

# Teen/Adult KARATE

## APRIL 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 <b>Krav Maga</b> 6:45-7:45 pm	3 <b>Weapons</b> 6:45-7:45 pm <b>Tai Chi</b> 7:45-8:45pm	4 <b>Krav Maga</b> 6:45-7:45 pm	5 <b>Ippon Kumite</b> 6:45 -7:45 pm <b>Tai Chi</b> 7:45-8:45pm	6 <b>Parents Night Out</b>	7 <b>Family Tournament</b> <b>Tai Chi</b> <b>Sat &amp; Sun</b> 3:00-4:00
9 <b>Krav Maga</b> 6:45-7:45 pm	10 <b>Combinations</b> 6:45-7:45 pm <b>Tai Chi</b> 7:45-8:45pm	11 <b>Krav Maga</b> 6:45-7:45 pm	12 <b>Kata</b> 6:45-7:45 pm <b>Tai Chi</b> 7:45-8:45pm	13	14 <b>Tai Chi</b> <b>Sat &amp; Sun</b> 3:00-4:00
16 <b>Krav Maga</b> 6:45-7:45 pm	17 <b>Sparring</b> 6:45-7:45 pm <b>Tai Chi</b> 7:45-8:45pm	18 <b>Krav Maga</b> 6:45-7:45 pm	19 <b>Ippon Kumite</b> 6:45 -7:45 pm <b>Tai Chi</b> 7:45-8:45pm	20	21 <b>Tai Chi</b> <b>Sat &amp; Sun</b> 3:00-4:00
23 <b>Krav Maga</b> 6:45-7:45 pm	24 <b>Weapons</b> 6:45-7:45 pm <b>Tai Chi</b> 7:45-8:45pm	25 <b>Krav Maga</b> 6:45-7:45 pm	26 <b>Board breaking</b> 6:45-7:45 pm <b>Tai Chi</b> 7:45-8:45pm	27	28 <b>Tai Chi</b> <b>Sat &amp; Sun</b> 3:00-4:00
30 <b>Krav Maga</b> 6:45-7:45 pm	1 <b>Kickboxing</b> 6:45-7:45 pm <b>Tai Chi</b> 7:45-8:45pm	2 <b>Krav Maga</b> 6:45-7:45 pm	3 <b>Sparring</b> 6:45-7:45 pm <b>Tai Chi</b> 7:45-8:45pm	4	5 <b>Parent Student Karate</b> <b>Tai Chi</b> <b>Sat &amp; Sun</b> 3:00-4:00