

GLUTEN SENSITIVE

CHANDERSON'S STEAK & SEAFOOD

This list is not a medical document.
Please check with you doctor if you are unsure of your gluten restrictions.

LITE FARE

FRENCH ONION AU GRATIN

rich beef broth, onions, Swiss & Provolone cheese. (Croutons are omitted)
Crock 4.50

GF ANGUS BURGER

1/2 pound Angus burger topped with mushroom, roasted red peppers and onions. served on a bed of lettuce with tomato slices and dill pickles. side choices: mashed potatoes, jasmine rice or vegetables. 12

ASIAN SALMON SALAD

Norwegian salmon served over fresh greens, tomatoes, carrots, cucumbers, & oranges. Mandarin dressing. (Garlic bread & wontons are omitted) 12

FULL SOUP & SALAD BAR

Soup: Ask server for today's option.

GS dressings: Lite Italian, French, Oil & Vinegar.

Choose your salads and toppings.

Dinner Rolls, Croutons, Wontons, Pasta salad and shredded cheeses are NOT gluten free. 9

ENTREES

Served with soup & salad bar, sauteed seasonal vegetables and choice of mashed potatoes, baked potato or jasmine rice.

BLACKENED NEW YORK STRIP

12 oz. The king of steaks seasoned with our blackening spice blend. char-grilled or cast-iron seared. 28

CHANDERSON'S RIBEYE

12oz. a customer favorite! Char-grilled & seasoned with our house blend of herbs and spices. 25

MAPLE GLAZED SALMON

Norwegian salmon, pan seared, maple butter glaze. 23

BROILED FISHERMAN'S PLATTER

Crab stuffed haddock, jumbo shrimp & sea scallops. 25

LOBSTER TAIL

7 oz. cold-water lobster tail broiled with herb butter. 28

BROILED HADDOCK DINNER

choice of: butter-herb or cajun seasonings. 17

APPLE-MAPLE-BACON PORK CHOPS

char-grilled pork chops with sauteed apples, bacon & maple glaze. 18

LIVER & ONIONS

calf liver, caramelized onions, crisp bacon. 15

GLUTEN SENSITIVE SHOULD AVOID...

ALL BREADS & ROLLS

CROUTONS & WONTONS

FRENCH FRIES & CHIPS

PASTA & MACARONI SALADS

MALT VINEGAR & SOY SAUCE

ALL FRIED ITEMS

SHREDDED CHEESES, PARMESAN CHEESE

Note to our customers:

Please notify your server of any allergies or food sensitivities.

We prepre items in our kitchen that contain gluten, peanuts & seafood.