# NAACP

"Of all the forms of inequality, injustice in healthcare is the most shocking and inhumane." Dr. Martin Luther King jr.

### GO CAPS for health training!

GO CAPS is looking for high school students from across





SW Mo to come and test drive their futures with us. GO CAPS is an advanced college and career exploration program that takes place during the school year Monday through Friday. Students can choose morning or afternoon sessions. They receive HS or optional dual credit through MSU. The students explore Business, Education, Engineering, IT or Medicine/Health. Our classrooms are based in business settings. (Cont. p 2)

### Meet Diane Marshall, RN

Tell us about your background: I was born and raised here in Springfield, Mo. We moved to St.Louis for a few years but came back when I was in third grade. I have two sisters and four brothers. I have two daughters and one adopted daughter (all grown) and now I have 4 grandsons.

Where were you educated? I graduated from Central High School, went to OTC to get my LPN in 1996 and then my RN from Cox College in 2009. I had test anxiety which made it hard for me



because there are high-stakes tests in nursing school. I learned I had to raise my hand and ask questions if I didn't understand a concept.

What led you to nursing? I wanted the financial stability and job security that nursing offers.

Tell us about your career path. I worked as a CNA in my 20's and then on to factory work at GE and Kraft. Those jobs got me through nursing school. I

was a single mom, working full time and was a full time student. I have worked in diabetic foot and wound clinics, as a nurse on the special needs bus for the school district, in corrections at the jail and Ozarks Correctional Center (OCC), endoscopy, ER, ICU, Medical/Surgical floors and now at Urgent Care (and OCC). My favorite is probably correctional nursing because I may be able to

Students tour, shadow professionals and hear from guest instructors. Our region's businesses would love to meet your students. We have ways to help with transportation and GO CAPS is meant for ALL students. Applications can be found at The Greater Ozarks Centers for Advanced Professional Studies on the web or the Facebook page by the same name.

## Maternal Mortality Program Rescheduled

The Maternal Mortality program that was canceled due to icy weather has been rescheduled for April 15th from 2-4 pm at the Clara Thompson Hall on the Drury campus.

#### Missouri House Bill 2172 Supported by Nimrod Chapel

Missouri House Bill 2172 which is intended to reduce racial profiling, discriminatory policing and collect data on traffic stops heard testimony from Nimrod Chapel. Mr. Chapel is the state president of the Missouri NAACP. HB 1272 and the companion Senate Bill 828 are also known as the "Fourth Amendment Affirmation Act". Have your elected officials support these bills.

help someone straighten out their life.

What barriers have you had to overcome? I mentioned test anxiety, also subtle and sometimes overt racism. There have been times when someone didn't want me to care for them due to the color of my skin. Those episodes were hurtful: you just have to realize some people were raised that way and they don't know any better.

Who are your heroes? My uncle. He has always been there for me and my family. He would give the shirt off of his back and ask for nothing in return. He taught me to discern a "need" from a "want" in order to make better financial choices. He also taught me that when payday comes,"Pay yourself first", meaning SAVE some of your paycheck. Thanks to his advice I have been a homeowner for 17 years and have bought two new cars.

What advice do you have for young people? Never give up on your dreams. Go for it. The sky is the limit. If you do not get an education you will get stuck. Education comes first, if you're an athlete, use the scholarship to your advantage but focus on the education.

#### **Call Your Elected Officials!**

US Senators: Claire McCaskill (202) 224-6154. Roy Blunt (202) 224-5721.

US Representative Billy Long: (202) 225-6536.

Local elected officials can be found through this website <a href="act.commoncause.org">act.commoncause.org</a>

Oftentimes our LOCAL officials do not hear from their constituents so each phone call you make can have a powerful influence. Take some time to get to know the staffers in the office as often they are unpaid interns. When you call, have a single "ask". Plan what you have to say in advance, perhaps on a notecard. Be polite to the person on the phone. Thank them for hearing your concerns.