



Nutrition Break

To help curb hunger in between meals, we are introducing a Nutrition Break. Parents may provide an optional healthy snack for their children during this break. The snack must be a portable snack (individually wrapped item that does not require refrigeration is preferred.) We will have a morning break @ 10a.m. and at night break at 5p.m. This will be in addition to the two meals and 1 snack that is already provided by Braids N' Britches.

