YOU AND WORK

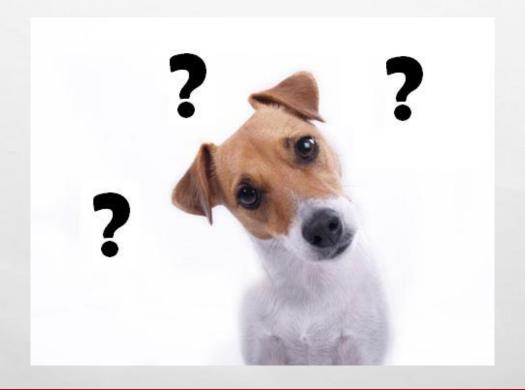
WEST BRANCH CAREER BASED INTERVENTION



WHAT YOU WILL LEARN IN THIS UNIT

Choosing the right career is one of the most important decisions you will ever make!

WHAT IS WORK?



WORK IS ANY ACTIVITY THAT IS USEFUL













WHAT KIND OF WORK IS RIGHT FOR ME?



IDENTIFY YOUR SKILLS AND INTERESTS

WHAT ARE INTERESTS?

- INTERESTS ARE SUBJECTS OR ACTIVITIES THAT YOU LIKE.
- THEY COULD BE MUSIC, SPORTS, OR COMPUTERS.







WHAT ARE SKILLS?

- SKILLS ARE WHAT YOU CAN DO.
- SOME SKILLS YOU MAY HAVE ARE DRIVE A CAR, MAKE CHANGE, CARE FOR AN ANIMAL.







WHAT ARE TRANSFERABLE SKILLS?

- TRANSFERABLE SKILLS

 ARE SKILLS YOU CAN USE IN MANY
 DIFFERENT SITUATIONS AND
 ACTIVITIES.
- SOME EXAMPLES ARE WRITING, GETTING ALONG WITH PEOPLE, ORGANIZING, AND MAKING GOOD DECISIONS.











LETS REVIEW

- WHAT IS WORK?
- WHAT ARE INTERESTS?
- WHAT ARE SKILLS?
- WHAT ARE TRANSFERABLE SKILLS?

Any activity that is useful

Subjects or activities that you like

What you can do

Skills that you can use in many different situations and activities

ACTIVITY #1



YOU AND WORK

WEST BRANCH CAREER BASED INTERVENTION



WHAT WILL YOU LEARN TODAY?

THE FOUR REASONS WHY PEOPLE WORK.

THE DIFFERENCE BETWEEN JOBS, OCCUPATIONS,

AND CAREERS.

EXPLAIN HOW WORK LIFE AFFECTS LIFESTYLE.

LETS REVIEW

WHAT IS WORK?

WHAT ARE INTERESTS?

WHAT ARE SKILLS?

WHAT ARE TRANSFERABLE SKILLS?

ANY ACTIVITY THAT IS USEFUL.
SUBJECTS OR ACTIVITIES THAT
YOU LIKE.
WHAT YOU CAN DO.
SKILLS THAT YOU CAN USE IN
MANY DIFFERENT SITUATIONS
AND ACTIVITIES.

JOBS, OCCUPATIONS, AND CAREERS

WHAT IS A JOB?

A JOB IS WORK THAT YOU DO FOR MONEY.



WHAT IS AN OCCUPATION?

AN OCCUPATION IS THE TYPE OF WORK YOU DO FOR A LIVING.

WHAT IS A CAREER?

A CAREER IS A SERIES OF RELATED
JOBS OR OCCUPATIONS THROUGHOUT
YOUR WORKING LIFETIME.

EXAMPLE

















Job

Occupation

Career

WHAT IS LIFESTYLE?

LIFESTYLE IS THE WAY YOU USE YOUR TIME, ENERGY, AND YOUR MONEY.

REVIEW

WHAT IS A JOB?

WHAT IS AN OCCUPATION?

WHAT IS A CAREER?

WHAT IS LIFESTYLE?

WORK THAT YOU DO FOR MONEY.

THE TYPE OF WORK YOU DO FOR A LIVING.

A SERIES OF RELATED JOBS OR OCCUPATIONS THROUGHOUT YOUR WORKING LIFETIME.

THE WAY YOU USE YOUR TIME, ENERGY, MONEY.

ACTIVITY #2

