

# January 2020 LUNCH MENU

## Kalaheo Elementary School

All menus are subject to change without notice.

All meals include a choice of a half pint 1% white or FF Chocolate milk.

All bread and bread products are made with whole grain.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6  Teacher Work Day	7 Sweet and Sour pork Steamed rice Romaine Salad Peaches	8 Hamburger steak and gravy Steamed rice Steamed carrots and corn Fruit Cocktail	9 Cheese Pizza Spinach and Romaine Salad Celery sticks Honeydew	10 Barbecue Pork Sandwich Potato Wedges Coleslaw Pineapple
13  West Complex Waiver Day	14 Chicken patty with gravy Steamed Rice Steamed Broccoli and Carrots. Apple Wedges	15 Teri Burger Vegetable sticks Baked Beans Potato Wedges Honeydew	16 Chicken Broccoli Steamed rice Corn Fruit Cocktail	17 Turkey Ham Sandwich Vegetable sticks Edamame Cantaloupe
20  Martin Luther King Jr. Day	21 Chicken tenders Steamed Rice Broccoli and Corn Apple wedges	22 Tuna Sandwich Veggie Sticks Wedge Fries Fruit slush	23 Cheese Pizza Spinach and Romaine Salad Peaches	24 Sloppy Joe Veggie Sticks Baked beans Pineapple
27 Fish Sandwich Rainbow Salad Fruit Cocktail	28 Popcorn Chicken Steamed rice Carrots and Corn Honeydew	29 Crispy Nachos with Beef and Cheese Spinach and Romaine Salad Orange Wedges	30 Hot turkey Sandwich Steamed rice Carrots and Edamame Apple Wedges	31 Kalua Pork and Spinach Steamed Rice Lomi Tomato Pineapple

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**This institution is an equal opportunity provider.**