

Montana Department of Public Health and Human Services	Policy
	MT CACFP 2016-5
	Section: All Institutions
Child and Adult Care Food Program	Subject: Breastfeeding Promotion and Support
	Date: 7/25/2016

Breastfeeding Promotion and Support

The State agency strongly supports the breastfeeding of infants.

For CACFP-participating institutions licensed or approved to care for infants, the State agency will provide, if asked: technical assistance to plan, provide and maintain best practices to accommodate breastfeeding of enrolled infants.

For all CACFP-participating institutions licensed or approved to care for infants, the institution must have a policy that promotes and supports breastfeeding. The policy must include content that:

- 1- Announces to parents the institution's support of breastfeeding of infants.
- 2- Designates a private place for a breastfeeding mother to nurse her infant or to express her milk.
- 3- Describes access to water, a sink and refrigeration for the storage of breastmilk.
- 4- Describes the safe handling of breastmilk at the institution.
- 5- Shows sensitivity to breastfeeding mothers and their infants.
- 6- Provides breastfeeding employees flexible work time to accommodate breastfeeding.

References:

Mealtime Memo for Child Care, Creating Safe and Supportive Environments for Breastfeeding Mothers, NFSMI, The University of Mississippi. May 2013.

Position of the Academy of Nutrition and Dietetics: Promoting and Supporting Breastfeeding, JAND, March 2015, p. 444-449.

USDA Food and Nutrition Service Memo CACFP 14-2016, June 24, 2016, Updated CACFP Meal Pattern Requirements.

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