

## Microblading: Managing Expectations and Long Term Care

The microblading healing process can be an emotional and trying time, while also being exciting. Let me walk you through what to expect so we can manage expectations and put your worries aside!

- The total healing time is about 45 days. During this time, your brows will go from appearing too dark, to scabbing and “falling off”, to reappearing. At 45 days, we know which strokes healed nicely, and which ones need some work. We will also see the true color. We will decide at that time if we need to make any changes to shape, thickness, and color. It’s a process!
- During the first week, your brows will appear much darker than desired, and scabs will begin to form.
- During the first 2 weeks you will experience flaky, dryness, itchy, and overall irritated brows.
- Every person heals differently, which all depends on your skin type, skin care, and how well you did your pre and post care. Drier skin will heal more crisp, while oily skin will heal more soft and powder like. If you bleed more than “normal”, you may need more touch ups as you will not retain as much pigment.

### **Follow Up/Perfecting Session:**

- Microblading is a 2 and sometimes 3 session process. Your initial session is spent doing brow mapping for measurements and symmetry and creating your ideal shape. The second session is to perfect your brows and add density and/or thickness.
- Your follow up session should be scheduled between 45-60 days after the initial session for best results. This is your responsibility to book this appointment in a timely manner. If more than 2 months has passed, additional charges may apply for the tattoo being too faded.

### **Long Term Care:**

- Results vary, so there is no guarantee of how long your microblading will last.
- Keep your eyebrows protected with daily spf of 30 or higher, and never expose to direct sun without spf coverage.
- Your microblading will fade more rapidly if your lifestyle consists of excessive sun exposure and activities that involve water (pools, lakes, oceans).
- If your skincare routine consists of retin-a or retinol, and any aha or bha, and these products consistently are touching the brow area, your microblading will fade more rapidly. I recommend using an eye cream and putting a light amount of the cream on your brows before applying and retinols or acids. This will create a barrier.
- I recommend a maintenance session every 12-18 months depending on how quickly your microblading is fading. All sessions booked after 18 months are full price.