

## The Faces of Parkinson's

Share your journey with Parkinson's with others!

We want to write your story! What you have to say could offer insight into Parkinson's in our area; a general age of contracting the disease, a trend of past work history that may have led up to the disease. You may have discovered a simple idea that makes life easier for you. Share a humorous story... Share a heartfelt story of remembrance of a loved one with Parkinson's! Share a story of how Parkinson's has affected your life with regards to work, your hobbies and how you have adapted...

As a daughter of a mother with Parkinson's sometimes we just need to tell a story to help us remember or to help us heal!

This form can help you get started in compiling "The Faces of Parkinson's" in our area!

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Date of diagnosis: \_\_\_\_\_ Date approximately when you think back to when symptoms really started: \_\_\_\_\_ and what were the first signs:

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History of Parkinson's in your family and if so, who has it affected (ex: aunt on mom's side):

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How has Parkinson's affected your life the most, the life of your family/caregiver:

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Tell us a little about you...

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Share with us a story of positivity or humor or insight that you have learned during your Parkinson's journey! \_\_\_\_\_

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If you are a caregiver or family share your story!

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Describe one thing you learned about having or caring for someone with Parkinson's that was unexpected or surprised you: \_\_\_\_\_

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With your help we can put together our stories because EVERYONE has a story to tell! Please use separate paper to write (or type) as much as you want! I have enclosed a self-addressed stamped envelope to mail your forms back! DEADLINE for the letter return is February 28, 2019.

When we start putting the book together we may ask if we can come and talk to you more and videotape the conversation to share at our next Parkinson's Family Night, September 2019.

Any questions, please contact Connie Udell at 608-302-7088 or [cjudell@hotmail.com](mailto:cjudell@hotmail.com).

Sincerely,

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