

Our Dress Code

Mass is a time of thoughtful prayer and devotion and as a matter of respect it is therefore appropriate to be conscious of one's attire. Clothes say something about what we think, and what we value and influence how we behave and feel. Our culture has become very informal and seems to say, "nothing is really all that important." But going to God's House is important. We should give serious thought to where we are going and casual attire when attending Mass is just not appropriate. Formal attire is not necessary however decent semi-formal attire seems wholly appropriate and respectful. Sunday is special; God's House is special; and some things really are special and our clothing ought to reflect this fact.

In the end attendance at Mass is the most important thing to remember however. When appropriate dress is not possible say due to work requirements merely chose a place that is respectful to others given your circumstances in church.

The following are some thoughts and guidelines for consideration when deciding what to wear to Mass.

Men:



- ◆ Wear formal shoes to Church not sandals or flip-flops.
- ◆ Wear long pants not jeans or shorts.
- ◆ Wear a decent shirt, preferably with a collar. Wearing a plain or printed t-shirt is not appropriate.
- ◆ Hats should never be worn in Church.

Women:



- ◆ Wear decent shoes to Church. Flop flops, beach sandals, etc. are not appropriate.
- ◆ Nice slacks that are not too tight may be worn but never jeans and especially not those with holes or tears in them.
- ◆ Wear dresses that are not low cut or too tight with hems that are not too high.
- ◆ Blouses should be modestly cut and not too tight.
- ◆ Dresses and blouses should not be sleeveless.
- ◆ Women should never wear tank tops, tube tops, spaghetti straps or bare midriffs to Church.

THANK YOU!