC with your participation.

"When Two Tigers Fight, One Is Certain To Be Maimed, And One To Die." Master Funakoshi

"Kenpo Fits Itself To You, Not The Other Way Around." Shaolin Kenpo Grandmaster Fred Villari

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Hall's Martial
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April 1, 2014

TECHNIQUE OF THE MONTH: ORANGE BELT - SIMITAR

From A Right Punch

- IS Left Foot Step To 11:00
- IS Left Inward Block To Outside Of The Right Punch
- IS Right Arm Cocked High to rear at 7;30
- 2S Right CCW slicing back knuckle through right rib cage
- 2S Left hand to cover
- 3 Right back-fist strikes CW through the kidney

HANSHI STROUD/SHIHAN HUNEYCUTT MEMORIAL SEMINAR, FEBRUARY 22, 2014

The day began Saturday morning at the Dojo at 3:00am. Sensei Ragan, Sensei Kage, Sensei James, myself along with Uke Jon, Holly, Cliff, Aaron, Brady and Renshi Hall traveled a long but pleasant 5 hours to Kinston, NC. There we were treated to some excellent training. The seminar was hosted by the Charles June Karate Institute and the Stroud School of Martial Arts. Everyone we met and trained with were wonderful and extremely helpful. Renshi Hall and some of the instructors from HMAC were asked to teach a block of instructions on Cane Techniques and Defenses. Below you will see the diverse syllabus offered that day. It was a very long and tiring day for everyone and ended for me and Sensei Kage 24 hours later but it was so enjoyable and beneficial that I look forward to doing this again as soon as the opportunity presents itself. I know I speak on behalf of everyone that went; IF you can ever participate in one of these seminars we highly would recommend it. It was a GREAT experience and drew us closer together as friends and Martial Artists.

THIS WAS A COPY OF THE SCHEDULE FOR THE STROUD/HONEYCUTT SEMINAR. THIS SEMINAR CONSISTED OF MULTIPLE INSTRUCTORS AND DISCIPLINES.

..... Featured Instructor: Times: Training Areas: Clayton Tucker Multiple training areas will run concurrently. Schedule will be Registration: 8 - 8:45am Other Instructors: available at registration table. Bill Brown Opening/Warmup: 9:00 GAMA-Goju Karate Billy Dail Session 1:9:30 - 10:25 Hakkoryu Jiu-Jitsu Charles June Session 2: 10:30 - 11:25 Kata Bunkai Session 3: 11:30 - 12:25 Christina Pittman **Pressure Points** Lunch Break 12:30 - 1:45 Jeff Gay Weapons Kevin Gurganus Iaido Session 4: 2:00 - 2:55 Judo LD Tomlinson Session 5: 3:00 - 3:55 Tai-Chi Luther Jett Session 6: 4:00 - 4:55 Shiatsu Massage Michelle Cetner Closing Ceremony: 5:00 Nick Petteway Kids (morning only) Tim Cunningham Adults (morning and afternoon) Specialized training available deservation