

After School Enrichments at Grant

Class Descriptions

Winter 2018 (Jan 15th-March 16th 2018)

Hip Hop Dance

Grades K-5

"Calling all boys and girls! So you think you can dance? Learn to move and dance like a pop star in this FUN hip-hop dance class! Fun warm-ups, combinations, and exercises will be explored to today's pop song faves! Dancers will also learn full hip hop dance routines which will be performed for families on the last day of the session! Learn rhythm, coordination, and musicality all while having fun and getting fit!"

Register by phone by calling Charlene at [760-522-1442](tel:760-522-1442) or email info@charlenesdance.com for more information. **\$125**

www.charlenesdance.com

Martial Arts

Grades TK-5

OTW United Martial Arts teaches Go Jiu Bujitsu Martial Arts which is a blend of Karate, Judo and jiu-jitsu. Students learn martial arts while gaining discipline, self-confidence, respect, honor and compassion. The focus is not just on physical development but mental characteristics to help students succeed in all areas of life and be productive participants in school, family and society. The program aids students of any age improve communication, self-control and health. **\$185**

Register: Nate-619-796-2810 email nate@ontrackwellness.com

Beginning Spanish

Grades K-5

This is an immersion-style language class that allows students to have fun while working together to successfully build their Spanish language skills. We work hard to make language learning fun and use games, art, toys, song, movement and food to bring the lessons to life in a way that engages and reinforces the lesson at hand. Our instructors are all excellent Spanish speakers as well as skilled at teaching children in a fun and caring environment. Price includes all curriculum and all necessary materials for the class. **\$159**

Register: www.OpenMindsLearnBest.com

Coding and Engineering

Grades 3-5

For the first half of the session, students will get an introduction to an alternative software for coding by learning to use visual programming blocks [Scratch] in order to create interactive animations and games. Students will then transition into S4A (Scratch for Arduino) and link their code to the physical world. Arduino is a micro-controller (small computer) that allows students to attach electrical circuits of wires, LEDs, buttons, switches, LCD screens, speakers, and more; By the end of this course, students will get an introduction to computer science fundamentals and electrical engineering principles as they design and program interactive projects with lights, motors, and sound! **\$180**

Register: www.thoughtstem.com/grantK8

K8STEAM

Grades TK-5

Looking for a "hands on" class that will get your child excited about Science, Engineering, Math and so much more? That's what this class is all about. Students will discover that science is awesome. This class will focus on inquiry based learning approaches to encourage students to ask and answer questions using experiments. Each class will cover a few key topics, which will be explored using hands on experiments, that are so fun they will not even realize that they are learning. I have a Ph. D. in Molecular Biology, but this class will include all disciplines of science. What I really love to do is get students excited about STEAM concepts. My motto is "Hands on STEAM ROCKS!!" Price includes all materials. **\$175** (enrollment is limited)

To register please email jl.k8steam@gmail.com

Art to Heart

Grades K-8

My art classes for children are meant for producing creative pieces, but also learning basic fundamentals in art. I have a degree in Studio Art and Illustration. With this, and my love for children, I hope to engage them in creative thinking that will be used in all aspects of life. We will generally produce a piece each session, with the exception of some bigger projects. I work in mixed media, pencil, all paint, charcoal, pastels, and wood. All materials are included in price.

You may contact me at Sarah@arttoheart.gallery or [619-302-6484](tel:619-302-6484) to register. **\$125/session**

www.arttoheart.gallery

Yoga for Kids/ Tweens

Ages 5-13

If I Was A Bird Yoga studio is a kids yoga studio just for kids, tweens and families. We provide our Signature Program which includes an educational craft, educational themed yoga class and healthy snack. Our program focuses on the actual name of the yoga poses, follow a structured Yoga Class with a balance of playfulness and peaceful relaxation, offer optional hands on assists to support safety and deepen yoga poses, signature breathing techniques and relaxation. Our classes for 2-7yr olds are infused with creative props that awaken the senses, fun music and instruments to help keep the kids engaged.

Our Tween classes consist of our signature classes created and designed by owner Tiffany Gullberg- Athlete Stretch Flow with blocks & straps, Hula Hoop Flow, Zumba Yoga, Calm & Peaceful Flow & Cardio Strength Flow.

If I Was A Bird Yoga is known in the community for the quality, expertise and love of delivering yoga to kids and is THE Foundation for Kids Yoga! **\$150**

Register: Contact: Tiffany@ifiwasabirdyoga.com / www.ifiwasabirdyoga.com

Creative Builders I*

Design, Build and Play! Creative Builders is a unique, creative, and hands-on technical class for children of any skill level who are interested in building, creating and engineering. Our Instructors will guide students through each project, encouraging creative thinking while developing technical fine motor skills. Unique to this class is a 5 to 1 student to instructor ratio, which offers a small group environment with lots of personalized attention. There will be a variety of challenging projects throughout the programs including: Egg Drop Challenge, Snap Rovers & Hex bug Kits, Marble Roller Coaster Construction, Model Wood Kits, Bottle Rockets! (2 Days), Bridge Design & Experiment (2 Days). Each project will be tailored to the skill level and interests of the students enrolled. Our creative builders really enjoy taking many of their projects and prizes home each class! \$270

Register: 858-779-9674 or www.clubxcite.communityroot.com

Mountain Lake Chess Club

Grades K-8

Chess is a great workout for mathematical muscles. It's problem solving. Students learn to think ahead, evaluate multiple alternatives and anticipate consequences. They improve spatial reasoning, visual memory and attention span while learning good judgment, reasoning power and self-confidence.

The program, dubbed "The Evans Method" by the United States Chess Federation, includes instruction, formal and casual play and a team event on a giant, Harry Potter like chess set. Students receive prizes at the end of each class to reward participation and trophies at the end of each session. \$146

Register: <http://www.chesscamp.net>

Soccer by Soccer kids America

Grades TK-8

Our soccer class provides a great opportunity for kids to learn the basic skills of the game or improve in their current skill level. Kids will have fun participating in drills and games with our coaches who specialize in positive and motivational instruction. Kids should wear athletic clothes and shoes and bring a bottle of water to class each day. All class participants receive a free soccer shirt. \$117

Register: www.soccerkidsamerica.org

Storybook Musical Theater and Dance

Casting all boys and girls! Students will explore fun drama exercises/games, dance movement for musical theater and an introduction to singing. Students will learn songs, acting lines/parts, and dance choreography from SING for an end of session abridged play! Costumes to borrow included!

Register: by phone (Charlene) @ 760-522-1442 or email info@charlenesdance.com website: www.charlenesdance.com \$125

Clay Munchkins

Grades TK-4

San Diego based Clay Munchkins' objective is to guide children in the "hands-on" approach to create whimsical zoomorphic creatures out of natural clay. Students explore different techniques such as pinch, coil and slab-building with non-toxic lead free glazes. All of the work is fired in a kiln twice. Projects include animals from ants to zebras to bears and dinosaurs and every creature in between. Clay classes help build self-esteem and push your child's imagination. They benefit the emotional, creative, intellectual and physical development of young children. The ceramic keepsakes are treasures for years to come. \$125/session

Register: <http://claymunchkins.com>

Rhythm & Drums

Class Description: Elite music training for your child. Experience the unique method pioneered by music education visionary, Curtis Madigan. Fusing rhythm with mathematics, music is clarified and simplified. Hand-percussion is the perfect foundation and starting place for learning music. Mr. Madigan's curriculum develops the whole child, emphasizing character values and strengthening learning capacity with strategic and fun games. Workbook and materials included. There will be a performance the final day. Our teachers have degrees, Masters degrees, and even Ph.Ds in music. \$180

Register **Website:** soundformationmusic.com

Contact: 303-903-8360 or email soundformation@gmail.com register at <http://soundformationmusic.com/registration/>

Spanish Advanced

Grades K-5

This is an immersion-style language class that allows students to have fun while working together to successfully build their Spanish language skills. We work hard to make language learning fun and use games, art, toys, song, movement and food to bring the lessons to life in a way that engages and reinforces the lesson at hand. Our instructors are all excellent Spanish speakers as well as skilled at teaching children in a fun and caring environment. Price includes all curriculum and all necessary materials for the class. \$159

Register: www.OpenMindsLearnBest.com

Little Tennis

Grades K-8

Little Tennis is the nations equivalent to Little League Baseball, soccer or basketball. It's a structured program of lessons and play designed to move children ages 3-10 quickly through the stages of graduated equipment to full court tennis. Lead by a USPTA professional. Classes offered monthly. \$80/100

Any questions please contact Little Tennis at (619) 203-2138

***Scholarships are now available:**

We want ALL of our students to have the opportunity to participate. For those students who cannot otherwise afford to participate, the Grant Foundation has made scholarships available. (A limited number of scholarships are available.)

To apply for a scholarship, please complete scholarship application form found at the after school class billboard located outside the front office and return completed forms to box at the same location **by 2:10pm Wednesday January 10th.**

(Only complete applications of students that have not been awarded scholarship this year will be considered.) We will contact you the Sunday before classes begin if your student has been awarded a scholarship.

To download application or more information go to: <http://www.grantk8.org/after-school-program.html>

***To register go to the vendor website or www.sandiegounified.org/schools/grant/schedule-classes then select desired class on the left and follow to registration information**

*The front office DOES NOT handle enrollment or concerns for any after school classes. If you have any other questions email: grantafterschoolprograms@gmail.com