

DOVER HOUSING  
AUTHORITY &  
SEYMOUR OSMAN  
COMMUNITY  
CENTER

Special points of  
interest:

- VOTE on November 6
- RAD Update
- Thanksgiving News
- Dover Library Fun
- FSS Yoga Time
- Need Resources? Call 211
- Happy Halloween

NOVEMBER



# Whittier Falls Newsletter

Volume 5 Issue 11 November 2018

## Whittier Falls Community Thanksgiving Dinner Nov 17



**A TRADITIONAL THANKSGIVING DINNER will be served on Saturday, November 17 at the Seymour Osman Community Center (SOCC) and all Whittier Falls families are invited to attend. Join your neighbors at the annual Whittier Falls Thanksgiving celebration that has been part of the neighborhood for several years where you will enjoy a great family-friendly meal. Look for the Thanksgiving flyer in a few weeks that will have additional details. See y'all at the dinner!!!**

### COMING SOON: "YOGA FOR BEGINNERS"

As part of the FSS Total Wellness Workshop series a Beginner Yoga class will be coming to Whittier Falls. Among the many benefits of yoga are increased flexibility, improved energy and reduced stress. If you have been thinking about taking a yoga class or if you are new to yoga you will want register for this class and learn foundational yoga poses. More advanced yoga enthusiasts will benefit from the class as well from modified poses. The class size will be limited and it will be held on a first come first serve basis. The class will be held early in November, the specific date will be announced. To sign up call Cyndi Miller at 603-742-5804 Ext. 140.

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**Doverhousingauthority.org**

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### Huge Book Sale, RAD Update, It's Time to Vote

**Dover Public Library News:** It's time for the Library's HUGE annual book sale. The sale began on Saturday, October 27 and will continue until November 11. Here's your chance to shop for LOTS of books, video's and other cool stuff at really low prices! The sale is open during library hours and is on the second floor. The library also has book groups for adults and children, story hours, game and movie nights and you can even apply for a US Passport here. Visit the library website for details: [www.library.dover.nh.gov](http://www.library.dover.nh.gov)

**RAD Updates:** We have completed Round 4; Round 5 is expected to be completed by the end of December and Round 7 by Valentines Day. New roofs and boilers in all buildings will likely be completed by Thanksgiving. New residents are moving in from the Waiting List. Our moving company, Calling All Cargo, will continue to work with residents to make their moves smooth. The construction schedule is on pace for completion at the end of 2019.

**Get Out The Vote:** The Dover polls will be open from 8:00am to 7pm on Tuesday, November 6. All Whittier Falls residents eligible to vote are reminded that NEXT TUESDAY is election day. For more information regarding the upcoming election, the public is invited to the McConnell Center cafeteria for a voter education session on research about the political candidates on November 1 at 7pm.



**HALLOWEEN** in Dover takes place on October 30. Trick or Treat hours are 5:00—8:00 pm. All "ghouls and witches" are asked to take care when crossing streets and check your treats before eating. Have a safe Halloween!

box weekly. To clean it, put on rubber gloves and put the entire litter box in a trash bag. Holding bag upright, shake litter into the bag and remove the litter box. Use pre-moistened wipes to wipe out the box. Be sure not to use wipes with bleach in them. Line the litterbox with newspaper and sprinkle with baking soda. This will make it easier to clean next time. Pour new litter on top of baking soda and you're all set!

**Get Connected with 211:** For everyday needs and difficult times, 211 is your connection to thousands of resources available in New Hampshire. If you need information from education to legal assistance, parenting programs, mental health and transportation resources, just call 211 for information. It's a free service available 24/7.



**Clothing Available:** A variety of free women's and girl's clothing, as well as some other clothing, is now available, first come, first served. Girl's clothes are sizes 7-12 and women's clothes is in larger sizes. If you're interested in receiving any of these items contact Cyndi Miller at the Neighborhood House/Police Substation by calling her at 742-5804 X 140.

**Smoking Area Announced:** Starting on November 1, the parking space, marked "8 Mineral Park Drive" located off Mineral Park Drive, will be available as a smoking area. Residents are reminded that all smoking is prohibited on Whittier Falls property except for the new "Smoking Area". A picnic table will be provided.

**A Pet Friendly Tip:** Here's a few tips on keeping your cat's litter box fresh: Clean your litter



**THANKS TO FEDEX:** During October seven FedEx employees spent a day painting the outside railings of several Hampshire Circle homes as part of their Community Service Day. Thank You FedEx for helping to make the Whittier Falls neighborhood look so good!!!