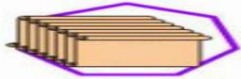


Owili 3



Privileges

1 Loa'a ka pono o ke Akua no ka hoopau ana 1 Ko ke Akua mau kuleana Loa'a i ke kanaka 1 ko ke Akua mau pono no ka mea, ua pau ka lakou mau 1 ko ke Akua Obligation (mau hana kaiaulu). 1 Nā Pono i hā'awi 'ia e ke Akua i loa'a i nā Kuleana kaiāulu. Ma hope o ka pau 'ana o nā hana Kaiāulu. E koi i keia mau Kuleana! He kuleana kanaka! Ha'iha'i: MS R6 Ho'oweliweli iā 1 Hā'awi 'ia e ke Akua

nā kuleana: 'O ka mana'o pono'i, ka ho'opa'apa'a, ka mana'o'i'o, ka pono 'ole, ka haumia, nā ho'oilina ho'oilina (Monarchies), Political Tyrannies. Ho'opa'a mau 'ia nā mea ho'oweliweli, MS R1-7



1 Na ke Akua i haawi mai

- 1 Hanu, ma'ema'e ea
- 2 Ka wai inu, kānana
- 3 'Ai 'ai, mea'ai olakino
- 4 Nā lole pale a hiki ke uku
- 5 Pu'uhonua ma'ema'e a hiki ke uku
- 6 Hoomana a paulele i 1 ke Akua
- 7 'Ōlelo kū'oko'a me nā kaohi pono
- 8 E ka hoa, e ho'omaka i ka 'ohana
- 9 Loa'a i kahi holoholona
- 10 Loa'a i ke kaiāulu kū'oko'a
- 11 Lapaau manuahi ke ma'i
- 12 Naauao manuahi
- 13 Hana uku
- 14 E loa ka mahalo
- 15 E loa ka pono
- 16 E hoopau me ka hanohano
- 17 Ua koho kuokoa i ke aupuni



Welcome to the Wonderful World of Worshipping 1GOD

Noi i ka pule Aloha 1 ke

1 Ke kali nei ke Akua e lohe mai ia oe !

Akua, ka Mea nana i hana i ke ao nani loa

Kou kahu malama pono haahaa loa (1 St inoa)

Ua ho'okō au i nā kuleana āpau a noi ha'aha'a i nā pono āpau

Lilo nā pono i nā pono kaiāulu

E koi au i ke kaiāulu e kāko'o i kēia mau pono

E paipai i ko'u kaiaulu e ho'okō i kēia mau pono

No ka nani o 1 ke Akua a me ka pono o ke kanaka



Ho'ohana 'ia kēia pule ma ka home a i 'ole ma ka 'aha.



Pono 1

Hanu, ma'ema'e Ea!

No ke ola 'ana o ke kino kanaka, pono ke ea hanu. Hana 'ia ka ea a mākou e hanu ai nā kinoea (nitrogen, oxygen, methane, carbon dioxide), ka wai a me nā haumia (ka lepo, microbes, spores). Pono ka ea a mākou e hanu ai i ka nui o ka nitrogen a me ka oxy-gen content. He ha'aha'a ka carbon dioxide a me ka methane. Wai pono ka 'ike (humidity), 'a'ole 'olu'olu ka ha'aha'a ki'eki'e, a pilikia olakino. 'A'ole pono nā haumia, ho'omāmā lākou i nā māmā.

Pehea ka lō'ihi e hiki ai iā 'oe ke pa'a i kou hanu? 4

He mau minuke, a laila inu 'oe i ka ea. 'A'ohe hanu ea e inu, Make oe! Make koke nā kōnaka i loko ahi, aohe ea hanu. Make ka uahi!



Ho'ohana 'ia ka mālama 'ana i ka ea hanu ma ke 'ano he ho'omāinoino, pepehi kanaka a me nā holoholona. He mea ma'amau ka ho'opa'a 'ana i ka ea hanu e like me ka ho'omāinoino 'ana (e kau i ka wai). me US: hooponopono, limahana aupuni, nā 'aelike aupuni. Ho'opi'i 'ia ka ho'omāinoino 'ana i ka hewa MS R7 (kanaka), MS R4 (holoholona).



'O ka ho'opa'a 'ana i ka ea hanu no ka pepehi 'ana, he pō'ino, ho'ohana 'ia e ka mea pono'i (ke pepehi kanaka), aupuni, nā mea 'ē a'e (nā lawehala). Ku'ehina: uahu 'ona i ke ahi. 'O ia iho: ho'omake 'ana me ke kalapona kalapona a i 'ole ke kinoea kuke, hamging.

Aupuni: ke kau 'ana, ke ke'ena kinoea. Ke kalaimea: ka'i 'ana, ke 'oki 'ana, ka ho'opa'a 'ana, ke kau 'ana. 'O ke aupuni, loa'a ka pepehi kanaka hewa, MS R7 Note! 'O ka pepehi kanaka e like me ka ho'opa'i aupuni he Anti 1 ke Akua, ua pau!

'O ke ahi nā kōnaka ka mea ho'oweliweli nui i ka 'Breathable air.

Ho'omaka ia me ka mea nāna e ho'ohana i kā lākou pu'u makani e like me ke kapuahi a

'o ko lākou māmā i kāmāna no nā uahi 'awa'awa a me nā haumia ea. 'O ka hoohana 'ana i ke kino o ke kanaka ma ke 'ano he kapuahi, he pilikia kino kino ia a he mea hoino 1 ko ke Akua manao. **Puhi i ka addiction!**

'O ka addiction ke 'ano hana ho'omāinoino e ho'opōmaika'i ana i kahi pono i 'ike 'ia. Ho'opunipuni ka po'e addict iā lākou iho ma ka 'ae 'ole 'ana i ka pō'ino a lākou e hana nei. **Ho'opilikia iā lākou iho, 'ohana, nā hoaaloha, nā hoa hana a me ke kaiāulu.**

'O nā mea ho'ohui (junkies) na'au'au (na'au'au), na'au'au (na'au'au), nāwaliwali ('awa'awa)! 'A'ole lākou mana'o'io ua ho'ohui lākou i ka wā e le'ale'a ana lākou iā lākou iho a pa'a i ko lākou ola. Ke ho'ohui 'ia, lilo lākou i mea ho'oweliweli iā wau a me ke kaiāulu. Ua lilo lākou i mea ho'opunipuni, kū'ē i ka pilikanaka, hana hewa, moe kolohe, ho'opunipuni, mana'o pono'i a mālama 'ole. **Ho'oikaika kēia i ka Shire (kaiāulu) e ho'omalū i ko lākou nohona. Ka kaupalena ana i ke kuokoa a me ka pono.**

Puhi mai ka waha. Ua pilau ko lakou lolo.

Honi lākou i kahi lumi. Aia ko lākou lehu ma nā wahi a pau.

Aia ko lākou 'ūhā ma nā wahi a pau. **He po'e haumia, ho'opailua, pilau. E hoohilahila ia lakou.**



He pilikia ke ola kino o ka poe puhi paka. Puhi ka lehelehe, nā niho, nā 'ā'i, ka waha, ka 'ā'i, ka 'ūhā makani a me nā māmā i ka ma'i, he mea kaumaha i ke kaiāulu.

Moloā ka po'e puhi paka i ka ho'omaha 'ana i ka uahi a me nā ma'i ho'omāinoino iā lākou iho. E ho'opa'a pono iā lākou!



He pilikia olakino ka po'e puhi paka i nā po'e 'ē a'e. Ke hō'eha nei ka po'e puhi puhi i kā lākou hānau 'ole. **Ma hope o ka hānau 'ana, ho'opa'i 'ia kēia mau keiki hou i ke ola o ka loa'a 'ana o nā pilikia olakino. Loa'a paha iā lākou ke kino, ke kino kīnā, .. Ho'opī'i 'ia ka po'e puhi puhi hāpai, e 'eha i ka hānau 'ole: MS R3.**

Ho'opilikia ka uahi hāhā (assault) i nā kāmāna. Ho'opī'i 'ia ka po'e puhi paka i hana i ka uahi passive, MS R3 a uku uku. Ho'opī'i 'ia nā hui ('oli'oli, le'ale'a, hana,) e 'ae i ka puhi paka, MS R3 a uku uku. Ua pani 'ia ke aupuni e 'ae i ka puhi paka a loa'a iā MS R7.



Ua malama ole ka poe puhi paka. Ho'omaka lākou i ke ahi, nā hale, ka mau'u, ka nahele. Loa'a iā lākou ke kuleana, MS R4 a uku i ka uku. Ho'opilikia lākou i nā kāmāna a me nā holoholona, MS R5 a uku i ka uku. Pepehi lakou i na kanaka a me na holoholona, MS R6 a uku uku.



I ka makahiki 1951 (alemanaka pagan) ua ho'okumu 'ia 'o ka puhi paka 'ana he mea ho'oweliweli ko'iko'i. 'O nā ke'ena aupuni a me nā aupuni, nā ke'ena e

'a'ole 'a'ole 'a'ole 'a'e 'ana i ka puhi paka i ka lawelawe a ho'omalua i ke kaiāulu. Ho'oholo 'ia ke kōnāwai hou a loa'a i kēia po'e hewa, MS R7 'O kēia me kēia kanaka

a i 'ole hui, 'oihana a i 'ole nā hui 'ē a'e e ho'olaha nei (freebies, ho'olaha, kū'ai aku), 'ae (nā mākua, kumu, hana, hui, hale 'ai, wahi 'oli'oli..), loa'a nā waiwai (nā mea ho'olako, nā mea hana, nā mea lawe, nā mea kū'ai aku, nā mea kū'ai aku), e loa'a i nā 'Smokes, Vapes' a i 'ole nā mea puhi paka, MS R7 'A'ole pili i ka mea i loa'a i ka 'Smokes, Vapes'. 'O ka hana puhi paka (vaping) ka pilikia olakino.

'A'ole ho'omanawanui i ka puhi paka, vaping!

Ho'emi nā kōnāka i ka loa'a 'ana o ka ea hanu ma ke puhi 'ana i ka lanahu, ka lepo, ke kinohā, ka 'aila, ka lā'au, no ka kuke 'ana (me ka barbecue), ka ho'omehana, ka mana. Pau kēia i kēia manawa! E ho'ohana i ka uila i hana 'ia me ke ahi 'ole. Pa'a 'ia a wehe 'ia nā mana o MS R2 Power-station e puhi (lānahu, kinohā, uranium, 'aila) e hana



i ka ikehu. 'O nā mea ho'ohaumia, loa'a nā mea hana, MS R7. Ua pani 'ia a ho'opa'a 'ia nā mines Uranium. Loa'a iā MS R7 nā mea nona nā 'oihana mining (min-ers). Ho'opuka 'ia ka ikehu e nā 'ano hana puhi 'ole. Pono lākou e 'oki i ka ho'ohana pilikino o ka energy. 'Oi aku ka maika'i o ka ho'ohana 'ana i ka ikehu. Ma mua o ka ho'oikaika 'ana i ke aniau, e 'a'ahu pono!



'O ke ahi no ka ne'e 'ana i loko o ka hale, 'a'ole i loko o ka hale ka'a Ho'opau! 'O ke kinohā, ka 'aila i ho'ohana 'ole 'ia. Ho'ololi 'ia nā ka'a ka'a kūloko a me ka 'ole ma nā ala manuahi me 'Freeway Trams'! 'O ka lawe 'ana i ka 'āina lō'ihi ma ka Rail wale nō.



Ho'opau 'ia nā le'ale'a ho'ohaumia .

I ka Lewa: Hō'ike'ike Lewa, ka'a ka'a lewa pilikino (drone, mokulele, jet, helicopter, space shuttle..).



Ma lalo o ka wai: heihei wa'a ka'a, ka'a moku kū'oko'a (cabin cruiser, cruise ships, hovercraft, jet skis, speedboats, yachts).

Ma ka 'āina: nā huila 2,3 a me 4 i ho'okele 'ia: nā ka'a, nā ka'a, nā ka'a, Suv, nā ka'a ha'uki, nā limousines, nā ka'a nani. heihei ka'a, stunts ka'a. Nā ka'aahi māka'ika'i. Loa'a nā mea ho'olalelale ho'ohaumia a me nā mea ho'olako i nā ka'a no ka le'ale'a haumia, MS R7



Ho'okumu ka salon nail i nā uahi 'awa'awa. Loa'a i nā limahana ka pale hanu. 'A'ole nā mea kū'ai leo (nā mea kū'ai aku). Nail Hāmama nā hale kū'ai ma nā hale kū'ai. 'O kā lākou mea 'awa'awa puliki ka uahi i ka poe maalo. Ho'olaha iā lākou i nā pilikia olakino. 'O'i aku ka nui o nā wahine hāpai, nā keiki hou a me nā 'elemakule. Inā ua 'ike 'ia 'oe i ka uahi 'awa'awa e ho'opī'i i ka sal-on a me ka Hale Kū'ai Kū'ai no ka uku.



He mea ho'ohaumia ka ea i ka salona nail. 'O nā mea kū'ai aku he po'e molowa loa e hana i ko lakou mau kui iho. 'O wai ka nui o ke kālā. E pale i ka hilahila nā mea kū'ai aku! E pani i nā salon nail. Loa'a nā mea nona, nā luna, MS R7

He mea ho'ohaumia i ka ea ka hale salona nani. Ua kipa 'ia lākou e nā kānaka 'O ka po'e moloā e hana i kā lākou make-up, nui loa ke kālā. Pani iā lākou iho, papa ia lakou. E ho'opī'i i nā mea nona, nā luna, MS R7

Ho'opī'i 'ia ka mea ho'oma'ama'a lauoho nāna i hana i ka uahi 'awa'awa, MS R7
 Ho'ohana ma'amau ka mea ho'oma'ama'a lauoho 'a'ole i hana i ka haumia ea.

Kapitalis (makemake, parasite, predatory, profiteer)

Paipai nā aupuni i nā hale me nā māla lapuwale.

Ho'ohana ka po'e nona ka hale i nā mea hana kīhāpai ka'a ka'a (nā 'oki'oki, nā mea puhi, nā 'ili kaulahao, nā 'oki'oki, nā shredders..) kēlā ho'ohaumia (ea, wala'au, lepo). 'O nā mea hale, nā mea hana, nā mea kū'ai aku, loa'a iā MS R7. Aupuni e ae ana ua pani 'ia kēia haumia a loa'a iā MS R7.



Ho'ohana nā mea kālepa i nā mea hana i ho'ohana 'ia i ka petrol. Kūkulu ho'ohana i nā mea ho'ohaumia, nā mea hana. Pau nā mea 'elua! Trades-man, hale hana ko lakou haku hana e ho'ohaumia (ea, wala'au, lepo, wai). loa, MS R7. Aupuni e e ho'ololi i kēia haumia a loa'a iā MS R7.



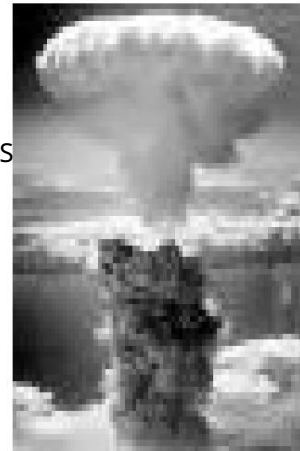
Ho'ohana 'ia nā Insecticides i loko, ho'ouka lākou i ka 'ōnae'a maka'u. Hana lākou i ka hyperactive i hānau 'ole 'ia a hānau hou. Ho'opilikia ka lā'au lā'au i ke kanaka a me nā 'ōnaehana hanu holoholona. Mai ho'ohana i nā In-secticides i loko.



Ho'ohana 'ia nā Insecticides i waho ma nā māla māla, nā mea kanu, nā mea'ai. Nā mea kanu, nā kīhāpai, nā mea'ai i haumia 'a'ole kūpono no ka 'ai kanaka a holoholona. haumia ua puhi 'ia nā hua, nā mea kanu, nā mea'ai e ka Shire (kaiāulu). Loa'a iā MS R7 ka mea hana ho'ohaumia kalepa. Ua pani 'ia ke aupuni e 'ae ana i kēia haumia, e ki'i iā MS R7.



Ho'ohaumia ka pū'ali koa i ka ea me ka lawe 'ana, nā mea pahū, A,N (Atomic, nukelea) B (biological) C (kemika) mea kaua. He mea ho'oweliweli lākou i ke ola kanaka, holoholona a me nā mea kanu. Ho'opī'i 'ia nā kākā 'epekema nāna i hana i kēia mau mea kaua, MS R7. Ho'opau 'ia nā hale hana o kēia mau mea kaua, e ke kaiāulu (Shire). Loa'a nā mea nona, nā alaka'i, nā luna ho'okele, ka luna ho'omalua o kēia mau hale, MS R7. Nā pū'ali koa i ho'ohana a ho'ohana paha i kēia 'ano mea kaua ua ho'opī'i 'ia, mai ke kūlana o NCO i luna, MS R7. 'O ke aupuni e 'ae i ka hana a mālama 'ana paha o keia mau mea kaua ua paniia, hoopiia, MS R7.



'O ke ahi ka mea ho'ohaumia nui. Lilo lākou i 'oi aku ma'amaui, 'oi aku ka nui o ka haumia. Ma muli o ke 'ano o ka 'ino, hiki ke ho'omau 'ia ka haumia o ka ea no nā lā. Noho ka pollution particle ma luna o ka wai e ho'ohaumia ai ia mea e pono 'ole ai ke inu. Pau ke ahi! Ho'ololi nā kukui laser iā lākou.



Ea hanu 'ole He 4 mau minuke ke ola!

'O kēlā me kēia kanaka, hui a aupuni paha e hō'ole i ka ea hanu a i 'ole kumu, hopena o ka ea haumia. Ho'opī'i 'ia, ho'opa'a 'ia, MS R7. Koi breathable Air he 1 ke Akua i haawi pono mai!

'O kōu hana pono a me ke kīwila! Ho'omanawanui Zero i ka poe haumia ea! He hooweliweli ola no kou kaiaulu! E ho'opa'a iā lākou i ke kuleana! I kēlā me kēia lā ma nā wahi a pau! 1 Ke nana mai nei ke Akua !!!



Pono 2 Hiki ke inu, wai kānana!

I mea e ola ai ke kino o ke kanaka, pono ka wai inu! 'O 60+% o ko mākou kino he wai. Pono kēlā me kēia cell i loko o ko mākou kino. Ho'oma'ama'a ka wai i ko mākou mau ami, ho'oponopono i ka mahana o ko mākou kino a holoi i kā mākou 'ōpala ...

Ho'okumu ka mahu wai o ka lewa i nā kulu.

Huki ka 'umekaumaha o ka honua i nā kulu i lalo (ua hā'ule ka ua) i ka 'ili. 'O ka ua kahi kumu nui o ka wai ma'ema'e.

Ho'ohana 'ia kēia wai ua no ka inu 'ana, ho'omākaukau 'ana i ka mea'ai, kuke, holoi, ho'oma'ema'e pilikino...

Hiki i ke kanaka ke inu i ka wai ua, ho'ohana no ka ho'omākaukau 'ana i ka mea'ai. 'A'ole hou, haumia ka wai ua, maika'i 'ole, 'awa'awa, 'akika, 'ono 'ino, 'ala 'ino.

'A'ole pono e waiho 'ia ka holoi lolo i ka ua e haumia ai. 'A'ole wale ia he lepo ke nānā aku, he pilau 'ino akā hiki ke ho'onāukiuki i ka 'ili.

Hā'ule ka ua anuanu e like me ka huahekili a me ka hau. Hō'ili'ili ka hau ma nā mauna ki'eki'e, Arctic a me Antarctic e hana ana i nā mālama wai hou. Ua keokeo ka hau,



'ele'ele 'ele'ele ka hau haumia. Loa'a ka hau 'ele'ele ma ka Himalayas, nā glaciers a puni ka honua, Greenland a me Antarctica.

Ho'okumu nā kaiāulu i nā waihona wai ma'ema'e. Ke hilina'i nei kēia mau waihona i ka wai-ua a me ka hau hehee e ho'opiha ai. Ma muli o ka haumia, pono e mālama 'ia kēia mau wai ma mua o ka 'ai 'ana o ke kanaka a holoholona paha.



Pono ka loko i'a ma mua o ka pāpā'u. 'O'i aku ka ma'alili o ka wai hohonu, ho'emi hou i ka ho'ohehe'e 'ana, ka ulu 'ana o nā algae 'oi aku ka 'ano mea 'awa'awa, nā pepeke.

ho'opio. 'A'ole 'ae 'ia nā ha'uki wai e ho'ōki i ka mimi, menstruating,
poo i loko o ka wai. 'O nā mea hana wai (nā wa'a ka'a, jetski,..) ho'ohaumia ('aila, gaso-line,
acid battery..) ua pāpā 'ia lākou! Ho'okoe: 'O ka halihali Park Ranger.

'A'ole hiki i ke kanaka ke hilina'i i ke kaiāulu e hana pono ana. 'A'ohe lā'au lapa'au, lapa'au hapa,
lapa'au hewa, 'oki kumukū'ai, palaho, hana hewa.

Pono ka ho'oma'ema'e 'ana i ka wai i ka home. 'O kēia ka
hoemi: arsenic, asbestos, chlorine, chloroform, carbon-nate hardness,
keleawe, lepo, herbicides, metala kaumaha,
ke kēpau, pesticides, rust .. I loko nō ho'i o ka mahana wela i kānana 'ia
pono e paila ka wai i mea e pale aku ai i ka ma'i make (mi-cro
organism) .



'O nā mea ho'oweliweli i ka wai ma'ema'e

'A'ole koke e koi 'ia ka wai ma'ema'e ma mua o ka loa'a
wai ma'ema'e. Hiki i ka ua haumia ke 'ili i ka pena, ka 'ino o nā hale kila
(nā alahaka), ka 'ānai 'ana o ka pōhaku, ka malo'o.
o nā lau, nā mea kanu, ka 'ili 'ili.. Nānā 'Breathable
Air', 'Green Concept' ma ke a'o 'ana pehea e ho'opa'a ai i ka Pollution.



'O ka ho'oinu 'ana! 'O ka ho'ohana 'ana i ka wai lepo no ka ho'oinu 'ana e ho'opau wikiwiki i ka
wai o lalo o ka lepo ma mua o ka hiki ke ho'opiha. 'O ka hopena i ka malo'o 'ana i kahi
'ōnaehana Eco, e hana ana i ka nele o ka wai ma'ema'e. Ho'opau ka ho'oinu wai honua.
'O ka mea ho'ohana 'ole i ka wai lepo no ka ho'oinu 'ana, e ki'i iā MS R7. Ua ho'ololi 'ia ke
aupuni e 'ae ana i ka wai irrigation, loa'a iā MS R7.

'O ka wai, me ka ho'ohana 'ana i ka wai ma'ema'e mai nā muliwai, nā loko,
kahawai... ho'olohi i ke kahe 'ana o ka wai. Ho'oikaika kēia i
ka evaporation. 'O ka hopena, ka malo'o! Moe muliwai maloo.
'O kēia 'ano irrigation ka hopena o ka ho'opau 'ana i nā civili-
zations. Ho'opau i ka wai. Ha'iha'i, MS R7.



'O nā ala wai haumia (ke kahawai, loko, kahawai, loko
muliwai..) hana i ka nele o ka wai ma'ema'e. 'O ka wai 'ino i
ho'opiha 'ia me nā lā'au lapa'au, nā mea make, nā tox-in.



poisons,.. Ho'opau ka polluting of waterways, polluters
loa'a, MS R3 nā mea 'ē a'e a pau, MS R7.

Ho'ohui i ka wai hou

Ho'ohana nui ka desalination i ka ikehu kumu kū'ai. 'O ka lawe 'ana i ka wai he hopena 'ino i
ke kaiapuni, huki i ka nui o nā i'a, nā i'a, nā hua, ...

i loko o ka 'ōnaehana. Ho'opili 'ia nā mea kai nui i nā pale ma ka
 i mua o kahi hale ho'okomo. Ho'oma'ama'a kemika, corrosion, hana i kahi mahana
 brine i ho'oku'u hou 'ia i ke kai.



He ki'eki'e ka boron ma ka desalination no ka maika'i o ka wai.

'O kēia wai i ho'ohana'ia i ka mahi'ai, ka hānai holoholona, ka mea'ai ka hopena i kahi ki'eki'e
 'ai pae boron. 'A'ole maika'i ka ho'ohana lō'ihi 'ana i nā pae ki'eki'e boron.

'O ka wai 'ōpala i hana hou 'ia, hele ka 'ōpala ma ke kumu mua
 lapa'au no ka lawe 'ana i nā mea pa'a, wehe 'ia nā mea'ai, ho'opau nā
 kānana i ka hapa nui o nā ma'i bacteria a me nā ma'i. 'O ka wai a laila
 koi 'ia i loko o kahi membrane e wehe i nā molekala. 'O Toi-let to
 tap kahi koho o ka hopena hope loa. 'A'ole hō'ike nā ho'okolohua
 nā pilikia olakino a pau. Ke hele nei ka mālama 'ana i ka wai ma ka home
 kauoha.



'O ka 'ōmole wai ('oi aku ke kumu kū'ai) kūpono no ka huaka'i. Ho'oku'u 'ia nā 'ōmole wai plastik
 nā kemika e lilo ana i mea pō'ino i ka wā e ho'omohana ai (ka lā, ka mea wela).
 Paipai 'ia nā 'ōmole aniani ('a'ohe kēpau).

wai inu 'ono

No nā 'ano mea inu wai hiki ke 'ono. 'A'ole olakino kekahi mau mea 'ono
 a he mea ia e pale aku ai. Hiki ke ho'ohana 'ia ka wai 'ala i ke anu a wela paha.

'O nā mea inu 'ono kūpono : 'Ai pipi, 'Ai moa, Koko, Kofe,
 Nā hua'ai, nā mea kanu, nā mea 'ala, ke kī, nā mea kanu. Ke aloha!



'O nā mea inu 'ono maika'i 'ole a me nā mea ho'ohui: Alcohol, Artificial color, Artificial
 flavoring, Artificial and natural sweetener, Carbonated, Cola, Cor-dial, Energy drink,
 Lemonade, Decaffeinated coffee, Fruit juice, Preser-vatives, Sodium,..



'O'i aku ka maika'i o ka inu wai



Nā hana ma'amau i kēlā me kēia lā: E ala a'e, e loa'a i kahi aniani 0.2 lita o ka wai ho'oma'ama'a māmā. Ma mua o kēlā me kēia pā'ina (Breakfast, Early Day-snack, Lunch, Late Day-snack, Dinner) e loa'a i kahi aniani 0.2 l o ka wai i ho'omalo'o 'ia.

E inu i ke aniani ('a'ohe plastic) i ho'opiha 'ia me ka 0.2 l o ka wai kānana ma kēlā me kēia papa moe. E inu i ka pō i kēlā me kēia manawa ma hope o kou kipa 'ana i kahi lua a i ka wa maloo, inu hoomaha i ke ala ana i kakahiaka.

'A'ohe inu wai. He 4 lā kāu e ola ai!

Kekahi kanaka, Hui, Aupuni e hoole ana i ka wai inu a i ole kumu a me ka hopena o ka wai haumia. Loa'a i ka kuleana, MS R7

'O ke kope he mea inu ho'oikaika lani



'O ke kope he mea inu i ho'omākaukau 'ia mai nā 'ano'ano 'ala o ka mea kanu kope. Hana 'ia ke kofe mai ka malo'o, kalua 'ia, nā 'ano'ano o ke kumu kofe, i ulu i ka wela, wai pulu ma ka equator. Aia nā 'ano 'ano 'elua: nā pīni Robusta he 'ono ikaika a piha ke kino. 'O nā pīni Arabica i ulu 'ia ma kahi ki'eki'e ki'eki'e, 'oi aku ka 'ono a me nā 'ano 'ono.

Ma hope o ka 'ohi 'ia 'ana, ho'omalo'o 'ia, kālua 'ia nā pī kofe ma kahi o 200°C. Mālama kēia i nā kō i loko o ka pī i ka caramelize a me ka 'ono o ke kofe e ulu. 'O'i aku ka lō'ihi o ka 'ala 'ana o ka pī, a 'oi aku ka ki'eki'e o ka mahana.

'oi aku ka 'ele'ele o ka 'ōpala a 'oi aku ka piha o ka 'ono. Ma ka malamalama ma'amau 'O'i aku ka 'oi o ka 'ala o ka 'āpala, 'oi aku ka 'ono a 'oi aku ka 'awa'awa, 'oi ai o ka 'ala 'ele'ele he a 'oi aku ka hohonu a me ka 'ono. 'A'ole 'oi aku ka ikaika o kahi kālua 'ele'ele. 'O ka 'O ka ikaika o ke kī'aha kofe e pili ana i ka nui o ka wai i ho'ohui 'ia i ka wā ke puhi ia nei ke kofe.



Ho'omākaukau:

ka hana 'ana, hikiwawe, Kope-Kanana-Kana; Espresso (mīkini).



Pehea e hana ai i kī'aha kofe?

Pehea e loa'a ai ka nui mai kāu kī'aha kofe punahele.

1) Ho'omaka ka 'ono kofe me ka wai 'ono nui. Inā 'a'ole loa'a ka wai kōnana, e ho'ohana i ka wai anuanu mai ka paipu. E holo ia no kekahi mau kekona e aerate ma mua o ka ho'ohui 'ana i ka ipu hao.

2) E ho'oku'u i ka wai mai ka paila ma mua o ka ninini 'ana i ka kofe (nā kōnana koke a i 'ole ka ho'ohēhe'e 'ana) granules. Ho'opau ka wai paila i nā granules i ka 'ono.

3) I ka ho'ohana 'ana i ka waiū ('a'ole 'ōlelo 'ia), e ho'ohui i ke kī'aha ma hope o ka wai. Inā ho'ohui 'ia ka waiū i ka mua, 'a'ole hiki ke hui pū ke kofe. Hiki i ka wai wela ke ho'opau i ka waiū, ho'ololi i ka 'ono.

Nānā! 'O nā mea 'ono (sugar a artificial) ho'opau i ke kofe!
'A'ole kofe ka decaffeinated akā he pilikia olakino.

E ho'ohana wale i ka mea keokeo dairy.

'O ke kofe decaffeinated he pilikia olakino!

Ho'ohana ka decaffeinating i ka Solvent. Ho'opilikia pinepine ke koena mea ho'ohēhe'e i ka 'ōpū.

Loko! 'O ke kofe me ka Caffeine e lanakila i ke kumu o ka inu Kofe.

He pō'ino kaiapuni 'o Coffee Pods !

He pō'ino kaiapuni nā Coffee Pods a pau 1 Billion. 'A'ole lākou biodegradable. 'A'ole lākou e hana hou 'ia. HIKI! Hana 'ia! Ho'opī'i, MS R7. HIKI! Ke ho'ohana nei iā lākou!

Pehea e inu ai i ke kī'aha kofe?

No ka loa'a 'ana o ka 'ono maika'i loa, e 'ono e 'olu'olu līlī'i ma mua o ka lawe 'ana i nā slurps nui ma mua o ka 'ū 'ana. Ho'oku'u 'ia nā 'ala nui o ka kofe. A'ala a 'ono, lani. He kofe wicket me ka waiu: He mea inu ko'iko'i ka Espresso ma

ke kaomi 'ana i ka wai wela ma lalo o ke kaomi 'ana ma o ke kofe i ho'omalo'o 'ia. Ke ho'ohālikelike 'ia me nā 'ano hana hana kofe 'ē a'e, 'oi aku ka mānoanoa o ka espresso, 'oi aku ka ki'eki'e o nā mea i ho'ohēhe'e 'ia a me ka hu'a. 'O Espresso ke kumu no nā mea inu 'ē a'e: Cappuc-cino, Latte, Macchiato, Mocha, Americano, Gringo, Duo-shot, Lava, Mote. Hā'awi 'ia me ka 'aka'aka.

Cappuccino: ka ho'omākaukau 'ana i ke 'ano, ka mahana o ka waiū ka mea nui loa. Ho'omohu 'ia ka waiū e ho'ohui ana i nā 'ōhū ea līlī'i loa e hā'awi ana i ke 'ano velvety (foam). Ho'okomo 'ia kahi pana o ka espresso i loko o ke kī'aha, ho'ohui 'ia ka waiū wela wela, i ho'opa'a 'ia me 2 knm mānoanoa 'ōhū, ho'opau 'ia me kahi kōpīpī o ka lepo Kinamona.





Latte: wela ka waiū no **Macchiato:** ho'oma'ama'a iā **Moka:** hana i ka hu'u wela maka i ka waiu espresso 'a'ohe hu'i. Ho'opiha kī'aha koko. E ho'opiha i ke kī'aha 1/2 me ka ho'okomo 'ia i loko o ke kī'aha. **Wela 2/3** me ka waiū. Ho'ohui i kahi koko wela e ho'ohui i kahi pana o ka waiū i ho'ohui 'ia, ka pana o ka espresso. Espresso kī'eki'e . E ho'oku'i i luna me kahi kāpīpī o ka maka me nā lau peppermint waiu + waiu hu'i. E ho'ohui i kahi kāpī o ka koko maka.

Lava: 1 St he pana o

espresso. E ho'ohui i kahi nip o ka wai mandarin

concentrated. Ho'ohui i

kahi pana o ka Koko maka wela. 'O luna me ka waiū wela wela. E ho'ohui i kahi kāpīpī o ka kinamona lepo.



Mote: E ho'opiha i ke kī'aha 1/2 me ke kī pep- permint wela. Ho'ohui i kahi pana o espresso. 'O luna me ka waiū

wela wela. E ho'opau me kahi kāpīpī o ke kinamona lepo.



Americano: He pana o **Gringo:** Ho'opiha kī'aha 1/2 espresso i loko o ke kī'aha me ka wai wela. Ho'ohui 2 Ho'ohui 'ia ka wai wela. kī'i espresso. Ma luna e kāpīpī i ka Nutmeg.

Duo-pana: Ho'ohui i 2 kī'i o ka espresso. A laila ka wai wela.

'O ka koko kahi mea inu ho'oulu lani



Ulu nā kumu koko ma nā wahi wela a me ka ua. He Pods kona hua. Aia i loko o kahi pod nā hua (beans). Ho'ololi 'ia nā pī koko i ka pata koko a me ka pauka.



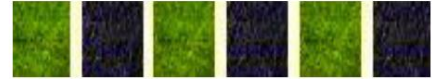
Ho'omākaukau 'ana i ka Koko Wela:

1 punetēkē koko pauka, 1 kī'aha: waiu

soy, waiū kao a i 'ole waiu waiu 'ole. 1 teaspoon vanilla extract, Dash of cinnamon, Dash of nutmeg.

E ho'ohui i nā mea 'ai i loko o ka ipuhao li'i'ili'i a mehana ma ka wela ha'aha'a ha'aha'a, e ho'omo'i a hiki i ka hu'a a wela.

He inu ho'oulu lani ke kī



'O Camellia kahi mea kanu mau. 'O nā lau i 'ohi 'ia a hana 'ia e hā'awi iā mākou i ke kī. He 'ele'ele a 'ōma'oma'o paha nā kī kumu. Hiki ke 'ono a 'ala paha.

Ho'omākaukau kī 'ia 'o Guard Guard, waiho i nā lau kī i ho'ohehe'e 'ia i loko o kahi infuser ti. E ho'okomo i ka infuser i loko o ke kī'aha aniani. E ho'olapalapa i ka wai, e ho'opau i ka paila, ke pau ka hu'ihu'i e ninini i loko o ke kī'aha aniani. Nanea! (a) E like me

ka pau 'ana o ka hu'ihu'i e ninini 'ia ma luna o ke kī 'ele'ele. Ma hope o 1 mau minuke e ho'oulu i ka infuser 3 mau manawa. Ma hope o kekahi minuke e wehe. Inu, a ho'ohui i kekahi wai citrus no ka 'ono, a i 'ole e ma'alili, 'olu'olu, inu. 'A'ole e ho'ohaumia ka 'ōlelo a'o me nā mea 'ono, nā mea ke'oke'o (artificial, a i 'ole kūlohelohe). (b) 10 kekona ma hope o



ka pau 'ana o ka hu'ihu'i e ninini 'ia ma luna o ke kī 'ōma'oma'o. E ho'oulu i ka infuser 3 mau manawa. Ma hope o 1 minuke wehe. Inu, a ho'ohui i kekahi wai hua pōhaku no ka 'ono, a i 'ole e ma'alili, 'olu'olu, inu. 'A'ole e ho'ohaumia ka 'ōlelo a'o me nā mea 'ono, nā mea ke'oke'o (artificial, a i 'ole kūlohelohe).



E ho'omākaukau i nā hua lā'au lapa'au, e kau i nā 'ano'ano i ho'opa'a 'ia i loko o kahi infuser. E ho'okomo i ka infuser i loko o ke kī'aha aniani. E paila i ka wai, e hooki i ka paila. E like me ka pau 'ana o ka hu'ihu'i e ninini 'ia ma luna o nā hua. Ma hope o 1 mau minuke e ho'oulu i ka infuser 3 mau manawa. Ma hope o 7 mau minuke e wehe. Inu, a e hooluolu paha, e inu. 'A'ole ho'ohaumia ka 'ōlelo a'o me nā mea 'ono, nā mea ke'oke'o (artificial natural).



Ho'omākaukau kī lau lau lā'au. Ka like me ka green-tea.



Ho'omākaukau kī a'a lā'au, 'oki a'a. Ua like me ke kī 'ele'ele.

'O ka ho'ohana 'ana i ka microwave i ka wā e hana ai i kahi 'eke kī e lawe mai i nā 'ono. E ho'one'e hou i ka hō'ailona mai ka 'eke kī e hō'oi'a i ka wehe 'ia 'ana o ke kumu metala. Ka hapa nui o ka pepa

ho'ohana nā hō'ailona i ka ʻŋnika makamae, ka wai ho'oka'awale, ho'opilikia i ka 'ono.

E ho'okomo i ka wai wela i loko o ke kī'aha kī > ho'ohui i kōu 'eke kī koho > wela i ka micro-wave no 30 kekona ma ka hapalua o ka mana (400-500 watts) > E ho'oinu i ka mi-crowave no ho'okahi minuke > lawe i waho > hau'oli. !



'O ka wai kōnana
no ke olakino maika'i !!!

'Oi aku ka maika'i o ka wai inu (hiki ke 'ono)

Pōmaika'i 3 E

'ai, mea'ai olakino!

'O ka 'ai 'ana he 'āpana o ka hana ma'amau i kēlā me kēia lā. Pehea ko mākou olakino, pehea ka lō'ihi o ko mākou ola.

Nui nā mea e pili ana i kā mākou 'ai.

E hānai i 5 mau manawa i ka

lā: 'Pā'ai kakahiaka, e ho'okomo i ka wai, nā mea kanu, nā mea 'ala, ka meli, ke kope, ...

'O ka mea'ai mua o ka lā, e komo i ka wai, nā hua'ai, nā mea kanu, ke kī, ..

'O ka 'aina awakea, me ka wai, saladi, hua manu, kofe, ..

'O ka 'ai 'ai o ka lā hope, e komo pū me ka wai, nā hua, nā hua, nā mea 'ala, ka koko, ..

'Aina ahiahi'. e komo pū me ka wai, ke kumuhana 'aina ahiahi, ke kī a i 'ole ke kope.. Nā mea kanu.

7 Nā mea'ai e pono ke 'ai 'ia i kēlā me kēia lā: 'O nā ha'i (mushroom), nā kī'aha (rye, bar-ley, lentil, maize, oats, millet, quinoa, raiki, sorghum, palaoa), 'uala wela, Onions (brown, green, red, spring. , chives, kālīka, leek), Pāhiri, Sweet-Capsicum, Nā mea kanu (asparagus, beans, broccoli, cauliflower, carrots, peas, sprouts..)



Pono e loa'a i kēlā me kēia pule kahi kumuhana 'aina ahiahi: Lā 1: Nā mea kanu; Lā 2: Ka moa; Lā 3: Māmā; Midweek: Reptile; Lā 5: Kai kai; Weekend: Nati a me nā Hua; Lā Le'ale'a: Nā Insects.

'Ai 'A'ole 'A'ole: 'O nā mea 'ono i hana 'ia, Mea'ai i hana 'ia, 'Ai ho'ololi 'ia Genetic, ho'ohui 'ia 'o Fructose.



'O Fructose ke kumu nui o ka momona o ka ma'i diabetes (po'e Blubber). Fructose 'ino inā hiki mai i ke kō a i 'ole ka hua. 'O ka ho'ohui 'ana i ka Fructose i ka wā e hana ai i ka inu a i 'ole ka mea'ai he pilikia olakino, pau ia. 'O ka hana 'ana, ka hā'awi 'ana, ke kū'ai aku 'ana i kēia 'ano mea inu a mea'ai paha he hewa, MS R6

Ho'oka'awale: 'A'ole i hana 'ia, nā hua, nā hua, ka meli, nā mea kanu.

E 'ōlelo 'A'ole iā: Kekahi mea i loa'a: Fructose, glucose, kō; 'O ka 'aina kakahiaka, nā kuki, nā keke, nā kokoleka, ka wai hua'ai, ka ice cream, jam, ketchup, lol-lies, lemonades (Cola, Energy..) marmalade, muesli bars, sauces, waina...



'O ka mea'ai i hana 'ia he pa'akai loa ka nui o nā preservatives, pinepine momona loa a ua ho'ohui 'ia ke kō i kūpono 'ole no ka 'ai 'ana e nā kānaka, nā holoholona a me nā holoholona. 'O ka mea'ai i hana 'ia ke kumu o ke koko ki'eki'e ke kaumaha, ka pa'i 'ana o nā a'a a me ka momona (Blubber People). Ka'ina hana, ka hā'awi 'ana, kū'ai aku i nā mea'ai i hana 'ia he hewa, MS R6

E 'ōlelo 'A'ole iā: waiu waiu, kāki waiu, mea'ai wikiwiki, ham, hamburgers, salami,...

Hana 'ia: Berena, 'I'o; 'O ka pizza, ka sausages,

Hana 'ia: Hua'ai, Soda, Hua'ai...



'O ka 'aha'aina, ka 'aha'aina, ka Smorgasbord, nā 'ano 'ai lō'ihi i waho. Pau 'ai i waho. Ka inu 'ana i ka wai'ona i ka wā e 'ai ana i waho. Aia ka waoakua. Aia ka 'ai 'ana i ka āpana li'ilī'i. Aia ka wai inu me ka 'ai.

Gm crop (anoano monster) > Gm mea'ai (mea'ai pono 'ole)

Ho'okumu 'ia nā hua i ho'ololi 'ia (engineered) i nā hua i ho'ololi 'ia e ke kanaka o 1 ko ke Akua manao mua. No ka makee, ka waiwai a me ka hoino 1 ke Akua. 1 'A'ole makemake ke Akua i ka hana hou 'ana o ke kanaka. 'O ka ho'omohala 'ana e ho'ololi, ho'ololi, ...

Ka hope: I ka wā o ka ho'ouka kaua 'ana o 'Amelika iā 'Asia Hema Hikina. Ua kauoha ka US Mili-tary i ka ho'ohana 'ana i ka Herbicides (Agent Orange), kahi mea kaua o, Ka luku nui o na mea ulu, kaiaola. 'O ka wehe 'ana i nā lau i hana 'ia

'oi aku ka ma'alahi mai ka lewa e pana i nā keiki he'e, nā wahine a me nā holoholona (ho'onui i ka make nui). Ua alaka'i ka kaiaola 'ona i ka ho'ololi 'ana. Ka hopena nā kīnā hānau, nā kākā ma'i, nā holoholona ma'i..



He pō'ino nā lā'au herbicide, lepo lepo, ala wai. Ho'opi'i 'ia nā mea hana, nā mea ho'olaha o Herbicides, MS R7. Aupuni e ae ana i keia ua pani 'ia ka haumia, MS R7. 'A'ole kūpono ka 'ai i ho'ohaumia 'ia (herbicides) no ka 'ai 'ana (holoholona, kanaka). Ua luku 'ia!

Ho'onui 'ia nā mea hana lā'au herbicide (nā mea ho'olalelale predatory parasitic profiteers) mai nā mea pepehi mea kanu a lilo i mea 'ona hua. Ho'ololi 'ia kahi hua ma'amaui i nā 'enehana i a'o 'ia e hana ana i 'Herbicides'. Hana kēia mau ho'ololi nā ho'ololi kūlohelohe 'Monster Seeds'. Ho'ololi ka ho'ololi 'ana i nā 'ano'ano i hiki 'ole ke lūlū hou i ka hua, e koi ana e kū'ai mau i nā hua i kēlā me kēia kau ('ino kuko hewa). Hō'ole nā pi i nā mea kanu Gm!

Ho'olaha 'o Evolution i nā hua i ho'ololi 'ia. Pane ia ma ka ho'ololi 'ana i nā mea a pau e pili ana ka hua me, kaiaola, kaulahao mea'ai. 'O'i mai Gm e hele pololei ana ka hua (berena) i ka 'ai kanaka a i 'ole ma hānai holoholona (i'a, 'i'o, moa). Hānai 'ia nā mea ola (nā kai, nā manu, nā mam-mals) iā Gm Crops pololei (ka moa, pua'a..) a i 'ole pololei ('Ai 'o Rodent i nā hua, 'Ai 'ia ka rodent e ka mea 'aihue, lilo ka mea 'aihue i pepehi 'ia e ka mea hahai holoholona 'aina ahiahi..). Mai 'ai i ka 'aina ahiahi Gm!

'O GM Food ka mea e 'ai maoli ai nā kākā. Ho'omaka ia ma ke 'ano he hua genetic modified (engineered) (GM Crop). GM Crop ma muli o ke kahe o ka hopena ho'ololi i ke kaulahao mea'ai holo'oko'a. Ka hana 'ana i nā ho'ololi e hana ai i nā ma'i hou 'O nā ma'i ma'i ho'oweliweli honua i nā lālā āpau o kahi kaulahao mea'ai! 'O ia ho'i kanaka! E ma'i hou a'e ka po'e, make 'ōpio, 'oi aku nā deformities, 'oi aku ka nui o nā pēpē ma'i, 'oi aku ka hā'ule 'ole ... E ho'ololi i ka DNA kanaka.

GM Food Survival Threat: Alfalfa, mea'ai pēpē, pua'a, berena, kulina, 'aina kakahiaka, canola, huamoa, ham, margarine, 'i'o, 'uala, papaya, pī, moa, laiki, sausages, soybean, tōmato, palaoa, zucchini,...

Ke koi mai ke kaiāulu i ka mea'ai pono 'ole. 'A'ole: Wai'ona, ho'ololi genet-ic, Herbicides, Insecticides, Mea'ai i hana 'ia, 'a'ole i ho'ohui 'ia: 'O ka pa'akai, nā mea 'ono (mea hana a kūlohelohe paha),...

Ho'olaule'a: Lā Mea'ai 7.3.7 Lā olakino maika'i 12.1.7 (NATm)

Pono 4 Nā lole hiki ke pale aku!

Pono nā lole pale no ka pale 'ana i ke kino o ke kanaka mai ke aniau, ka ma'i, ka haumia. Pono nā lole pale e 'olu'olu, pono.

'O nā lole pale e pono ke kū'ai aku. 'O nā lole pale e pili ana i ka uhi po'o, nā lole, nā pūkini, ka pale wāwae. Ho'ohana mau 'ia nā lole pale i waho.

'O ka pale po'o he balaclava, beanie, K-scarf, pale maka, mahiole. 'O Balaclava (Beanie), K-scarf i ulana 'ia mai ka hulu hipa a i 'ole ka hui 'ana o ka pulupulu a me ka huluhulu ('a'ohe fiber synthetic). Hiki ke kala a i 'ole ke 'ano. Hā'awi ka pale maka a me ka mahiole i ka pale UV. 'O ka visor ka 'ao'ao 'ao'ao, pololei i luna a i lalo, 'a'ole hiki ke haki, 'oi aku ka pale 'ana, pale i nā kukuna UV, 'a'ole e ho'opu'e, ho'oponopono 'ālohilohi ('ele'ele, māmā, 'oi aku ka 'ele'ele). He 'ili hope ko ka mahiole ma ke 'ano he pale 'ā'i.



Nā lole pale, Coverall (me ka pu'u) a i 'ole 'āpana 'elua i hana 'ia mai loko mai o ka Flax, Cotton, Wool, a i 'ole hui pū 'ia o ka pulupulu, huluhulu ('a'ohe fiber synthetic) kekahi kala, kumu. Pono e loa'a i ka 'ā'i pālule, nā lima ha'alulu, nā wāwae i pani 'ia ma nā lima lima, nā ku'eku'e wāwae (draft proof). *O nā lima pu'upu'u, nā wāwae e hiki ai i nā ku'eku'e, nā ami kuli ke ne'e manuahi a 'o ka ea o loko e ho'omalua i ka 'ili a me ke kino.

Hana 'ia nā lole mai loko mai o nā pulu maoli: 'ili holoholona, 'ili mea kanu, siliki,



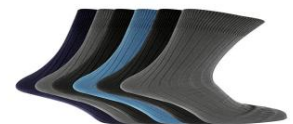
pulupulu a huluhulu paha. 'A'ole ho'ohana 'ia nā fiber artificial no nā lole pili i ka 'ili kanaka. Iecaianoaaiiuo o Artificial fibers lole pau.

'O ka lole pale he mea'olu'olu, lō'ihi, kūpono, kūpono.

'O nā lole pale nani (designer label) he mea kū'ai nui, pipi'i, hiki 'ole, pōkole. 'A'ole 'ae 'ia!

Pono nā wāwae i ka pale mai ke aniau, ke kīkēkē. Pilikia ka 'ili, nā manamana wāwae, nā ku'eku'e wāwae. 'O ka pale wāwae he mau soka, kāma'a. E ho'opa'a mau i ka pale wāwae ke hele i waho.

Hana 'ia nā soka mai loko mai o ka pulupulu, ka huluhulu, ka hui pū 'ana o ka pulupulu, ka hulu hipa ('a'ohe synthetics) kekahi kala i kekahi 'ano. Uhi nā wāwae i nā wāwae a hiki i 7 knm ma luna o nā Ankle.



‘O nā kāma’a he ‘ili pale luna, ‘ili palupalu i loko (‘a’ole synthetics) ka ‘ili kapu a i ‘ole ka lā’au. Mālama nā kāma’a wāwae a hiki i 7 km ma luna o nā Ankle. Ho’oma’ama’a nā kāma’a synthetic i nā wāwae e ho’olapalapa iā lākou. ‘A’ole hiki iā ‘oe ke hele wāwae.



Pale lima ma ke ‘ano o
 Ho’ohana ‘ia nā mīkina lima (‘a’ohe synthetics).

e like me ka mea e pono ai!



Holoi :

‘O ka lepili mea ho’olālā he ‘āpana elitist o ka waiwai apartheid. Ua pau ka lepili mea ho’olālā kumukū’ai. Hana ‘ia e ka hana kauā. Hana ‘ia no ka ho’oki’eki’e maika’i ‘ana i ka snubbing e hakakā ana i ka ‘ilihune a me ka ‘ilihune. E pale i ka po’e e ‘a’ahu nei i kēia mau mea.

Lepili mea ho’olālā! ‘O ka po’e i ho’opa’a inoa i ka mea ho’olālā! Mea kū’ai hou aku nāna e kū’ai aku i ka lepili Designer! ‘O nā lole pale-pale i kū’ai nui ‘ia! ‘O nā lole pale kūpono ‘ole! ‘O nā lole pale i hana ‘ia me nā fiber artificial! Ho’ohenehene ‘o Shame and Shun i ka po’e home ‘ole. ‘O lākou uku no ka holoi ‘ana i ke ‘ano o ka lole, ka uhae ‘ia a hana ‘ia nā lua.



‘A’ole ‘ae ‘ia ke code lole ‘ōpala:



E ‘ike i ka po’e ‘ōpala he ‘ōpala lākou.

E pale i nā kāma’a lole synthetic. Ho’opau i ka hana ‘ana o lole synthetic, kāma’a. Ho’opau ‘ia nā synthetics na Shire! Loa’a i ka mea hana synthetics hewa, MS R6.



E pale i kou kino e ho’ohana i nā lole pale ma waho!

Pono 5

Ma’ema’e, hiki ke mālama ‘ia!

He kuleana 1 ke Akua i hā’awi ‘ia i nā kānaka i: 'Affordable Secure Living Quarters (Shelohe)'. He kuleana ko ke aupuni e ho’olako i kona po’e kānaka me nā hale noho palekana. Hā’awi ‘ia ka hale e 'Shire' (Local Government-ment). Mahele o ka ho’olālā Shire. Home !!

No kahi Shire e ho’olako i nā wahi noho kūpono i ka ‘āina Freehold a me

ho'one'e 'ia ka hale ho'omalua home (private owned) i laila. Ua ho'oili 'ia ka hakahaka piha ka waiwai me ka poe home ole, na ohana ma ka papa inoa kali. lehulehu nā hale lumi moe me 1 wale nō e lawe i nā mea noho 'ē a'e. 'A'ole hiki ke 'ae 'ia ke 'ano anti social no 1 kanaka i 'oi aku ma mua o 1 lumi moe.



'O nā hale noho kūpono a pau he hale ho'olimalima. 'O ka hope loa, ua pani 'ia nā hale kū'oko'a e ke kaiāulu hale huipu. Hā'awi 'ia ka hale ho'olimalima Cluster e kahi 'Shire'.

Loa'a i nā hale noho pu'upu'u āpau he 3 pae o nā mea ho'olimalima+1 hale aniani pae! Papa Papa, Papa 1, Papa 2, Kihapai hale aniani (hiki i na hoaina ke ulu mea kanu). 'O ka noho 'ana o ka Cluster he mau āpana ho'okahi (1 lumi), 'elua mau āpana (2 lumi), 'ohana 'ohana (3 lumi...). Nā alaka'i kauoha ('ohana kūlana, makahiki) pili.

'O nā wahi noho ho'olimalima a pau e hiki ke ho'olimalima. 'O kēlā me kēia pule

'O ka ho'olimalima he 14% o ka loa'a kālā nui o kēlā me kēia pule o ka mea ho'olimalima. 'O 14 ka nui o nā mea ho'olimalima % o ka loa'a kālā hui 'ia o kēlā me kēia pule o nā mea ho'olimalima. La'ana: \$100 nui i kēlā me kēia pule loa, hoolimalima \$14. \$1000 ka loa'a kālā nui o kēlā me kēia pule, ho'olimalima \$140.

Hā'awi 'o Shire i ka uila ('a'ohē kinoea) a me ka wai me ka li'ili'i o kēlā me kēia lā (Free), (a laila e uku) 'oki loa i ka ho'ohana. Hā'awi pū 'o Shire i ka lau-malo'o o ke kaiāulu, mālama, le'ale'a, ka 'ōpala a me ka wehe 'ana i ka wai.

Loa'a i ka mea ho'olimalima ho'okahi ke noho kaiāulu 1 lumi. I ka makahiki 63 ua ho'ololi 'ia i kahi noho ho'omaha (mandatory). Ho'ohana ka mea ho'olimalima lumi 1 ho'okahi ma hale lua kaiaulu like 'ole, hale 'au'au a ma lalo o ka papa holoi malo'o, 'au'au.

He 2 lumi o na hoaina (1 He, 1 She) : noho, moe, lumi kuke, hale lua, 'au'au. Ka'ana like i ka holoi lole, 'au'au ma lalo o ka pae. Ne'e (pono) i 'Nā 'ohana' ke hiki mai nā keiki.

Loa'a i nā mea ho'olimalima 'ohana 2 lumi (noho, hiamoe, kīhini a me ka lua, 'au'au. E ka'ana like i ka 'au'au holoi lole ma lalo) + 1 lumi no kēlā me kēia 2 keiki-keiki. Ma hope o ka ne'e 'ana o ke keiki hope (ma ka makahiki 18 pono). Ho'ololi kāne (mandatory) to couple living. Lilo ho'okahi kāne, ho'ololi (mandatory) i ka āpana ho'okahi.

Hiki ke kū'ai aku, 'olu'olu, ma'ema'e, palekana ka hale. 'O Shire commun-nal cluster hale e ho'okō i nā pono kanaka a pau! He wahi e hoomaka ai a e ulu a

ohana.



Hā'awi nā Cluster Home i nā holoholona li'ili'i: Aquarium, terrarium, nā 'ilio li'ili'i. Mai 'ae i nā pōpoki, nā holoholona hihui, nā holoholona holoholona, nā mea i 'oi aku ka nui ma mua o ka 'ilio li'ili'i, 'a'ohe hānau. Nā mea ho'oweliweli i nā mea ho'olimalima a me nā wahi noho.

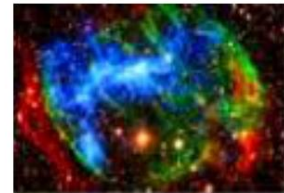
Nānā! Noho nā po'e ho'olimalima me ke kino, kino, kino, ma nā hale ho'omaha kūikawā i ho'olako 'ia e ke Aupuni Panalaa.

Kāko'o i nā hale hui kaiaulu. Kou Home! Kou Kaiāulu!

Pono 6

Hoomana a paulele i ke Akua 1!

Hoomana kiai kiai i kela la i keia la **1 ke Akua. 1** Makemake ke Akua i ka mahalo, makemake e hoomanakaii. **1** ke Akua, oia no, Oia. 'O ka 'uhane kumu nāna i hana ke kino kino (**Human Destiny**) a me ka Spiritual Universe (**Heaven**). Hoomanakaii **1 ke Akua mahalo, hoomana.**



1 Makemake ke Akua i ke kanaka e mālama i ke ao holo'oko'a (**Human Destiny**). I ka ulu ana o kanaka, **1** hoouana mai ke Akua i na memo i alakai. 'O ka memo hou loa 'o ia ka 'Law Giver Manifest' i mea e pau ai nā memo mua.



1 Ua hā'awi ke Akua i 'āpana o ka 'Uthane Kumu i nā 'ano ola a pau ma ke Kino Uni-verse. Mālama ka ho'omana i kahi 'uhane e pili ana me ke ao holo'oko'a. 'O ka ho'omana kaiaulu, mālama ke kanaka i ka pilina me **1 Akua.**

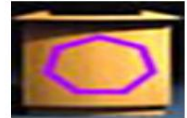
Hoomana **1 ke Akua** ka pule, ka malama, ka hoohana ana, ka lealea **1** na hana a ke Akua. 'O ka ho'omana, 'o ia nā mea a pau e 'olu'olu ai **1 ke Akua**, inā pili lākou i nā mea pili i ka mana'o'i'o, a me nā hana a ka mea mana'o'i'o. Ho'opili kēia i nā ku'una, nā mana'o'i'o, ka hana, nā hana pilikino, nā 'ano pilikino ...



1 'A'ole makemake ke Akua i nā wahi ho'omana. No laila ua wāwahi 'ia nā wahi ho'omana i kūkulu 'ia. Ho'ohana hou 'ia nā mea kūkulu hale i nā pūhui 'Free Education'. Ho'omana kia'i kia'i ma nā wahi 'ē a'e, i kēlā me kēia manawa a i 'ole ma ka lā le'ale'a ma kahi hui ma ke kula.



1 Aole makemake ke Akua i na mohai. Akā, 'imi, loa'a, ho'ohana i ka 'ike i ke ola a pau. Ke hele nei i nā 'ike ola, ho'omau ka 'ike. No laila ua pani 'ia nā kuahu me ka Lectern.



1 Ke makemake nei ke Akua 1 wale no ka manaoio me na hui he nui (Prayer groups). He 1 alaka'i ka Faith (Law Giver Manifest) he 1 wale nō Ekalesia (Universe Custodian Guardians) me 7 mau ho'okele kū'oko'a e hō'ike ana i nā 'ohana 7.



1 'O ka mana'o'i'o wale nō ka ho'omana e hana i nā hui ho'omana 'ē a'e, Cults'. E hoohuliia na haipule i ka 1 Faith. E hooikaika haahaa ke kahu malama e hoohuli i ka poe hoomaloka i ka 1 Faith.



He 1 kii wale no, 1 ke Akua! He mau kii wahahee na mea e ae. E pale aku i nā ki'i ho'opunipuni a me nā mea e pili ana iā lākou.

He kuleana ko ke kahu kiai 1 ke Akua e hana i ko lakou hoomana. 'O ka mea a i 'ole ka hui e hō'ole a keakea paha i kēia kuleana . Eia kekahi, pule mākou i ke Akua e mālama iā lākou i ke ola a me ke ao hope.

Hoomana 1 ke Akua ka pule. 'O ia ke ala maika'i loa e pili ai i ke Akua. Ke lohe ole ! I ka wā 'a'ohē mana'olana! E pule! 1 Hoolohe mai ke Akua.



1 Pule ke Akua 1 Ke kali nei ke Akua e lohe mai ia oe !

Aloha 1 ke Akua, ka mea nana i hana i ka nani loa o ka Universe Mother and Father of the Universe 1 a he

kii wale no na'u e hoomana ai, ke hoohiki

nei au aole au kii e ae, e haalele au i

na kii wahahee a pau, a e hana hou i ko lakou mau hoailona. Ka

nani o 1 ke Akua a me ka maikai o ke kanaka E hoike

mai i kou hoomana ana i ka Mea nana i hana !



Pōmaika' i 7

' Ōlelo kū' oko' a me nā kaohi pono!

Kāko' o ke kahu kia' i i ka ' ōlelo kū' oko' a me nā kaohi pono. I loko o kahi Kaiāulu manuahi, he kuleana ko kēlā me kēia kanaka, koe wale nō ka Rehabilitators, e ' ōlelo i kā lākou ' ōlelo.



Pono lākou e loa' a ka ' ōlelo kū' oko' a: ' a' ohe ' ōlelo ' ino (ho' oweliweli, leo nui, ' ino, ' ōlelo ho' ohiki).

Hā' awi ka ' ōlelo manuahi i kahi kaiāulu e ho' onui i ka ' ike lehulehu, komo. Hā' awi ' ia ka ' ōlelo kū' oko' a i nā komite kaiāulu i ka ' oia' i' o a me ka maopopo. ' A' ohe mea i ' oi aku ka maika' i ma mua o ke kaiāulu manuahi, ho' opa' apa' a manuahi.

' Oi aku ka nui o ka ' ōlelo kū' oko' a ma mua o ke kama' ilio wale ' ana, ka ho' opa' apa' a, ke kūākākā ' ana, ka ' ōlelo ' ana. Ho' opili ' o ia i ke ' ano holo' oko' a o ke kama' ilio (leo, kikoho' e, waiwai na' auao, pa' i, waha, ' ike) i loa' a. Kuleana kope, ka lokoino o Greed, Parasitic, Predatory, Profiteering he hewa ia i ka Free Speech. He hewa ke koi' ana i ke kuleana kope, pono ' o MS R6 Free ' ōlelo i nā kaohi pono e ho' okō ' ia. ' O ka ho' ohana

' ana i ka ' ōlelo kū' oko' a e ho' opa' a inoa, inaina, hana ' ino a hana ' ino paha he hewa, MS R3. Ka La' ana: ' O ke ki' i' oni' oni kalaima US, e wehewehe ana i kahi luna FBI e pepehi ana i ke kanaka ma ke ' ano he pepehi maika' i.

' A' ole maika' i kā lākou pepehi kanaka. He mea ho' oulu i ke kōnāwai e pepehi. ' O Killer Cops he mau lawehala maka' u' u i ho' opa' a

' ia, MS R7 Ke ho' ohana nei i ka ' ōlelo manuahi e nānā i nā ki' i pono' i keiki he hewa, MS R3. Hā' awi (hana, ho' olako ' ia) keiki, hewa nā ki' i pono' i makua, MS R6.

' O ka ho' ohana ' ana i ka ' ōlelo kū' oko' a e ho' opunipuni, ' o ka loa' a kālā he hewa, MS R3.

Ke ho' ohana nei i ka ' ōlelo kū' oko' a e alaka' i hewa ai, ' ōlelo ' ia nā kāne kāne like a ma' amau. ' A' ole ' oia' i' o, loa' a i nā kāne male kāne ke kino kīnā i mea ho' oweliweli i ke ola specie. ' O kā lākou hana ho' opailua (anal, oral mating) he mea ho' oweliweli i nā keiki. ' O ka ho' opī' i' ana i nā kāne kāne he mea ma' amau ka ho' opunipuni o ke ' ano ' ino loa, MS R4. Pili kēia i nā pāpaho a pau e ho' opunipuni ana e pili ana i ke kino kīnā.

Media e ho' ohana ana i ka ' ōlelo kū' oko' a e hō' ike i nā keiki kāne makua kāne e like me ke ' ano ma' amau. Ke kāko' o nei kēia pāpaho i ka ho' omāinoino ' ana i ke keiki i ka hewa ' ino loa, MS R7. Ho' opī' i' ia nā mea hana, nā hui hana, nā mea ho' olaha, MS R7.

' O ka ho' omanawanui ' ole i ke kino kīnā o ka wahine, mālama ' ia ka ' ōlelo manuahi, ho' ohana ' ia, pale ' ia. Pau ka ho' ohana hewa ' ana i ka ' ōlelo kū' oko' a!

Ho' ohana pinepine ke Aupuni i ka ' olelo kū' oko' a e ho' oma' ama' a i ka lolo, ho' oulu, ho' olaha, ho' opunipuni, wahahe' e. Ho' oku' u hou' ia nā lālā o ke Aupuni e like me kēia. ' A' ole hiki iā lākou ke kū i ke koho balota. ' o lākou pale' ia ka hilahila no ke ola a me ka hope!

' O Liberty (utopian, fantasy) ka ho' ohana hewa' ole i ka ' olelo manuahi. ' O kēia ke kū' oko' a, e hana e like me kou makemake, ka mana' o kū' oko' a, ka huhū, ka inaina, ke kū' oko' a mai ke koi aupuni, ke kū' oko' a mai ka pa' a o ka hewa. ' O kēia ' ano kū' oko' a he pa' akikī a ho' ohaumia i ka palekana a me ke ola o kahi kaiāulu.

' A' ole hiki i nā kānaka ke mālama nui i ke Kū' oko' a. ' O ke kū' oko' a nui loa ke alaka' i i anarchy, luuluu, moe kolohe,... Pono ke kanaka i na Rula a me na Hoopono pono (e pili ana i ka pono), e kuleana i na manawa a pau, e hoohana i ka Custodian.

Hō' ike' ia' o Guardian Law Giver ma ke ' ano he alaka' il

' O ka ' olelo kū' oko' a i ho' ohana' ia i ke kuleana me ka ho' opa' a pono' ana, ' o ia ke kāpili e pa' a a hui pū. He kokua ko ke Akua keia ano kaiaulu. ' O kēia he kaiāulu kahu mālama. E hui pū me lākou!

' O ka ' olelo kū' oko' a me nā kaohi pono a 1 ke Akua i hā' awi' ia mai ka pono!

Pono 8

E hoa, ho' omaka' ohana!

1 Ke makemake nei ko ke Akua manao i na kanaka (1 He, 1 She) e mare a e hoonui no ke ola o na ano. Ho' olālā kaiaulu no ka maika' i ola, komo' o ia a me kāna i kahi' aelike Holy Matrimony a ho' omaka i kahi' ohana. Hāpai ka' ohana hou i kā lākou mau keiki me ke kākō' o kaiaulu.



1' O ka ho' olālā' ana o ke Akua e hō' oia i ke ola' ana o nā' ano mea i kūkulu' ia i nā koi e ho' opa' a. No ka mea primitive specie' o ia ka male' ana i kekahi kāne kū' ē i hala i kekahi

' ano ho' okamakama. ' Oi aku ka holomua o nā kānaka, ho' opunipuni! Kaapuni lakou i ka hookolokolo me, Lust!

' Imi hoa. ' O ka po' e pegana (Kalikiano,...) e' imi i ke aloha. ' O ka hoa no ke kuko e hele mai ana i ka ' ōpala a he nui ka po' e i' ike' ole i ka hoa e ho' onui ai. Kapitalis he' ōpala a i kekahi manawa e ho' onui i ka waiwai a i' ole ka mana.

Nui nā mo' omeheu i nā mākuia e ho' oholo. ' A' ole o kēia mau mea i loko o ka pilina maika' i loa o nā keiki a me ke kaiāulu.

Na ke kahu mālama i ke Aupuni Panalaau e ho' oholo i ka wā 'CE' (Community Emergency service) ka mea i komo i ka 'Holy Matrimony' con-tract (HMc). ' O kēlā me kēia 17 makahiki' o ia a i kēlā me kēia 18 makahiki hele' o ia. I ka wā CE ' ike' ia nā mea a pau e pili ana i ka mea e pono ai lākou i ka' ohana. CE

kōkua pū me ke koho hoa.

' O ia a ' o ia ' a ' ole hiki ke ho' omāhuahua i ke kino e lilo i 'mākua hānai'. Ho' okomo lākou i kahi 'Matrimony Holy' ' aelike. Hā' awi ' o 'CE' i nā 'Keiki'.



Holy Matrimony hoomaka o ka ohana.

E ' olu' olu i ke Akua, no ke ola ' ana, e ho' okō i ko 1 hopena, ka make ' ole o ke kanaka: E ka hoa, e ho' omāhuahua i kahi ' ohana! Pono nā keiki e ulu i loko o kahi nohona mo' omeheu, aloha, mālama me He She ma ke ' ano he ' ōwili. Ho' opili ' ia kahi ' aelike 'Holy-Matrimony' i kēia mau pilikia pono a me ke kānāwai. ' A' ole hiki i ke kāne like, ke kāne huikau a i ' ole ka mea ho' omāinoino keiki ke komo i kēia ' aelike.

' A' ole hiki iā ' oe ke komo i loko o kēia ' aelike. ' O nā mea i komo i kahi 'HMc' ua ho' opau ' ia ia. ' O ka po' e i ho' opa' a ' ia e ke aupuni hewa ' ole 1 ke Akua .

' O ke kino kīnā, ' a' ole like ' oe. He po' e kēia e pono ai ka quarantining. No ka pale ' ana i nā keiki.

' O ka 'aelike Holy Matrimony' he ho' omaka a me ka hopena. Ho' omaka ia ma ka lā male ma ke kau inoa ' ana. Ho' opau ia i ka piha ' ana o ke keiki muli loa i 17 makahiki no SHE, 18 makahiki no HE.

' O nā koi ma mua o ka lā male 'CE' e

mālama i nā koi nui a pau ma mua o ka lā male. Aia paha nā hihia inā ' a' ole mālama ' ia ka 'CE', nā koi ma mua o ka lā male.

A He, ho' olaha ' o ia i kā lākou 'Engagement' ma kahi 'hui'. Hele lākou i ke ke' ena 'Shire' e kākau inoa i kahi papa 'Start a Family'. I ka wā o ka papa, loa ' a iā lākou ka lā' au lapa' au, e hō' ike ana ua hiki iā lākou ke hāpai.

' A' ole paha, hopena i ke kāpae ' ana i ke komo ' ana a me ka ' aelike HM "' A' ole".

Pono nā kane i kahi ' ōlelo hou, 'Avle' (Assets versus liabilities, entitlement) .

Ho' ohui ' ia nā waiwai a pau, nā kuleana i loa' a, nā ' ae ' ia i ka lā male i ka ' ōlelo 'Avle'.

Nānā! ' A' ole hiki i ka makua ho' okahi, nā mākua male ' ole, ka po' e me ke kino kīnā (ke kane ho' okahi, ke kane huikau, ka mea ho' omāinoino keiki) ' a' ole hiki ke hānai i nā keiki.

Nā koi o ka lā male.

Mālama ' ia ka male ma ka lā 6 e Celebrant mai ke ke' ena Sheriff's Shire. Hā' awi ka wahine mare a me ke kane kane i nā apo manamana lima (*) 'Lapa' au, profiles a me Avle's. Lawe lākou i nā Mākua i nā kaikunāne. ' A' ole ' ae ' ia kekahi e hele (' a' ohe keiki).



HOOLAHA! Mālama ' o ia i kona inoa ' ohana. * ' O ke apo manamana lima, 9 carat plain rose-gula a i ' ole gula ma' ema' e, i kahakaha ' ia: lā, wahine mare a me ke kāne mare 1st inoa.

' O ke apo manamana lima, 9 carat ma' ema' e melemele gula, i kahakaha ' ia: lā, ke kāne a me ka wahine marēst rība.

1 Ke kali nei ke Akua e lohe mai ia oe !

Ho' olaule' a i ka Lā Ho' onui 3.1.7 NATm E ke Akua, ka mea nāna i hana i ka

honua nani loa Kou kahu mālama pono ha' aha' a ha' aha' a loa (1 Mahalo iā ' oe no ka le' ale' a o ka male' ana Noist inoa) no ka fertility a me ka hānau ' ana maika' i.

' ohana No laila hiki i ke kanaka ke noho i ka Honua Kino No ka nani o 1 ke Akua a me ka maika' i o ke kanaka Ho' ohana ' ia kēia pule ma ka lā male a me ka lā ho' onui.



' O nā hana male nui pompous a me nā ' aha' aina extravagant he anti-Social, ha' aheo. Ua pale ' ia lākou e ke kaiāulu. Holoī, Hilahila!



Holy Matrimony aelike

Title: CG **Holy Matrimony** contract Ke kumu: Mate,

Multiply, ho' omaka i ' ohana!

Manawa: Ho' omaka i ka lā male. Ho' opau i ka piha ' ana o ke keiki muli loa i 17 makahiki no She, 18 makahiki no He.

' O nā keiki: 3 pono, ' oi aku ka makemake.

Ka male: kuleana male ho' okahi! Makemake ' ia ka male ' ana i kēlā me kēia lā i 1st manawa.

Ka hāpai ' ana: ' A' ohe hāpai ma hope o 10 mau pule, pono ke kāko' o olakino.

' A' ohe hāpai ma hope o 50 pule, ho' opau ' ia ka ' aelike. Hāpai i kēlā me kēia makahiki a hiki i ka quota o nā keiki 3.

Mākua: ' O ia, pono ' o ia e lawe i ka papa makua. Hele ' o ia iā Shire SmeC, Province PHeC e like me ka mea e pono ai.

Oki mare: Pono ka ' ao' ao 1 i hewa. * Ho' oku' u ka hewa i kēlā me kēia

ke kuleana mai ka 'ōlelo 'Avle' + nā mea i loa' a i ka wā 'aelike.
Aole no hoi e launa hou me na keiki.

***Ua hewa lāua' elua, hele nā keiki i kahi hānai.**

' O nā kumu o ka hemo' ana: Ho' ohui, moe kolohe, ho' oponopono hou' ia
i loko o ka hale pa' a, hiki' ole ke no' ono' o, 7 mau pule ma ke kākō' o ola,
50% a i' ole ke kino kīnā.

Kakauinoaia e: **Wahine**.....
Kāne.....

Hō' ike' ia e ka mea kaulana:

Lā:

Poe i komo:

.....
.....
.....

Ho' oikaika' ia e: **Shire Sheriff**



Hana' ia nā hana ho' omana ho' omana i ka lā pule 7. Ma hope o ka ho' i' ana
mai o ka male mai ka mahina meli. Hiki iā lākou ke mālama i kā lākou mau kuleana
ho' omana. La' ana: hele i ka' ākoako.

Ma hope o ka ho' opau' ana i ka' aelike Holy Matrimony (HMc) he 2 mau koho
ka male. E ho' okomo i kahi' aelike Hoa (Cc), a i' ole ka' awale. Nānā! 'A'ole
loa'a ka 'aelike hoa pili i ka po'e i ho'opilikia 'ia!

Kuikahi hoa

Title: Ka' aelike hoa Kumuhana:

Ho' opili, ka' ana ola!

Ka lō' ihi o ka manawa: A hiki i ka ka' awale' ana a i' ole ka make. Pono ka ho' oka' awale
' ana e ho' olaha i 3 mahina ma ke ke' ena Shire.

' O ka pani' ana i ka' ōlelo 'Avle' mai 'HMc' a i' ole ka' ōlelo 'Avle' hou e lilo i' āpana o ka
' aelike. Inā e ho' oka' awale i kēlā me kēia, loa' a ka hapalua o nā waiwai i loa' a. I ka make ana o
ka 1 loa i kekahi. ' A' ole mālama' ia nā palapala kauoha.

Kakauinoaia e: **She**
' O ia

Hoi ke ia e ka Luna Shire:



Lā:

Hiki i nā hoa ke ho' ololi i nā apo ma hope o ke kau inoa' ana i kahi
'Com-panion Contact'. O ke apo manamana, 9 karata gula keokeo, i
kahakahaia kona mau inoa. ' O ke apo manamana lima, 9 carat
ma' ema' e ke' oke' o gula, i kahakaha' ia i kāna, kānāstpa.



Pule Hoa 1 Ke kali nei ke Akua e lohe mai ia oe !

Aloha 1 ke Akua, ka mea nana i hana i ka honua nani
Kou kahu malama pono haahaa loa (1 Mahalo 'oe nost inoa)
ka lealea o ka launa ana Noi no ka launa pu ana mau
Hoohiki e hui like a ka' ana like E launa pū me
nā hoa pili' ē a' e No ka nani o 1
ke Akua a me ka Maika' i o ke Kanaka
Ho' ohana' ia kēia pule i ke komo' ana i ka' aelike!



Ke uhai nei ka infidelity i ka' ōlelo ho' ohiki e noho kūpa' a ...

' O ka ho' omaloka ke uhaki nei i ka' ōlelo ho' ohiki i hana' ia ma waena o He a me She e
noho kūpa' a i kekahi i kekahi. ' O kēlā' ōlelo ho' ohiki paha he' aelike waha ma waena o nā
mea aloha, i' ōlelo' ia ma kahi leka aloha, a i' ole kekahi hapa o nā ho' ohiki male. ' O ka
ha' iha' i' ana i kēlā' ōlelo ho' ohiki he uhaki i ka hilina' i he hana ho' opono' ole he
lawehala ho' opono' ole. ' O kēlā me kēia uhaki ke kuleana!

' O ka ho' omaloka he uhaki i ka' ōlelo ho' ohiki. ' O kahi hewa kūpono e kekahi He a i
' ole' elua. ' O kēia hewa e pili ana i ka ha' alele' ana e ka' ohana, nā hoaaloha, nā
hoalauna, ke kaiāulu, ...

Moekolohe

I loko o ke kau o ka 'Holy-Matrimony Contract', he hewa ka hewa o ka moe
kolohe a he hewa no ke kaiāulu. Ka moe kolohe (anal, waha, a vaginal paha)
e ke kane me kekahi She, He or Animal.

' O ka moe kolohe (anal, waha a i' ole ka wahine) me kekahi He, ' o ia a i
' ole Holoholona. O keia mau hewa, he moe kolohe'. He hopena ia i ke kāpae
' ana i kahi 'HMc' (kahi oki)!

Inā ' a' ole hāpai ka wahine a' a' ohe keiki. Ho' opi' i' ia ka mea moe kolohe (' o ia paha) MS R4! ' O nā mea a pau i loa' a i ka moekolohe e hele i ka mea i loa' a i kēia kumakaia i uku. He mau moe kolohe ke kane a me ka wahine, ua ho' opi' i ' ia ' o MS R4 a me nā mea a pau a lāua i ka Waihona.

Inā hāpai ka wahine a he mau keiki paha. Ho' opi' i' ia ka mea moe kolohe (' o ia paha) MS R5! ' A' ole ' ae' ia ka mea moe kolohe (kāne a wahine paha) e' ike a kokoke paha i nā keiki. ' O nā mea a pau a ka Adul-terer e hele i ka mea i loa' a i kēia kumakaia i uku. He mau moe kolohe ke kane a me ka wahine ua ho' opi' i ' ia ' o MS R5 a' o nā mea a pau a lāua e hele i ka Waihona. Hele nā keiki i ka mālama hānai a ' a' ole lākou e' ike hou i ko lākou mau mākua.

Okī mare

He mea pono ke okī mare i ka wa 1 a i ole na aoao elua o ka 'HMc' i uhaki a hiki ole ke hooko i ko laua mau kuleana. E hana hou i na lawehala o Addic-tions (Scroll 4). moe kolohe. Inā 1 a i' ole nā ' ao' ao' elua o, 'HMc' e komo i ka ho' oponopono hou ' ana. Inā 1 a i' ole nā ' ao' ao' elua o, 'HMc' he 7 pule ma ke kākō' o ola. ' A' ole hiki i ka no' ono' o hō' oia. Ho' opa' a' ia he 50% a' oi aku ke kino kīnā.

Pono ka ' ao' ao hemo 1 hewa. Ho' oku' u' o Guilty i nā kuleana āpau mai ka ' ōlelo 'Avle' a me nā loa' a i loa' a i ka wā' aelike. ' A' ole e launa hou me nā keiki. Loa' a nā hewa ' elua, hele nā keiki i kahi mālama hānai. Hele nā waiwai i ka waihona kālā.

Ho' oka' awale ho' oka' awale ma hope o ka pau ' ana o HMc. Ua puunaue like ka waiwai o ka olelo 'Avle'. Pono nā ' ao' ao' elua e launa pū me nā keiki (mau mo' opuna).

' O ka ho' oka' awale ' ana o nā hoa ma hope o ka hā' awi ' ana i ka ho' olaha o 3 mahina ma ke ke' ena Shire.

Ua puunaue like ka waiwai o ka olelo 'Avle'. Pono nā ' ao' ao' elua e launa pū me nā keiki (mau mo' opuna).

Mākua i kēia

manawa ' a' ole hiki i ka hapa nui o nā mākua ke hā' awi i kā lākou mau keiki i ka manawa e hana ai i kā lākou mea maika' i loa. ' O kēia ma muli o ka waiwai-apartheid he nui nā keiki i hō' ole i ka manawa kūpono e hana i kā lākou maika' i loa. Loa' a i ka Luna kia' i ka pane: E ho' opau i ka waiwai apartheid asset strip, cage (MS R6) nā lawehala i kumu a me ka hopena o ka waiwai apartheid.



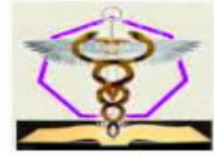
Ho' ohana ka Luna kia' i i nā mākuā kaiāulu, Ho' ona' auao manuahi, A' o
 a me ke a' o, Shire SmeC, Province PHeC! ' O nā mākuā kaiāulu he hui pū' ana o nā haumāna,
 nā kumu, nā kauka, nā mākuā. E hui pū me mākou no ka mālama makua maika' i.

SmeC 'Shire Medical & Education Complex'.

PHeC 'Ka Halema'i Panalaau & Hale Ho'ona'auao'.

PDEc 'Pūnaeweke Kūlana a me ke kikowaena pilikia'.

' O CE 'Ka lawelawe pilikia pilikia'



Kapa inoa keiki

Hā' awi ke kahu kia' i i kā lākou mau inoa hānau hou 3. 1St inoa (a hiki i 10 let-
 mea), 2nd inoa (a hiki i 10 leka), inoa' ohana (a hiki i 10 leka). ' A' ohe o
 ' oi aku ma mua o 10 mau leka nā inoa. E koho' o CG i ka inoa o ke keiki hānau ma mua
 hānau. ' O ka inoa o ke keiki hānau hou ka ho' omau' ana o ka ho' oilina' ohana makuahine a
 makua kāne.

' O ka 1st name of a He wahine hou kona 1St inoa mai na makuahine
 ' ohana (alive or deceased), ' O ka 1St name of a He keiki hou he kane 1St
 inoa mai ka ' ohana makua kāne (ola a make paha). I ka hānau' ana o nā mākuā
 ' a' ole i ho' oholo i ka inoa. Hā' awi' ia ke keiki hānau hou i ka 1 pa' amauSt inoa. A She
 Loa' a ka hānau hou i nā makuahine 1St inoa. A loa' a iā ia nā keiki hānau hou 1St
 inoa. ' A' ole hiki ke ho' ololi' ia nā inoa i hā' awi' ia.

' O ka 2nd name of a He inoa wahine kona mai ka ' ohana makua kāne (ola a make
 paha). ' O ka 2nd name of a He inoa kāne kane hānau hou
 mai ka ' ohana makuahine (ola a make paha). I ka hānau' ana ' a' ole i ho' oholo' ia nā
 mākuā i kahi inoa. Hā' awi' ia ke keiki hānau i ka inoa pa' amau 2nd. A She
 Loa' a i ka hānau hou nā makuahine o ka makua kāne 1St inoa. A loa' a iā ia ke keiki hānau hou
 makua kāne makua '1St inoa. ' A' ole hiki ke ho' ololi i nā inoa i hā' awi' ia.

I ke komo' ana i kahi' aelike 'Holy Matrimony'. Mālama' o ia i kona' ohana
 inoa e like me ia. ' O ka inoa' ohana o kahi hānau hou' o ia ka makuahine.
 inoa' ohana (pono). ' O ka inoa' ohana o kahi hānau hou' o ia ka inoa' ohana makua-kāne
 (pono).

He kūlana kaiaulu ka ' ohana! Pono 9

Loa' a i kahi holoholona!

' O ke kuleana o ke kia' i kia' i e noho like me nā holoholona.
 E ho' okomo ka 'ohana kahu mālama' i nā holoholona i loko o ko lākou' ohana.
 Ua kapa' ia kēia mau holoholona he holoholona. Ho' oma' ama' a' ia lākou, mālama' ia a aloha' ia.

‘ A’ ole pilikia nā holoholona i ke kaiāulu, ka Habitat a me ke ola hihui.

‘ A’ ole ‘ awa’ awa nā holoholona. ‘ A’ ole nā holoholona pipi. ‘ A’ ole nā holoholona holoholona.

‘ A’ ole ‘ oi aku ka nui o nā holoholona ma mua o ka ‘ ʻ ilio li’ ili’ i. ‘ A’ ole hiki i nā holoholona ke lele.

Ho’ opau ‘ ia nā holoholona pipi. Hiki i nā mea hānai laikini wale nō ke hānai. ‘ O ka hānau ‘ ana me ka laikini ‘ ole, MS R3 no kēlā me kēia holoholona.

‘ A’ ole mālama ‘ ia nā mea momona i loko wale nō akā loa’ a ka ‘ ike ma waho.



Pono nā ‘ ʻ ilio a me nā kahu hānai e ho’ opau i ka ho’ oma’ ama’ a ho’ olohe.

‘ A’ ole e hana pēlā, MS R1. ‘ A’ ole ho’ ohana ‘ ia nā ‘ ʻ ilio nui e like me nā holoholona.

Ha’ iha’ i, lawe ‘ ia nā ‘ ʻ ilio nui mai ka mea nona, MS R1. Noho nā ‘ ʻ ilio li’ ili’ i ma nā hale Cluster.



He po’ e ‘ aihue nā pōpoki a makemake lākou e ‘ auau’ a i mea kūpono ‘ ole e like me nā holoholona, ha’ iha’ i, MS R3. Pono nā manu lele e lele.

Ho’ olilo iā lākou i mea kūpono ‘ ole e like me nā holoholona, ha’ iha’ i, MS R2.



Hā’ awi nā hale hui i nā li’ ili’ i: Aquarium, terrarium, nā ‘ ʻ ilio li’ ili’ i. Mai ‘ ae: ‘ O nā manu, nā pōpoki, nā mea ‘ awa’ awa, nā holoholona holoholona, nā mea i ‘ oi aku ka nui ma mua o ka ‘ ʻ ilio li’ ili’ i, ‘ a’ ohe hānai. Nā mea ho’ oweliweli i nā mea ho’ olimalima a i ‘ ole kahi noho.



‘ O ka Aquarium

Aquarium kahi ‘ āpana o ka ‘ ōnaehana ho’ ona’ auao Custodian Guardian. Loa’ a i kēlā me kēia SmeC, PHeC ka Aquarium. A’ o ‘ ia nā keiki i ka mālama ‘ ana i ka Aquarium. ‘ O ka wai anuanu a me nā i’ a Tropical ka mea kūpono loa no nā hale hui.



‘ O Terrarium

Terrarium kahi ‘ āpana o ka ‘ ōnaehana ho’ ona’ auao CG.

Loa’ a i kēlā me kēia SmeC a me PHeC ka Terrarium. A’ o ‘ ia nā keiki i ka mālama ‘ ana i ka terrarium. He mea kūpono loa ka terrarium li’ ili’ i no nā hale hui.



‘ Ae ‘ ia nā holoholona e hana kūlohelohe. Ma mua o ka loa’ a ‘ ana o nā mea mālama holoholona e ho’ ona’ auao iā lākou iho e pili ana i ke ‘ ano kūlohelohe o kā lākou pipi. Hiki i nā mea mālama holoholona na’ aupō ke koi aku i nā holoholona e hana ma’ amau. He hana ‘ ino kēia i nā holoholona.



Ho’ omāinoi i nā Pets

‘ O ka mālama ‘ ana i 1 pipi me ka launa ‘ ole ‘ ana me kona ‘ ano pono’ ī.

‘ Oki ‘ ana: ‘ oki’ oki i nā pepeiao, huelo, ... MS R2 no kēlā me kēia holoholona!

‘ Eha: ku’ i, kīkī, ... MS R2 no kēlā me kēia holoholona!

‘ Oli huluhulu kala. Pena i ka hulu, ka ‘ ili, ke kāhiko ‘ ana iā lākou. Ka mālama ‘ ana

lakou ma ke ano kanaka, aole no lakou iho. MS R2 no kēlā me kēia holoholona!

Ho' omāinoino: maunu, holoholona lab, MS R3 no kēlā me kēia holoholona!



Nā ' ano: Pugs, English, French Bulldogs ua hānai ' ia me mau maka palahalaha. Ua hoihoi ' ia ka mea mālama holoholona i ka pā maka no kona ano kamalii. Ho' opuka hou ka inbreeding i nā hopena ' ao' ao. ' O nā pilikia hanu e hā' ule ana nā ' tlio i ka wā wela, ka ma' i pu' uwai ma muli o ka ' ilihune hanu ana. Ua pilikia nā ' tlio i ko lākou ola a pau, no ka



lokoino kanaka. Mana' o ka mea mālama holoholona he nani ka pilikia hanu hī' ohi' ona pilikino. Pau kēia ' ano hānau, MS R4 no kēlā me kēia holoholona-mal! Shun a me ka mea hilahila!

' O nā holoholona kekahi ' āpana o, 'CG Free Education' a me 'Teach and Learn'. He holoholona holoholona kekahi, he holoholona kekahi. ' A' ole nā holoholona hihui.

SmeC: Kalapu hānau hou, kula kumu, kaikamahine wale nō

Loa' a nā holoholona i ke kula, ke Kula ' Ohana . Nānā ' ia e na kumu, na makuahine, na haumana. Loa' a iā SmeC nā holoholona mahi' ai a me nā ha' awina holoholona hihui.



PHeC: ' O ke kula o ke keikikāne wale nō, Ke Kula Kaiapuni, Ke Koleke ' enehana, Ke Kulanui alaka' i, Ke kahua alaka' i a pau.

loa' a nā holoholona. Mālama ' ia e ka po' e na' auao, nā kumu kula a me nā makua kāne. Loa' a iā PHeC nā holoholona mahi' ai a me ka Hale Laa ha' awina holoholona hihui.



1 Ke kali nei ke Akua e lohe mai ia oe !

Pule Pet Aloha 1 ke

Ho' olaule' a i ka lā Pet 11.3.7. NATm

Akua, ka mea nana i hana i ke ao nani loa

Kou kahu malama pono haahaa loa (1

St inoa)

Mahalo iā ' oe, no ka hau' oli o Pets

E ho' oma' ama' a, mālama a mālama au i nā holoholona āpau

Ke ho'ā' o nei au e lilo i kahu mālama Pet mālama kuleana

E hoomalu au i na Pets mai ka lokoino a me ka hana ino

No ka nani o 1 ke Akua a me ka pono o ke kanaka

Ho' ohana ' ia kēia pule i ka lā Pet a i ' ole i ka wā e pono ai.





He kuleana ko nā holoholona! Ua malama ole ia na holoholona 1 ke Akua!

Pono 10 : Loa' a

i ke kaiāulu kū' oko' a' ino!

He kuleana ko ka po' e e ho' opakele i ko lākou home. He kuleana ko lākou e ho' opakele ma ke a' o 'ana a me ka hana. ' O ia ke kumu i loa' a ai ka mana' o 'Custodian Guardian Shun Vio-lence' (e nānā i ka CG non violence concept) no ka ho' okō' ana i kēlā me kēia Shire.

Hā' awi' o Shire i nā lawelawe Sentinel (e' ike iā Shire Sentinel). Mālama' o Sentinel i nā hana kia' i ha' aha' a a waena. Ma ka hana, a i' ole ka hana, e hō' ike hou kahi Sentinel i nā' ano kū' ē i ka nohona (hewa, haumia, hana' ino) a hō' ike i nā pilikia olakino a palekana. E hopu' o Sentinel no nā ha' iha' i i' ike' ia a hana hewa. A laila e kāhea i kona kahua no kahi ka' a e ki' i ai i ka mea i hopu' ia.

Hā' awi' o Shire i kahi curfew pō 7 hola mai 14-21 hola (CG Klock). No ke olakino maika' i, ho' emi i ka ho' ohana' ana i ka ikehu, ho' emi i ka haumia a me ka pale' ana i nā holoholona hihui. ' O ka emi' ana o ka hewa, ke kumu kū' ai i ke aupuni, ka ho' oikaika' ana i ka ho' onui.



Ke kōkua nei nā limahana lawelawe ulia pōpilikia i ka ho' okō kānāwai. Ma ka makaala o na uhai ana i na Rula, na Hooponopono ma ka hana a i ole. Pono paha lākou e ho' opa' a kanaka. Hiki ke kāhea' ia ka mea mālama' o CE e kōkua.

Kōkua nā kānaka i ko lākou mau hoalauna ke ho' ouka' ia.

Kōkua nā mea hana i nā hoa hana. ' O nā mea ho' ona' auao, nā' epekema kōkua kekahi i kekahi. ' O ka pahuhopu o kēlā me kēia Shire ke kū' oko' a kū' oko' a.



' O ka loa' a' ana o kahi kaiāulu kū' oko' a' ino he Pono a me ke kuleana.

He kuleana ko kēlā me kēia kanaka e ho'ōla. He kuleana ko kēlā me kēia kanaka e kōkua i ka po' e i hana' ino iā lākou. 'A'ole e hana pela, MS R2 Po'e 'ae 'ana i ka hana 'ino, nānā 'ino, MS R2 Po'e



paipai (ho'ohau'oli, kōkua), ho'oulu, hana 'ino, pale i ka po'e 'ino mai ka hopu 'ana, MS R3 1 Ke kali nei ke Akua e lohe mai 'oe !



Ka Po' e i loa' a i ka hewa pule Memorialday 2 . 4 . 7 . NATm

E ke Akua, ka mea nāna i hana i ka honua nani loa, ' o kou kahu mālama
 ha' aha' a ha' aha' a loa (1 inoa) St
 Nīnau e hō' olu' olu i ka ' eha a me ka ' eha o ka Victims of Crime E
 kōkua i ka po' e i loa' a i ka hewa e loa' a ka pono a me ka uku Ke
 ho' ohiki nei au e kōkua i ka ho' opa' i ' ana i ka hewa
 pau' ole E noi' ia e ho' opa' i ' ia ka hewa i ke ola a me ke
 ola ma hope no ka nani o 1 ke Akua a me ka maika' i o ke kanaka. Nā
 Po' e Pō' ino o ka Lā Karaima (Theme Day Fun)!



Ho' omaka ka hana ' ino me ka hānau ' ole. ' O nā wahi ho' omāinoino i loko o ka makemake i ka
 hana ' ino no ke koena o ke ola. Pono ka makemake i ka hana ' ino i mea e ho' ohuli ai i ka ' ino.
 Nā mea ho' oulu: ' O ka wai' ona, ka huhū, ka maka' u, ka ho' oikaika o nā hoa, ka ha' uki pili,
 ka ha' uki hakakā, ka na' aupō, ka ho' ohā' aha' a, ka mea ho' ololi i ka no' ono' o, ka nele o
 ke aloha, ka ho' onāukiuki, ka wikiō ' ino, nā pā' ani wikiō ' ino, ...

' O kahi keiki hānau ' ole i hō' ike' ia i ka makuahine a me ka makuakāne
 me ka ' ōlelo hō' ino kekahi i kekahi. E a' o i ka maika' i o ka
 ho' omāinoino waha a hana ' ia pēlā ma hope o ke ola. ' O kahi hānau
 ' ole i hō' ike' ia i ka makuahine i ' eha kino' ia e ka makuakāne. Ma
 hope o kona ola e ho' omanawanui ' o ia i ka ho' omāinoino kino e He.
 Mana' o' o ia he mea pono ke hō' eha iā ia ...



' O ka hana ho' omāinoino, ho' oweliweli, ho' omalu i nā po' e ' ē a' e. Ho' omaka ka
 ho' oweliweli me ka ho' oweliweli a hiki ke lilo i ho' ouka kaua. Ho' opuni pinepine ' o Bully iā
 lākou iho me nā po' e maka' u ' ole. Ua hewa ka bully a me ka hui ma ka hui. Ho' oweliweli, MS
 R1. Hooweliweli, MS R2.

' O ka ' eha a pepehi ' ana paha: ke kanaka, keiki, ' ōpio, ' ōpio, nā mākuā, nā ' ōpio a i ' ole
 nā lula Gang (e nānā i ka mana' o CG non violence).

' O ka ho' omāinoino ka ho' oweliweli

Ho' omaka ka hana ' ino ma ka home

Pono 11

Lapa' au manuahi ke ma' i!

Lapaau noa i ka mai he 1 ke Akua i haawi pono i ka poe maikai. ' A' ole loa' a ka mālama
 manuahi i nā Rehabilitators. ' A' ole loa' a ka lā' au lapa' au manuahi i ka po' e me nā pilikia
 olakino (Addictions, cannibalism, elective surgery, mutilations, sui-cide,...)

1 Ke kali nei ke Akua e lohe mai ia oe !

Ola maika' i ' O ka pule e ho' olaule' a i ka lā olakino maika' i 12.1.7 NATm Aloha 1 ke Akua, ka mea nāna i hana i ka honua nani loa Kou kahu mālama pono

ha' aha' a ha' aha' a loa (1 E kala mai no ko' u nohona St inoa)

maika' i ' ole E ho' ā' o wau e ho' oponopono

E' olu' olu e kāko' o i ka' u mau

hana e ho' oponopono i ke kāko' o 'Free lapaau ke

ma'i'

No ka nani o 1 ke Akua a me ka maika' i o ke kanaka Ho' ohana' ia

kēia pule i ka lā olakino maika' i



Kū' oko' a, uku' ia (makemake, waiwai, 'ōpala) no ka mālama olakino. ' O ka ' inikua ola kino ' oko' a ' a' ole i ho' ohana' ia kāna mau waiwai me ka ' ole o ka uku. Ho' opili ' ia nā hana pilikino me ka uku' ole ' ia e ka 'SmeC (Shire medical education Complex)'. Ho' okomo' ia nā halemai pilikino me ka uku' ole ' ia e ka 'PHeC (Provincial Hospital education Complex)'.

' O ka mālama ola kino kū' oko' a a puni wale i nā ' āina ' ino Wealth Apartheid he mau kino ho' oponopono pono' ī. Mālama lākou i nā limahana mālama ola kino hewa mai ka ho' opili ' i ' ana. Ke ho' olale nei kēia kino i nā Kānāwai pono' ole. He kōkua nō ho' i i kā lākou mau lālā e ' oki i nā ma' i. ' O kēlā me kēia kino ho' oponopono pono' ī (' a' ole wale ke olakino) ua pani ' ia, ua ho' opa' a ' ia kona mau luna ho' omalu, ua a' o

' ia ' o MS R6 University 'GP (General Practitioner)' a' ole ia he lā' au

lapa' au maoli. ' O lākou ka dispenser pill no Pharmaceuticals. Hā' awi ka lā' au

lapa' au i kēia mau lā' au lapa' au ho' opunipuni me ke kālā, nā makana, nā huaka' i, ...



' O ka ho' oma' ama' a lapa' au ' o Custodian Guardian no 'GP' ma o 'SmeC'. Hā' awi ' o SmeC i ka mālama olakino manuahi (pale, ho' omāu a mālama ma hope).

' O ka ho' oma' ama' a lapa' au ' o Custodian Guardian no 'Specialist' ma o 'PHeC'. Hā' awi ka PHeC i ka mālama haukapila manuahi.

' O ke ka' a ka' a kia' i kia' i kia' i, ' o ka ho' oma' ama' a

pilikia ma o 'PDEc (Provincial Defense Emergency center)'.

Hā' awi ' o PDEc i nā ka' a ka' a manuahi a me nā lawelawe pilikia. I loko o kahi pō' ino, kāhea ' ia i loko!



Nui nā lā' au lapa' au 'mea make a ' a' ole ho' ōla. Hiki iā lākou ke hō' olu' olu (paha) i ka ' eha a pono e lawe lō' ihi. Loa' a iā lākou 'All' nā hopena ' ao' ao e koi ana i nā lā' au lapa' au' (' ona) i nā hopena ' ao' ao.

Ho' ohana nā lā' au lapa' au i kahi ' oihana predatory parasitic
 ' ōnaehana kū' ai. Ho' okumu i ka noi > hana hou (dependen-cy) > ho' olauna i
 nā huahana hou (nā hopena ' ao' ao) (nui ka po' e ma' i i pau i ka lawe' ana i
 14 mau papa me nā hopena ' ao' ao i ka lā). Ho' iho' i i ka po' e kū' ai uku
 (Kauka). ' O kēia ' ōnaehana palaho ke kumu
 ' O ka mālama ola kino he pipi' i a ho' opau wale.



' O nā lā' au lapa' au 'he lapa' au kumu kū' ai mua. lā' au lapa' au'
 he lapaau hope loa. E ha' alele i nā kauka mālama ola kino e kākau mua i nā lā' au lapa' au '. He "Quacks"
 hewa ' ole lākou . E koi iā lākou e hō' ole ' ia. Nānā! E pili ana i ka ' ai kahu mālama

nā ' ōlelo a' o a me ka hahai' ana i nā ho' oma' ama' a, ho' emi i nā ma' i e 80 %+.

' O nā mea ho' oponopono i loa' a i ka mālama olakino li' ili' i ke
 alaka' i' ia. ' A' ole hiki i nā mea ho' oponopono ke hele i ke kāko' o
 ola. ' A' ole loa' a i ka po' e Rehabili-tators ke ' oki kino.



' O ka po' e me nā pilikia olakino i ho' opilikia iā lākou iho e uku i ka mālama olakino:
 ' O ka wai' ona, ka ho' ohui, nā daimonio wiwo' ole, nā mea ' imi hau' oli, ka ho' okē' ai,
 nā mea ' oki' oki (ke ' oki kino, ke ' oki poepoe, ka ' oki kino,
 nā pe' a, ka ho' ololi' ana, ka ho' ololi' ana), nā mea puhi paka, ... Ka po' e i
 ' a' ole mālama ' ia ko lākou olakino.



Ua aie kēlā me kēia kaiāulu i nā kānaka maika' i, lā' au lapa' au manuahi! Pono 12

Ho' ona' auao manuahi!

' O ka ho' ona' auao manuahi he kuleana 1 ke Akua i hā' awi' ia i ka po' e maika' i. Kuokoa
 ' O ka ho' ona' auao ka 1st ' anu' u o ka ho' okō' ana i ka Scroll 1 Belief 4, "Hu-
 e ' imi ke kanaka, e loa' a ka ' ike a laila e ho' ohana." Loa' a ka
 Custodi-an Guardian Free Education mai ka cradle a cre-mation. ' O
 nā keiki, ' ōpio me ka no' ono' o, ke kino, ke kino
 ' a' ole hele ke kino kīnā i ka ho' ona' auao manuahi. Nānā ' ia lākou a noho i nā
 pūhui panalā' au kūikawā.



SmeC (Shire Medical Education Complex) e ho' omaka ana
 a pau ka ho' ona' auao manuahi. ' O ia mai ka makahiki '0-9', ' o ia
 mai ka makahiki '0-16', Ka poe kahiko mai ka makahiki '63 a hiki i
 hopena. He ala ' oihana ' o SmeC no She (makuahine) wale nō!
 Loa' a i kēlā me kēia SmeC kahi 'hui'.



Ho' ona' auao manuahi ma SmeC: Hele nā keiki i 6 lā o ka pule mai 1 hola ma hope o ka puka' ana o ka lā
 a i 1 hola ma mua o ka napo' o' ana o ka lā. Hā' awi' ia nā keiki i ka uhi āpau,

nā kāma' a, nā mea ho' ona' auao, nā mea' ai a me nā mea inu. Ho' omaha lākou, ' au' au
(New born club), the rest have a shower.

Hele nā makuahine i 6 lā o ka pule mai ka hola 1 ma hope o ka puka ' ana o ka lā a i ka hola 1
ma mua o ka napo' o' ana o ka lā (loa' a iā lākou he 3 hola ho' omaha). Hā' awi' ia nā
makuahine i nā uhi āpau, nā wāwae wāwae, nā mea' ai, nā mea inu a me ka uku (1 x wmw).
Hiki ke ' au' au. Nānā! Ke ha' alele, ho' ololi nā Māmā a me nā keiki. Noho nā mea a pau i
hā' awi' ia. ' A' ohe hana home.

Makahiki 0-2: hele ke keiki hānau hou me kona makuahine i 'SmeC: Newborn club' 6 lā o ka pule. Loa' a i
ka hānau hou ma ka piha ' ana o ka makahiki 2 'New born club Di-ploma'. ' O nā makuahine e
ho' opau ana i nā hola 280 ke a' o' ana i ka hui, loa' a ke a' o: 'Ear 1 Apprenticeship 'SmeC' Certificate'

Makahiki 3-9: hele nā keiki kāne a me nā kaikamāhine (Naauao) i nā lā 6 o ka pule i nā papa hui ' ia (co
ed) SmeC: Kula Kumu' Scholars ma ka pau ' ana o ka makahiki 9 loa' a ka 'Diploma Kula Kumu'. ' O nā
makuahine e ho' opau ana i nā hola 140 o ke a' o' ana i ke kula kumu, ke a' o' ana e loa' a: 'Ear 2
apprenticeship 'SmeC' Certificate'

Makahiki 10-14: hele na kaikamahine (Naauao) i 6 mau la o ka pule i na papa kaikamahine wale no ma
'SmeC: Kula wale no ke kaikamahine . Loa' a i ka po' e' epekema ma ka ho' opau ' ana i ka makahiki
14 'Kaikamahine wale no ke kula diploma'. ' O nā makuahine e ho' opau ana i nā hola 140 kaikamahine
wale nō ke a' o' ana i ke kula, ke a' o' ana e loa' a: 'Medical and Education Trade Certificate'.

Makahiki 15-16: hele nā kaikamāhine (Naauao) i nā lā 6 o ka pule i uku ' ia (1 x wmw) ma 'SmeC: Family
College'. Loa' a i ka po' e' epekema ma ka ho' opau ' ana i ka makahiki 16 'Fami-ly College Diploma'
62 makahiki Ua a' o' o ia:

Ua hele ' o ia (ho' omau ' ike) i nā ' ike ola i ka hanauna e hiki mai ana (uku ' ia 3 x wmw) ma Family
College.

Loa' a ka ho' ona' auao ki' eki' e (co-ed) makahiki ma 'SmeC: Senior Ac-tivity Club'.

Hā' awi' o PHeC (Provincial Hospital education Complex) i ka ho' ona' auao
manuahi mau. ' O ia mai ka makahiki '10-18'
'O ke kula wale no ke keiki' a me ka 'Apprentice College'.
Ho' ona' auao hou ' o ia a' o ia: Ke Kula ' Oihana, Ke Koleke
alaka' i, kahi ho' omoana alaka' i.



Makahiki 10-14: hele nā keiki kāne (Naauao) i nā lā 6 o ka pule i nā papa keiki kāne wale nō ma 'PHeC
Boy's only school'. Ma nā hui he 14, a' o lākou ma o ka wati, lohe, ho'ā' o, ho' omaopopo a a' o
(wltut). Ma hope o ka pau ' ana o ka makahiki 14 e loa' a iā ia kahi 'Diploma kula keikikāne'.
Ho' oma' ama' a' ia nā makua kāne ma ka lā ho' okahi o ka pule ma ke ' ano he kōkua kumu.

Makahiki 15 - 18: ho' omaka ke keikikāne i kahi haumāna 3 makahiki i uku ' ia (1 x wmw) ma

'Ke Kula Kaiapuni PHeC'. Ma nā hui o 14, a' o lākou ma o nānā, ho' olohe, ho' ā' o, ho' omaopopo a a' o (wltut).

Makahiki 1 hele lākou i ke Koleke 3 lā a hana lākou ma kahi CROn 3 lā.

Makahiki 2 hele lākou i ke Koleke 2 lā a hana lākou ma kahi CROn 4 lā.

Makahiki 3 hele lākou i ke Koleke 1 lā a hana i kahi CROn 5 lā.

Ma hope o ka loa' a' ana o: 'Trade Certificate'.

62 makahiki Ua a' o' o ia: Hā' awi' o ia i nā' ike ola i ka hanauna e hiki mai ana (uku 3 x wmw) ma ke kula' o Apprentice.

Loa' a ka ho' ona' auao' ana o ka makahiki 63 a' oi aku paha ma 'SmeC: Senior Hui Hana'.

Ho' ona' auao hou aku iā ia, aia' o ia ma 'Kōle' a' enehana'. Loa' a iā lākou 1 mahina piha lā nā papa Kahu. He hola 1 kēia ma hope o ka puka' ana o ka lā i ka hola 1 hola ma mua o ka napo' o' ana o ka lā 6 lā o ka pule, 4 pule papa. Nā hana ma' amau i kēia me kēia lā: pule, ho' oma' ama' a, psychology, kama' ilio, ' elele, alaka' i, commit-tees, .. Ma hope o ka ho' okō kūle' a e loa' a iā 'Supervisor Certificate'

Hā' awi' o 'Leadership College' iā He, She, ' elua mau papa 1 mahina piha-e 'Leader Diploma' a me 'Manager Diploma'. Ua like ka papa alaka' i i kēia me kēia lā me ka papa Supervisor + nā kuleana lawelawe pilikia.

Ma hope o ka pau' ana e loa' a iā 'Leader Diploma'.

Ho' omaka ka papa alaka' i i ka ho' okumu' ana i kahi 'CROn' + kuleana lawelawe ulia pōpilikia.

Loa' a ka 'Diploma Manager' i ka pau' ana.

' O 'Leadership Camp' kahi ho' okele' elua mahina piha i ka lā papa no He, She. Ho' onohonoho ka papa i kahi 'Cluster CROn' a pili i kahi pilikia (a' o PDEc). Loa' a ka ho' opau' ana 'Degree Administrator'.



PDEc (Provincial Defense Emergency center) ho' ohana 'CE (Communi-ty Emergency service)'.

Ho' ohana' o CE i ka ho' oma' ama' a ho' oma' ama' a' ana i ka lawelawe ulia pōpilikia kaiaulu no 1 makahiki e 17 makahiki ' o She a me He 18 makahiki. Ho' oma' ama' a hou kahu mālama.

Ho' oka' awale' o PHeC a me PDEc i ka 'a' o alaka' i Camp. ' O nā mea a pau i loa' a hou i ke a' o 'CE' e lilo i mea mālama. ' O kēia me kēia mea i ho' opau i ka 'CE' lilo' o ia i mea ho' opa' a ma ke kū' ana, a hiki i ka makahiki 49. Ma hope o ka pau' ana o ka 'HM c (Holly Matrimony contract)' he mea mālama' ia ma ke kū' ana, a hiki i ka makahiki 49.

Hā' awi ke aupuni panalā' au i ka 'ho' ona' auao manuahi' mai ka hānau' ole' ana a hiki i ka po' e' elemakule. ' A' ole kākō' o' ia ka ho' ona' auao aupuni' ole a pani' ia.

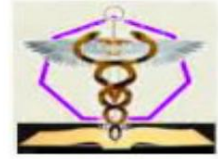
Hā' awi' ia ka ho' ona' auao (noa, lehulehu) e ka Province a me Shire.

SmeC 'Shire Medical & Education Complex'.

PHec 'Ka Halema'i Panalau & Hale Ho'ona'auao'.

PDEc 'Pūnaeweke Kūlana a me ke kikowaena pilikia'.

' O CE 'Ka lawelawe pilikia pilikia'



' O ka ho' ona' auao kahi laulima ma waena o nā mākua, nā kumu a' o a me nā lā' au lapa' au. E pili ana i ka ho' ona' auao manuahi, ke olakino manuahi a me nā ha' awina.

' A' ole, hana home! ' A' ole, ho' ona' auao aupuni ' ole! ' A' ole, nā kulanui!

^{1st} E a' o, i ka ho' omaopopo' ana, e ho' omaka i ke a' o' ana. Ma ka ho' ona' auao manuahi, a' o nā haumāna wikiwiki i nā haumāna lohi. Ma ka hana, ho' oma' ama' a ka limahana akamai i nā mea hou. Ma ka home, a' o nā kūpuna i nā keiki, nā mo' opuna. A' o nā mākua i nā keiki.

1 Ke kali nei ke Akua e lohe mai ia oe !

Ho' olaule' a ka pule ho' ona' auao i ka lā ho' ona' auao 6.1.7. NATm Aloha 1 ke Akua, ka

mea nana i hana i ka honua nani loa Kou kahu malama pono haahaa
loa (1 inoa)

' O nā ' ōlelo ho' ohiki e ' imi, e loa' a, e ho' ohana i ka ' ike i ke
ola holo' oko' a E a' o a a' o ma o ka

ho' ona' auao manuahi E kāko' o i ka

ho' ona' auao manuahi lehulehu E hā' awi i nā ' ike

ola i ka hanauna e hiki mai ana No ka nani o 1 ke Akua a me ka maika' i

o ke kanaka Ho' ohana ' ia kēia pule ma ka papa a ma ka Ho' ona' auao. Lā!



Plagiarize e kūkulu a ho' olaha i nā mana' o hou. No ke aha e kākau hou ai i kahi mea i kākau maika' i ' ia. Pono e mālama ' ia kahi palapala maika' i ' a' ole e ' oki' ia e ke kākau hou ' ana. Plagiarize i kahi ' āpana kākau maika' i a laila ho' onui i ka pa' i ma luna.

Ke holomua nei ka Evolution (maika' i no 1 Akua) ma ke kūkulu ' ana ma luna o nā mea e noho nei a laila hana hou. ' O ka heluhelu ' ana i kahi palapala maika' i e paipai i ka no' ono' o e hāpai i ka na' auao i ke kūlana ki' eki' e o ke kumu. ' O ka ho' ōki' ana i kēia no' ono' o ' ana i ke kākau hou ' ana he mediocre manawa ho' opau i ka ho' ona' auao. E akamai, 'Plagiarize'.

' A' ole pili wale ka plagiarism i ke kākau ' ana. Pili ka plagiarism i nā 'IP' āpau (Intellectual Property). Hā' awi ka Community i nā kākana i ke ala a me ka manawa kūpono e ho' omohala ai i ka Waiwai Na' auao.

No laila, ' o ka 'IP' āpau he waiwai kaiāulu e ho' ohana ' ia e nā mea a pau! Ke hao wale nei ka Prof-iteering mai 'IP' i kahi kaiāulu a Crime: 'MS R6'



'O ka 'Intellectual Property' a pau i ke kaiāulu no ka pono o nā mea a pau.

Ma nā ' āina ' ino, mana' o' i' o, loa' a kālā Anti 1 GOD , plagiarizing may
uhaki i ke kuleana kope. ' O ke koi ' ana i ke kuleana kope ke ' aihue mai ke kaiāulu,
hana hewa: 'MS R6'

' O ka ha' awina home ke ' ano ho' opono' ole a pono' ole o ke a' o' ana a i' ole ke a' o
' ana. Aia ka ' epekema ma lalo o ke kaomi ' ana mai nā mea ho' owalewale, na' aupō, nā hoaaloha,
nā mākuā, ka palena manawa... ' A' ole i hana ' ia ka hapa nui o nā ha' awina home e ka haumāna
e loiloi ' ia a helu ' ia. ' O ka ha' awina home ma muli o kona ' ano ho' opunipuni
pono ole a alakai hewa no ka loiloi. Kāko' o nā mākuā a me nā kumu a' o i nā ha' awina home,
kāko' o i ka ho' opunipuni, ho' opono' ole...

Loa' a i nā kumu a' o nā pilikia pili i ka wā e kaha ana. Mana' o lākou
' a' ole i hana ka haumāna i ka hana. Ma muli o kēia kānalua ' ole,
' a' ole pono nā māka i hā' awi ' ia.



' O ka ha' awina home ma ke ' ano he mea hana loiloi o ka ho' omaopopo ' ana he alaka' i hewa ia. No
laila, he ho' opunipuni ka Homework, ho' opau manawa, nā kumuawaiwai. ' A' ohe ha' awina home!
Heluhelu: Pono e ho' oikaika a maika' i ke a' o a me ke a' o' ana.

Ke ho' opau ' ia kahi module ha' awina, loa' a i kahi haumāna nā ha' awina e loiloi i ka ' ike.
Ho' opau ' ia nā hana ho' omaopopo ma
papa. Hoomaopopo ! Aia: " A' ohe ha' awina home' !!!

Aia 2 ka loiloi: ' A' ohe a i' ole ' A' ole.

' O 70% ka nui o ka hele ' ana he 70% ka ' ike. ' A' ole hiki i ka haumāna ke hana hou i ka module
ha' awina a hiki i ka puka ' ana. Hoomaopopo ! ' O ka module wale nō
pono e hana hou i ka makahiki holo' oko' a.

' A' ohe makahiki hope Assessment a i' ole nā ho' okolohua hope (hana ' ole). No kēlā me kēia
module wale nō ka loiloi, ' a' ole no nā modula i hō' ili' ili ' ia.
Ke hala ka Scholar i nā modula i ho' onohonoho ' ia, ho' opuka ' ia kahi palapala hō' oia.

' Ike ' ia nā mea ho' ona' auao no ka mākaukau hana, ho' ola' a i

90 %

'E a' o a e a' o a me ka ' ike haumāna. Pono ke kumu

i hiki ke 'heluhelu iho' i ka lakou hana ao ana. Ua ' ae ' ia ka helu puka ' ike pu-pil
papa o 90% me ka ho' ohui. ' O nā mea li' ili' i, wehe ' ia ke kumu (Kumu) ,
ho' oma' ama' a hou.

Ma mua o kēlā me kēia kau a' o, nā ha' awina ho' omaopopo ' ana o ka module ha' awina
no ka mea, pono e ho' opau 'ia ka hua'ōlelo e ka mea ho' ona' auao kūpono. A
Pono ka mea ho' ona' auao i kahi pākēkē ma kahi o 90%. ' A' ole hiki i ka mea ho' ona' auao
e a' o i kēia kumuhana i kēlā ' ōlelo. Hana ' ia kahi loiloi inā kūpono ia kanaka e komo i ka
ho' ona' auao. Nānā: ' A' ole kāko' o' o CG i ka multiskill-ing. ' Ike li' ili' i i nā mea āpau a
' a' ohe mea maika' i. Hana i ke kanaka
mediocre, ' a' ole kūpono i ka ho' ona' auao. Pono nā mea ho' ona' auao e ' ike

loea '.

80 % He 80% ka ho' omaopopo ' ana i nā haumāna kula.

E emi mai, ua wehe 'ia ke Kumu Kula. Ho' i i ke a' o' ana.

Ua māhele ' ia ka makahiki kula i 3 mau hua' ōlelo. Mana' o 1, ka 1st, 5 mahina. Kau 2, nā mahina 4 e hiki mai ana. Mana' o 3, ' o nā mahina 5 hope loa o ke kahu mālama kalena. ' A' ohe lā ho' omaha kula. Pono nā kumu kula, nā haumāna i 2, 1 pule ho' omaha. Lawe kaawale, 1 pule i ka manawa. Ma kahi o 3 mahina kaawale. Pono e noi ma kahi o 4 mau pule ma mua. Noi na makua no ka haumana.

'Ōlelo A' o: Loa' a i nā mea ho' olako ho' ona' auao manuahi nā huaka' i (lā a' oi aku paha) i kēlā me kēia manawa. He manuahi nā huaka' i kula, pono. Ke komo nei nā kumu a' o, nā haumāna a me kekahi mau mākuā (inā pono) .

Pili ka ho' oikaika kino i ka ho' ona' auao.

' O nā haumāna, nā mea ho' ona' auao i kēlā me kēia lā (mandatory) komo i nā ho' oma' ama' a i loko (e ho' ohana iā LGM i alaka' i). Ua pani ' ia nā hale ha' uki, Oval (pono). Ho' oka' a' ike ha' uki pāpā ' ia ka ha' uki hakakā, ha' uki elite (1 lanakila, nui nā losers) . Ho' opau ' ia kēlā me kēia po' o kumu, kumu a' o e ha' alele ana i ka ho' ona' auao.

Ke kino kīnā

Nā kākana ' epekema e hō' ike ana i nā hō' ailona o, 'Sexual disability' (ka ho' omāinoino keiki, ke kāne like, ke kāne huikau). Loiloi ' ia e ke kōmike (nā kumu, nā lā' au lapa' au, makua). Inā ' ike ' ia ka ma' i e ho' one' e' ia i 'SDQC' (Sexual Disability Quarantine Compound). No ko lākou palekana pono' i a no ka pale' ana i nā keiki'ē a' e.

Kino kino

Nā kākana ' epekema e hō' ike ana i nā hō' ailona o, 'Mental disability'. Loiloi ' ia e ke kōmike (nā kumu, nā kauka, nā mākuā). Inā loa' a ka pilikia e ho' oili ' ia i, 'MDQC'(Mental Disability Quarantine Compound). No ka mālama pono' ana iā lākou a no ka pale' ana i nā keiki' ē a' e.

Kino kino

Nā kākana ' epekema e hō' ike ana i nā hō' ailona o, 'Ke Kino Kino'. Loiloi ' ia e ke kōmike (nā kumu, nā kauka, nā mākuā). Inā loa' a ka pilikia e ho' oili ' ia i, 'PDQC' (Puhui Ku' una Kino Kino). No kā lākou pale pono' i a pale i nā keiki' ē a' e.

E' imi > loa' a > ho' ohana i ka' ike ma o

Ho' ona' auao manuahi < A' o a a' o



Pono 13 : Hana maika' i' ia!

He kuleana ko kela kanaka keia kanaka 1 haawiia mai e ke Akua i mea e pono ai a i loa ka hana i ukuia. ' A' ole ' ae ' ia ka nele i ka hana. He mea kaumaha i ke kaiāulu. He ola pono ole.

Ho' oka' awale ' ia ka hana i uku ' ia i ka uku uku a me ka manawale' a. ' O ka mea uku uku e nānā i nā pono no ka ' ao' ao kino o ke ola, e loa' a ana ka uku uku. Maika' i ka hā' awi manawale' a no ka ' uhanē. 1 Aloha ke Akua i ka poe kokua! 1 Ke nana mai nei ke Akua!

No ka ho' okele waiwai, ho' onohonoho ' ia nā uku a me nā kūlana (wmw) e ke Aupuni Kūlana. Ho' onohonoho ' ia ka 'wmw' i kēlā me kēia makahiki. Hiki i ka wmw ke noho like, a i ' ole e pī' i i luna, a i ' ole e iho i lalo e like me ke kūlana waiwai.

No ka ho' onohonoho ' ana i nā uku a me nā kūlana ua ho' ohālikelike ' ia lākou. No ka ho' okele waiwai maika' i loa, ' o kēlā me kēia kanaka ka uku uku. Ho' opau ' ia ka kuleana o ka moku' āina a ho' ololi ' ia e CROn. Ho' opau ' ia nā uniona. Ho' onohonoho ke aupuni i nā uku a me nā kūlana. He 7 uku uku.

Ho' okumu ' ia ka uku ma luna o ka 'uku uku ha' aha' a o kēlā me kēia pule ' (wmw) a me ka mea ho' onui (x). Ho' omaka ka uku uku wmw x 1 (ka li' ili' i) i ka wmw x 7 (ki' eki' e) : ' a' ole akamai,

wmw x 1 haumāna alaka' i mākaukau, Trady Max 5 Sager Master Trady

wmw x 2 Administrator (max-wmw x 3 Supervisor (mum) wmw x 4 wmw

Le' ale' a). 6 lā, 7* hola o ka lā, 42 hola hana a pule, x 7a' ohe hana ma ka lā 7 (La

hope o ka ' O ka hola hana o kēlā me kēia lā (Manawa Triangle): 1 hola ma

puka' ana o ka lā a i ka hola 1 ma mua o ka napo' o' ana o ka lā. Ma waho o kēia manawa, hana wale nā lawelawe pilikia (Night Curfew). ' A' ole ' oi aku ma mua o 18 mau hola (3 hola i ka lā) o ka hana hapa manawa i kēlā me kēia pule. ' A' ohe hana ma' amau. *CG

Klock, Ho' ohana ' ia ka ho' oponopono manawa hou Nā kūlana no nā māka uku 7:

Mana' o e loa' a iā ia he 7 pule ho' omaha makua kāne, wmw 1 a laila pili nā kānāwai SmeC ~

Loa' a iā ia he 1 pule ho' omaha hānau,

wmw 1 ~ Uku ma' i no nā uku āpau- māka, wmw 1 ~ He 3 lā

ho' omaha ho' opī' i,



wmw 1 ~

He 2, 1 pule (14 mau lā) ho' omaha makahiki, uku uku, wmw 1 ~

' A' ohe kau ho' omaha makahiki, ' a' ole ho' omaha hau hau lō' ihi ~

Hā' awi ' ia nā lako hana, Mea' ai, inu, ho' oma' ema' e.



Kūlana hana: Pono ka wahi hana i ke olakino, palekana, me nā mea pale a me nā kāmā' a e kau' ia e like me ka mea e pono ai. ' O ke koi' ana i ka po' e e hana i nā hana hou a' e i ka manawa li' ili' i' a' ole palekana, maika' i' ole a ho' emi i ka maika' i. Aia nā ho' omaha i kēlā me kēia 3 hola. ' A' ole pono e ' oi aku ka nui o nā hola i hana' ia (me ka wā' oi aku, 10% ka ho' ouka' ana) i ka lā ma mua o 10 mau hola.



Ke ala hana! ' O ka Apprenticeship, ke loa' a kahi wehe, hāpai' ia e ka' ike hana, ke kūlana ki' eki' e. A' o hou ma hope o ke koho' ana (He, She).

Ke loa' a kahi wehe, hāpai' ia e ka' ike hana, ke kūlana ki' eki' e. E a' o hou a' e ma hope o ke koho' ana. Ke loa' a kahi wehe, hāpai' ia e ka' ike hana, ke kūlana ki' eki' e....

' auhau no ka loa' a kālā a hiki i **wmw 7 : 0% ~** ' auhau no ka loa' a kālā ma luna o **wmw7 : 100% ~** ' auhau no nā pōmaika' i pili: 100% ! (e nānā i ka CG Economic concept)

' A' ole hiki ke loa' a ka hana piha a hapa manawa paha. Ho' ohana maika' i' ia e ka 'Shire' ma **wmw x 1.** ' O ka loa' a' ana o ka po' e hana maika' i e ho' opau i ka hana' ole!



1 Ke kali nei ke Akua e lohe mai ia oe !

Pule Hana 1 E ke Akua, ka

Ho' olaule' a i ka lā limahana 5.1.7. NAtm

Mea nana i hana i ka Universe nani loa Kou kahu malama pono haahaa loa (1 Noi mai i kokua i lilo au i kanaka hana pono Est inoa) mahaloia ka'u mau hana, a e uku pono ia. ha' aheo ko' u kaiaulu ia' u No ka nani o 1 ke Akua a me ka maika' i o ke kanaka Ho' ohana' ia kēia pule i ka lā hana a i' ole i ka wā e pono ai!



He kuleana ko kēlā me kēia kanaka e ola i kahi ola maika' i!

Pono 14 E loa
ka mahalo !

Hā' awi ke kahu kia' i i ka 'Ho' ohanohano' a makemake lākou e mahalo' ia.

' O ka loa' a' ana o ka mahalo he' āpana o ka' ohana harmonies, kahi hana, kaiāulu.

' O ka loa' a' ana o ka mahalo he kuleana. Hō' ike' o CG i ka mahalo i nā CG' ē a' e, i nā Lunakahiko a me nā lālā o ka 1 Church (UCG1). Hō' ike lākou i ka mahalo i nā po' e pono' ē a' e.

' O ka loa' a' ana o ka mahalo ka hō' ike' ana i ka mahalo no ka pono a i' ole ka ho' okō. Pono ka manawa a me ka ho' oikaika' ana e' ike i nā' ano maika' i. Inā' ike' oe a ma kahi kūpono, e ho' ohanohano i kēlā mau' ano me ka, 'Ho' ohanohano'.

Loa' a i nā mākuā ka mahalo mai kā lākou mau keiki. I ka ho' iho' i' ana, mahalo nā mākuā i nā' eha ulu o kā lākou mau keiki. Hō' ike ka po' e' elemakule i ka mahalo mai nā' ōpio ma o ka ho' omau' ana o ka' ike. Hō' ike ka po' e i ka mahalo i nā alaka' i i koho' ia. Hō' ike ka po' e hana i ka mahalo i nā lālā o ke komite CROn .

'A'ole 'o 'Freebie' ka mahalo. Loa' a ka mahalo! ' O ka po' e i loa' a' ole ka mahalo. Mai loa ka mahalo. Pono lākou e ho' omaika' i.

Loa' a iā' oe ka mahalo, 'Ae, maika' i!' ' A' ole loa' a ka mahalo, 'No ke aha' a' ole!' E loiloi iā' oe iho, e nīnau i nā po' e' ē a' e. Pono paha' oe e ho' ololi. Pono paha nā po' e' ē a' e i ka ho' oponopono hou' ana.

Hiki i nā po' e i loa' a ka mahalo ke wehe. Ma ka hana ino. Pa' akikī loa ka nalo' ana o ka mahalo. Ua nalowale ka hilina' i!

Mahalo ! He Pahuhopu kupono !

Pono 15 E loa

ka pono !

' O ka loa' a' ana o ka Pono he kuleana kanaka 1 hā' awi' ia e ke Akua!
' O nā mea ho' oweliweli nui loa i ka Justice' o ia nā Hereditary Tyrants, Political Ty-rants a me Wealth apartheid.' O ka hō' ole' ana i kēia 1
' O ka pono i hā' awi' ia e ke Akua he hō' ino 1 ke Akua he hewa kaiāulu



MS R6-7' O ka ho' oweliweli i ka Pono' o ka pono' ole, elitism, corruption, (Chain of Evil). ' O nā hewa ka hopena o ka waiwai a me ka ho' oki' eki' e, ka mana' o pono' ī, ka mana addicted Hereditary and Political Tyrants. Ho' opa' a' ia a ho' opa' a' ia paha' o Hereditary-Tyrant, MS R7. Ho' opa' a' ia nā Politi-cal-Tyrant, MS R7. Wealth apartheid, estate, ends. ' O nā mea' ino, parasitic, predatory, profiteer's ua kā' ili' ia ka waiwai, caged, MS R6. Ua pani' ia e CROn a me wmw.



Kāko' o' o Custodian-Guardian i ka' aha kanaka kū' oko' a. Ho' okumu' ia kēlā ma luna o ka mea i kūpono i ka pono, kūpono a kākau' ia ma ka, Law Giver Manifest.

E loa ka pono. Aia nā kānāwai i ho' okō' ia. Kāko' o' ia e kahi' aha ho' okolokolo hakakā' ole (Sheriff Lawyer Pool, Marshall Barrister Pool). ' O wai e hui pū ana e' imi, 'Oia' i' o'. E kūkala, 'Ahewa' a 'A' ole hewa'. Hā' awi' ia, 'ohi' ia ka uku 'Mandatory Sentence', Rehabilitation' e like me ka pono.



Nānā! ' A' ohe kiure. ' A' ohe hihia kiwila.

1 Na ke Akua
 Ka pono



La Hookolokolo > Na unahi maemae
 (Scroll 7) Nā Pule Ho' ōla

' O ka ho' opono he pono kanaka!



Pono 16

Hoopau me ka hanohano !

Mana' o ka Luna kia' i 1 ke Akua ke kuleana e ho' oholo i ka mea ola a i' ole make. He kuleana ko 1 ke Akua i hā' awi' ia i nā kānaka e ho' opau i ko lākou ola me ka nui o ka hanohano e like me nā hanana. ' O ia ka ho' opau' ana i kahi ola unlivable ma ka waiho' ana i ka ke ola a me ka make ma 1 ko ke Akua lima.

Ua ho' ohuli' ia ke kanaka ma ke kāko' o ola (e ke kauka limahana) ma hope o 3 lā (pono). 1 Na ke Akua e hooholo ina ola a make paha kēlā kanaka. E waiho ana i ke kanaka no ka loihi
 ' O ke kāko' o ola he ho' omāinoino, he hewa, MS R7.



Ua ha' i' ia ke kanaka he ma' i ho' oweliweli ko lākou. 1St ko lakou kino
 kālua' ia (' oki' oki). E ola ana ke kanaka, ua puhi' ia (e uē ana i ago-ny) me ka radiation. E ola ana ke kanaka i kēia manawa ua' ona (Pharmaceuti-cals). E ola ana paha' oe i kēia manawa. A i
 ' ole' oe i ho' ōla' ia, ma hope o ka
 ho' omāinoino' ia' oe e make i ka make lohi, agonizing. He lokoino kanaka.
 ' A' ole ka hopena me ka hanohano.

Kāko' o' o Guard Guard i ke olakino pale e pili ana i ka' ai, ka ho' oikaika kino a me ka pale' ana. ' O ka' oki' ana kahi hana lapa' au hope loa. ' A' ole pono e lawelawe' ia ka lā' au Radia-tion. Pharmaceuticals 'oia e
 e pale' ia, he ripoff maika' i' ole lākou. Loa' a iā lākou nā hopena' ao' ao a me
 he pilikia olakino nui e pale' ia.

' A' ole hiki i ke kanaka ke hana i ka sanwiti a' ai iā ia i kēia manawa a i' ole i ka wā e hiki mai ana. Makemake paha e kāhea i ke ka' ina hana ho' oholo 1 ke Akua (live a make paha). He kuleana ko kēlā me kēia kanaka e hō' ole: lapa' au, ' ai a inu
 (' a' ole inu wai i kāu mea make i 2 lā). ' O ka hō' ole' ana i ke kanaka i kēia kuleana he
 ho' omāinoino, he hewa, MS R7.

1 Ko ke Akua manao, he hoomaka na mea a pau ma ke ao holookoa

a me ka hopena, me ke kino kanaka. Pono ke aloha kanaka e ho' opau i ka ' eha. ' A' ole 'ho' olō' ihi i ke ola. Ke keakea nei ka hooloihi ana i ke ola me 1 ko ke Akua manao (ka Soul's mission).

I mea e pale aku ai i ke kanu ' ia ' ana, pono ke kanu ' ia. Ho' oku' u ' ia ' o Cremation i ka Soul. Nānā! He pō' ino olakino ka lua kupapa' u, he ' āina.

' A' ole ' ae ' ia ka ho' olewa kupapa' u
no ka mea pono e ho' ohana ' ia ka ' āina e ka
po' e e ulu nei.

Ho' okumu kēia mau ho' olewa i nā Ghosts ma ka ho' oku' u ' ole ' ana i kahi ' uhane. Ua makemake ' ia nā hale kupapa' u e nā elitist ' ino e hō' ike' ike ana: Ex-
pensive coffin, pōhaku po' o makamae, pompous land-scaped mausoleum.



' O nā mea mālama i ka mea' ai e pale i ke
kino mai ka palaho' ana i ka ho' ohana hou
' ana i nā lua kupapa' u. Paipai ka lua kupapa' u
i ka hewa, ka pōā a me ka hana ' ino. ' O nā lua
kupapa' u i mālama ' ole ' ia he ' ino maika' i ' ole..



' A' ohe hale kupapa' u hou. Pa' a nā hale kupapa' u e kū nei, ' eli ' ia. Ho' opau ' ia nā re-mains
a hohola ma luna o ka māla Crematorium. Ho' ohana ' ia ka ' āina no nā mea ' ē a' e.

' O ke kunu ahi wale nō ke ' ano ho' olewa i ' ae ' ia!

' O ka pepehi kanaka iā ia iho (euthanasia, pepehi kanaka) he hō' ailona ia o ka no' ono' o
nāwaliwali, ka ' uhane nāwaliwali. He mea ola no ka Soul. ' A' ole pono nā kānaka ' ē a' e ke ke' ake' a
ke ' ole ka pilikia i kekahi. 1 Na ke Akua e hooponopono i keia ma ka la hookolokolo. Ua ' ae ' ia ke
kōkua ' ana i ke kanaka i ka pepehi kanaka iā ia iho inā ' ae ka ' aha kūpono he makemake make. ' O
ka ' eha nui ka ho' omāinoino. E hoopau!!

Nānā! Ho' opau ke kanaka (aloha) no nā holoholona ' eha. Akā na' e, ' a' ohe o lākou aloha like i ko
lākou ' ano iho.

' O ka ho' opau ' ana i ke ola me ka hanohano he pono kanaka.

1 Ke kali nei ke Akua e lohe mai ia oe !

' O ka pule ' uhane

Aloha 1 ke Akua, ka mea nāna i hana i ka honua nani loa E ' olu' olu e
ho' okipa i kahi lālā o ko mākou kaiāulu He kahu mālama
ha' aha' a i ho' oikaika i ka maika' i He mea aloha nui i ho' okō i kā lākou
' oihana.



Ho' oku' u ke ahi i kēia ' uhane no ka lā
 ho' okolokolo . Ho' ohana
 ' ia ma kahi ho' olaule' a ho' opau ' ana o kahi Crematorium.



Kaumaha

' O ke kaumaha kahi kūlana kaumaha no ka make ' ana o ka ' ohana a i ' ole ka
 hoaaloha. Ke make ke kanaka he autopsy, kuni ahi a me ka Es-tate. Ho' omaka ka
 Soul Afterlife. Aia ka po' e i mālama i ka mea i make i ke ' ano o ke kaumaha. Hiki mai
 ke kaumaha ma nā ' ano mana' o like ' ole. ' O ke kaumaha nui loa.

Ua make

He kaiāulu ko ka mea i make ma hope o ke ola: Estate, Ho' omau
 ' ike, Ho' oilina, Ku' una. Hā' awi ka waiwai i ka ' ike i
 hō' ili' ili' ia, nā ' ike ola, nā ho' oilina, nā ku' una ' ohana,
 nā memo. ' A' ole hele ka waiwai ma ke kūlana (hope me ka
 make), mana (hope me ka make), lilo nā waiwai a pau i ka
 loa' a kālā o ke aupuni.



' O kahi kanaka i make i hānai i nā keiki (nona, hānai, hānai) lilo i 'Immortal!' ' O ka
 po' e ' a' ole, 'Mai!' Hana nā keiki iā ' oe 'Immortal'!



Pono 17 Ua

koho kuokoa i ke aupuni !

He mau mea ola kanaka. Makemake lākou e komo. Ho' okō nā
 komite i koho manuahi i kēia pono. ' O ke alaka' i ' ana e 1 ' o
 Tyranny. ' O ke alaka' i ' ana o ke kōmike he kaulike.



Ho' ololi ' ia ' o Hereditary and Political-Tyranny me nā koho
 lehulehu i koho manuahi ' ia (1 mua ma mua o ka pou) aupuni. 'O ke
 aupuni 'o ia, 'o ia me ke 'ano like. Ho' ohana nā luna i koho ' ia i ka
 'Law Giver Manifest' i alaka' i.



Ke kāko' o nei ka po' e i ke Aupuni i koho manuahi ' ia ma ke koho balota ' ana.

' A' ole hiki i ke koho balota ke hopena i nā radical e lawe i ke Aupuni a ho' okumu i kahi Tyranny (ho' oilina a politika paha). Wehe ' ia nā mea ho' omāinoio, MS R7. Kāko' o ' o 'Universe Custodian Guardians' i ' elua ' ano aupuni, 'Province' (provincial) a me 'Shire' (local).

Ma hope o ka ho' okumu ' ana i kahi Panalā' au, ua māhele ' ia i 35 mau ' āpana kalaika. Koho kela a me keia apana ia 1 He, 1 She i ka Ahaolelo no 4 makahiki (Quattro makahiki). Koho ' ia ka moho (He, She) me ka nui o nā balota. Ua ' ike ' ia nā 70 i koho ' ia ' o Rul-ers. Kāko' o ke kahu mālama i nā ' ao' ao kū' oko' a ' a' ole.



' O 7 mau panalā' au e alaka' i ' ia e ke komite waena (Paremata). He 70 mau Rula. 36 Ho' okumu nā ali' i i aupuni. Ua kapa ' ia nā Luna Aupuni ' o ia he Legislators, Non Government Rulers are called Checkers. Hā' awi ' o Checkers i kahi Ruler Umpire nāna e noho i ka Parliament.

Koho na Luna ma ke koho malu i komite o 7 Lunakanawai a me 1 Rula Um-pire (8). Lilo ka Lunakanawai 1 ki'eki'eSt koho 1 He, 1 She. Mawaena o lakou ka 1 me ka i Luna 'Aha'ōlelo. ' O kekahi 'Checker Ruler Umpire' (Example She is Chief, He is Ruler Umpire). ' O ka nui like o nā pāloka i ' oi aku ka po' okela i lilo i Luna Nui.

A laila, koho nā ali' i iā 3 He, 3 She i mau ' aha' ōlelo. E like me ka nui o na balota, e lilo ana i mau Luna Kanawai. Hā' awi ke Ali' i i ka 5 Commander's (Environment, Exterior, Interior, Knowledge, Shires) a me 1 Auditor port-folios. Ua hoomaluia ka Panalaau.

Nānā! Ke ho' oponopono pū nei ka Luna Ho' okele o ka Hale Ahaolelo i ka Luna Ho' oponopono. ' O ke kuleana o ka Pāremata ka mea nui!

Ho' okumu ka ' Āpana i kahi 'Shire'. Hā' awi ka Moku'āina i 3 'Advisers' i ka 'Shire'. Ua koho ' ia ka ' aha 'Shire' me 3 'Advisers' a me 2 'Kalif' (1 He, 1 She) 'Kalifs' i koho ' ia i kēlā me kēia 4 makahiki ma ka lā 1st o ka mahina mōliaola, Quattro Year* ma ka 1st hala o ka pou. ' ōnaehana.

* Ka ho' okele manawa makahiki hou, CG Kalender



Koho balota kia' i kia' i ma nā koho balota a pau i kūpono iā lākou.



Pehea e koho balota

Ka moho e koho balota no:

' A' ole ' o ia ma mua o 28 a ' oi paha ma mua o 70.

He makua a i ' ole.

He limahana a mea manawale' a a i ho' omaha paha, kāko' o ' a' ole no ka loa' a kālā.

Ua kūpono i ka no' ono' o a me ke kino.

' A' ohe ho' ona' auao kulanui.

' A' ole i ho' opau i ka ho' oponopono hou ' ana.

' A' ohe ona kino kīnā (ke kāne ho' okahi, ke kāne huikau, ka ho' omāinoino keiki).

No ka ho' omana, philosophy, ho' omana ho' oma' ama' a, ' ae i ka hana ' ino.

Ho' ohana i ka 'Law Giver Manifest' i alaka' i.

He kahu kiai

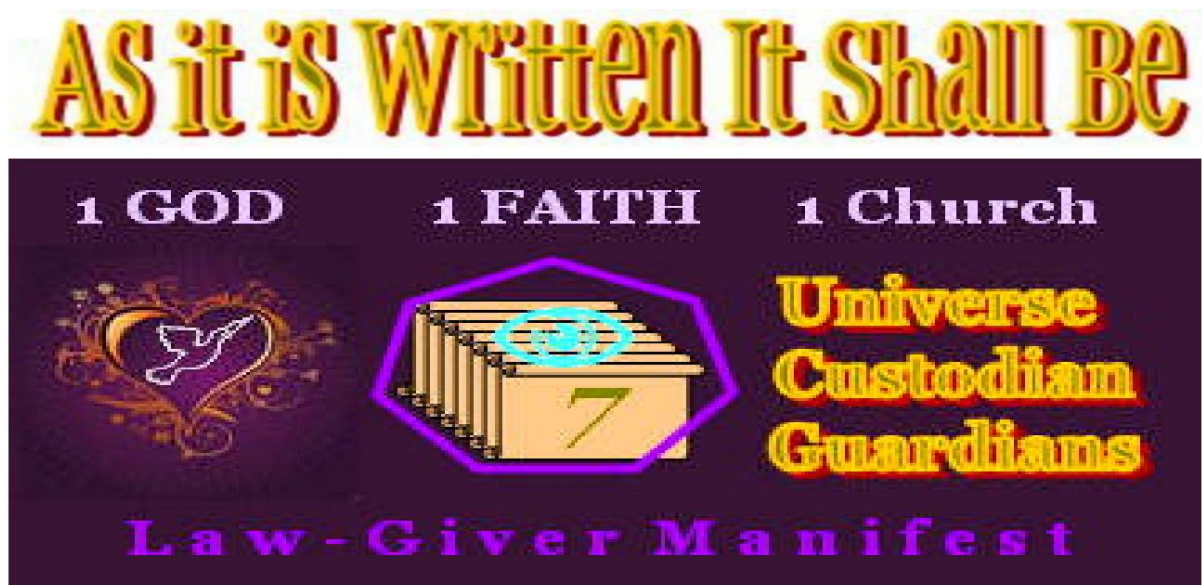
Hoomaopopo !

Hiki i nā Kāko' o kia' i mālama, nā Klan Elders ke koho, kāko' o, kāko' o a ha' alele
i nā moho ma ke koho balota. ' A' ole hiki i nā lālā kia' i mālama mālama (Zenturion,

Praytorian, Proclaimer) ke kāko' o, koho a hō' oia i nā moho ma waho o ka
ho' okele 1 Ekalesia.

He hana kivila ke koho balota.

He pono kanaka ke Aupuni koho kuokoa.



No ka nani o 1 ke Akua a me ka pono o ke kanaka!

Ma hope o ka loa' a ' ana o nā 'Privileges'. ' O ka manawa kēia e a' o ai e pili ana i ka 'Failings'.