



LAUREN PRICE
NVHS BOOSTER CLUB FEATURED ATHLETE OF THE WEEK
BOWLING PROGRAM

The NVHS Athletic Booster Club is proud to present the featured athlete of this week, bowler LAUREN PRICE.

Booster Club Reporter: *How did you fall in love with bowling?*

Lauren: When I was younger, my dad and I went bowling pretty frequently. I did not start bowling competitively until I was 15, but I play bowling year round, even though it is only in season at Neuqua during the winter. In High School, it started during my sophomore year as an opportunity to hang out with friends and do something I like. I fell in love with being on a team, found a coach and started putting a lot of hard word into it.

Booster Club Reporter: *What have the sport of bowling taught you?*

Lauren: In bowling it is easy to get in your own head and overthink things. When a bowler has a bad frame, it can often alter the rest of their game just because they're stuck on that one mistake. This can be applied to almost any

situation because it shows the importance of staying positive and moving on. Learn from your mistakes and move forward.

Booster Club Reporter: *What is your recipe for keeping up with good grades while practicing sports?*

Lauren: I try to get most of my homework done at school if I can, or even a few days prior to the due date. Bowling is really important to me, but school comes first so I always make sure to get my homework done on time.

Booster Club Reporter: *What are your plans for after HS? Will you keep bowling in College?*

Lauren: I plan on attending the University of Wisconsin at Whitewater bowl and major in Elementary Education and minor in Spanish. I am so excited to be able to learn more about bowling and continue being a part of a team in College. This coming summer I am also participating in Teen Masters and Junior Gold.

Booster Club Reporter: *What quote/inspiration do you resort to when things get really hard?*

Lauren: I think the biggest thing for me is to never give up. It is so easy to get down when yourself when you know you may not be doing as well as your opponents, however as long as you keep your head up and keep persisting, you will succeed.

Booster Club Reporter: *What would you say to someone considering the possibility of joining a team?*

Lauren: I think it is super important to try new things in high school. Never in a million years would I have thought bowling would be such an important part of my life, but now I couldn't imagine life without it. It never hurts to go out for something, even if you don't think you'll stick with it. You never know what it could lead to.