

Nutrition Facts

Serving Size 9 Ounce

Low Carb Chicken Lasagan

Amount Per Serving

Calories 175.4

Calories from Fat 80.9

% Daily Value*

Total Fat 9.2g **14%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 49.9mg **17%**

Sodium 402.6mg **17%**

Total Carbohydrates 6.8g **2%**

Dietary Fiber 0.5g **2%**

Sugars 3.5g

Protein 17.6g

Vitamin A **0%**

Vitamin C **0%**

Calcium **0%**

Iron **0%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.