

What Are Your Spiritual Battles? (Eph 6:10-18)



Take the time to examine yourself (2 Cor 13:5; 1 Cor 11:28). Ask God for wisdom (Js 1:5) and ask Him to “search” your heart (Ps. 139:23-24). The greatest struggle in your life potentially provides the greatest opportunity for spiritual growth. If you respond right by applying God’s Word in these areas you will benefit greatly and endure victoriously. At the depths at which you are honest with God, they are the depths at which God will change you. As you implement a Biblical plan of action/a “prepared response,” depending on the Holy Spirit, you will become more Christ like! As you see the different title headings write in what comes to mind. This will help you to “sort out” every thing categorically. Once you identify and define some of the patterns in various areas of your life you will be ready to take the next steps (which are: prioritize, discover related scriptures, write out the principles in a plan of action, and start to apply God’s truths...) Please use another paper if necessary.



Frustrations	Present Struggles	Reoccurring Problems
Past Hurts	Unresolved Relationships	Guilt Trips/ Past Regrets
Temptations	Unresolved Issues	Willful Sins

Wrong Thoughts/ Attitudes	Responses To	Behaviors to Change
<p>Habits to Replace</p>	<p>Worries/Anxieties</p>	<p>Present Stress</p>
<p>Fears</p>	<p>Immediate Crisis</p>	<p>Other Trials/Testings</p>
<p>Unmet Needs</p>	<p>Things I Must Do</p>	<p>Other Conflicts/Challenges</p>