



ST. MARGARET'S BAY SKATING CLUB

CanSkate Programs

Spring 2019

Pre-Canskate is a new program for the SMBSC. This program is designed for 3 and 4-year olds that focuses on fun, participation and skill development through games and activities. This program is geared for the new skater and is 30 minutes in length. Lessons are in group format and led by NCCP certified professional coaches. You will earn lots of incentives as you learn fundamental skating skills. This is a feeder program to Canskate. Must be 3 by January 1, 2019.

Canskate is Skate Canada's flagship learn-to-skate program, designed for beginners all of ages (**MUST be 4 years old as of January 1, 2019**) When you sign up for CanSkate, you will be in a program that focuses on fun, participation and basic skill development. You will earn badges and other incentives as you learn fundamental skating skills. Lessons are given in a group format and led by an NCCP certified professional coach. Professional coaches are assisted by trained Program Assistants. Skaters progress at their own rate and coaches make sessions active using teaching aids, music and a wide variety of activities that create a fun environment and promote learning. CanSkate is the feeder program to all other Skate Canada skating programs, as well as preparing skaters for participation in hockey, speed skating and ringette.

Advanced Canskate/Development

Advanced Canskate is open to skaters stage 4 and up that will continue to progress through the Canskate badges at a fast pace but will also be challenged with figure skating skills. This program is fun and rewarding! Must have figure skates.

Junior Development /Junior Programs

Junior programs are open to skaters that are Stage 5 and up. This is fast and progressive program that enables a skater to improve their skating and start to progress towards the **NEW Star Program** with a focus on figure skating skills. **The Junior Development /Junior Programs information on dates and times is on the Junior/Senior brochure for Spring.**

Registration dates:

Programs offered: **CANSKATE CHOICES +CANSKATE PLUS CHOICES**

MONDAY PRE CANSKATE	PCS-M
5:40pm-6:10pm	
13 Weeks	\$125.00
MONDAY	CS-M
6:10pm-6:50pm	
13 Weeks	\$190.00
WEDNESDAY	CS-W
5:10pm-5:50m	
13 Weeks	\$190.00
THURSDAY	CS-T
5pm-5:40pm	
13 weeks	\$190.00
Monday Advanced Canskate/Development	D-M
6:10pm-6:50pm	
13 weeks.....	\$190.00
THURSDAY Advanced Canskate /Development	D-T
5pm-5:40pm	
13 weeks.....	\$190.00

2019 Registration Dates:
Online anytime after February 4th, 2019
In person: Monday, Feb 11th from 6pm-7pm or Wednesday, Feb 20th, 2019 5pm-6pm

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For further information, contact:
CanSkate Registrar, Lisa McMullin:
smbcanskate@gmail.com
Club Email: smbskating@gmail.com

All participants must be Skate Canada members. Skate Canada registration is \$37 per person at time of registration (includes insurance). If you participated in our winter Pre Canskate or Canskate programs; you are already registered for the season and are not required to pay the \$37. This is also if you were registered at another Skate Canada club.

Information

- ❖ All sessions will be held at St. Margaret's Centre, 12 Westwood Blvd., Upper Tantallon.
- ❖ Registration is done on line through a link on the St.Margaret's Bay Skating Club Website. SMBSKATING.com
- ❖ Dates and times are subject to change. **All schedule changes will be posted on the SMBSC website.**
- ❖ Payment may be made in the form of cash, money order, etransfer or cheque made payable to "St. Margaret's Bay Skating Club." Payment can be made in two installments. Post dated cheques dated (1st) March 1,2019 and (2nd) April 1,2019
- ❖ Skate Canada membership fees are included in the cost of the program.
- ❖ No refunds after the first day of skating each term except for medical reasons. A medical certificate must be submitted, along with a request for refund, in writing to smbcanskate@gmail.com. Refunds will be pro-rated, and \$37.00 will be deducted for the non-refundable Skate Canada membership fee.
- ❖ **A \$35 fee will be charged for all cheques returned for insufficient funds. Once NSF occurs cash payment will be required for rest of the season.**
- ❖ Sessions missed due to weather will only be made up if more than one session per season is missed.
- ❖ St. Margaret's Bay Skating Club reserves the right to cancel any program due to insufficient enrolment. Dates are subject to change.
- ❖ Placement in programs will be at the sole discretion of the Program Director.
- ❖ 3 or more learn to skate sessions per family: save 10% on total program cost for each session. Skate Canada fee of \$37, included in the program fee, is not subject to discount.
- ❖ In case of cancellation due to weather, a notice will be placed on the website (www.smbskating.ca) if at all possible, and the front desk of St. Margaret's Centre (826-2100 ext 10) will be informed (**after 2pm**). Members are responsible for ascertaining whether lessons have been cancelled before traveling to the rink for a scheduled session. Please check the **SMBSC website** and **SMBSC Facebook** often for updates, and provide us with updated email information, as that is our primary means of correspondence with our membership. This information will not be on the St. Margaret's Centre website as we rent ice from St. Margaret's Cente and the Centre does not run the Canskate program.

Equipment Required:

1. MANDATORY: A CSA-approved, hockey-type helmet, NOT a bicycle helmet. Skaters will not be permitted on the ice without a helmet. The helmet may be with or without a facemask – this is the parents' preference.
2. Gloves/mittens: little hands get very cold falling and getting up again!
No jeans, please – they get very cold and wet and do not move well with the skater.
3. Hockey equipment, such as shin pads, elbow pads, gloves etc. are NOT recommended.
4. No hockey sticks are permitted on CanSkate sessions.
5. No parents permitted on the ice. Please avoid standing by the glass, to enhance your child's concentration and progress. **No parents are permitted in the penalty box/players' bench, as this is a designated first aid area.**
6. Please use assigned dressing rooms to put skates on. Sitting in hallways is dangerous and disrupts flow of traffic.

Dates

	March	April	May	June
Mon PCS	11,25	1,8,15,22,29	6,13,20,27	3,10
Mon CS or Adv CS/Development	11,25	1,8,15,22,29	6,13,20,27	3,10
Wed Canskate	13,27	3,10,17,24	1,8,15,22,29	5,12
Thurs CS or Adv CS/Development	7,14	4,11,18,25	2,9,16,23,30	6,13

***Please take careful note of dates and retain this schedule as a reminder of the lesson dates.

Due to the size of our membership, it is impossible to contact all members to remind them of start and end dates.

