#### **4C Family Center of Washington County** wslet 2376 W Washington St, West Bend, WI 53095 Office: 262-338-9461 www.wcfamilvcenter.org Strengthening families by providing parent education & family activities.

(† C



**4C FOR CHILDREN, INC.** 

Newsletter for May through August 2018



8:30AM – Please Call: 262-338-9461 **REGISTRATION REQUIRED** AND **SPACE IS LIMITED!** 

#### **PURPLE PARK THURSDAY, JUNE 7**

**LOCATION: Riverside Park** 

Join us as we kick off the field trips with a visit to the "Purple Park"! We'll have a nature scavenger hunt and create a work of art with our findings.

#### **BORN LEARNING TRAIL - HARTFORD THURSDAY, JUNE 14**

Join me as we travel to Hartford to check out the United Way's brand new Born Learning Trail. The trail is a series of interactive signs that offer fun, active learning activities for young children and their families. We'll take a stroll and find out how fun learning can be.

#### WEST BEND COMMUNITY LIBRARY **THURSDAY, JUNE 21**

Libraries Rock! Get ready to Rock 'n Read. We'll be combining music and literacy through books, songs, movement and musical activities. Children are encouraged to come with wacky hair and rocker/80's apparel. LIMITED ENROLLMENT

#### LAC LAWRANN NATURE CONSERVANCY **THURSDAY, JUNE 28**

HONE REGISTRATION

Enjoy nature as we travel to Lac Lawrann to explore the great outdoors. We will go on a nature hike and discover many cool things. Please wear good walking shoes. LIMITED ENROLLMENT

> MONDAY MAY 7th @ 8:30AM

4C for Children serves Kenosha, Milwaukee, Ozaukee, Racine, Washington & Waukesha Counties Main Office: 1736 N 2nd Street, Milwaukee, WI 53212 • Office: 414-562-2650 www.4c-forchildren.org

#### What's Inside this issue:

Field Trips	1-2
Let's Start With A Book	2
Night Out With Dad	2
Educational Workshops	3
Family Activities Drop-In Playgroup	3
Afternoon Of Fun	4
4C Family Center Information	5
The Nurturing Program	6

#### WEST BEND COUNTY SHED **THURSDAY, JULY 12**

Have you ever wondered where they keep all the salt they use on our roads in winter? This is the field trip to come and see the huge salt dome up close. We'll also get a chance to explore all the "Big Rigs" that they use. Great photo opportunity. LIMITED ENROLLMENT

#### WEST BEND FIRE STATION THURSDAY, JULY 19 OR THURSDAY, JULY 26

(Please choose one date only) If your child dreams of sitting in a fire truck, then this field trip is for you. We'll get an up close and personal tour to see where the firefighters eat, sleep and exercise. The kids will also get to spray the fire hose and put out the "pretend" fire. Register for one date. LIMITED ENROLLMENT

#### SUNSET FARMS **THURSDAY, AUGUST 2**

Join me as we travel to Sunset Farm. We'll get to see the workings of a dairy farm including the milking parlor, new calves and the dairy barn. LIMITED ENROLLMENT

#### McDONALDS THURSDAY, AUGUST 9

Everyone loves McDonalds, but not everyone will get to see what goes on behind the scenes like you will on this tour. We'll see how they make all those yummy foods. Everyone will get an ice cream treat after the tour. Register for one time only: 9:00-9:30 or 9:30-10:00 (note earlier time) LIMITED ENROLLMENT ORGET

> **REGISTER @ 8:30AM BY PHONE: 262-338-9461** FOR MAY, JUNE, JULY AND AUGUST PROGRAMS

Don't

#### NATIONAL GUARD ARMORY / THURSDAY, AUGUST 16

How does it feel to sit in a real helicopter? We'll get to that and more on this field trip. We will learn about the many things they do at the Armory. LIMITED ENROLLMENT

#### WASHINGTON COUNTY SHERIFF'S DEPARTMENT / THURSDAY, AUGUST 23

We'll take a tour of the sheriff's department and get a look where all the 911 calls come in and how the deputies are dispatched out on calls. We'll get to hear about how they keep us safe and get to try on handcuffs. The kids will get to sit in the squad car. LIMITED ENROLLMENT

#### ZIEGLER PARK / THURSDAY, AUGUST 30

Join me at the park as we say good-bye to summer with our last field trip. We'll blow bubbles and enjoy a potluck lunch. Please bring a dish to share. Plates, utensils, and juice will be provided.



FOR MAY, JUNE, JULY AND AUGUST PROGRAMS

# LET'S START WITH A



CLONO

LOCATION: 4C FAMILY CENTER TIME: 6:00 - 7:30PM AGES: INFANT - 6 YEARS

#### OLIVIA & THE SCHOOL

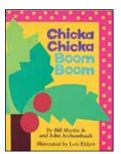
**CARNIVAL:** It looks like parents' night is going to be a big bore, until Olivia is put in charge. Olivia plans a super school carnival with a top-secret surprise attraction!

TUESDAY, MAY 15

#### PINKALICIOUS TICKLED

**PINK:** Pinkalicious is challenged to a laugh-off, the pressure is on to create the funniest joke of all time. Even if Pinkalicious doesn't win the contest, she's going to have a lot of fun trying! **WEDNESDAY, JUNE 13** 

VIOLETS MUSIC: Violet is a born musician. Boom Shake Beat Shake. Come and find out if she can find a band of friends to play along. TUESDAY, JULY 10



#### СНІСКА СНІСКА ВООМ

**BOOM:** A told B and B told C, I'll meet you at the top of the coconut tree. Chicka chicka boom boom! Come and find out if there WILL be enough room!

TUESDAY, AUGUST 14

## A NIGHT OUT WITH

#### (OR GRANDPA, UNCLE, OR OTHER SIGNIFICANT MALE IN YOUR CHILD'S LIFE)

LOCATION: **4C FAMILY CENTER** TIME: 6:00 - 7:30PM AGES: CHILDREN 2 – 6 YEARS

#### Mother's Day Make It-Take It:

Daddies be a big hit at your house by bringing your little ones to make a special gift for Mom. Nothing says love like a handmade gift from the kids.



#### Space... The Final Frontier:

**3-2-1 BLAST OFF!** Join us for a night of learning about rockets through engaging hands-on activities. We'll be making homemade straw rockets and cool telescopes.

Presenter: Adrianna Lubner, UW Extension 4-H Development Outreach Coordinator **TUESDAY, JUNE 21** 



#### Wonderful Watermelons:

Tonight we will be doing a variety of activities with watermelons including a watermelon roll and a seed spitting contest. We'll make a watermelon craft and then get to enjoy sweet, juicy watermelon as a snack.

**THURSDAY, JULY 19** 

#### Wild for Wildlife:

Tonight we will be learning about the different types of animals and their tracks. We'll learn through games, activities and art projects. We'll also make a fossil of an animal track. Come join for a "Wild" night of fun!

#### **THURSDAY, AUGUST 9**

Presenter: Adrianna Lubner, UW Extension 4-H Development Outreach Coordinator





## **EDUCATIONAL WORKSHOPS**

All workshops are held at the 4C Family Center, 2376 W Washington St, West Bend, WI 53095. Workshops are from 6:00 - 7:30PM and are FREE unless otherwise noted. Limited Child Care Available - Must call 262-338-9461 to register for all workshops.

## MAY

#### **BIRTHDAY PARTY TIME**

Would you like to get back to the basics and host an "at home" birthday party for your child? You don't have to be a creative genius to pull off a memorable event that your child will remember for years to come. I will introduce you to dozens of terrific party ideas and simple strategies for a day of homemade FUN!

PRESENTER: Kathy Bruni, Parent Educator

THURSDAY, MAY 24 • 6:00 - 7:30PM

#### **ACTIVE SHOOTER PRESENTATION**

In this presentation we will be taught the C.R.A.S.E. model (Citizen Response to Active Shooter Events) which includes Avoid, Deny, and Defend. We'll learn how to avoid problems if we can. If a situation can't be avoided we will learn what steps to take next to deny the shooter access to our area. And as a last resort we will learn how to defend against the shooter.

PRESENTER: Sgt. Dustin Becker, *West Bend Police Department* **THURSDAY, MAY 29 •** 6:00 - 7:30PM

## JUNE

#### NIGHT TO MEET SENSORY NEEDS

Tonight we'll be working on and talking about different sensory activities to target visual, auditory and tactile for children on the spectrum. We will be creating a make it - take it project.

PRESENTER: Nikki Busalacchi, Parent Educator

WEDNESDAY, JUNE 6 • 6:00 - 7:00PM

#### NURTURING GRAD GROUP

You've already completed the Nurturing Class, congratulations. Join me tonight to share in your success stories and your struggles. We'll have fun reconnecting and sharing stories. And the best part is there isn't any testing!

PRESENTER: Kathy Bruni, *Parent Educator* **WEDNESDAY, JUNE 27 •** 6:00 - 7:30PM

## JULY

#### HOOKED ON ELECTRONICS

Is your kid a web junkie? Come tonight and hear some advice about your child's tech addiction and the dangers of too much screen time!

PRESENTER: Shana Schloemer, *Psychotherapist, North Shore Clinic* 

WEDNESDAY, JULY 18 • 6:00 - 7:30PM

#### I'VE GOT RHYTHM – I'VE GOT MUSIC

Shake, rattle, and roll with us for the afternoon as we sing and dance. We'll learn about music and musical instruments. We'll craft an instrument of our own. Come join the FUN!

PRESENTER: Adrianna Lubner, UW Extension 4-H Development Outreach Coordinator

TUESDAY, JULY 31 • 2:00 - 3:30PM (Note time)



## AUGUST

#### **GETTING READY FOR SCHOOL**

The first day of school! What a huge step in the life of a child, and in a parent's life too. This program will help you practice at home to prepare your child for school. We'll discuss developmentally appropriate activities for 4 and 5 year olds and spend some time answering questions.

PRESENTERS: Lauren Dohman, *4K Teacher* Amanda Aleithe, *Early Childhood Special Education Teacher* **THURSDAY, AUGUST 2 •** 6:00 - 7:30PM

#### BABIES, TODDLERS, AND BOOKS, OH MY!

It has been said that a child who reads, is an adult who succeeds. Parents are their child's first teacher. Come and explore what reading looks like for an infant, toddler, and preschooler.

PRESENTER: Lori Muench, *Reading Teacher-McLane School* WEDNESDAY, AUGUST 8 • 6:00 - 7:30PM

#### NOTICE TO PROFESSIONALS: There will be \$5.00 fee per educational workshop if proof of attendance is needed for certification processes.

# FAMILY ACTIVITIES Registration begins Monday May 7th at 8:30AM by phone: 262-338-9461 FAMILY DROP-IN PLAYGROUP

TUESDAYS & THURSDAYS • LOCATION: 4C FAMILY CENTER • TIME: 9:30 - 11:00AM

Note: There will be **NO** "Family Drop-In Playgroup" on **May 8th and July 10th**. **No Thursday** drop-in after Memorial Day through the end of August for fieldtrips.

No sign-up needed for this one-come when you can and leave when you must! A great morning out for the kids - and YOU! Join the fun with open play time, then put the toys away & it's on to a special craft, snack & circle-singing time, too! Drop-In is for you and your 0-5 year old to come and enjoy whenever you can!



## **AFTERNOON OF FUN**

United Way of Washington County

United Way

All Afternoon of Fun events are held at the United Way Resource Center, 1121 E Summer Street, Hartford, WI 53027. AFTERNOON OF FUN PRESENTER: Kathy Bruni, Parent Educator



Everything is coming up roses-and pansies-and zinnias. Today we will talk about everything having to do with flowers, their parts, and what they need to grow. We'll have fun planting our own seeds in a pot that we will decorate ourselves. Dress for a mess!

**MONDAY, MAY 21** 

3:30-5:00PM

Beautifu

Today we will talk about the four stages of life for the butterfly. Each stage is different with a different goal. While learning we will construct a book to show what we have learned. We'll also read a story about how the butterfly waits for its wings.

**MONDAY, JUNE 18** 2:00-3:30PM



In July we celebrate our Nation's independence. Today we will make red, white, and blue projects to celebrate our wonderful United States of America!

**MONDAY, JULY 16** 2:00-3:30PM



Dinosaurs come in all shapes and sizes. Today we'll talk about just that and we will craft some dinosaurs of our own out of clay. Dress for a mess!

#### **MONDAY, AUGUST 20** 2:00-3:30PM

**4C Family Center** of Washington County WARMLINE: Trantrums? Potty Training? **Sleepless Nights? Discipline Questions?** Maybe just someone to talk to? CALL: 262-338-9461 United United Way of Washington County

> 1121 E Summer Street, Hartford, WI 53027 262-670-9980 www.unitedwayofwashingtoncounty.org

> > PHONE REGISTRATION

MONDAY MAY 7th @ 8:30AM

## The Giving Tree Wish List: Children's DVD's

- Glue & Glue Sticks
- Hand Sanitizer
- Kid Friendly Snacks/Juice Kitchen Garbage Bags
- Kleenex
  - Liquid Hand Soap
  - Napkins
  - Postage Stamps
  - Small Paper Plates

Gift Cards: Hobby Lobby, Office Max. Pick-N Save, **Piggly Wiggly**, Walmart

REGISTER @ 8:30AM BY PHONE: 262-338-9461 FOR MAY, JUNE, JULY AND AUGUST PROGRAMS

Don't ORGET

### **VOLUNTEERS!**

## Has the 4C Family Center of Washington County made a difference in your life?

#### How about doing the same for another?

Please consider adding your name to our list if childcare volunteers! The commitment is small, but the rewards are great — lots of free hugs and smiles from the kids!

#### Call 262-338-9461 for more information.



2376 W WASHINGTON STREET WEST BEND, WI 53095

PHONE: 262-338-9461

WEBSITE: www.wcfamilycenter.org

HOURS: MONDAY THRU FRIDAY 8:30AM – 4:30PM

Note: There will be **NO** "Family Drop-In Playgroup" on **May 8th and July 10th**. **No Thursday** drop-in after Memorial Day through the end of August.

#### **INCLEMENT WEATHER POLICY:**

On days when the West Bend School District has cancelled school, the Family Center will also be closed and all programming for the day will be cancelled. If the school district has a delayed start, all morning programs will be cancelled for that day.



Please check out our website **www.wcfamilycenter.org** or our **Facebook** page for any closings or cancellations. Also closings will be broadcast on channels TODAY'S TMJ4, WISN12, FOX 6, and you can also check their websites.

#### **4C FAMILY CENTER STAFF:**

Bonnie Debroux	Site Director
Kathy Bruni	Family Engagement Specialist,
	Family & Educational Programs
Kelly Carini	Office Coordinator/ Youngstar

find us on

#### IMPORTANT WASHINGTON COUNTY PHONE NUMBERS

#### WASHINGTON COUNTY HUMAN SERVICES DEPARTMENTS:

262-365-6565
262-335-4497
262-335-4583
262-335-4888
262-335-4610
262-335-4677
888-446-1239
262-335-4545
800-616-0446
262-335-4466
262-334-8339
262-677-2216
262-334-7298
262-335-0685
262-334-4912
262-306-3505
262-335-5300
262-335-4741



2376 W Washington Street West Bend, WI 53095 262-338-9461 www.wcfamilycenter.org

#### **United Way Resource Center**

1121 E Summer Street Hartford, WI 53027 262-670-9980 www.unitedwayofwashingtoncounty.org







@WCFamilyCenter



5

4C Family Center of Washington County 2376 W Washington Street West Bend, WI 53095 NON-PROFIT ORG. US POSTAGE **PAID** MILWAUKEE, WI PERMIT NO. 3707





### **NURTURING PROGRAMS**

are held at the 4C Family Center, 2376 W Washington St, West Bend, WI 53095. Must call 262-338-9461 to register.



#### THE NURTURING PROGRAM WEDNESDAYS: AUGUST 29 - DECEMBER 12

TIME: 4:00 - 6:30PM / PRESENTER: Kathy Bruni, Parent Educator

The philosophy of this **FREE** 16-week Nurturing Program emphasizes the importance of raising children in a warm, trusting, caring household. Discover how children develop the capacity to trust, care, and respect themselves and others. Explore the 7 principles of the program: Attachment, Empathy, Nurturing Ourselves, Discipline, Expressing Feelings, Expectations and Self-worth.

#### THE NURTURING PROGRAM: FAMILIES IN SUBSTANCE ABUSE TREATMENT AND/OR RECOVERY

#### **COMING THIS FALL - DATES TBD**

TIME 4:00 - 6:30PM / PRESENTER: TBD

The philosophy of this **FREE** 12-week Nurturing Program: Families in Substance Abuse Treatment and/or Recovery emphasizes the importance of raising children in a warm, trusting, caring household. Parents explore effects of substance abuse on themselves and their families, and strengthen their recovery. Parents develop selfawareness and build nurturing skills using a variety of techniques and activities that accommodate different learning styles. Parents explore their own process of development as adults in recovery, and examine the parallels and differences in the development of their children worth.

