

# the ice skating academy



The purpose of the ice skating academy is to provide people of all ages an affordable and positive ice skating experience. Quality instruction from tiny tots to adults in all disciplines of ice skating to promote physical health, self-esteem, and good sportsmanship.

hockey, figure, recreational – all ages, all levels

USFS #2735  
P.O. Box 207  
Atkinson, NH 03811

## **Class Information**

The Ice Skating Academy is an accredited program that follows the United States Figure Skating & Hockey guidelines for both hockey and figure skating. Skaters will move through levels with ongoing evaluations by our professional skating staff. Small class sizes will help to enhance learning to provide a strong foundation of skills. ISA staff are certified professionals through United States Figure Skating and The Professional Skater Association. In order to take full advantage of the ice time, classes will always begin punctually. **Classes will end with a ten-minute free skate, during which, family members may join us on the ice.**

**Please follow the guidelines below for successful skating preparation:**

### **Skater's Needs**

- single blade skates
- children under the age of six MUST wear a helmet
- skaters should dress warmly in comfortable clothes (layers are encouraged!)
- gloves or mittens
- skate rentals are available, **FREE** with lesson.

### **Learn to Skate Class**

A forty minute class with a ten minute free skate. This class includes learning the fundamentals of skating through interactive and positive instruction. Classes will focus on the USFS skill levels including free skate and hockey guidelines. Skaters will build skills to further develop their skating.

\$15.00/week

### **The Tots Experience**

A forty minute class offered to children ages 3-6. The focus of the class is to integrate children with their peers while learning how to skate. Classes offer fine and gross motor skills that help development throughout their young years. This experience is geared to be fun and enjoyable so that children will want to continue their skating experience while being active.

\$15.00/class

### **Adult Learn to Skate Class**

A forty-minute class with a ten-minute free skate. Classes will offer detailed skating skills in a fun environment that incorporates exercise while building confidence. All levels, ages sixteen and older.

\$15.00/class

[www.THEICESKATINGACADEMY.US](http://www.THEICESKATINGACADEMY.US) 603-300-7978  
theisacademy@yahoo.com

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Name of Skater \_\_\_\_\_ Male / Female  
Age \_\_\_\_\_ DOB \_\_\_ / \_\_\_ / \_\_\_  
Parent/Guardian \_\_\_\_\_ Phone \_\_\_\_ - \_\_\_\_ - \_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_  
Email \_\_\_\_\_  
Emergency Contact Name \_\_\_\_\_ Phone \_\_\_\_ - \_\_\_\_ - \_\_\_\_

New to Program? yes / no  
How did you hear about us? \_\_\_\_\_

Level (please circle) Tots / Basic 1-6 / Hockey 1-4 / Freeskate 1-6 / Adult  
1-6 LTSUSA # \_\_\_\_\_

Allergies/Other Important Info \_\_\_\_\_

Please check the class you will be participating in:

\_\_\_\_\_ Friday 1:00-1:50 -10/19-11/30(No 11/23) (6 Weeks- \$90)

\_\_\_\_\_ Sunday 2:00-2:50 -11/4-12/9 (6 Weeks- \$90)

Mail Application and Full Payment to: Include a **once a year** LTSUSA  
Registration Fee of \$25.00

Program Fee \_\_\_\_\_ Fee \$25, Total \_\_\_\_\_

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All schedules are subject to change depending on enrollment. You will be contacted about changes through email. There are no make up classes for any missed lessons. Only medical or family emergency refunds will be given. Should you decide to withdraw from the class you must notify the director prior to the second class. No refunds will be given after the second class. New skaters are always welcomed. **Walk-on Fee \$17 a class. If class is cancelled due to weather you will be notified via email/text message/on the website.**

## Release Form Liability

I hereby give permission for \_\_\_\_\_ to skate in The Ice Skating Academy. I will not hold the Veteran's Memorial Rink or any ISA staff responsible for any accident or injury incurred while participating in any ISA programs or while traveling to or from Veteran's Memorial Rink. The Veteran's Memorial Rink and/or ISA staff is not responsible for any lost or stolen items.

\_\_\_\_\_ Signature (Parent/Guardian)