

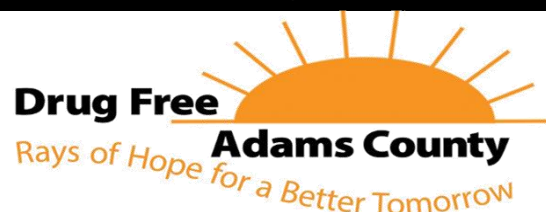
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Recovery Month

September is Recovery Month, and all across the country people in recovery are celebrating their successes, connecting community members with one another, and helping those who are still struggling to know they are not alone. These events also combat the stigma people in recovery often face while educating the public that recovery is possible. Too many people are still unaware that mental health and substance use disorders can be treated, just like other health problems.



SEPTEMBER



**NATIONAL
RECOVERY MONTH 2021**

RECOVERY IS FOR EVERYONE:

**Every Person
Every Family
Every Community**

WWW.NATIONALRECOVERYMONTH.ORG

Individuals who embrace recovery achieve improved mental and physical health and form stronger relationships with their family and friends. Offering support to these individuals can make a huge difference. Free, confidential help is available 24/7 through SAMHSA's National Helpline, 1-800-662-HELP (4357).

Let's help others realize that they, too, can achieve a life they may never have thought possible.