

03

**Cinnamon Dazzle
Ultimate Breakfast
Round**

Peach Applesauce
Apple Juice

04

Banana Chocolate Bar

Diced Pears
Craisins

05

Blueberry Mini Waffles

Fresh Pear
Apple Juice

06

Cherry Frudel

Diced Peaches
Fresh Apple

07

Rice Krispies

Animal Crackers
Strawberry Banana
Applesauce
Fresh Orange

10

Butterscotch Oat Bar

Strawberry Banana
Yogurt
Diced Pears
Apple Juice

11

Cinnamon French Toast

Applesauce
Grape Juice

12

Cheddar Cheese Omelet

Scooby Doo Grahams
Fresh Apple
Orange Juice

13

Mini Maple Pancakes

Cinnamon Applesauce
Fruit Juice

14

Trix Cereal Bar

Vanilla Yogurt
Craisins
Fresh Pear

17

**Cinnamon Toast
Crunch**

Honey Bear Grahams
Applesauce
Orange Juice

18

Apple Jacks

Jungle Crackers
Craisins
Fruit Juice

19

Turkey Pancake Wrap

Syrup
Fresh Apple
Grape Juice

20

Berry French Toast

Animal Crackers
Diced Peaches
Fresh Orange

21

Cheerios

Chocolate Bear Grahams
Cherry Applesauce
Craisins

24

Trix Cereal Bar

String Cheese
Grape Juice
Fresh Orange

25

Apple Cinnamon Muffin

Vanilla Yogurt
Diced Peaches
Apple Juice

26

***New!*
Egg & Cheese English
Muffin**

Fresh Apple
Fruit Juice

27

Turkey Pancake Wrap

Syrup
Strawberry Applesauce
Grape Juice

28

Banana Muffin

Strawberry Yogurt
Applesauce
Fresh Orange

Did you know...?

Menu Subject to Change

- We only use heart healthy whole grain breads, pastas, and rolls.
- Milk contains no artificial growth hormones or antibiotics.
- All Juice is 100% Fruit Juice
- * Item Contains Pork + Item Does Not Contain Meat
- ^ Item Contains Fish
- Nutrition and Allergen Information Available at:
<http://www.fspro.com/nutrition.html>

Health & Wellness Message

Color My Plate: Earth Day and School Gardens



In 2017, Earth Day will be celebrated on Saturday, April 22. During this time of year, many schools are involved in projects that emphasize the importance of taking care of our planet. One activity that may interest you is planting an edible garden. This is a great way to research and grow fruits and vegetables you can harvest and eat. Find out how to get started on your rainbow garden by visiting KidsGardening at www.kidsgardening.org.