

Goose Pond Half Iron and Sprint Triathlons

Half Overall

May 26, 2019

Results by Endurance Sports Management

Place	Name	City	Bib No	Age	Gender	Age Group	Div	Total	Total	Swim		T1 / T2		Bike		T2		Run 4.8 Mi.		Next 4.05 Mi		Next 3.2 Mi	
								Time	Pace	Time	Pace	Time	Pace	Time	Pace	Time	Pace	Time	Pace	Time	Pace	Time	Pace
1	Jason Sabio	Huntsville AL	385	33	M	1:Open	EA	4:33:50.9	**50/M	27:13.0	46.3MPM	2:50.6	0.00MPM	2:30:05.3	22.4MPM	0:52.0	0.00MPM	30:51.5	9.34MPM	38:13.8	6.36MPM	23:44.4	8.09MPM
2	Zack Sims	Atlanta GA	320	26	M	2:Open	EA	4:58:04.5	**04/M	32:57.4	38.2MPM	5:25.1	0.00MPM	2:52:26.4	19.5MPM	2:11.9	0.00MPM	28:08.6	10.2MPM	34:31.2	7.04MPM	22:23.7	8.58MPM
3	Eric Esposito	Atlanta GA	337	34	M	3:Open	EA	5:05:06.3	**06/M	26:28.8	47.6MPM	2:31.4	0.00MPM	2:38:57.8	21.1MPM	2:08.8	0.00MPM	37:49.0	7.62MPM	47:47.6	5.09MPM	29:22.7	6.54MPM
4	Stephen Kernion	Metairie LA	340	37	M	1:35-39	EA	5:16:16.0	**16/M	25:34.8	49.3MPM	1:57.2	0.00MPM	2:36:46.1	21.4MPM	1:44.7	0.00MPM	43:02.9	6.69MPM	53:47.2	4.52MPM	33:22.9	5.75MPM
5	Oren Azrad	Birmingham AL	353	43	M	1:40-44	EA	5:24:16.6	**16/M	23:57.8	52.6MPM	3:56.3	0.00MPM	2:44:58.8	20.4MPM	1:39.8	0.00MPM	43:43.0	6.59MPM	53:05.0	4.58MPM	32:55.6	5.83MPM
6	Mary Kathryn Bowman Choat	Winston-Salem NC	219	32	F	1:Open	EA	5:24:16.9	**16/M	28:18.1	44.5MPM	3:04.1	0.00MPM	2:46:46.2	20.1MPM	2:29.8	0.00MPM	40:20.9	7.14MPM	51:31.2	4.72MPM	31:46.3	6.04MPM
7	Jose Leal	Atlanta GA	392	52	M	1:50-54	EA	5:26:49.4	**49/M	29:45.6	42.4MPM	2:23.7	0.00MPM	2:41:11.7	20.8MPM	1:15.6	0.00MPM	42:33.6	6.77MPM	54:27.2	4.46MPM	35:11.7	5.46MPM
8	Meredith Flanagan	Niceville FL	214	31	F	2:Open	EA	5:33:41.0	**41/M	26:59.4	46.7MPM	2:20.3	0.00MPM	2:58:58.6	18.8MPM	1:43.8	0.00MPM	41:38.9	6.92MPM	49:34.6	4.90MPM	32:25.2	5.92MPM
9	Ginny Thistle	Daphne AL	213	30	F	3:Open	EA	5:45:26.9	**26/M	30:01.5	42.0MPM	3:43.4	0.00MPM	2:52:59.8	19.4MPM	3:10.4	0.00MPM	46:52.1	6.15MPM	56:43.1	4.28MPM	31:56.3	6.01MPM
10	Trevor Bowen	Arab AL	387	28	M	1:25-29	EA	5:45:43.2	**43/M	32:12.9	39.1MPM	3:38.4	0.00MPM	2:57:41.5	18.9MPM	2:45.5	0.00MPM	46:55.8	6.14MPM	52:50.6	4.60MPM	29:38.4	6.48MPM
11	Joshua Hayes	Soddy Daisy TN	334	33	M	1:30-34	EA	5:48:00.7	**00/M	38:51.1	32.4MPM	4:38.0	0.00MPM	2:48:34.5	19.9MPM	3:12.3	0.00MPM	52:21.2	5.50MPM	50:21.4	4.83MPM	30:01.9	6.40MPM
12	Nic Shea	Atlanta GA	323	27	M	2:25-29	EA	5:51:05.4	**05/M	31:04.0	40.6MPM	3:48.8	0.00MPM	2:43:15.3	20.6MPM	2:28.4	0.00MPM	43:10.3	6.67MPM	54:15.7	4.48MPM	53:02.5	3.62MPM
13	Matt Ernst	Kansas City MO	377	58	M	1:55-59	EA	5:54:41.8	**41/M	35:24.6	35.6MPM	4:31.4	0.00MPM	2:49:27.7	19.8MPM	3:13.7	0.00MPM	49:11.2	5.86MPM	57:41.2	4.21MPM	35:11.8	5.46MPM
14	Heather White	Birmingham AL	218	32	F	1:30-34	EA	5:55:53.3	**53/M	34:41.3	36.3MPM	2:33.3	0.00MPM	2:56:29.6	19.0MPM	1:41.1	0.00MPM	49:29.6	5.82MPM	57:29.5	4.23MPM	33:28.7	5.74MPM
15	Penny Whelchel	Arkadelphia AR	234	37	F	1:35-39	EA	5:56:02.7	**02/M	31:17.3	40.3MPM	4:30.8	0.00MPM	2:54:10.0	19.3MPM	4:37.7	0.00MPM	49:50.2	5.78MPM	57:20.7	4.24MPM	34:15.8	5.61MPM
16	Brian Matzke	Gallatin TN	384	46	M	1:45-49	EA	5:57:16.2	**16/M	34:38.9	36.4MPM	2:23.4	0.00MPM	2:50:36.1	19.7MPM	3:25.4	0.00MPM	49:58.1	5.76MPM	1:02:31.1	3.89MPM	33:42.8	5.70MPM
17	Joshua Beasley	Omaha NE	332	32	M	2:30-34	EA	5:59:47.8	**47/M	37:11.2	33.9MPM	3:58.8	0.00MPM	3:15:51.0	17.2MPM	2:18.7	0.00MPM	38:34.3	7.47MPM	47:57.9	5.07MPM	33:55.6	5.66MPM
18	Jamie Miller	Huntsville AL	378	58	M	2:55-59	EA	6:01:36.4	**36/M	37:09.3	33.9MPM	4:06.9	0.00MPM	3:04:43.3	18.2MPM	2:42.8	0.00MPM	46:14.4	6.23MPM	53:36.0	4.53MPM	33:03.5	5.81MPM
19	Jacob Divoll	Huntsville AL	349	42	M	1:40-44	EA	6:03:10.8	**10/M	43:30.7	29.0MPM	2:59.8	0.00MPM	2:51:46.2	19.6MPM	1:53.4	0.00MPM	49:57.4	5.77MPM	56:45.7	4.28MPM	36:17.3	5.29MPM
20	Brad Ehrman	Madison AL	348	40	M	2:40-44	EA	6:03:18.2	**18/M														
21	Kelly McCreight	Franklin TN	370	52	M	2:50-54	EA	6:05:47.8	**47/M	36:10.9	34.8MPM	3:21.3	0.00MPM	3:05:52.4	18.1MPM	2:31.6	0.00MPM	50:05.3	5.75MPM	55:15.3	4.40MPM	32:30.8	5.91MPM
22	Emily Richey	Vincent AL	208	30	F	2:30-34	EA	6:07:39.4	**39/M	43:16.4	29.1MPM	2:46.9	0.00MPM	3:09:11.0	17.8MPM	1:49.3	0.00MPM	42:53.8	6.72MPM	53:49.7	4.52MPM	33:51.9	5.67MPM
23	Stephen Perkins	Knoxville TN	366	50	M	3:50-54	EA	6:08:38.2	**38/M	34:50.4	36.2MPM	4:21.1	0.00MPM	3:01:26.5	18.5MPM	2:37.2	0.00MPM	43:49.0	6.57MPM	1:02:37.5	3.88MPM	38:56.2	4.93MPM
24	Kay Hart	Fairhope AL	389	48	F	1:45-49	EA	6:11:36.4	**36/M	39:29.8	31.9MPM	3:01.1	0.00MPM	2:51:29.7	19.6MPM	3:32.1	0.00MPM	50:00.7	5.76MPM	1:05:05.5	3.73MPM	38:57.3	4.93MPM
25	Lauren Qualls	Duffield VA	150	24	F	1:20-24	EA	6:13:19.8	**19/M	26:53.0	46.9MPM	3:25:17.0	0.00MPM	3:10.2	1061MPM			1:12:32.4	3.97MPM			1:05:27.0	2.93MPM
26	Shawn Powell	Madison AL	368	51	M	4:50-54	EA	6:14:57.8	**57/M	34:59.0	36.0MPM	5:10.6	0.00MPM	3:02:23.6	18.4MPM	5:06.5	0.00MPM	50:16.5	5.73MPM	58:14.7	4.17MPM	38:46.5	4.95MPM
27	Turner Bowman	Atlanta GA	324	27	M	3:25-29	EA	6:16:32.8	**32/M	0:00.0	****MPM	29:58.1	0.00MPM	3:06:34.6	18.0MPM	2:16.1	0.00MPM	53:00.9	5.43MPM	1:05:32.5	3.71MPM	39:10.1	4.90MPM
28	Stephen Dedmon	Birmingham AL	360	46	M	1: 0-14	ERM	6:23:13.6	**13/M	0:32.5	2363MPM	48:41.6	0.00MPM	3:14:33.4	17.3MPM	4:31.8	0.00MPM	45:00.8	6.40MPM	1:06:14.4	3.67MPM	23:38.7	8.12MPM
29	Kara Noone	Atlanta GA	315	53	F	1:50-54	EA	6:24:25.5	**25/M	35:57.3	35.0MPM	4:15.9	0.00MPM	3:08:42.8	17.8MPM	4:03.4	0.00MPM	51:44.6	5.57MPM	1:00:39.8	4.01MPM	39:01.4	4.92MPM
30	John Kavanagh	Fairhope AL	372	52	M	5:50-54	EA	6:27:56.5	**56/M	38:27.8	32.8MPM	3:16.7	0.00MPM	3:00:14.9	18.6MPM	4:12.9	0.00MPM	54:15.6	5.31MPM	1:10:31.2	3.45MPM	36:57.0	5.20MPM
31	William Cook	Madison AL	375	53	M	6:50-54	EA	6:28:46.0	**46/M	44:19.5	28.4MPM	4:27.1	0.00MPM	3:03:12.6	18.3MPM	2:39.8	0.00MPM	51:33.3	5.59MPM	1:03:58.5	3.80MPM	38:34.9	4.98MPM
32	Danny Hirtler	Brookhaven GA	329	31	M	3:30-34	EA	6:29:11.6	**11/M	34:01.8	37.0MPM	6:09.5	0.00MPM	3:05:45.5	18.1MPM	4:52.7	0.00MPM	54:12.4	5.31MPM	1:04:08.8	3.79MPM	40:00.6	4.80MPM
33	Melissa Davidson	Louisville KY	287	41	F	1:40-44	EA	6:33:28.6	**28/M	36:44.4	34.3MPM	3:06.5	0.00MPM	3:23:09.0	16.5MPM	4:44.2	0.00MPM	53:41.4	5.36MPM	54:48.8	4.43MPM	37:14.1	5.16MPM
34	Rich Nelson	Knoxville TN	546	40	M	3:40-44	EC	6:33:48.4	**48/M	33:16.1	37.9MPM	5:17.9	0.00MPM	3:10:51.2	17.6MPM	4:27.7	0.00MPM	52:06.6	5.53MPM	1:08:36.9	3.54MPM	39:11.8	4.90MPM
35	Shireen Knowles	Daphne AL	297	41	F	2:40-44	EA	6:34:47.6	**47/M	38:40.9	32.6MPM	3:28.5	0.00MPM	2:52:05.7	19.5MPM	3:41.9	0.00MPM	1:03:51.5	4.51MPM	1:08:15.1	3.56MPM	44:43.6	4.29MPM
36	Shelby Singleton	Elberta AL	298	43	F	3:40-44	EA	6:37:22.1	**22/M	50:31.1	24.9MPM	3:14.5	0.00MPM	2:57:56.8	18.9MPM	3:39.2	0.00MPM	1:02:19.5	4.62MPM	1:02:57.0	3.86MPM	36:43.7	5.23MPM
37	Doug Higdon	Clarksville TN	364	47	M	2:45-49	EA	6:39:53.3	**53/M	37:19.6	33.8MPM	4:53.6	0.00MPM	3:15:01.3	17.2MPM	5:48.3	0.00MPM	57:42.0	4.99MPM	1:01:34.2	3.95MPM	37:34.0	5.11MPM
38	Nicholas Kniffen	Woodlawn TN	336	34	M	4:30-34	EA	6:40:04.6	**04/M	42:32.8	29.6MPM	4:45.4	0.00MPM	3:09:43.9	17.7MPM	3:00.9	0.00MPM	52:58.3	5.44MPM	1:07:37.2	3.59MPM	39:25.8	4.87MPM
39	Destry Hill	Enterprise AL	361	47	M	3:45-49	EA	6:45:57.8	**57/M	34:12.0	36.8MPM	4:38.0	0.00MPM	3:02:05.0	18.5MPM	2:23.2	0.00MPM	58:32.3	4.92MPM	1:15:49.2	3.21MPM	48:17.8	3.98MPM
40	Kandas Cavender	Pelham AL	386	46	F	1:45-49	EA	6:51:09.2	**09/M	44:44.1	28.2MPM	4:21.4	0.00MPM	3:08:35.1	17.8MPM	3:25.3	0.00MPM	56:15.0	5.12MPM	1:10:49.2	3.43MPM	42:58.7	4.47MPM
41	Charlene Sylvester	Long Beach MS	300	43	F	4:40-44	EA	6:54:57.3	**57/M	31:28.3	40.0MPM	3:58.9	0.00MPM	3:03:42.8	18.3MPM	5:13.7	0.00MPM	1:44:11.3	2.76MPM			1:26:22.1	2.22MPM
42	Tammy Cook	Chattanooga TN	313	50	F	2:50-54	EA	6:54:58.3	**58/M	36:59.3	34.1MPM	4:25.9	0.00MPM	3:33:49.7	15.7MPM	4:55.9	0.00MPM	1:41:00.3	2.85MPM			53:47.0	3.57MPM
43	Jonathan Keim	Huntsville AL	347	40	M	4:40-44	EA	6:55:51.2	**51/M	39:46.6	31.7MPM	4:43.8	0.00MPM	3:00:28.5	18.6MPM	6:11.0	0.00MPM	1:04:11.6	4.49MPM	1:15:27.2	3.22MPM	45:02.2	4.26MPM
44	Courtney Adler	Atlanta GA	286	40	F	5:40-44	EA	6:55:52.5	**52/M	38:38.6	32.6MPM	11:17.5	0.00MPM	3:12:52.8	17.4MPM	6:59.5	0.00MPM	57:45.3	4.99MPM	1:08:26.8	3.55MPM	39:51.6	4.82MPM

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45	Brian Johnson	Woodstock GA	359	46	M	4:45-49	EA	6:56:08.0	**08/M	38:55.1	32.4MPM	3:52.7	0.00MPM	3:19:23.8	16.9MPM	3:24.9	0.00MPM	1:00:23.7	4.77MPM	1:07:16.4	3.61MPM	42:51.1	4.48MPM
46	Cindy Ittner	Lawrenceville GA	92	53	F	3:50-54	ERF	6:57:36.0	**36/M	52:06.1	24.2MPM	2:12.2	0.00MPM	3:27:12.2	16.2MPM	0:29.7	0.00MPM	47:43.6	6.04MPM			1:47:52.0	1.78MPM
47	Julio Mestroni	Kennesaw GA	362	47	M	5:45-49	EA	6:58:52.5	**52/M	39:49.1	31.6MPM	13:08.0	0.00MPM	3:05:37.2	18.1MPM	14:07.1	0.00MPM	57:46.8	4.99MPM	1:08:05.7	3.57MPM	40:18.4	4.76MPM
48	William Zwick	Acworth GA	379	58	M	3:55-59	EA	6:59:56.7	**56/M	43:14.2	29.1MPM	8:11.3	0.00MPM	3:19:01.9	16.9MPM	5:46.8	0.00MPM	56:15.0	5.12MPM	1:08:11.2	3.56MPM	39:16.1	4.89MPM
49	Dillon Ellis	Clayton NC	321	26	M	4:25-29	EA	7:01:04.5	**04/M	37:06.9	34.0MPM	4:27.8	0.00MPM	3:26:59.3	16.2MPM	2:54.9	0.00MPM	54:03.1	5.33MPM	1:11:40.7	3.39MPM	43:51.3	4.38MPM
50	Awilda Esclusa	Saint Charles MO	311	49	F	2:45-49	EA	7:01:15.6	**15/M	45:11.6	27.9MPM	4:00.2	0.00MPM	3:17:24.1	17.0MPM	3:06.2	0.00MPM	57:35.6	5.00MPM	1:10:21.1	3.45MPM	43:36.6	4.40MPM
51	John Woodfin	Pisgah AL	355	44	M	5:40-44	EA	7:10:36.0	**36/M	40:57.2	30.8MPM	5:01.1	0.00MPM	3:19:34.9	16.8MPM	2:51.5	0.00MPM	1:00:44.0	4.74MPM	1:12:43.3	3.34MPM	48:43.7	3.94MPM
52	Nancy Schwertfeger	North Augusta SC	308	48	F	3:45-49	EA	7:11:51.9	**51/M	41:06.4	30.7MPM	5:22.8	0.00MPM	3:17:25.7	17.0MPM	4:27.1	0.00MPM	1:02:08.9	4.64MPM	1:14:35.2	3.26MPM	46:45.6	4.11MPM
53	Mark Daigle	Madison AL	327	29	M	5:25-29	EA	7:12:07.8	**07/M	41:51.8	30.1MPM	4:25.9	0.00MPM	3:16:30.3	17.1MPM	4:56.1	0.00MPM	1:04:57.9	4.43MPM	1:16:17.0	3.19MPM	43:08.6	4.45MPM
54	Juliet Ray	Madison AL	301	44	F	6:40-44	EA	7:15:57.1	**57/M	38:13.3	33.0MPM	3:08.2	0.00MPM	3:21:02.4	16.7MPM	2:23.0	0.00MPM	1:12:13.1	3.99MPM	1:11:43.9	3.39MPM	47:13.0	4.07MPM
55	Todd Thoman	Lagrange GA	376	54	M	7:50-54	EA	7:17:24.6	**24/M	38:30.4	32.7MPM	3:21.8	0.00MPM	2:55:35.1	19.1MPM	4:15.5	0.00MPM	1:11:55.7	4.00MPM	1:32:34.0	2.63MPM	51:11.8	3.75MPM
56	Doug Everett	Huntsville AL	544	74	M	1:70-74	EA	7:18:32.6	**32/M	46:15.0	27.2MPM	2:45.5	0.00MPM	3:21:45.5	16.7MPM	4:32.9	0.00MPM	54:40.2	5.27MPM	1:20:03.5	3.04MPM	48:29.7	3.96MPM
57	Tony Kraus	Woodstock GA	371	52	M	8:50-54	EA	7:19:49.7	**49/M	50:23.2	25.0MPM	8:05.3	0.00MPM	3:20:21.9	16.8MPM	4:22.6	0.00MPM	58:46.8	4.90MPM	1:09:16.0	3.51MPM	48:33.5	3.95MPM
58	Amelia Wineinger	Chattanooga TN	20	30	F	3:30-34	EA	7:22:35.7	**35/M	42:41.3	29.5MPM	3:03.3	0.00MPM	3:17:58.3	17.0MPM	2:56.8	0.00MPM	1:06:52.5	4.31MPM	1:20:38.3	3.01MPM	48:25.1	3.97MPM
59	Morgan Ashurst	Fairhope AL	357	45	M	6:45-49	EA	7:23:53.7	**53/M	39:44.2	31.7MPM	6:55.1	0.00MPM	3:18:48.9	16.9MPM	9:14.8	0.00MPM	1:04:13.7	4.48MPM	1:16:15.6	3.19MPM	48:41.1	3.94MPM
60	Steven Ikeler	Huntsville AL	367	50	M	9:50-54	EA	7:24:38.2	**38/M	47:08.8	26.7MPM	7:48.1	0.00MPM	3:11:46.9	17.5MPM	6:13.0	0.00MPM	1:07:09.3	4.29MPM	1:17:08.0	3.15MPM	47:23.9	4.05MPM
61	Connor Brems	Alpharetta GA	322	26	M	6:25-29	EA	7:26:02.9	**02/M	31:43.6	39.7MPM	6:29.0	0.00MPM	3:45:14.6	14.9MPM	2:41.5	0.00MPM	1:00:31.5	4.76MPM	1:15:57.0	3.20MPM	43:25.5	4.42MPM
62	Troy Wilson	Spanish Fort AL	356	44	M	6:40-44	EA	7:26:14.8	**14/M	43:10.0	29.2MPM	6:22.5	0.00MPM	3:17:45.8	17.0MPM	8:18.7	0.00MPM	1:08:46.8	4.19MPM	1:16:13.8	3.19MPM	45:36.9	4.21MPM
63	Clint Martin	Fairhope AL	350	42	M	7:40-44	EA	7:26:15.1	**15/M	32:34.7	38.7MPM	7:46.7	0.00MPM					4:47:03.9	1.00MPM	1:16:20.7	3.18MPM	42:29.0	4.52MPM
64	Rachel Vargas	Columbus MS	206	29	F	1:25-29	EA	7:26:49.8	**49/M	31:16.0	40.3MPM	6:01.9	0.00MPM	3:27:49.2	16.2MPM	17:50.4	0.00MPM	1:00:43.5	4.74MPM	1:15:16.4	3.23MPM	47:51.9	4.01MPM
65	Andrew Tingle	Toney AL	343	38	M	2:35-39	EA	7:30:33.1	**33/M	56:04.0	22.5MPM	4:51.4	0.00MPM	3:49:19.4	14.7MPM	5:40.6	0.00MPM	46:35.1	6.18MPM	1:06:13.1	3.67MPM	41:49.1	4.59MPM
66	Gina Goebel	Saint Charles MO	242	37	F	2:35-39	EA	7:31:25.8	**25/M	39:23.1	32.0MPM	4:12.7	0.00MPM	3:29:43.0	16.0MPM	4:11.2	0.00MPM	1:07:57.9	4.24MPM	1:19:09.1	3.07MPM	46:48.5	4.10MPM
67	Hayley Hucks	Hendersonville NC	197	28	F	2:25-29	EA	7:32:06.8	**06/M	35:35.5	35.4MPM	4:10.4	0.00MPM	3:48:31.4	14.7MPM	11:44.4	0.00MPM	57:43.4	4.99MPM	1:13:42.7	3.30MPM	40:38.8	4.73MPM
68	Richard Stephens	Huntsville AL	325	28	M	7:25-29	EA	7:32:38.8	**38/M	36:45.0	34.3MPM	3:39.8	0.00MPM	3:27:25.6	16.2MPM	4:11.6	0.00MPM	1:05:21.5	4.41MPM	1:20:19.3	3.03MPM	54:55.7	3.50MPM
69	Rodrigo Vargas	Columbus MS	333	33	M	5:30-34	EA	7:32:50.1	**50/M	42:45.3	29.5MPM	7:12.2	0.00MPM	3:33:19.4	15.8MPM	5:42.5	0.00MPM	1:00:42.9	4.74MPM	1:15:17.9	3.23MPM	47:49.7	4.02MPM
70	Megan Newton	New Albany IN	217	31	F	4:30-34	EA	7:34:07.7	**07/M	43:35.0	28.9MPM	20:15.1	0.00MPM	3:56:43.5	14.2MPM	8:08.3	0.00MPM	51:01.1	5.65MPM	57:16.3	4.24MPM	37:08.2	5.17MPM
71	Jeff Reichert	Acworth GA	374	53	M	10:50-54	EA	7:34:32.9	**32/M	43:26.2	29.0MPM	3:21.5	0.00MPM	3:11:25.0	17.6MPM	4:49.0	0.00MPM	1:08:25.8	4.21MPM	1:24:00.5	2.89MPM	59:04.6	3.25MPM
72	Kevin Pelin	Huntsville AL	382	62	M	1:60-64	EA	7:36:05.4	**05/M	43:15.1	29.1MPM	4:28.6	0.00MPM	3:23:48.9	16.5MPM	2:37.8	0.00MPM	59:31.8	4.84MPM	1:16:27.3	3.18MPM	1:05:55.6	2.91MPM
73	Hannah Lamb	Murray KY	114	22	F	2:20-24	EA	7:43:12.6	**12/M	43:26.6	29.0MPM	16:16.6	0.00MPM	3:33:05.1	15.8MPM	5:58.8	0.00MPM	1:12:28.0	3.97MPM	1:07:25.7	3.60MPM	44:31.7	4.31MPM
74	Rudi Snyders	Woodstock GA	363	47	M	7:45-49	EA	7:44:30.5	**30/M	47:35.2	26.5MPM	9:13.9	0.00MPM	3:25:03.0	16.4MPM	7:04.8	0.00MPM	1:03:46.6	4.52MPM	1:17:37.2	3.13MPM	54:09.5	3.55MPM
75	Tonya Dedmon	Birmingham AL	306	47	F	4:45-49	EA	7:52:01.1	**01/M	41:43.7	30.2MPM	6:57.8	0.00MPM	4:07:32.0	13.6MPM	4:41.2	0.00MPM	58:39.9	4.91MPM	1:10:19.3	3.46MPM	42:06.9	4.56MPM
76	Kelly Wright		305	47	F	5:45-49	EA	7:53:25.7	**25/M	53:47.3	23.4MPM	3:17.0	0.00MPM	3:33:39.9	15.7MPM	4:21.7	0.00MPM	1:09:13.9	4.16MPM	1:18:13.9	3.11MPM	50:51.7	3.78MPM
77	Scott Todd	Huntsville AL	345	39	M	3:35-39	EA	8:06:39.2	**39/M	46:21.9	27.2MPM	3:47.5	0.00MPM	3:37:45.2	15.4MPM	3:33.8	0.00MPM	1:08:05.9	4.23MPM	1:32:09.9	2.64MPM	54:54.8	3.50MPM
78	Diane Alexander	Girard GA	316	58	F	1:55-59	EA	8:07:38.5	**38/M	42:40.5	29.5MPM	7:12.1	0.00MPM	3:25:41.2	16.3MPM	2:59.1	0.00MPM	1:18:55.6	3.65MPM	1:33:46.3	2.59MPM	56:23.4	3.41MPM
79	Alicia Peterson	Louisville KY	215	31	F	5:30-34	EA	8:07:55.0	**55/M	56:13.1	22.4MPM	7:38.7	0.00MPM	3:56:43.9	14.2MPM	8:06.8	0.00MPM	1:02:18.7	4.62MPM	1:12:03.4	3.37MPM	44:50.1	4.28MPM
80	Steven McKinney	Murfreesboro TN	394	63	M	2:60-64	EA	8:39:05.1	**05/M	1:00:24.8	20.9MPM	6:57.7	0.00MPM	3:36:59.4	15.5MPM	6:17.4	0.00MPM	1:13:33.6	3.92MPM	1:29:01.5	2.73MPM	1:05:50.3	2.92MPM
81	Abigail Branham	Murray KY	130	22	F	3:20-24	EA	8:53:22.6	**22/M	52:57.2	23.8MPM	6:46.5	0.00MPM	5:07:54.3	10.9MPM	5:34.0	0.00MPM	1:16:55.8	3.74MPM	43:32.6	5.58MPM	39:41.9	4.84MPM
82	Norman Baucom	Soddy Daisy TN	373	53	M	11:50-54	EA	8:54:21.4	**21/M	44:04.7	28.6MPM	12:15.7	0.00MPM	3:27:06.7	16.2MPM	2:30.3	0.00MPM	1:01:08.6	4.71MPM	1:43:47.6	2.34MPM	1:43:27.4	1.86MPM
83	Billy Day	Hixson TN	365	49	M	8:45-49	EA	11:05:58.0	**58/M	57:07.0	22.1MPM	21:04.2	0.00MPM	5:51:44.0	9.55MPM	15:29.7	0.00MPM	1:09:35.1	4.14MPM			2:30:57.8	1.27MPM
84	Chris Ray	Ringgold GA	74	41	M	8:40-44	EC	11:08:58.0	**58/M	1:00:19.9	20.9MPM	20:45.6	0.00MPM	5:51:41.5	9.55MPM	15:35.7	0.00MPM	1:09:41.5	4.13MPM			2:30:53.5	1.27MPM
85	Addie Ray	Ringgold GA	408	13	F	1: 0-14	PCH	11:08:58.0	**58/M	1:00:19.7	20.9MPM	20:47.0	0.00MPM	5:51:41.0	9.55MPM	15:34.1	0.00MPM	1:09:40.3	4.13MPM			2:30:55.6	1.27MPM
DQ	Brianne Jurgens	Murfreesboro TN	240	37	F	DQ:35-39	EA	---	---	40:07.5	31.4MPM	3:37.7	0.00MPM									3:18:11.9	0.97MPM
DQ	Pual Carlson	Madison AL	354	43	M	DQ:40-44	EA	---	---	31:25.6	40.1MPM	3:36.4	0.00MPM	2:38:00.6	21.3MPM	1:13.6	0.00MPM					2:03:59.7	1.55MPM