

Madison County Senior Citizens Center

Golden

Times

March 2024



So here we are, hello March, it has been a pretty mild winter, a couple small snows and a couple really cold days, but mostly mild...I'm sure Mother Nature still has something up her sleeve, it wouldn't be Ohio after all if we didn't get a snow storm in March. Don't put those winter coats away yet!

Because I had this conversation with someone this past weekend...Have you ever looked up the word, senior? This is one of the definitions I found. **Senior is one of the most common terms used to define an old person, and is used in everyday conversation. It may be interpreted in a negative context.** Since I've worked for the senior center, the word "senior" has been an obstacle. When I ask people if they are members of our center, they say no, I'm not old enough...they are by the way, I only ask when I know they are old enough, that's when I launch into my, you only have to be 55 to be a member, and I proceed to tell them how great our center is.

At the MCSCC you only need to be 55 to be a member, 55 you say, does that mean you are a senior citizen, elderly; no way. So why 55, well it seems like a great age to decide what kind of older person you want to be. I mean if you want to sit in your rocking chair, that's okay I guess, but it is so much better for you to stay active and social. We have nice equipment in our exercise room, we have some great exercise classes. We go on some really great trips. You can come in for a nice lunch in our café. You make new friends. If you are reading this you are already a member, thank you, or maybe you are looking on our website and haven't joined yet. I said this in my last letter, I would love for every person in Madison Co., 55 and better to be a member, please continue to spread the word to your family and friends. At any age it is never too late to get up and get moving, that's why we are here.

But, most importantly we are a service center. If you are 60+ and live in Madison Co. we offer transportation services. We also have a pretty amazing Adult Care Program to help families in need of respite services. These services can be offered at no cost, no one is turned away if they are unable to pay. We also offer supportive services. All of this is the reason the center started 48 years ago, to help and support the OAPs (google it 😊) of Madison County, so they can live their best life, whether they are 55 or 95.

Don't forget to spring your clocks forward on March 10th, a sure sign spring is on the way.

Thank you for the laughter I hear every day and to everyone that helps at the center every day!

Sláinte! Misty



Find the Easter egg hidden in this newsletter. When you find it call the center at 740-852-3001 by Friday, March 15th and tell us where it is located. If correct, your name will be entered into a drawing to win 5 free lunches. Remember it may not be on a color page. Last month the mouse was on page 1. Congratulations to Faith Simmons, the lucky winner!



Left: Tommy was gifted this snazzy chef's hat from coworker Beth (in Adult Day Center). She also gave him a Chef Boy ar Dee name tag to complete the look.

Right: Jordan from the London Public Library came for her monthly outreach program and helped the Adult Day Center clients make these cute heart pillows for Valentine's Day.



Right: Continuing with our tradition, we gave away roses on Valentine's Day. Mary Kay Simpson chose this cheerful yellow rose.

Bottom Right: Madison Senior Living brought in Valentine's Day cookies for our lunch crowd. They were delicious and much appreciated.

Below: Senior Center member, Charles Miller, snapped this picture of some of our Tuesday morning bowling group. They always have a great time, no matter what they end up scoring. It is not a league, it's just for fun. So join them on Tuesdays from 10 a.m. to 12 p.m. at Madison Lanes in London. It's just \$10 to play.



High Euchre Score

1-29-24 Dave Maharrey 76

2-5-24 Dave Maharrey 70

2-12-24 Bev Evans 91

High Bridge Score

1-24-24 Kay Majka 5350

1-31-24 Jerry Cummins 5330

2-7-24 Marylou Murphy 3820

2-14-24 Bob Majka 3880



Don't forget to spring forward on March 10th!



2022 Governing Board Members

Donna Sheridan-President

Jerry Tompkins- Vice President

Loretta Anthony—Secretary

Sharon Manion

Tom Lawrence

Dennis Park

"May your pockets be heavy and your heart be light.

May good luck pursue you each morning and night."

Irish Blessing



WEEKLY SCHEDULE

Monday:

8:30 a.m.—Indoor Walking/Exercise Class

9:00 a.m.—Chair Volleyball

9:30 a.m.—Crocheting, Knitting & Needle Crafts

10:30 a.m.—Sitting Exercise/ Strengthening

1:00 p.m. – Euchre



Tuesday:

9:00 a.m.– 3 p.m. Quilting Class

10 a.m.-12:00 p.m.—Bowling at Madison Lanes

4:00 p.m.-7:00 p.m.—Billiards, Euchre 2nd and 3rd Tuesday, Workout room open

Wednesday:

8:30 a.m.— Indoor Walking/Exercise Class

9:00 a.m.—Chair Volleyball

10:30 a.m.—Aerobics/Strengthening Class

12:00 p.m.—Bridge

1:00 p.m.– Yoga Stretch

2:00 p.m.—Diabetes & Weight Loss Support Group

Thursday:

9:00 a.m.—Chair Volleyball

Friday:

8:30 a.m.—Indoor Walking/Exercise Class

9:00 a.m.—Painting Class with Harry Croghan

10:00 a.m.—Hand Chimes, first and third Fridays

1:00 p.m.—Free Movie and Popcorn at the senior center.

The Center's Fitness Room is open Monday through Friday, 8:00 a.m. to 4:00 p.m.

We have 3 treadmills, 3 exercise bikes, a weight machine for upper arms and a seated elliptical

Please wipe down the machines you use when you are finished. Thank you!




UPCOMING DAY TRIPS!!

Note: We are no longer taking names for trips before they are in the newsletter. That way it is fair for everyone wanting to go.

March Mystery Lunch—Thursday, March 14th. Trip fee is \$5. We will leave the Center at 10:15 a.m.

April Mystery Lunch—Thursday, April 18th. Trip fee is \$5. We will leave the Center at 10:15 a.m. There will be an ice cream stop after lunch.

 **Snooty Fox Upscale Thrift Stores Shopping trip—Friday, May 3rd. Trip fee is \$40 due by March 15th.** The motorcoach will leave the Center promptly at 8:45 a.m. & return around 6 p.m. Lunch is on your own on one of our stops.

If you are new to our Center, on the Snooty Fox trips we visit 5 of their thrift stores in Cincinnati. We are served snacks and beverages at each store. You do not need to be a member to go, just age 21 or over.



Columbus Clippers vs. Louisville Bats Game—Wednesday, May 15th. Trip fee is \$21.

This is your game ticket and van fee. Lunch will be on your own at the stadium. We will leave the Center at 10:30 a.m. We are taking our two 10 passenger vans to the game, so seating is limited, call early if you want to go. Deadline to sign up and pay will be **Wednesday, May 1st.**



Ohio Star Theater-The Story of Ruth—Tuesday, June 18th. We will travel to Amish Country to the Ohio Star Theater for a performance of the story of Ruth. This remarkable story of second chances is one of Sight & Sound's most beloved productions. Journey alongside an ordinary woman whose faith in God ignites a chain of events that change the course of history.

Our motorcoach will leave the Center at 8:30 a.m. First we will have a buffet lunch at the Dutch Valley Restaurant at 11:30 a.m. The Theater is within easy walking distance and the show begins at 1:00 p.m. We will have seating on the main floor. When we leave after the show, we will be making a stop at Coblenz Chocolates and then journey on home. **Fee for this trip will be \$109. This includes your lunch and tip, the show Ruth and motorcoach transportation. Driver tip is not included. We will pass an envelope on the way home for his tip. Please pay your trip fee by Wednesday, May 15th.**

Delightful Dining

Don't forget to call the Center and let us know if you plan to come, so we can give the restaurant an accurate count. Sign up early! Sometimes late reservations cannot be accommodated at the restaurants.

Monday, March 4th—The Willow Restaurant, 203 Glenn Avenue, Washington Courthouse. Trip fee is \$5. Vans will leave the Center at 4:00 p.m. or you can meet us there at around 4:30 p.m.

Monday, April 1st—China Bell, 1947 Stringtown Road, Grove City. Trip fee is \$5. Vans will leave the Center at 4:00 p.m. or you can meet us there around 4:45 p.m.

When you sign up for a day trip, you are expected to pay for the trip when signing up. If the purchase of tickets is involved in the cost of a trip, no refunds will be issued for the cost of the ticket purchased. If the purchase of tickets is not involved in the cost of the trip no refunds will be given if you cancel within two weeks of the trip's departure or by a deadline stated in the newsletter. If we are taking a motorcoach, the cost of the coach is not refundable within 30 days of the trip. If you have questions please contact Janisse at 740-852-3001.

*****Please remember to park at the back of the parking lot when going on a day trip. This saves the closer parking spaces for those coming in for daily activities!!**

Remember...you don't have to be a member of the Center to go on overnight trips. Tell your friends!

2024 Wendt Tour Trips

Journey to Italy! May 13-22, 2024



Italy Pre Departure meeting will be Thursday, April 25th at 10:00 a.m. Please call the Center at 740-852-3001 if you will not be able to attend.



Coastal New England is filling up fast!!! We are taking 2 buses! 99 signed up so far. We are taking 100 max. If you have signed up please get your deposit in ASAP!

Coastal New England Autumn Adventure! October 13-19, 2024 Highlights include Ogunquit, Main—Portland City Tour—Scenic Highway 1—Maine—Atlantic Ocean—Acadia National Park—Lobster Supper—Mount Desert Island—L.L. Bean Outlets—Cadillac Mountain—Thunder Hole—Kennebunkport—Maine Maritime Museum—Freeport— New Hampshire—Bar Harbor—Bath—Pocono Mountains

Tour includes—Deluxe motorcoach transportation, 6 nights lodging, 9 meals—6 breakfasts and 3 dinners, all sightseeing & admissions, gratuities for local guides and porters, baggage handling, professional tour manager.

Tour Fare—\$1,849 per person double, \$1,789 per person triple, and \$2,649 per person single.

Payment policy: A \$250 per person deposit is due to secure your reservation with **the balance due by August 1, 2024.** Make checks payable to Madison County Senior Center.

Prime Tours Trip



Upstate New York Wine and Waterfalls— August 12-15, 2024. Tour includes, motorcoach transportation, 3 nights hotel, 3 breakfasts, 1 lunch, 1 group dinner, Touring around beautiful Finger Lakes country,

Wine tastings at Bully Hill Vineyards, Heron Hill winery, Fulkerson Winery and Glenora Wine Cellars, admission to Corning Museum of Glass, Maid of the Mist Niagara boat ride.

Tour Fare—\$998 per person double, \$1228 pp single and \$845 pp triple/quad. Save your spot with a \$100 refundable deposit except \$50 registration fee. **Final payment will be due May 1st, 2024.** After May first, tour is non-refundable.

Not included are meals not listed, travel insurance, tips and gratuities.



Adult Day Center

Hello Spring,

We have 3 birthdays in March- Patsy, Wayne and Donna B. Happy birthday to all.

Don't forget to change your clocks this month on March 10th.

We would appreciate any donations towards Bingo prizes.

Till April—Happy Easter and have a great Spring.

Beth, Patsy and Regina



Cooking Safety

Cooking fires are the leading cause of home fires and home fire injuries.

Stay in the kitchen and closely monitor your meal any-time you are cooking. Keep an eye on what you fry!

Keep anything that can catch fire—oven mitts, utensils, food packaging, towels or curtain—away from you stove.

Install and learn how to use a fire extinguisher. Contact your local fire department for training.

If you have a small cooking fire: On a stovetop, smother the flames by sliding a lid over the pan and turning off the burner. Leave the pan covered until it is completely cooled. For an oven fire, turn off the heat and keep the oven door closed. If in doubt, just get out! If flames spread to objects beyond the stove or oven, evacuate immediately. When you leave close the door behind you to help contain the fire.

Call 9-1-1 or the local emergency number from outside the house.

Free Friday Movies at 1:00 p.m.

March 1- Fried Green Tomatoes – Kathy Bates – Mary Stuart Masterson – 1991- PG-13 ***

March 8 - Lift – Kevin Hart – Sam Worthington - 2024 - Comedy Action – PG 13 ***

March 15 - The Quiet Man – John Wayne – Maureen O’Hara – 1952 – Comedy/Drama ***

March 22 – About My Father – Robert De Niro – Sabastian Maniscalco – 2023 – Comedy – PG-13 ***

March 29 – Wonka – Timothee Chalamet – Hugh Grant – 2023 – Fantasy – PG ***

Members Only




B
O
W
L
I
N
G

Andrix, Barb	96	Glass, Duane	193	Parrot, Fred	85	Weisman, Deb	101
Binns, Mary	83	Goff, Terry	156	Phinney, Hope	84	Whitelowe, Bev	120
Burdett, Diane	128	Hatfield, June	120	Pickens, Ann	114	Winebrenner, Dodie	86
Cooper, Barb	83	Hawkins, Bill	113	Ridolfo, Linda	169		
Ernst, Terri	108	Hawkins, Don	162	Rowley, Nancy	169	Tuesdays 10-12	
Eseman, Brenda	137	Irvin, Melody	112	Sheridan, Ray	176	At Madison Lanes	\$10
Florence, Barb	94	Miller, Charlie	145	Stout, David	150		
Glass, Denise	108	Noble, Gene	118	Thornber, Sandy	104		

❖ The Café ❖

Open Monday thru Thursday ♦ 11:30 AM to 1:00 PM

MARCH 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 CAFÉ CLOSED
4 SLOPPY JOES FRENCH FRIES SOUP SIDE & DESSERT	5 CHICKEN ALFREDO ITALIAN GREEN BEANS SIDE & DESSERT GARLIC BREAD	6 SALMON PATTIES MACARONI & CHEESE BUTTERED PEAS SIDE & DESSERT BREAD & BUTTER	7 BEEF STROGANOFF MASHED POTATOES VEGETABLE SIDE & DESSERT BREAD & BUTTER	8 CAFÉ CLOSED
11 HOT SUB SANDWICH STEAK FRIES SOUP & DESSERT	12 SPAGHETTI W/ MEAT SAUCE TOSSED SALAD SIDE & DESSERT GARLIC BREAD	13 FRIED CABBAGE W/ SMOKED SAUSAGE PARSLEY POTATO SIDE & DESSERT CORNBREAD	14 LAZARUS CHICKEN & BROCCOLI CASSEROLE TOSSED SALAD SIDE & DESSERT BREAD & BUTTER	15 CAFÉ CLOSED
18 <u>BIRTHDAY MONDAY</u> BEEF STEW TOSSED SALAD SIDE & DESSERT BREAD & BUTTER	19 BAKED PORK CHOPS BAKED BEANS BRUSSEL SPROUTS SIDE & DESSERT BREAD & BUTTER	20 FISH & CHIPS COLESLAW SIDE & DESSERT BREAD & BUTTER	21 Li'L CHEDDAR MEATLOAF AU GRATIN POTATOES VEGETABLE SIDE & DESSERT BREAD & BUTTER	22 CAFÉ CLOSED
25 COUNTRY FRIED STEAK MASHED POTATOES VEGETABLE SIDE & DESSERT BREAD & BUTTER	26 TUNA NOODLE CASSEROLE VEGETABLE SIDE & DESSERT BREAD & BUTTER	27 BEAN SOUP W/ HAM FRIED POTATOES SIDE & DESSERT CORNBREAD	28 CHICKEN & DUMPLINGS VEGETABLE SIDE & DESSERT BREAD & BUTTER	29 CAFÉ CLOSED

PLEASE NOTE THAT ALL MENUS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY OF PRODUCT

SOUP DAILY BOWL \$2.00 OR CUP \$1.50

ENTRÉE SALAD FOR MONTH

WEEK OF 03/04/2024

TACO SALAD

WEEK OF 03/11/2024

GRILLED CHICKEN SALAD

WEEK OF 03/18/2024

CHEF SALAD

WEEK OF 03/25/2024

ITALIAN SALAD

Wuzzles

Each Wuzzles is a word riddle which creates a disguised word, phrase, name, place, saying, etc. For Example, NOON GOOD = GOOD AFTERNOON

1.



2.

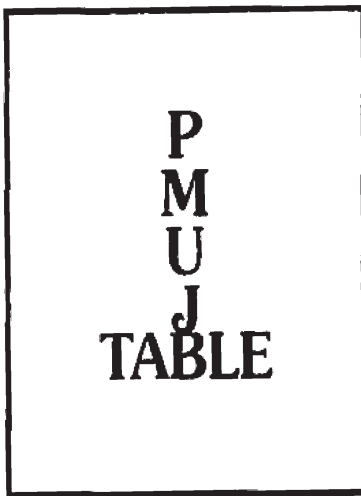


Print Your Answers Here:

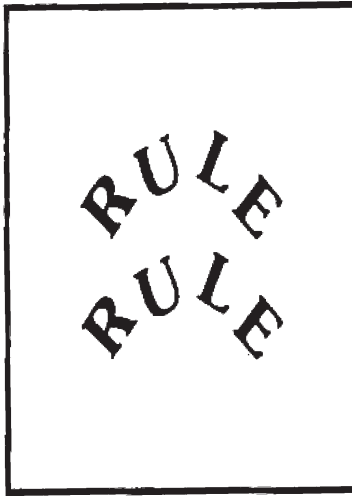
1.

2.

1.



2.



Print Your Answers Here:

1.

2.

CROSSWORD

EUGENE SHEFFER

1	2	3		4	5	6	7		8	9	10	11	
12				13					14				
15				16					17				
18								19	20				
				21				22			23	24	25
26	27	28				29					30		
31						32					33		
34				35					36				
37				38				39					
				40				41			42	43	44
45	46	47				48	49						
50						51					52		
53						54					55		

ACROSS

- 1 Fruity spread
- 4 Scrabble piece
- 8 Tarzan's clique
- 12 "The — Daba Honeymoon"
- 13 Valhalla VIP
- 14 Existed
- 15 Troop group
- 17 Release
- 18 Is frugal
- 19 Ostrich's cousin
- 21 Cauldron
- 22 Let up
- 26 Photo book
- 29 Evergreen type
- 30 Pond carp
- 31 Sudden shock
- 32 Blue
- 33 Desirous look
- 34 Fuss
- 35 Arctic diver
- 36 Move laterally
- 37 New
- 39 A billion years
- 40 Bearded beast
- 41 Heavy hammer
- 45 Overly proper one
- 48 Dweller
- 50 Mexican entree
- 51 "Zounds!"
- 52 Varnish ingredient
- 53 "So be it"
- 54 Sources for sauces
- 55 Ordinal suffix

DOWN

- 1 Supermarket lineup
- 2 Help on the sly
- 3 Creche trio
- 4 Long, narrow drum
- 5 That is (Lat.)
- 6 Jeremy of basketball
- 7 Went in
- 8 Terrible
- 9 For one
- 10 Preceding
- 11 Diocese
- 16 Suggestions
- 20 Kitten's comment
- 23 — out (supplemented)
- 24 Yuletide refrain
- 25 Grow weary
- 26 Open slightly
- 27 Source of riches
- 28 United nations
- 29 Talk on and on
- 32 Surgical stitching
- 33 Queued (up)
- 35 Curry or Coulter
- 36 Cubes, spheres, et al.
- 38 Incite
- 39 English composition
- 42 Take out of context?
- 43 Summertime pest
- 44 Leave a lasting impression
- 45 Bake sale org.
- 46 Aries
- 47 Lemieux milieu
- 49 Swelled head

A Lot Of Nuts

D	W	O	C	F	W	J	I	T	F	A	T	A	R	C
Q	M	T	T	U	N	H	C	E	E	B	D	F	S	R
P	K	T	U	N	T	S	E	H	C	M	D	G	S	T
U	I	O	N	N	R	U	O	P	E	A	N	U	T	T
P	H	L	L	U	Y	O	N	C	O	C	O	N	U	T
V	E	R	I	A	J	R	C	A	B	A	M	X	K	S
C	Y	C	Z	N	N	O	O	A	Y	D	L	T	Y	O
M	T	T	A	A	U	U	I	K	X	A	A	S	M	C
R	A	T	R	N	W	T	T	H	C	M	M	A	A	X
S	S	I	B	M	D	A	O	W	C	I	T	A	F	N
X	C	T	R	E	B	L	I	F	A	A	H	S	A	Q
K	A	Q	T	H	A	Z	E	L	N	U	T	R	P	A
C	A	S	H	E	W	A	L	N	U	T	S	S	P	X
Q	O	P	S	V	K	S	D	O	U	E	V	X	I	P
H	S	R	E	P	I	N	E	N	U	T	S	H	E	P

On Your Feet

E	R	H	A	M	S	P	R	I	N	T	I	N	G	I
T	S	Q	U	A	R	K	F	D	R	L	L	R	E	E
H	H	I	R	R	Q	E	I	I	E	H	E	U	T	I
O	Z	I	C	U	D	G	P	P	J	G	A	N	U	B
C	S	G	K	R	B	L	N	Q	P	N	P	N	P	A
E	A	N	P	I	E	A	I	I	B	I	I	I	T	Y
U	H	I	T	J	N	X	I	N	C	D	N	N	R	J
T	O	B	U	H	S	G	E	E	G	N	G	G	A	I
E	P	M	U	J	G	N	O	L	N	A	A	A	N	A
J	P	I	J	R	N	I	H	R	I	T	S	D	H	T
I	I	L	O	S	I	G	R	H	D	S	C	B	S	Y
S	N	C	I	J	K	G	T	P	N	W	E	O	P	R
G	G	O	C	P	L	O	I	S	U	I	N	F	B	W
N	F	V	V	I	A	J	F	Q	O	I	D	S	S	V
E	S	Q	P	Y	W	L	S	R	B	B	B	G	I	K

ACORN

ALMOND

BEECHNUT

BRAZILNUT

CANDLENUT

CASHEW

CHESTNUT

COCONUT

FILBERT

HAZELNUT

HICKORY NUT

KOLA NUT

MACADAMIA

MAYA NUT

PEANUT

PECAN

PILI NUT

PINE NUT

PISTACHIO

WALNUT

ARISE

ASCEND

BOUNTING

CLIMBING

DANCING

EXERCISE

GET UP

HIKING

HOPPING

HURDLING

JOGGING

LEAPING

LONG JUMP

RUNNING

SKIPPING

SPRINTING

STANDING

TRIPLE JUMP

UPRIGHT

WALKING



Project Safe Senior Survey

1-Do you have a working smoke alarm?

Yes

No

I Don't Know

2-Are your smoke alarms older than Ten (10) years old?

Yes

No

I Don't Know

3-Would you like to receive any of the following FREE services

Smoke Alarm Installation?

Yes

No

Home fire safety visit?

Yes

No

Fire escape planning?

Yes

No

NAME _____

ADDRESS _____

PHONE _____

COUNTY _____

SCAM ALERT—Sweetheart Scam

The Ohio Attorney General warns of sweetheart scams, a specific and personal type of phishing. In a sweetheart scam an individual may try to start a relationship with you so that they can eventually ask for money or personal information. They will build a friendly or romantic relationship with their would-be victim through messages and phone calls over weeks, months, or longer.

Then, they will fake a serious situation, such as illness, an accident, unexpected medical costs, legal action, or more. Calling on your kindness, they'll ask you to help out by sending money, most often using a wire-transfer service, prepaid card, gift cards, or other hard-to-trace payment method. Once the money is sent, it is nearly impossible to recover.

In a typical example of a sweetheart scam, the scammer claims to be from the U.S. but temporarily located somewhere else. For example, the scammer may pretend to be a military member stationed in Afghanistan, an engineer building bridges in South Africa, an oil rig worker off the Gulf coast, a contractor working in Nigeria, a businessperson stuck in London, or something similar. Some scammers create phony profiles on dating websites and social media and gaming platforms to attract victims, establish relationships with them, and then trick them into sending money.

These scammers are committed to their con, not you. They are dedicated and willing to commit a lot of time and effort to their crime. They get to know you, which makes them very dangerous. They earn your trust specifically so they can betray it. If you believe you or someone you know may be the target of a sweetheart scammer, do not try to handle the situation yourself. Cut off all contact with the individual and contact local law enforcement. Be prepared to show evidence of online, phone, and in-person contacts to help officials investigate the crime.

Perfect Fruit Salad

Sauce:

- 2/3 C. fresh orange juice
- 1/3 C. fresh lemon juice
- 1/3 C. packed brown sugar
- 1/2 tsp. grated orange zest
- 1/2 tsp. grated lemon zest
- 1 tsp. vanilla extract

Salad:

- 2 C. cubed fresh pineapple
- 2 C. strawberries, hulled & sliced
- 3 kiwi fruit, peeled & sliced
- 3 bananas, sliced
- 2 oranges, peeled & sectioned
- 1 C. seedless grapes
- 2 C. blueberries



Combine sauce ingredients to a boil in a saucepan over medium high heat. Reduce heat to medium low and simmer until slightly thickened, about 5 minutes. Remove from heat & stir in vanilla. Set aside to cool.

Put fruit in a large bowl. Pour cooled sauce over fruit: cover and refrigerate for 3-4 hours before serving.

You can customize this by using any fruit that you like.

Easy ways to support the Center!

Planned Giving—What is it about?

It means you are planning to give a gift later. It is a plan that you put in your will, an item that is worked out with your family and attorney. From time to time, the Senior Center receives such gifts. Whether these amounts are small or large, they are extremely important.

If you would like more information, please contact Misty Bradley, Executive Director, at 740-852-3001. Your call or meeting is strictly confidential. This is one of the easiest ways to leave a legacy to the Senior Center.

Required Minimum Distribution from your IRA—If you have an

IRA and are required to take a mandatory distribution, did you know that you can make a transfer directly from your IRA to a charity of your choice and the contribution is not taxed? You can give up to \$100,000 from your IRA to a charity and it will be counted towards your RMD but isn't included in your adjusted gross income. If you want further information on how you can make a gift to the Senior Center from your IRA, please contact your financial advisor.

HEAP

Do you need help paying for your heating bill?

The Home Energy Assistance Program (HEAP) is a federally funded program that provides eligible Ohioans assistance with their home energy bills. This one-time benefit is applied directly to the customer's utility bill or bulk fuel bill. For more information call (800) 858-4452 .

March Birthdays!

Patron	Birthday	Patron	Birthday	Patron	Birthday
Edwards, Gene	03-01	Penwell, LeeAnn	03-08	Lowery, Marilyn	03-20
Al-Khouri, Maurea	03-01	Welch, Brian	03-08	Storck, Darrell	03-20
Cooper, Barbara	03-01	Duncan, Kevin	03-09	Eiselstein, Susan	03-20
Valentine, Julie	03-01	Calomeni, Dolores	03-10	Davis, Pete	03-20
Mancini, Geraldine	03-02	Wilson, Donna	03-10	Ward, Brenda	03-20
Lansberry, Yvonne	03-03	Emrick, Maryann	03-10	Duncan, Bill	03-21
Daniels, Cindy	03-03	Caplinger, Dennis	03-10	Binns, Robert	03-21
Charles, Terri	03-04	Porter, Paul	03-10	Justice, Ray	03-22
Muha, Terri	03-04	Lloyd, Tom	03-10	Finchum, Lonnie	03-22
Dotson, Patricia	03-04	Webb, John	03-10	Bobo, Dick	03-22
Hayes, Butch	03-04	McConnell, Robert	03-11	Hillard, Pam	03-22
Russell, Martin	03-04	Wiseman, Joann	03-12	Miller, Pat	03-24
Schneider, Sylvia	03-05	Carter, Janet	03-13	Landes, Bart	03-24
Ridenour, Linda	03-05	Clifton, Beverly	03-13	Butchko, Karen	03-24
Saltsman, Steve	03-05	Morris, Tom	03-14	Hopkins, Mary	03-25
Siemer, Norma	03-06	Shaw, Karen	03-14	Saltsman, Donna	03-25
Jackson, Bessie	03-06	Carter, Vi	03-15	Penix, Jim	03-26
Lansing, Kerry	03-06	Hysell, Betty	03-15	Jordan, Ethel	03-28
Dodson, Connie	03-06	Scaer, Joyce	03-16	Dolby, Ivy	03-28
Shaw, David	03-07	Wilson, Kenneth	03-17	Jones, Sharon	03-29
Yakubik, Butch	03-07	Murray, Pam	03-17	Porter, Janet	03-29
Gonsalves, Michael	03-07	Bricker, Wayne	03-17	Brackett, Sharon	03-30
Manion, Sharon	03-07	McKenzie, Juanita	03-18	Bricker, Patsy	03-31
Henry, Dorothy	03-08	Sebastian, Betty	03-19	Green, Shirley	03-31
Dillion, Shirley	03-08	Hawkins, Bill	03-19		
Snyder, Nancy	03-08	Brown, Cathy	03-19		



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Calling All Seniors!

**MADISON
COUNTY
SENIOR CENTER
SENIOR FAIR**

Date: Tuesday, May 14, 2024

Time: 9:00 a.m.—1:00 p.m.

It's time for our annual Senior Fair!

We will have lots of vendors here with all kinds of helpful information for us seniors.

There will be door prizes and a free lunch too! Lunch is for members only.

So mark your calendars, it will be here before we know it!

Welcome 21 New Members

Brian Sollars Edgar DeCamp Herb Eades David Krivicich
 Dick and Fonda Stewart Elmer and Charlene Olsen Lester Hall
 Janet Porter Peggy and Griffith Vincent Mike Burr & Sandra Scott
 Shelly Worthington Henry and Jackie Lindsey
 Pat and Danna Sullivan Gary and Debbie Angles

Nurse Delivered Foot Care at the Senior Center by Restorative Foot and Nail Care

Services include:

- Routine maintenance and advanced foot & nail care
- Personalized assessment of your feet and nail needs
- Toenail trimming and filing
- Reduction of corns and calluses
- Referrals to appropriate resources

Fee—\$35

To schedule an appointment call 937-499-4043 or 937-271-7687.



Medicare Questions?

OSHIIP representative, Andrew Haggard, will be here once a month at the Center to answer your Medicare questions. Call the Center at 740-852-3001 to schedule an appointment. There will be a maximum of 4 half hour appointments each time he comes.

Lions Club

The London Lions Club will pay for eye exams and eye glasses for anyone who lives in Madison County and is financially not able to. If you have any old glasses, you may bring them to the Center and put them in the box provided in the lobby. For more information contact Gary Likens, 505-934-9700.

Friends of Madison County Parks & Trails

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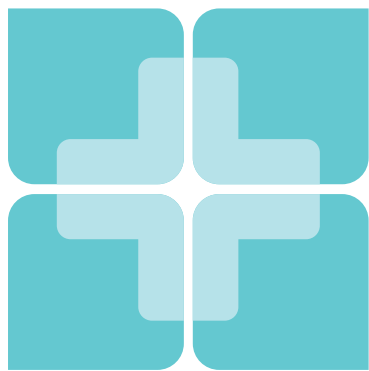
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We're on the Web!

mcsenior.org or on Facebook at
Madison County Senior Citizens Center



March 2024

Misty Bradley, Executive Director
Ramalingam Selvarajah, M.D., Medical Director
Janisse Isaacs, Activity Coordinator/Marketing
Marilyn Lowery, Front Office/ Substitute Driver
Ruth Kennedy, Staff Nurse/Wellness Coordinator
Beth Dillion, Adult Day Center Coordinator
Patsy Bricker, Adult Day Center Aide
Regina Conley, Adult Day Center Aide
Sandy Darlington, Adult Day Center Aide/Substitute
Brenda Lewis, Cook
Brenda Castle, Transportation Coordinator
Wayne Bricker, Driver
Don Hawkins, Substitute Driver
Martha Parsons, Substitute Driver
Mark Bires, Substitute Driver
Steven McClaskie, Substitute Driver
Mike Koesters, Substitute Driver
Luther Dolby, Maintenance

The Madison County Senior Citizens Center is funded in part by Title III funds from the Older American's Act of 1965. These funds are administered by the Ohio Department of Aging and contracted to the local agencies by the Central Ohio Area Agency on Aging. Local funds are necessary to match these Federal dollars. They are made possible by Madison County Commissioners, a county wide levy, donations, contributions and fund raisers. The Center is non-discriminatory in services and employment. The building is handicapped accessible.

COAAA Advisory Council Meetings Open to Public

The Central Ohio Area Agency on Aging (COAAA) Advisory Council will meet the first Thursday of each month.

Advisory Council meetings are scheduled from 10:30 a.m. to 12:00 p.m. All meetings except for December are held at the COAAA office, 3776 South High Street, Columbus, Ohio.

The council is comprised of volunteers from eight Central Ohio counties who represent the views of older adults in their specific communities and advise the Area Agency in its operations.

Mission Statement

The purpose of the Madison County Senior Citizens Center is to encourage, foster, and develop opportunities for the senior citizens of Madison County through education, recreation, respite, nutrition, daycare services, and assistance in independent living.