

MILITARY Women's BULLETIN



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VOLUME MMXXII, #5

OCTOBER 2022

Women ARE Veterans & may be eligible for many VA benefits

By Patty Parks, US Navy (Retired)

I love to travel, and visiting my sister military women is one of the most rewarding parts of being constantly on the go. However, it breaks my heart when any of my sisters say, "Oh, I'm not a veteran, because I didn't serve on a ship, or overseas, or during a war, or women aren't veterans..."



These things are simply not true, but many believe them, because that's what they were told by someone, at some time, in the past.

According to the US Department of Veterans Affairs (VA), the law defines **a veteran as a person discharged from full-time, active military service**

(Army, Navy, Air Force, Marine Corps or Coast Guard) under other than dishonorable conditions. There are no caveats for where you served, when you served or what your physical sex is. Just because someone, at some time, said you were "not a veteran", doesn't make it a fact.

So, now that we've established the FACT that you ARE a veteran, what next? It is time for you to contact the VA and find out details about the benefits for which you may be eligible: Financial? Health-care? Education? Training? Economic? Employment? The list goes on and on.

And, if someone, at some time, said you were not eligible for a particular benefit, ask again. VA benefits, and eligibility requirements, have changed through the years. Also remember, each veteran's situation is different. Just because your friend was denied a particular benefit does not mean you'll be denied. Take time to apply, and see what happens.

Did you go to the VA previously, and felt like an outsider or that you didn't belong? Many of our sisters felt that way, and enough of them complained that the VA has made great strides toward correcting that situation.

In 1994, the VA established the Center for Women Veterans (<https://www.va.gov/womenvet/>), with the mission of monitoring and coordinating the VA's administration of health care, benefits, services, and programs for women veterans. They also serve as an advocate for cultural transformation, and to raise awareness of the responsibility to treat women veterans with dignity and respect.

While the system isn't perfect, the VA has made great strides toward providing the support and services women veterans have earned in an environment free from harassment.

Once you get to the VA, you may be amazed at the volume of benefits, services and programs which are available. Below is a list of many offerings. If you are viewing the bulletin online, you may click on any item below for more details:

- [Service-Connected Disability Compensation](#)
- [Home loans](#)
- [Readiness and employment services](#)
- [Programs Women Veteran-owned small businesses](#)
- [Burial \(including pre-need eligibility\)](#)
- [Life insurance](#)
- [Transition and economic development](#)
- [Education and training](#)
- [Pension for Veterans and survivors](#)
- [Specialized health-care for Women Veterans](#)
- [Military Sexual Harassment, Assault or Rape](#)
- [Infertility and IVF](#)
- [Maternity care](#)
- [Birth Control](#)
- [Abortion Services](#)
- [Menopause](#)
- [Pap Test/Gynecologic Cancer](#)
- [Polycystic Ovary Syndrome \(PCOS\)](#)

If you're still not sure, call the Women Veterans Call Center at 1-855-VA-Women (1-855-829-6636) to get more info before you ever set foot in a VA office. The call is free, and regardless of what you were told by someone, at some time, in the past, you ARE a veteran and the benefit to you could be life-changing.

→→ **Don't Forget!** ←←

Unit Officer Election Transmittals

DUE within 30 days of election

December Bulletin Input DUE 1 Nov

MWAN Annual Dues DUE 1 Jan

Please contact your Regional Representative listed on Page 10 of this bulletin, if you have questions.

Presidential Ponderings

by Patty Parks, National President

While this is my final opportunity to annoy y'all as president, I still plan to hang around and provide 'past-president pestering' on a regular basis!

It will come as no surprise to most of you, that my favorite part of the past six years has been every moment I was able to spend with each of you. Whether reading your stories in the bulletin, talking to you on the phone, visiting via zoom, or laughing and hugging face-to-face, I have been generously welcomed into each of your lives, thus expanding our treasured military sisterhood.

Never forget how very important your military service is and has been, not only to the freedom our country enjoys, but to every future young woman. For you have shown them there are no glass ceilings, only dreams to be pursued, and challenges to be overcome.

Thank you for your support, encouragement and love during my terms. May our paths continue to cross many times more.

Volunteer Viewpoints

by Denise Duke, National Representative for VA Center for Development and Civic Engagement (VACDCE)

By now the 2022 MWAN Convention will be in the history books. My sister Vicki Orem and I have always loved going to convention. Whether it's seeing old friends, making new friends, or just telling stories with other women that served.

My favorite thing is listening to those stories from days gone by. I think that's why I enjoy volunteering with the VA and our veterans so much. My mom, WWII Navy veteran Dorothy Sudomir Budacki, was a huge veteran advocate. Her passion really came in helping those women who were wives of men who were called to go to war. Those women had no idea what benefits were available to them, and mom made it her mission to tell them, every one of them!

My mission has been to get our veterans to their local Veteran Service Officers to have their military records reviewed. Many times, our military sisters and brothers have no idea that they qualify for disability benefits due to something that happened while they were on active duty. It

Officers' Call

may be something not thought about previously, because it never bothered them. But now, years later they need help.

What do our CDCE/AVS Committee representatives do for our organization? They keep abreast of what's going on at their local VA, and bring the information back to share with unit members. If the committee representatives are MAL, they can help at their local VA and share updates with other community veterans.

These committees only meet once per quarter at the local VA clinic. Please consider joining the team!

Volunteer Happenings

by Karen Albert Warren, Volunteer Hours Chair

With many volunteer opportunities opening back up, our MWAN members have hit the ground running.

Even with Covid19 continuing to rear its ugly head, between June 2021 and May 2022 members reported a total of 16,430 volunteer hours: 288 in VA Service; 9,320 in direct veteran community service, and 6,822 in community Service. While actively seeking ways to serve our active and veteran military, MWAN members are making a huge difference in their own communities.

Below are some of the organizations and activities which have received support from our military sisters: Neighborhood Watch; Meals on Wheels; Father's Storehouse (a food & clothing mission); Baptist on Missions (disaster relief); quilting and other needlework; writing cards of encouragement to veterans; serving on medical teams; volunteering at health clinics; mentoring youth; visiting nursing homes; participating in parades, ceremonies, and taking on speaking opportunities, as well as attending meetings and supporting MWAN along with other veteran organization meetings and events. Every moment you volunteer can make a significant difference in the lives of many people. Thank you for your service.

Military Women's Bulletins are sent **BULK MAIL** and will NOT be forwarded by the Post Office. Please include MWAN on ALL Address Changes in order to keep receiving your bulletin. Please send the address change 60 days before moving.

Consider Receiving Your Bulletin via Email. Contact Secretary@MilWomen.org for details.

PLEASE PRINT!

ADDRESS CHANGE FORM

PLEASE PRINT!

NAME: _____ MWAN ID # _____
NEW Address: _____ City: _____ ST: _____ Zip: _____
Email: _____ Phone: _____ Effective Date: _____

Mail to: MWAN Secretary Ginger Daniels, P.O. Box 314, Shattuck OK 73858-0314

OR send via E-mail to: secretary@milwomen.org

Miscellaneous Information ❖ 1. Military Women's Bulletin is the official newsletter for Military Women Across the Nation, Inc., a nonprofit, veteran-service organization originally chartered in California in 1979 by co-founders Jeanne Palermo, Loda Mae Dobbins and Esther Govorchin. ❖ 2. This newsletter is published six times per year in February, April, June, August, October and December by Harbor Printing Inc., 3 Graf Road, Newburyport MA 01950. ❖ 3. Items for publication may be submitted via electronic mail to editor@milwomen.org and must be received by the 1st of the month PRIOR to publication. ❖ 4. Submit all changes of address as soon as possible. ❖ 5. Returned newsletters will NOT be re-mailed.



MEMBERSHIP APPLICATION

Military Women Across the Nation (MWAN)

Name: _____ Phone: (____) _____
First Middle Maiden Last

Mailing Address: _____
Street City State Zip

E-Mail Address: _____ Unit No. or MAL _____

Birthday: Day _____ Month _____ Year _____ Branch of Service: _____

Dates of Service: From: _____ To: _____

Highest Rank/Rate: _____ Basic Training: _____

Training schools: _____

Primary/Last duty station: _____

College/special talents: _____ Referred by: _____

MEMBERSHIP shall be extended to military service women who served or are serving honorably in the U.S. Armed Forces, both regular and reserve components to include the National Guard and Maritime Services. Membership includes an E-MAIL subscription to *Military Women's Bulletin* published six times per year. **IF YOU PREFER a black & white printed bulletin mailed via USPS Bulk Mail, initial here:** _____

"I certify that I meet the eligibility requirements of MWAN and I can produce a copy of my military identification, DD214 or other honorable discharge document upon request."

Applicant Signature: _____ Date: _____

First Time, NEW Member Dues are \$35 for the period of 1 Jan through 31 Dec

Initial Annual Dues for **First Time, NEW Members** joining after 1 Aug shall cover the remainder of the current year AND the full, following calendar year.

First Time, New Members will receive an MWAN Membership Card and MWAN T-Shirt:

Please select preferred Unisex T-Shirt size: **S** **M** **L** **XL** **2X** **3X**

Annual Renewal & Reinstatement Dues are \$25 for the period of 1 Jan through 31 Dec

LIFE MEMBERSHIP IS AVAILABLE TO MEMBERS 90 YEARS OF AGE AND OLDER for \$30.00

New members joining through a local unit, make check payable to the local unit. The local unit treasurer will submit the payment and application to the MWAN Vice President for Finance.

New members-at-large make check payable to "MWAN" and mail with this completed and SIGNED application to:
Sherry Hill, MWAN Vice President for Finance
8331 W Rockwood Drive, Peoria AZ 85382-4676

PLEASE MAKE A COPY OF THIS APPLICATION FOR YOURSELF AND YOUR UNIT.

A tax-deductible donation to MWAN in the amount of \$ _____ is included in the attached check.

(For office use only) _____ MWAN National ID # _____

Sound Off!

REDWOOD EMPIRE MILITARY WOMEN

Unit #77 (CA) – We held our officer election on June 11th, and installed the new slate on July 9th. A pot luck luncheon was enjoyed by all following the meeting.



Installation of new Unit 77 officers (left-right): Kate O'Hare Palmer installed President Trisha Almond, Vice President Rose Nowak, Secretary Bethany La Rosa & Treasurer Maura Mooney.

Kathleen "Kitty" Willcutt, our only remaining WWII unit member, passed away on July 2nd. A graveside service was held August 2nd, with members rendering a final unit farewell. Kitty would have been 100 on August 28th.

Although we took the month of August off, we observed Women's Equality Day on August 18th, the 102nd anniversary of the 19th Amendment ratification giving women the right to vote. USCG Chief Alex Olbert of USCG Training Center Petaluma invited us to speak in recognition of this important event.



Women's Equality Day (left-right): Chief Alex Olbert, Staff Sergeant Marlo Rice, Chief Lisa Densmore, Captain Matt Chong, Kate O'Hare Palmer, Petty Officer 1st Class Bethany La Rosa & Rose Nowak.

Unit member and active-duty Coast Guard servicewoman Bethany La Rosa, introduced unit members Rose Nowak and Kate O'Hare Palmer. Rose gave a history of the "Military Women Pioneers" and shared her time serving in the Air Force during the Cold War Era. Kate shared her story as an Army Surgical Nurse in Vietnam along with a Powerpoint presentation of her in-country service. Base commander USCG Captain Matt Chong presented Kate and Rose with command challenge coins acknowledging their presentations. We also had informational flyers in hopes of recruiting new members. We're planning to resume our annual Military Women's History Month luncheons next March at the training center.

TRIANGLE WOMEN VETERANS

Unit #144 (NC) – Unit members assembled 25 comfort bags for a local non-profit, "Women Veterans Support Services, Inc." (WVSS).



Unit members Yoneka Moore Trent (left) and Patricia Harris assist in delivering comfort bags to WVSS.

WVSS is a 501(c)(3) whose mission is to provide compassionate care to women veterans in the Triangle during times of crisis; ensure they receive the benefits to which they and their families are entitled, and connect them to community support. They also educate and advocate locally and nationally on issues affecting women veterans.

Unit members gathered at the American Legion Post 67 in Cary for a Self Defense and Awareness class given by Women's Army Corps Veteran Carolyn Comfort, (pictured at right). It was informative and provided lots of tools for being aware of surroundings and basic self-defense methods tailored to the elderly. Her reminder throughout was, "Survival is 90% mental."



MEMPHIS BELLES

Unit #151 (TN) – Unit members participated in Americanism 2022 in Millington. Sponsored by American Legion Post 1 of Memphis, the event was held June 18th, and celebrated the rights, freedoms, and values all Americans hold dear. Unit President Kathy Desjarlais, was one of the guest speakers; while other unit members Linda Coffield, Becky Dickinson, Deb Tesla, and Hardin Brown greeted visitors at an information and recruiting table.

August found us participating in a trivia night fundraiser to support an Eagle Scout project. The project is to build a sensory/reflexology pathway as the first part of a planned local park for disabled children and adults.

Memphis Belles, Unit #151 (Continued)



Becky Dickinson (left) & Linda Coffield provide details about MWAN at the Americanism 2022 information/ recruiting table. (The MWAN table cover pictured fits 8' tables and is available through the MWAN Supply Locker; Order form on Page 11)



Unit members pictured above (left-right): (seated) Sami Phillips, Anne Day, Becky Dickinson & Debra Burns, (standing) Kathy Desjarlais & Jean Jungkans

MILITARY WOMEN OF TIDEWATER

Unit #152 (VA) – This time of year is always hectic with members traveling and enjoying the outdoors. We all stayed busy and still managed to accomplish some great work.

Unit member Dassa Carvey presented Walmart gift cards to Atalaya Horton, at the Hampton VAMC CDCE (formerly Volunteer Services). The gift cards are for homeless veterans newly placed in an apartment and who need to set up housekeeping. With gift cards, they can purchase needed cleaning gear, linens, food, etc.



Members enthusiastically stepped up and volunteered for board positions. In fact, we had a couple of positions that had more than one nomination. This was exciting to see a

Sound Off!

few new members jump right in and get involved. Our new unit officers (pictured below) are Vice President Jo Heimerl, President Betty Hand, Secretary Lesli Carpenter and Treasurer Jennifer Sherman. Congratulations!



On August 27th we had our summer bash, coordinated by Jennifer Sherman! What a great time of food, fellowship and a silent auction that raised money for our unit. More than 40 donated items brought in \$395.



Pictured are members having a grand time at the Summer Bash! Above are Phyllis Lightfoot (left) & Betty Kelly, and below are Brenda Kerr (left) & Jo Heimerl.



We meet monthly, at VFW 4809, Norfolk. For meeting information, contact Dassa Carvey, at (757) 363-3059 or dassahsq@gmail.com.

Sound Off!

SALT RIVER MILITARY WOMEN

Unit #155 (AZ) – Unit members Shirley Crawford (pictured below), Martha Alderman and Elisabeth Lewandowski represented Unit 155 at the 2022 Military & Veteran Women's Experience on Aug. 27th. Arizona Department of Veteran Services hosts the event three times annually in different locations throughout the state. It began with breakfast for all vendors and attendees, with lunch served as well. The different breakout sessions were designed to inform, and to have fun. Attendees gathered information for themselves and to take back to those that could not attend.



Finally, we – members of Unit #155 – hope everyone who attended convention had a chance to see our wonderful city of Phoenix and state of Arizona. Our hard work paid off if we met your expectations. More details about the convention along with several photos will appear in the December 2022 bulletin.

TRISTATE WOMEN VETERANS

Unit #157 (TN) – Whether completing the business of running a unit, or recognizing one of our own for her contributions to the support of all veterans, we're always busy in the tristate area of Tennessee, Georgia & Alabama. If you'd like more info about our activities, contact Patty at "pattyjoparks@yahoo.com" or 423-326-0839.

On the business side, (pictured below left-right) members Susan Galloway, Sarah Hale Hill and Penny Manna volunteered to complete an audit of unit funds.



On the fun side, Sheila Billings was selected as the 2021 Lady Bug Spirit Award recipient. Late each year, nominations are solicited from unit members for the one member who most exemplifies the spirit of support. The ladybug theme was selected for the award because many cultures consider ladybugs to be good luck due to their representation of dynamic transformation, self-sufficiency and inner power. What could be more fitting to represent a military woman!



Sheila Billings (left) receives a small plaque and ladybug pin from award creator and sponsor, Patty Parks.

MEMBER-AT-LARGE, MISSOURI

Liberty - MWAN Member Ann Marie Puck had the honor of attending a Blue Star Recognition Ceremony August 7th. Six families each received a Blue Star Banner and certificate to recognize and honor their active-duty family members. Family members were also provided resource information from our own MWAN as well as other organizations including Blue Star Mothers, Kansas City, MO VAMC, Catholic War Veterans, USA, and the parish Military Family and Veterans Outreach. Boy Scout and Girl Scout members (pictured below) also helped and participated. The ceremony was well-attended by the community.



MEMBERS-AT-LARGE, TEXAS

Katy - Region 7 members-at-large had a “get-together” this year, the first in many years. It was a lot of fun talking and laughing over lunch, at the National Museum of the Pacific War in Fredericksburg, despite also being the coldest and windiest day of the year!

Retiring Region 7 Representative Susan Gunnell sends ‘Thanks’ to the members-at-large in Texas and Oklahoma for allowing her to represent them during the past two years. “It has been a privilege!” she said.



Region 7 members-at-large pictured above (left-right) are Susan D'Ambrosio, Susan Gunnell & Rose Dern.

MEMBER-AT-LARGE, FLORIDA

Pensacola – Area members-at-large met at El Paso restaurant to celebrate 30-year-member Shirley Anderson’s 100th birthday on July 26th in a joint Red Hat Lady Bugs luncheon. Along with balloons, cards, flowers, a cupcake cake and lots of friends, WEAR TV-3 was on hand to interview Shirley (pictured at left in her birthday tiara) for the local news. She was certainly shocked and surprised at that!



Shirley was born on August 1st, 1922, and enlisted in the Navy on her 20th birthday in 1942. She served a little more than four years as a Communications Specialist, where she was instrumental in breaking the Japanese code. She was stationed at Dayton, OH, Madison, WI and Washington, DC, and had her heart set on serving on a Navy ship, until she realized that wasn’t an option for women in the 1940s.

She got out of the WAVES when she met and married her husband (now deceased), and moved around with him. She said she and her husband were “bikers” back in the day, after they both retired from civilian life and traveled the country for three to four months at a time on motorcycles. She loved the travel very much, but has stayed put in Avalon Beach for many years now. Shirley is a lovely lady, has a great sense of humor and is loved by all.



Shirley gets a birthday hug from long-time friend & MWAN past-president Barb Turner.

Sound Off!

MEMBER-AT-LARGE, FLORIDA

Lakeland – Greetings from Lakeland! We are the next prospective unit of MWAN, Lakeland Royal Swans! Bylaws have been signed, and the requirement of four meetings with five members present was met on August 27th, and we’re hoping to be chartered by the time you read this bulletin!



Prospective members of Lakeland Royal Swans witness the signing of unit bylaws in July. Pictured(left-right) are: AJ Burr, Gwen Pipkin, Caroline Grimsley, Karen Warren, Kathleen VanMiddlesworth (seated) signing the bylaws, Linda Osborn & Lorraine Peaslee.

Our members are set to participate and/or attend a few upcoming, veteran-related events including a 2.7-mile Warrior Walk in October, a Veteran’s Day Spanish-American War Dedication Ceremony, and our local Veteran’s Day Parade in November.

Lakeland is located between Tampa and Orlando. Our meetings are set for 11 am on the fourth Saturday of each month. We meet at American Legion Post 4, 1375 Ariana Street, Lakeland. If you know any sister military woman who may be interested in joining, please have her contact Kathleen VanMiddlesworth at (863) 738-4487 (leave a message), or “MilitaryWomenLakeland@gmail.com”. We’re also on Facebook at facebook.com/LRSofMWAN/.



Attendees at the August meeting (left-right) are: AJ Burr, Linda Osborn, Caroline Grimsley, Lorraine Peaslee, Karen Warren (attending via FaceTime on the cell phone) & Kathleen VanMiddlesworth.



Sound Off!

MEMBER-AT-LARGE, FLORIDA

Atlantic Beach – Jessie Mary Kontrabecki (pictured below in uniform), joined the US Navy WAVES in 1943 after being raised in a Buffalo, NY, girl's home. She was assigned to NAS Jacksonville as an Aviation Machinist Mate, overhauling and repairing the instrument panels on World War II fighter planes. It was there that she met her future husband, AM2 Walter C Dunbar, who was also the base bugler. They were married in December 1945, shortly after the war ended. They eventually settled in Jacksonville where they raised their three daughters. Walter passed away in 1986.



On July 18, 2022, Jessie celebrated her 100th birthday with a large, patriotic party in Atlantic Beach. More than 85 friends and relatives packed the home for the occasion.

She was surprised with a parade including motorcycles from the local American Legion Riders as well as local fire and police departments. The television station that her husband had worked for as a sportscaster, now WTLV, Channel 12, was there to interview her, and the mayor issued a proclamation in her honor.

Several letters arrived from dignitaries such as the Naval Commander of NAS Jacksonville, the Jacksonville mayor, a State Senator and the Governor of Florida.

"The party was beautiful, with all of the people that I know and love attending. The parade was a complete surprise!" exclaimed Jessie.

Jessie continues to be active each day. She attributes her longevity to the goodness of God and a life of hard work. She travels to Cape Cod, MA, each summer, and enjoys telling her story of service and patriotism to school classes and others who want to learn. A visit to the World War II Museum in New Orleans is on her bucket list, and she hopes to cross that off this fall.

Jessie's life story is a testament of pulling yourself up by your bootstraps and rising above your difficult circumstances. She loves her flag, and this country, fiercely, and prays it will remain a country of freedom in the years ahead.

Jessie is pictured below during her birthday celebration. Special thanks to Jessie's daughter, Jean Dunbar Schreiber, for sending Jessie's story and photos for this article.



Possible option for veterans enrolled in VA healthcare

By Martha Alderman, Region 3 Representative

Being transported via ambulance to a local hospital emergency department is not a happy occasion for anyone. As a veteran who is enrolled in VA healthcare, I had wondered why we could not be transported to a VA hospital. Well, in March I had the opportunity to learn that IS an option.

Hours after donating blood (I'm a regular), I was having lunch with a friend when I passed out. Twice. Someone in the café called 911 and the local paramedics swiftly arrived.

After their initial assessment, one asked if I'd like to be transported to a hospital. I told him that I declined Medicare and use only VA healthcare, and he told me I could be taken to the local VAMC (Carl T Hayden, in Phoenix, AZ) if it was approved by their ED.

I was stunned, pleased, but also skeptical. Can that be accurate? The paramedic told me he was also a veteran and aware of this new shift in policy. That was GREAT news but I declined in favor of my friend driving me home where I quickly recovered: Never knowing why I fainted...

I contacted the Assistant Director of the local VAMC to inquire about this, and he confirmed, going on to say he wished all veterans were aware of this. I said I would help spread the word, thus, this article.

Now, this is NOT a guarantee that every veteran can be transported to the VAMC for emergency care. You will need to tell the paramedic of your wish, and, if possible, provide the phone number to call for advance approval. Consider writing down the number, and keep it in your wallet next to your VA healthcare enrollment ID.

IMPORTANT! Emergency care at a VAMC is NOT guaranteed, and may not be an option, so you may be transported to a local hospital instead. If you are enrolled in VA healthcare, and have received care within the past 24 months, the VHA will likely cover the cost, but you MUST notify them within 72 hours. You can do this by calling (844) 724-7842 or your local VAMC.

VA healthcare is a GREAT benefit and can be used along with Medicare or private insurance. It's nice to have options! Take care of yourself and stay out of ANY hospital if possible.



PROMOTIONAL MEMBERSHIP APPLICATION FOR MILITARY WOMEN SERVING ON ACTIVE DUTY

Name: _____ Phone: (____) _____
First Middle Maiden Last

Mailing Address: _____
Street City State Zip

Personal E-Mail Address: _____ Unit # or MAL _____

Birthday: Day _____ Month _____ Year _____ Branch of Service: _____

Date Entered Service: _____ Current Rank/Rate: _____

Basic & Training Schools: _____

Current Duty Station: _____

College/special talents: _____ Referred by: _____

This MEMBERSHIP application is for women who are CURRENTLY SERVING ON ACTIVE DUTY in the U.S. Armed Forces, both regular and reserve components to include the National Guard. Membership includes a free T-shirt and an E-MAIL subscription to *Military Women's Bulletin* published six times per year.

"I certify that I meet the eligibility requirements of MWAN and I can produce a copy of my Active-duty military identification, orders or other military service documentation upon request."

Applicant Signature: _____ Date: _____

\$20 for one year or \$50 for five years

The offer is valid from 1 January 2022 – 31 December 2027

Current and former MWAN or WAVES National members are NOT ELIGIBLE for this promotion.

Please select preferred Unisex T-Shirt size: **S** **M** **L** **XL** **2X** **3X**

New members joining through a local unit, make check payable to the local unit. The local unit treasurer will submit the payment and application to the MWAN Vice President for Finance.

New members-at-large make check payable to "MWAN" and mail with this completed and SIGNED application to:
Sherry Hill, MWAN Vice President for Finance
8331 W Rockwood Drive, Peoria AZ 85382-4676

PLEASE MAKE A COPY OF THIS APPLICATION FOR YOURSELF AND YOUR UNIT.

A tax-deductible donation to MWAN in the amount of \$ _____ is included in the attached check.

(For office use only) _____ MWAN National ID # _____

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REGION 1: California, Hawaii, Nevada

Representative: **Lynne Pine**, 507-400-9111/CA
RR1@milwomen.org

REGION 2: Alaska, Idaho, Oregon, Washington

Representative: **Meredith Cox**, 406-245-8280/MT
RR2@milwomen.org

REGION 3: Arizona, Colorado, New Mexico, Utah

Representative: **Martha Alderman**, 623-810-9328/AZ
RR3@milwomen.org

REGION 4: Montana, North Dakota, South Dakota, Wyoming

Representative: **Annette Dunseth**, 701-509-5412/ND
RR4@milwomen.org

REGION 5: Michigan, Minnesota, Wisconsin

Representative: **Jennifer Baun**, 314-803-8643/OH
RR5@milwomen.org

REGION 6: Florida

Representative: **Jouay Koppari**, 813-684-1668/FL
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REGION 7: Oklahoma, Texas

Representative: **Ginger Daniels**, 580-938-2310/OK
RR7@milwomen.org

REGION 8: Alabama, Arkansas, Louisiana, Mississippi

Representative: **Gloria Wix**, 615-443-4138/TN
RR8@milwomen.org

REGION 9: Iowa, Kansas, Missouri, Nebraska

Representative: **Michele Batliner**, 816-315-9229/MO
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REGION 10: Georgia, North Carolina, South Carolina, Tennessee

Representative: **Beth Wingfield**, 706-459-5729/GA
RR10@milwomen.org

REGION 11: Kentucky, Illinois, Indiana, Ohio, West Virginia

Representative: **Jennifer Baun**, 314-803-8643/OH
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Representative: **Dassa Carvey**, 757-363-3059/VA
RR12@milwomen.org

REGION 13: Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Vermont

Representative: **Alicia Rodriguez**, 401-924-2589/RI
RR13@milwomen.org

MWAN Regional Map



Contact information for each Regional Representative is provided in the chart to the right.

ONLY USE CURRENT ORDER FORM

MWAN Supply Locker

OCTOBER 2022

Name: _____ (Why not use a return address label here!)

Address: _____ City _____ ST _____ Zip _____

Did you circle the type/size and/or color on items?? **Double Check please!** **Phone Number: () _____

Price per piece...X Number you want = total cost for item(s)

PATCHES

- MWAN 2½" (caps) \$ 3 X _____ = _____
- MWAN 3" (shirts) \$ 4 X _____ = _____
- MWAN 8½" (vest) \$10 X _____ = _____
- US Navy WAVES Veteran (circle) \$4 X _____ = _____
- Patches: Navy Flag or Services (USN, USAF, USMC, USCG, ARMY) \$4 X _____ = _____
- American Flag Patch (3½"x2") \$4 X _____ = _____
- Proud to Serve (square) \$5 X _____ = _____
- Women are Veterans, Too \$5 X _____ = _____
- WAVES Anchor (old style) \$4 X _____ = _____
- Vietnam Era Eagle \$6 X _____ = _____

JEWELRY & PINS

- MWAN Coin \$10 X _____ = _____
- MWAN Lapel pin \$ 4 X _____ = _____
- MWAN Charm \$ 7 X _____ = _____
- MWAN Earrings \$12 X _____ = _____
- MWAN Coin Keychain \$12 X _____ = _____
- MWAN Mouse Pad \$6 X _____ = _____
- Original Hat Pin \$10 X _____ = _____
- Anchor & Prop Earrings \$14 X _____ = _____
- Anchor & Prop Charm \$ 7 X _____ = _____
- Anchor & Prop Lapel Pin \$ 4 X _____ = _____
- Veteran Lapel Pins \$ 4 X _____ = _____
(USN, USAF, USMC, ARMY)
- Honor-Courage-Sacrifice Veterans Pin \$5 X _____ = _____
- Vietnam Era Pins \$6 X _____ = _____
- Dogtag Pin (Women Proudly Served) \$5 X _____ = _____
- Freedom Forever Eagle Pin \$5 X _____ = _____
- US Flag & Service Flag Pin \$4 X _____ = _____
(USN, USAF, USMC, ARMY)
- USN Hat Pin (Spread Eagle w/USN) \$8 X _____ = _____
- USN Crest Lapel Pin \$4 X _____ = _____
- US Navy Lapel Pin \$4 X _____ = _____
- USN Patriotic Ribbon Pin \$4 X _____ = _____
- POW/MIA Lapel Pin \$5 X _____ = _____
- Department of Navy Lapel Pin \$4 X _____ = _____
- Service Crest Lapel \$4 X _____ = _____
(USN, USAF, USMC, USCG, ARMY)
- Service Dogtag Pins \$5 X _____ = _____
(USN, USAF, USMC, ARMY, USCG, VETERANS)
- US Vet Stars/Stripes Lapel Pin \$9 X _____ = _____
- Honoring Women Veterans Pin \$6 X _____ = _____

★ SHIPPING COST ★

Up to \$40 = \$9; \$41-\$100 = \$17; \$101 & above = \$20
Check/MO #: _____ **No Phone Orders**

MWAN CLOTHING ITEMS

- Neck Tabs, Black w/Velcro \$12 X _____ = _____
- Garrison Caps (includes patch) \$24 X _____ = _____
Sizes: 21, 22, 24, 25
- MWAN Visor \$15 X _____ = _____
- MWAN Ball Cap \$15 X _____ = _____
- MWAN T-Shirt \$17 X _____ = _____
Sizes: S, M, L, XL, 2XL, 3XL, 4XL
- MWAN Polo Shirt \$32 X _____ = _____
Gray or White Sizes: S, M, L, XL, 2XL, 3XL, 4XL
- MWAN Jacket \$33 X _____ = _____
Sizes: S, M, L, XL, 2XL, 3XL
- MWAN Sweatshirt \$24 X _____ = _____
Sizes: S, M, L, XL, 2XL, 3XL, 4XL
- MWAN White Dress Shirt \$34 X _____ = _____
Sizes: S, M, L, XL, 2XL, 3XL, 4XL, 5XL
- Patriotic Scarf (100% Polyester) \$4 X _____ = _____

ITEMS OF INTEREST

- American Veteran Bracelet \$5 X _____ = _____
- 2016 Convention Pin \$2 X _____ = _____
- 2016 National Convention Patch \$1 X _____ = _____
- MWAN Playing Cards \$10 X _____ = _____
- Canvas Key Chain/Stars & Stripes \$6 X _____ = _____
- 2016 National Convention Coin \$6 X _____ = _____
- Mini-Flags Set (MWAN & American) \$10 X _____ = _____
(flags are 6"x4" with weighted gold base)
- MWAN Window Decal \$3 X _____ = _____
- MWAN Magnets \$2 X _____ = _____
- MWAN Car Magnet (8" Oval) \$5 X _____ = _____
- MWAN Pencils (2 each) \$1 X _____ = _____
- MWAN Pens (4 each) \$4 X _____ = _____
- WAVES Key Chain, Rubber \$5 X _____ = _____
- DD214 Alumni Decal \$6X _____ = _____
- MWAN Flags (3'x5') \$80 X _____ = _____
- MWAN Table Coverings \$120 X _____ = _____
- MWAN PopSockets \$10 X _____ = _____
3 for \$20 X _____ = _____

NAME BADGE W/MWAN PUCK \$15 X _____ = _____

Double clutch back **OR** Magnet back (circle one)
Name on Badge: _____
Nickname/Maiden: _____
Unit or Other Info: _____
Branch: _____ Years / From _____ To _____
(*Use back of form if you need more space*)

Subtotal: \$ _____
★ADD Shipping★: \$ _____
TOTAL DUE: \$ _____

❖ New Supply Locker Officer Needed ❖ Contact Linda Coffield (info below) for details ❖

Make checks/Money Orders payable to **MWAN SUPPLY LOCKER**
Mail check with Order Form to: Linda Coffield, 95 Vernon Street, Atoka, TN 38004
Questions? Call: (901) 488-4153 or Email: LindyC1951@gmail.com

NOTE: MWAN Ladies White Dress Shirt **RUN SMALL** (Ladies cut).
POLO Shirts (Unisex) **RUN LARGE**; Suggest ordering a size smaller



www.milwomen.org

Silver Taps

U.S. Navy

Marie F. (Kubis) Benz	MAL/WI
Kay H. (Lefurge) Greenwood	MAL/MI
Charlotte (Gregg) Bendure	MAL/OH
Helen (Toney) Valenti	MAL/AZ
Elizabeth Martha (Bleck) Smith	MAL/WI
Doris R.L. (Schaef) Smith	MAL/OH

U.S. Air Force

Sandra J. (Taylor) Conley 021/OH

Former MWAN/WN Member

Laurie J. (Yourous) deLeon, USN 144/NC



Gone, but never forgotten

MAL = Member at large * Denotes Charter Member of WAVES National
Submit all MWAN member Silver Taps info to Ginger Daniels, P.O. Box 314, Shattuck OK 73858-0314 or secretary@milwomen.org

MEMBER-AT-LARGE MEMBERSHIP RENEWAL FORM

(Dues period 1 January to 31 December)

*Please type, print
or use address label*

Name: _____ Member ID #: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Email Address: _____

NOTE: Future newsletters will be sent via email. If you Prefer A Printed Copy, please check here

Phone: _____ **Life Membership for those 90 years & older is a one-time payment of \$30.**

National Dues for 1 year are **\$25.00** + Tax Deductible Donation \$ _____ = **Total Amount:** \$ _____

Please enclose a check or money order made payable to "MWAN", and submit with this form to:

Sherry Hill, VP for Finance, 8331 W Rockwood Drive, Peoria AZ 85382-4676

First-time applicants must use the MWAN membership application available online at www.milwomen.org