



## Atlantic Kitchen & Bath Winter Newsletter

**ATLANTIC**  
**Kitchen & Bath**

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### ***Winter is Here!***

*Winter is the season when the whole world seems to go to sleep. The weather is cold, the ground is hard, the trees and plants are dormant, there is a chill in the air and frost on your windows. Since there is little else to do, it is a time that is conducive to rolling up your sleeves and starting that project you have been putting off all year. It is the perfect time to consider a kitchen or bath remodel, renovation or addition. You know how much you would love to have a new back porch or outdoor kitchen or a newly remodeled home to enjoy when the summer comes and so do your guests.*

**Atlantic Kitchen & Bath specializes in custom kitchen and bath designs as well as renovations, sunrooms, closet systems, outdoor kitchens, additions and restorations. Why wait? Call today at 302.947.9001 to schedule an appointment or look us up on the web at [www.AtlanticKB.com](http://www.AtlanticKB.com)**

### **We can design and build anything for you!**

Have you ever gone out to tour model homes or poured through magazines for hours just to get ideas for your home? You know that inspired feeling you get when you see a beautiful, functional and well organized kitchen that has warmth and charm? If you are considering a kitchen remodel, visit us and let us show you how we can transform your kitchen into a stunning renovation that will add pleasure to your daily home life for years to come.

Sometimes considering a remodeling process can be overwhelming but AKB has the team to guide you through the process. From designing the layout to selecting kitchen appliances, cabinets, cabinet handles, accents, flooring, lighting, paint colors and more. We will help you select your kitchen components and materials, while keeping your budget firmly in mind. And our AKB team will be respectful of your home during the renovation, cleaning up each day and helping you to manage throughout the kitchen remodeling process.

**It's easier than you think!**





## What's new at AKB?

1. We now have more countertop options to choose from. Cambria quartz is adding new selections to their marvelous lines of designer quartz products for kitchens and baths. We have new samples at our showroom.
2. We are adding more lines of cabinetry to give our customers more options and features for vanities and kitchen cabinetry. We have more leading brands that offer the elegance of custom cabinetry with more cabinet upgrade options.
3. We offer Cardinal shower doors/enclosures – the possibilities are endless and frameless shower walls and doors are trending in today's market.
4. DalTile – we now have more lines of tile products to choose from – but if you don't see what you want in our showroom, we will find it for you.
5. The virtual experience. We have upgraded to a 20/20 program that now offers 3D viewing for kitchen remodels. It makes it easier for our customers to "experience" what their new remodeling project will look like. We offer 360 views complete with the customer's selections and design work so they can step virtually into their project.
6. It's all about communicating. With the use of a program called *BuilderTrend*, we now have the ability to stay in touch and manage job details for all of our customers. With this program, our customers can sign in to this site, go into their job and see a chart of services the day they are scheduled. It also has before photos, ongoing construction photos and final photos of their job. *Builder Trend* allows our customers to view their job documentation and it gives our customers the ability to add and share their own photos. They can also add change orders and warranty items and see when their payments are posted and what their remaining balance is. It is linked to other social media sites so our customers can share photos and conversation while in the program. It's a remarkable tool we use to better serve our clients.

For more information, visit our website at [www.AtlanticKB.com](http://www.AtlanticKB.com) or give us call at 302.947.9001

## On time and within budget!

### Some Remodeling \$Averages According to HOUZZ.

**Major kitchen renovations cost an average of \$50,700 for spaces around 200 square feet, while major renovations in smaller kitchens cost about a third less. A major kitchen renovation includes at least replacing cabinets and countertops and flooring. Major master bathroom renovations cost an average of \$25,600 in rooms at least 100 square feet and about on third less than that for smaller bathrooms. A major bath renovation includes at least replacing the vanity, countertops and tiling the shower.**

***Hopefully this information will help those considering a remodel to set the proper budget expectation when getting estimates for remodels. Unfortunately too many shows on HGTV set unrealistic examples of remodeling a whole kitchen or bathroom for \$5k-\$10k. It isn't like that in the real world and as the saying goes, "you get what you pay for". The best advise from HOUZZ is that you hire a professional who can design and build your dream remodel project.***

***At AKB we have a Design Manager who will look at the space you have to work with and give you the best advice on how to maximize the room while creating the designer look you want. We have a full selection center available where we can help you make customized selections to suit your individual taste. We also have a Certified Master Builder and General Contractor and we have a Project Field Manager who will oversee your job from start to finish to ensure your remodel is done professionally as well as on time and within budget.***

***Stop by and visit our showroom at 20684 John J Williams Highway, Suite 1 in Lewes and watch for our new Grand Opening at 18355 Coastal Highway. We are planning the big move sometime in the first quarter of 2017.***

#### Milton custom cabinetry & backsplash / Project Date: July 2016

We LOVED LOVED LOVED our experience with Atlantic Kitchen and Bath LLC. The project was the installation of floor to ceiling cabinets with a built-in gas fireplace. Mark and Mike on the design side hit a home run. Greg, the artist, did the install and truly turned a new house into our home. Sunny is the best. On time and on budget, that's how they roll.

# What's New



## How to Reduce Your Heating Bills

Winter is coming, but it doesn't have to bring outsized heating bills with it. Take a tour of your home and check out these problem areas; fixing them up could dramatically reduce how much you need to spend to keep the place warm and toasty.

1. **Replace weather stripping.** Worn and torn weather stripping around doors and windows creates drafts and lets in cold air. Seven to 12 percent of a home's heat loss occurs around windows and doors, and these leaks often prompt homeowners to turn up their furnace to keep comfy. Even if they don't turn it up, they're losing warm air, causing the furnace to work harder. "Weather stripping around doors, and caulking around doors and windows, can cut down on drafts. Some weather stripping needs to be replaced every few years because of wear. Replacing it is typically as simple as pulling off the old and tacking on the new.
2. **Check your electrical boxes in your exterior walls.** These are notoriously drafty because insulation isn't always placed behind and around them correctly. To stop the leaks, remove the cover plates and fill small gaps around the boxes with acrylic latex caulk. For large gaps, use foam sealant. Then place a foam gasket over the outlet or switch and replace the cover plate. Pipes, gas lines, and electrical cables that enter your house often have gaps around them that have been haphazardly filled with some kind of caulk.
3. **Use a space heater.** Put a space heater in the place where your family gathers, like the living room, and turn down the furnace temperature. The rest of the house will be cooler but you'll be warm, and you can save 3 percent on your heating costs for every degree below 70 F that you turn down the furnace, according to utility company Pepco. You'll see those savings all winter long.
4. **Seal your windows in plastic.** Windows account for 25 percent of heat loss in homes. Covering the windows and sliding patio doors with clear plastic film can reduce that loss and you can actually save about 14 percent on your heating bill. The film is simple to put on and won't harm your trim, and if you put it on correctly you'll barely notice it. In the spring, the film comes off easily.
5. **Insulate your attic opening.** Even in well-insulated attics, the access door may not be properly insulated, letting warm air escape through the attic hatch. And if the door is warped or something obstructs the opening, then the door won't lie flat, allowing air to leak into the attic. You don't want any air going up the access and make sure the door is insulated and it forms a good seal.
6. **Check your ductwork.** In your crawl space or places that are accessible in your basement or attic. Look areas where the ducts may have pulled apart at seams and corners. According to Energy Star, the typical house with forced-air heating loses about 20 to 30 percent of the air that moves through the system to leaks, holes, and poorly connected ducts. Place a mastic sealant or metal tape over any leaks to seal them.
7. **Tune up your fireplace.** There's some up-front cost here, as you'll need to pay a pro \$100 or more to make the service call. But you'll make it up in the long term with more efficient heating that lowers your bills while preserving the life of your furnace. You'll probably also notice a larger flame that throws out more heat from your gas fireplace. The tune-up includes a furnace or fireplace inspection, preventative maintenance, and identifying parts that may need to be repaired or replaced. The professional can also find any gas or carbon monoxide leaks to keep your family safe.
8. **Install a programmable thermostat.** The savings from these thermostats are well-documented. By automatically turning down the temperature by 10 to 15 degrees for eight hours a day, either when you're not home or when you're sleeping, these thermostats can cut your heating bill by 10 percent or more. Programmable thermostats are now cheaper than ever, with models starting under \$25.
9. **Let the sun shine in.** Despite the freezing temps outside, the sun's rays still bring some heat into your home. They're free, so take advantage of them—the added heat will reduce how much your furnace needs to run. Keep your curtains open during the day, especially on the south side of the house where you get more direct sunlight. Trim any tree branches or shrubs that block the sunlight around your windows to maximize the gains. Close the curtains at night so they act as barriers to reduce drafts.
10. **Make sure your registers have a clear path.** The warm air blowing out of your registers needs to be able to flow into the room to provide even heating. So, if you place your favorite recliner or a sofa over the register, you're limiting the flow of heat. It's like leaving the vent partially or completely closed. To cut heating costs, arrange your room so that the register is as unobstructed as possible.
11. **Lock your doors and windows.** Notice how when you lock your windows, you can often feel them pushing together more tightly? It make a difference for your heating bill. Even when doors and windows are closed, they might not be pressed tight against the weather stripping if they're not locked, which allows cold outside air to infiltrate the home. Lock your windows early, especially if you live up north. If they freeze in their current positions, then they won't move and you won't be able to lock them without a lot of work. (US Department of Energy)

**Have a project in mind? Give AKB a call and get started. What are you waiting for?**

### Lewes Remodel

We remodeled our master bath (new shower w/door, toilet, countertops, fixtures, floor) and are more than happy with the final results. From the moment we met Sunny for our initial consultation and then Mark to discuss the design, we were immediately struck with their integrity and professionalism. He was very involved with every facet of the project, visited at least once a day, and was always available to resolve any issues. The subcontractors were skilled, detail oriented, respectful and hard working. Our complete satisfaction was the top priority and we were not disappointed. We love the transformation plus our neighbors and family are very impressed. The high level of service that AKB provides is rare in the Lewes/Rehoboth areas and Atlantic Kitchen & Bath deserves our top recommendation.

# AKB Energy Tips







# Winter Recipe Corner

Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire; it is the time for home—Edith Sitwell

## Cranberry Brie Appetizer

### Ingredients:

- 1 small wheel of brie (about 6-8")
- 1 bag dried cranberries
- 1/4 cup chopped walnuts
- 1 sheet of puff pastry
- 1 egg beaten with 1 tbsp. of water

### Directions:

1. Thoroughly chill brie wheel before cutting. Score the side of a wheel of brie all the way around with a sharp paring knife. Then use a long thin knife to completely separate the 2 halves of the wheel. Press the dried cranberries on one cut side of the brie, and the walnuts on the other. Put the 2 sides back together with the cranberries on top of the walnuts.

2. Roll thawed sheet of puff pastry on a floured surface to about 1/8-inch thickness. Place brie in center of pastry. Gently pull up edges to ensure you have enough dough to entirely wrap the brie. Fold over the edges of the dough on the bottom side of the brie and trim off the corners. Place bottom side down on parchment paper then transfer to a baking sheet. Brush the top and sides of the dough with egg wash

3. Preheat oven to 425 degrees. Bake on the center rack in preheated oven until it is browned and leaking cheese, about 20 minutes. Serve warm with assorted crackers and honey Dijon mustard.



## Gingerbread Cookies

### Ingredients:

- 2 tsp. ground ginger
- 1 tsp. ground cinnamon
- 1 tsp. baking soda
- 1/4 tsp. ground nutmeg
- 1/4 tsp. salt
- 1 1/2 sticks softened butter
- 3/4 cup light brown sugar
- 1/2 cup molasses
- 1 egg
- 1 tsp. vanilla extract

### Directions

1. Preheat oven to 350 degrees
2. Beat butter and brown sugar until fluffy then add the egg, molasses, vanilla and beat well.
3. Mix other dry ingredients in a large bowl and gradually add this to the butter mixture and mix well
4. Make dough into a ball, wrap with plastic wrap and refrigerate for at least 4 hours
5. Roll out dough on floured work surface and use cookie cutter to cut dough into shapes
6. Place on parchment covered baking sheet and bake 8-10 minutes
7. Allow cookies to cool and decorate with your favorite frosting



## Thick & Creamy Eggnog

### Ingredients:

- 4 cups whole milk
- 4 cups heavy cream
- 8 large eggs
- 1 cup maple syrup
- 2 tbsp. vanilla extract
- 1 cup bourbon or rum (optional)

### Directions:

1. Heat milk/cream over medium heat.
2. Beat egg yolks in a separate bowl. Slowly add 2 cups of heated milk/cream mixture to the yolks, whisking constantly.
3. Add this back into the remaining milk/cream mixture on medium heat. Continue to whisk until all the mix is added and begins to thicken.
4. Remove from heat and add maple syrup, vanilla, nutmeg and bourbon/rum. Chill & serve with a dash of nutmeg on the top.



*We hope that you have a chance to try these out.  
Perfect for getting together with family and friends!*

# Yummo



Winter is finally here and we are finishing up an amazing year. We have done major kitchen remodels and renovations, kitchen updates, media and entertainment centers, bathroom total remodels and updates and several additions. We have made some really great relationships with our customers and we are continuing to grow. We are looking forward to a great 2017.

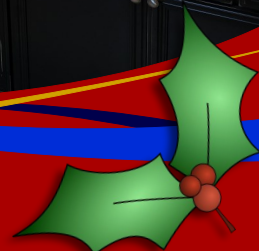
Keep us in mind if you have a friend or family member who needs remodeling work done. We have a great referral program and you could receive a \$250 gift card if you refer someone to us who signs a remodel contract. If you need more information for a copy of the referral form, contact Sunny at 302.947.9001 or email her at [Sunny@Atlanticde.com](mailto:Sunny@Atlanticde.com)

**Call for a free estimate appointment or visit our Sales Office**

*Some of our recent remodels.....*



*20684 John J Williams Hwy, Suite 1 / Lewes*







This amazing new remodel opened this kitchen, doubled the cabinet and countertop space, included built-in spice racks and corner turnstiles and pantry roll-outs. We used Omega cabinets and Cambria countertops to complete this wonderful new kitchen!

East Rehoboth Beach



*Beautiful*



**Nothing speaks volumes, like great reviews. We thank all of our customers for passing these on to us!**

#### **Kitchen Remodel / Rehoboth**

We have contracted with Atlantic Kitchen & Bath (AKB) to design and build an extensive kitchen renovation for our home. So far, it has involved multiple design and planning consultations with the AKB team. This first phase has accomplished demolition and installation work flow, architectural plans (removing of walls and closets), product selection of custom-built cabinetry, counter-tops, appliances, and hardware. The project timeline with the AKB team has been very pleasant. The appointments for our business were set-up quickly and were on time. Which, as one reviewer said, is not an ordinary occurrence for Sussex County. I also like that AKB uses BuilderTrend.com. I will be able track the progress of our project. The cabinet order was already posted on the site and our signed documents loaded. Sunny (Executive Coordinator) just called today with a partial ship date for the cabinets. Sunny, Mike (Design and Selections Mgr.) and Mark (President, Master Builder, General Contractor) worked closely with us to design and pick the product choices for our kitchen. They all had differing taste and ideas. This part of the project they did well as a team. They made it seamless and fun. We will do a final review when the project is complete. So far, I would definitely recommend the AKB team!



*Check us out on Facebook or visit us at [www.AtlanticKB.com](http://www.AtlanticKB.com)*



## Which Kitchen Style is for You?

Style is easier to recognize with your eyes than with words: You know it when you see it, and the photo that inspires you most can often surprise you. Think you know your kitchen style? Check out these guides to some of the most popular kitchen design themes, then tell us which one you like the best.



**Farmhouse kitchens.** Warm and homey farmhouses anchored a life on the land, and they still offer great functionality and comfort. Their open shelving, wide sinks, classic flooring and big kitchen table make them easy to work in and easy to love.



**Traditional kitchens.** Traditional kitchens are defined by their details, which can include arches, decorative moldings and corbels, raised-panel cabinets, a mix of antique finishes and furniture-like turned legs — even a chandelier. Whether they have a classic American or old-world flavor, they still carry the stamp of their owners' personal style.

**Contemporary kitchens.** Contemporary kitchens can be very sleek, but while a purely modern kitchen often celebrates structure and grid, a contemporary kitchen is often more playful in form and finishes, including elements of other styles and creating its own reflection of the times.



**Classic kitchens.** What is classic? The answer is as varied as cooks are. Still, white or cream kitchen cabinets, simple architectural details and black accents offer a blank slate that homeowners can personalize with contemporary, traditional and eclectic touches as they see fit.



**Transitional kitchens.** Think of a transitional kitchen as the great moderator. With the warmth and welcome of traditional design and the clean, simple, contemporary style. Transitional spaces project balance and harmony. Because they offer a great deal of flexibility, they're a great choice for homeowners whose taste spans the two.

So give us a call and tell us which one of these designs you like best, then let us make this happen for you!

**302.947.9001**



**Craftsman kitchens.** Craftsman style arose in the early 20th century as a reaction to the mass-produced fussiness of the Victorian era. Its rich woods, built-ins, handcrafted tiles and well-made simplicity continue to charm us.

# Fabulous Kitchens



## ***At AKB All of our Customers are VIP's***

*We believe that everyone deserves excellent service. We are striving to build a "world-class" service culture and we make every effort to develop service standards that emphasize exceptional service for every customer, all the time. We make it a point to really listen to our customers. We have made a commitment to treat all of our customers like VIP's and here are just a few of the ways we do this:*

- \* We are accessible. We provide multiple ways for our customers to stay in touch with us (email, office phones, cell phones and we use BuilderTrend-the leading industry software)*
- \* We respond in a timely manner. We make it a policy to try to return all phone calls or emails within 24 hours.*
- \* We listen to your customers. We take the time to listen to what our customers have to say before we respond or defend our product or service.*
- \* We treat our customers with respect. We always listen and respond honestly and we always try and focus on how we can solve the problem or fix the situation so that our customers are satisfied.*
- \* We honor our commitments. We will answer emails and calls and we will take care of warranty issues so that nothing will spoil our relationship with our customers.*
- \* We do what we say we will do. We want our customers to trust and believe in us so we follow through and keep to our commitments regarding the work we have promised.*
- \* We focus on making customer relationships, not sales. The long-term success of our business rests on our ability to make long-term customer relationships. We won't sacrifice a relationship to make a short term sale.*
- \* We are honest. We won't exaggerate the results of our products or services. We don't promise things we cannot deliver just to make a sale*

***We don't want just happy customers, we want "raving fans" who will refer us to their friends and family. Give us the opportunity to make you a fan and call us for your next remodel, renovation or addition at  
302.947.9001***

***We just love reviews.....thank you!***

Rehoboth Beach Remodel  
Project Date: April 2016  
Project Price: \$50,000 - \$100,000

We contracted with Atlantic Kitchen & Bath (AKB) to design and build an extensive kitchen renovation for our home. It involved multiple design and planning consultations with the AKB team. They were a diverse group with differing tastes and suggestion for us, which we greatly appreciated. They accomplished the work flow i.e. architectural plans, product and paint selection, demolition, installation all within the contract. Their joint expertise and commitment to our project was outstanding. At the end of each day the kitchen, dining and living room areas, which were all open and connected, were cleaned and the subcontractor's material was taken either offsite or put in our garage.

The project manager was on-site every day and the owner was there to look at and talk to the project manager about the work to be done and the work that was accomplished. The executive office assistant that coordinated the project and the kitchen designer also responded promptly when we had questions or concerns. AKB uses the BuilderTrend app which was extremely helpful with communicating to everyone at once or for us to watch the progress of the project.

I have talked with friends, neighbors and family members about their experience with new home construction and also renovation projects. Very few of their stories compare with how smoothly our project was managed and completed by AKB. It is a beautiful and highly functional kitchen.

We love it!

*Denise & Dave*

***20684 John J Williams Hwy, Suite 1 / Lewes  
302.947.9001 [www.AtlanticKB.com](http://www.AtlanticKB.com)***

