

Diabetes Screen

It's time for your diabetes screening test to be sure you do not have or develop diabetes during your pregnancy.

Some women will have diabetes only during pregnancy and at no other time in their lives. Diabetes in pregnancy can harm the unborn child. If the blood sugar levels are controlled and the baby's and mother's conditions are very closely monitored, the chances of a healthy newborn and mother are very good.

You should have a bottle of Glucola, a very sweet tasting sugar water (50 mg of glucose) that was given to you on your previous visit. The bottle should be orange and is best taken cold.

Drink Instructions

- For this screening test, you should eat normally at your normal times. Do not fast and do not avoid eating. This could invalidate the test.
- You must drink the Glucola in 5 minutes or less. If you just sip it or take too long to drink it, the test is not valid and you will need to do it again on another day.
- Record the exact time you finish your Glucola. Exactly one hour after you finish the drink, we need to check your blood sugar by a drop of blood from your finger. If we test too soon or too late the test is invalid.
- Time your arrival at the office for approximately 30 minutes after you finish the Glucola.
- If you drink your bottle on the way to your appointment please tell the receptionist when you check in. Tell them the exact time you finished your drink.