

Set Yourself Up to Succeed

DIRECTIONS: In the jacket, find the ten words that are bolded below by looking across, up, down, forward, backward, and diagonally. Draw a circle around each word you find.

1. Know what is important for **YOU** to feel good about yourself.
2. Know what you **NEED** to do to succeed at these important things.
3. Have a sensible, workable **PLAN**.
4. Jump in and **WORK** to carry out your plan.
5. Dream, and imagine yourself successful; make mental **MOVIES**. Picture yourself pleased about yourself and your activities.
6. Expect no **LESS** than the best.
7. **ASK** for help and advice.
8. Remember a **MISTAKE** only as a guide to doing better next time.
9. Think and say only **POSITIVE** things about yourself and your efforts.
10. Take time to **ENJOY** what you have accomplished.

Keep your
self-concept
intact!
Get busy with
this plan!

