



## A.M.\* Snack Menu Winter & Spring 2021-2022

\* Provided daily in Preschool only.

AM snacks provided to all rooms on PA days, School Breaks and Summer Camp

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Week 1</b>	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit
<b>Week 2</b>	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	Multigrain Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit
<b>Week 3</b>	M.G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	M. G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit
<b>Week 4</b>	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit

## P.M. Snack Menu

<b>Week 1</b>	Zucchini Chocolate Cake Fresh Fruit	No Nut Butter Rice Cakes Fresh Fruit	Berry Squares Fresh Fruit	Apple Sauce Whole Wheat Multigrain Crackers	*Tuna Salad Whole Wheat Bagel Fresh Fruit <b>* Rm 105 - Cream Cheese</b>
<b>Week 2</b>	Yogurt Arrowroot Cookies Fresh Fruit	Banana Coconut Loaf Fresh Fruit	Chickpea Dip Whole Wheat Multigrain Crackers Fresh Fruit	No Nut Butter Whole Wheat English Muffins Fresh Fruit	Morning Glory Muffin Fresh Fruit
<b>Week 3</b>	Carrot Cake Fresh Fruit	Sliced Cheddar Bread Sticks Fresh Fruit	Apple Sauce Rice Cake	Gold Fish Raisins	* Egg Salad Whole Wheat Pita Fresh Fruit <b>* Rms 107 &amp; 105 - Cream Cheese</b>
<b>Week 4</b>	Yogurt Granola Bar Fresh Fruit	Banana Berry Muffin Fresh Fruit	Ricotta Cream Cheese Whole Wheat Bagel Fresh Fruit	Chickpea Lentil Dip Whole Wheat Pita Veggie Sticks	Nachos Cheese Salsa

Water available at all times