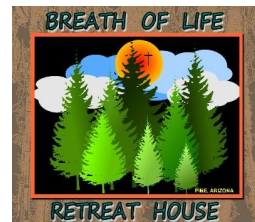


# Retreat Reservation/Menu Selection Form



Please email or mail this menu form at least 2 weeks prior to your stay



Group Name: \_\_\_\_\_ Leaders Name \_\_\_\_\_

How many in your group? \_\_\_\_\_ Arrival Date: \_\_\_\_\_ Departure Date: \_\_\_\_\_

Early Check in at 11:00am with lunch (how many) \_\_\_\_\_ \$9.50 per person

Late Check out at 3:00pm with lunch (how many) \_\_\_\_\_ \$12.00 per person

**Meal Selections:** Please Choose meal preference for lunch and dinner and enter the number or letter next to the day.

Our Continental Breakfasts consist of yogurts, boiled eggs, cereal, oatmeal, muffins or pastries, sausage, fruit and more.

Please enter the morning you would like a full breakfast. \_\_\_\_\_ (full breakfast is eggs, bacon, pancakes or waffles, fruit, potatoes, toast and more)

## — Lunch Choices —

1. Potato Bar with fixings, Chicken Wings and Salad
2. Grilled Pesto Caprese Sandwiches, (Tomato, Pesto, Mozzarella , Balsamic) , Soup and Chips
3. Make your own Lunch Meat/Cheese Sandwiches, Cottage Cheese w/Cranberries, Chips
4. Ham and Cheese and Roast Beef and Cheese Sliders, Apple Slaw Salad, Chips
5. Hamburgers and Brats, Fruit, Chips, Potato or Macaroni Salad

## — Dinner Choices —

- A** *Potato Bar with fixings, Chicken Wings and Salad*
- B** *Sweet N Sour Meatballs, Basmati White Rice, Garlic Shrimp, Rolls and Salad*
- C** *Chicken Parmesan, Sausage and Peppers, Pasta , Bread and Salad*
- D** *Pot Roast, Salmon, Mashed Potatoes, Veges, Rolls and Salad*
- E** *BBQ Ribs, Beer Battered Cod, Rice, Veges, Cornbread, Salad*
- F** *Tacos, Chicken Enchiladas, Mexican Quinoa Black Bean Salad*
- G** *Eggplant Parmesan, Minestrone Soup , Pasta Oleo (White Spaghetti with olive oil, garlic and Parsley) Garlic Bread*
- H** *Creamy Garlic Parmesan Mushroom Chicken w/ Bacon. Salmon , Noodles, Rolls and Salad .*

	Number for Lunch ↓	Letter for Dinner ↓
Friday		
Saturday		
Sunday		
Monday		
Tuesday		
Wednesday		
Thursday		

Let us know if you have dietary restrictions, Gluten Free, Dairy Free, Etc..

Names \_\_\_\_\_

We will do our best to accommodate you. If you have extreme allergies, we suggest you bring your own food.