Get Ahead of What's Ahead. BUILD YOUR DISASTER SUPPLY KIT



Build your kit all at once or step by step. Start with what you already have at home; then shop for the rest, as needed.

Pack these basic supplies for each person or pet in a portable container or backpack. A waterproof container is best. You'll need these supplies whether you stay in your home (shelter in place) or evacuate to another location.

You may have to leave in a hurry to get to a safe place. Keep these supplies near your car. When it's time, grab them and go.

FOOD AND WATER	ADD THESE ITEMS FOR EVACUATING BY CAR
 3-day supply of non-perishable food, such as canned or pouched food 1 gallon of water per day for each person and pet Manual can opener Baby items (baby food, formula, bottles, diapers) Pet supplies (listed on next page) 	 ☐ Road maps ☐ Car repair items (tools, spare tire, tire patch kit, oil) ☐ Food and water ☐ Plastic plates, cups and utensils ☐ Tent, blankets, pillows ☐ Clothes and sturdy shoes ☐ Rain gear and towels
FIRST AID, MEDICATION, HYGIENE SUPPLIES	Before you leave home
 ☐ First-aid kit (listed on next page) ☐ Medications ☐ Hand sanitizer, wipes ☐ Bleach (To purify water, mix 1/8 teaspoon per gallon. Stir and let stand for 30 minutes.) ☐ Toilet paper, paper towels, garbage bags ☐ Dental care products (toothpaste, toothbrushes) 	 ☐ Fill your gas tank, and check your spare tire ☐ Take cash, checkbook, and credit cards ☐ Call your family emergency contact ☐ Charge your mobile phone ☐ Get a map of your route
Hearing and vision products (hearing aids and batteries, glasses, contact lenses, contact lens solution, sunglasses) Soap, shampoo, personal hygiene supplies	When staying home is your safest choice, add these items to your kit and stay tuned to the news.
Sunscreen, insect repellent Face masks to filter air	ADD THESE ITEMS FOR SHELTERING IN PLACE
COMMUNICATION, LIGHTING, DOCUMENT BAG ITEMS	☐ Water☐ Non-perishable food and manual can opener☐ Pet food
Battery-powered radio with extra batteries or crank radio (emergency alert radio is best) Extra cell phone battery and car charger Flashlights and extra batteries Matches and lighter - keep in a waterproof container or sealable plastic bag	☐ Baby food ☐ Fire extinguisher ☐ Plastic sheeting and duct tape (to seal doors, windows and air vents from contaminated air or to build an emergency shelter) TEXAS
Whistle Document has items (listed on pext page)	Texas Department of State Health Services Health Services Health and Human