

# Perfect Speed

By Christo Macchia

In Groundhog Day, it took Phil thousands of days repeating the same exact day before he finally realized his own Dharma, or one's own unique natural path that the Buddhists believe everyone must learn to live out. Its like Destiny, but without a finite ending.

<https://www.youtube.com/watch?v=tSVeDx9fk60>

<https://www.youtube.com/watch?v=HYAx9RX10mY>

And he started living out his Dharma by learning to follow the Tao, which is what the ancient Chinese believe is the guiding way of nature and each individuals path of least resistance. The Tao is accessed when an individual finds balance within himself and in relation to his immediate environment, is in the natural flow, and is not creating distractions or interferences for himself.

<https://www.maetreyiima.org/dharma-and-the-tao.html>

Its what Jonathan Livingston Seagull discovered as "perfect speed". This is where your physical body, subconscious mind, and the current surrounding environment are all moving at the same pace.

"You will begin to touch heaven, Jonathan, in the moment that you touch perfect speed. And that isn't flying a thousand miles an hour, or a million, or flying at the speed of light. Because any number is a limit, and perfection doesn't have limits. Perfect speed, my son, is being there." -Richard Bach

This is also where Carl Jung's "synchronicities" occur.

