

EXAMPLE

HOW I DAY TRADE - MARKET NEWSLETTER

Day Trade Daily Watch List and trade review's

- FB: Nice 3R gainer with .05 of heat against the trade
- AAPL: Stopped out by .05 and went on to a nice 3R gain

Buy		Stop	Exit
Stock	Entry	Range	Range
cpg	3.99	0.15	0.45
usb	54.95	0.46	1.38
wmt	116.27	0.38	1.14

Short		Stop	Exit
Stock	Entry	Range	Range
nvs	87.49	0.51	1.53
mo	42.66	0.4	1.2

Swing Trade Idea's, Review and Update's:

- Open Swings: IBM, move stop to low of the day 132.95

Swing			
Long	Buy	Stop	Exit
Celg	96.46	0.6	1.80

Swing			
Short	Short	Stop	Exit
cnc	45.43	0.7	2.1
iwm	157.58	1.42	4.26

End Of Day Trades Review:

- MSFT: Closed for a nice +1R gainer
- UNH: Closed at the end of day for a -.2R loss

Newsletter is provided for educational purposes. The purpose is to educate traders on short term trading setups through a two-step process of selecting Daily Charts and applying intraday trading setups. Always use a stock trading simulator to test, master strategies and become more educated in the markets before risking real money. Become successful on a simulator before risking your money and always use a stop. If the markets conditions don't feel right or if you're unsure of the current days trading environment then PASS on the trade. A missed trade is better

than a losing trade.

– **Have a Great Trading Day!**

** The first newsletter comes with a supplement guide for following the Newsletter & End Of Day Trade Ideas on stops/exits and risk/reward.*