

*Curriculum Vita*

**SEAN B. STOKES, Ph.D., LPC-S, LMFT-S**  
PO BOX 50084 ♦ DENTON, TEXAS 76206 ♦ 940.367.1150 ♦  
[SEAN@LIFEWAYCOUNSELINGCENTER.COM](mailto:SEAN@LIFEWAYCOUNSELINGCENTER.COM)

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**EDUCATION**

***Doctor of Philosophy – Marriage and Family Therapy***

Texas Tech University, Lubbock, Texas

Received: August of 2003

***Master of Arts –Marriage and Family Therapy***

Northeast Louisiana University, Monroe, Louisiana

Received: May of 1997

***Bachelor of Science – Human Development & Family Studies***

Texas Tech University, Lubbock, Texas

Received: May of 1992

**ADDITIONAL EDUCATION/TRAINING**

Administration and Interpretation of the MMPI-2

Department of Psychology, Kent State University – Sponsored by Pearson Assessments

Received: October 2009

**LICENSES HELD**

Licensed Professional Counselor (LPC), Texas #17396

Licensed Marriage and Family Therapist (LMFT), Texas #4983

Approved LPC Supervisor, Texas

Approved LMFT Supervisor, Texas

Qualified PREP® Instructor

Qualified Divorce/Family Mediator

Qualified Parenting Coordinator

Qualified Parenting Facilitator

**TEACHING EXPERIENCE (*Graduate Level*)—Texas Wesleyan University**

Practicum

Pre-Practicum

Principles in Marital Therapy

Strategies of Family Therapy

Counseling Children & Adolescents

Introduction to Marriage and Family Therapy

Career Counseling / Development

**TEACHING EXPERIENCE (*Graduate Level*)—Wayland Baptist University**

Topics in Adult Psychopathology and Emotionally Disturbed Children

Substance Abuse: Assessment and Treatment (*Undergraduate / Graduate*)

Topics in Working with Children

Introduction to Marriage and Family Therapy

Counseling Theories and Techniques  
Internship in Counseling

**TEACHING EXPERIENCE (*Graduate Level*) – Liberty University**

Marriage and Family Counseling I

**TEACHING EXPERIENCE (*Undergraduate Level*)—Texas Tech University**

Problems of Adolescence  
Courtship & Marriage  
Basic Interpersonal Skills  
The Contemporary Family  
Health for Preadolescents  
Management in Exercise Health Promotion

**PROFESSIONAL WORK EXPERIENCE**

***Abilene Christian University – Online Program***

Adjunct Faculty (present)

***Texas Wesleyan University***, Fort Worth, Texas (2009 - 2016)

Associate Professor in the Graduate Counseling Program

***Lifeway Counseling Center –Founder/Director***

Denton, Texas - Frisco, Texas (2002 - Present)

***Private Practice***

***Liberty University***, Lynchburg, Virginia (2008 - 2009)

***Adjunct Graduate Faculty***

Responsible for teaching various on-line graduate courses in the Distance Learning Program for the Center for Counseling and Family Studies Department.

***Wayland Baptist University***, Plainview, Texas (2005 - 2009)

***Adjunct Graduate Faculty***

Responsible for teaching various face-to-face and on-line graduate level courses in the Master of Arts Counseling program.

***Sharp Focus Centers***, Denton, Texas (2008-2009)

***Counseling, Education and Mediation Services.***

Private practice setting. Responsible for administering / interpreting mental health evaluations, supervising interns and counseling with couples, families and individuals.

***Dove Tree Ranch***, Lubbock, Texas (2004 - 2006)

***Clinical Coordinator/Interim Administrator/Full-time Administrator***

Supervised all therapists and direct-care technicians in a residential chemical dependency treatment facility. Maintained day-to-day physical plant operations, oversaw budgetary compliance, and developed and implemented policies and procedures related to the treatment center operations and staff. Other duties included marketing to the local community, leading various educational/life-skill/recovery groups, providing individual and family therapy for clients (and their families) and negotiating third-party reimbursements.

***New Hope Christian Counseling Center***, Lubbock, Texas (2003 - 2004)  
***Contract Therapist***  
Provided therapeutic services in an agency setting for individuals, couples, and/or families with a wide array of presenting problems.

***Children's Advocacy Center of the South Plains***, Lubbock, Texas (2002 - 2003)  
***Director of Clinical Services***  
Coordinated and provided counseling services for child victims of physical and/or sexual abuse or maltreatment as well as their non-offending family members. Supervised Ph.D. Psychology Interns. Served as member of a multidisciplinary team consisting of local law enforcement officers, Children's Protective Services representatives, local medical professionals and local District Attorney's staff. Responsible for various community training programs on child abuse/neglect prevention.

***Family Counseling Service***, Lubbock, Texas (2001 - 2002)  
***Therapist***  
Provided therapeutic services in an agency setting for individuals, couples, and/or families with a wide array of presenting problems. Led anger management groups under contract with the Juvenile Justice Alternative Education Program (JJAEP).

***Texas Tech University***, Lubbock, Texas (1998 - 2001)  
***Teaching Assistant***  
Primary instructor for undergraduate students in various courses. Supervised student assistants assigned to the courses as instructor-aides.

#### **INTERNSHIPS:**

***Girlstown, U.S.A.***, Whiteface, Texas (1999 - 2000)  
***Family/Adolescent Therapist***  
Responsible for residential treatment/counseling of culturally diverse population of adolescent females ranging in age from 12 to 17. Taught anger management control, facilitated parental workshops to enhance parenting skills and conducted individual and family sessions.

***Texas Tech Marriage and Family Therapy Clinic***, Lubbock, Texas (1998 - 2000)  
***Marriage and Family Therapy Intern***  
Provided therapeutic services for individuals, couples, and families with a wide array of presenting problems.

***Gateways Counseling***, Lubbock, Texas (1998 - 1999)  
***LPC/LMFT Intern***  
Served as intern counselor. Provided therapeutic services to individuals, couples and families referred by CPS as well as those from the general community.

***Youth Options***, Austin, Texas (1997 - 1998)  
***STAR Counselor/Adolescent Specialist III***  
Worked with 60% Hispanic and 40% African-American youth and their families conducting in-home family reunification sessions utilizing a competency-based, solution-focused therapy model. Various presenting problems ranged from truancy to gang violence, running away to domestic violence/sexual abuse and single-parent difficulties.

***Austin Academy for Individual & Relationship Therapy***, Austin, Texas (1997 - 1998)

***LPC/LMFT Intern***

Served as an intern therapist seeing couples and individuals with various presenting issues including adultery/infidelity, depression, self-esteem and domestic violence.

***NLU Marriage & Family Therapy Center***, Monroe, Louisiana (1996 - 1997)

***Therapist***

Worked with individuals, couples and families with a wide range of presenting problems.

***Faith United Methodist Church***, West Monroe, Louisiana (1996 - 1997)

***Therapist***

Graduate field placement. Facilitated parenting workshops and couple intimacy workshops as well as individual, couple and family counseling.

***First United Methodist Church***, Monroe, Louisiana (1996 - 1997)

***Group Therapy Leader***

Graduate field placement. Served as main facilitator for divorce recovery groups sponsored by the church.

***Northeast Louisiana University***, Monroe, Louisiana (1995 - 1997)

***Research Graduate Assistant***

Conducted, recorded and reported research data for the MFT Program Director.

## **SERVICE**

Governor Appointee – State Board of Examiners for Licensed Marriage and Family Therapists – 2011 - Present

AAMFT Ethics Board - 2013

AAMFT Code of Ethics revision committee - 2011

Texas Tech MFT Student Organization President – 1999-2000

Guest Speaker for numerous classes in the College of Human Sciences, University Medical Center and the College of Arts and Sciences, Texas Tech University

## **AWARDS**

Outstanding Graduate Part-time Instructor – 2000-2001, Texas Tech University (University-wide)

## **PUBLICATIONS**

Massey-Stokes, M. & Stokes, S. B. (2011). Social-emotional learning, interpersonal skills, and resilience. In Goodheart, K., Clopton, J., & McComb, J. (Eds.), *Eating disorders in women & children: Prevention, stress management and treatment (2nd ed.)*. New York, NY: Springer.

Stokes, S. B. & Molarte, B. K. C. (2011). Supervision in family therapy. In Metcalf, L. (ed.), *A practical approach to learning marriage and family therapy*. New York, NY: Springer.

Stokes, S. B., & Wampler, R. S. (2002). Remarried clients seeking marital therapy as compared to those seeking family therapy: Differences in levels of psychological and marital distress. *Journal of Divorce and Remarriage*, 38 (1/2), 91-107.

Bryan, L., Negretti, M., Christensen, F. B., & Stokes, S. B. (2002). Processing the process: One research team's experience of a collaborative research project. *Contemporary Family Therapy: An International Journal*, 24 (2), 333-353.

Wieling, E., Negretti, M. A., Stokes, S., Kimball, T., Christensen, F. B., & Bryan, L. (2001). Postmodernism in marriage and family therapy training: Doctoral students' understanding and experiences. *Journal of Marital & Family Therapy*, 27 (4), 527-533.

## PRESENTATIONS

Stokes, S. B., Bedard, C., & Greer, M. S. (2016). *Tips, Tricks and Traps: Establishing Your Thriving Private Practice*. Texas Association for Marriage and Family Therapy Annual Conference, San Antonio, Texas.

Stokes, S. B. (2015). *#thrivingprivatepractice #whattheresearchshows*. Texas Association for Marriage and Family Therapy Annual Conference, Austin, Texas.

Stokes, S. B., Bruhn, R., & Puhl, M. (2015). *Texas State Board of Examiners of Marriage and Family Therapists: Update*. Texas Association for Marriage and Family Therapy Annual Conference, Austin, Texas.

Stokes, S. B., & Puhl, M. (2015). *So You've Subpoenaed – Now What?* Texas Association for Marriage and Family Therapy Annual Conference, Austin, Texas.

Stokes, S. B., Bruhn, R., Puhl, M., & Rosenbaum, K. (2014). *Texas State Board of Examiners of Marriage and Family Therapists: Update*. 58<sup>th</sup> Annual Professional Growth Conference, Texas Counseling Association Dallas, Texas.

Stokes, S. B., & Bedard, C. (2014). *#thrivingprivatepractice #whattheresearchshows*. 58<sup>th</sup> Annual Professional Growth Conference, Texas Counseling Association Dallas, Texas.

Stokes, S. B., & Puhl, M. (2014). *Eye of the Storm: Counselors in the Courtroom*. 58<sup>th</sup> Annual Professional Growth Conference, Texas Counseling Association Dallas, Texas

Stokes, S. B., & Puhl, M. (2014). *Counselors in the Courtroom: How to Survive and Thrive in the Courtroom*. Association of Family and Conciliation Courts Annual Conference, San Antonio, Texas.

Stokes, S. B., & Puhl, M. (2014). *Mental Health Providers in the Courtroom: Confidentiality and Ethics*. Texas Association for Marriage and Family Therapy Annual Conference, Sugar Land, Texas.

Stokes, S. B., Bruhn, R., & Puhl, M. (2014). *Tenets, trends and tips: Updates from the State Board of Examiners of Marriage and Family Therapists*. Texas Association for Marriage and Family Therapy Annual Conference, Sugar Land, Texas.

Stokes, S. B. (2013). *Building Intimacy in Remarriage: Two-gether as One*. American Association of Christian Counselors, World Conference, Nashville, Tennessee.

Stokes, S. B., & Puhl, M. (2013). *Counselors in the Courtroom: Surviving the Storm*. Texas Association for Marriage and Family Therapy Annual Professional Growth Conference, Austin, Texas.

Stokes, S. B., Bonifas, A. S., Griffin, R., & Preuit, L. (2013). *From Self to Social: The Adolescent's Search for Self Esteem*. Texas Association for Marriage and Family Therapy Annual Professional Growth Conference, Austin, Texas.

Stokes, S. B., Greer, M. S. & Sparks, M. (2012). *In the eye of the storm: Counselors in the Courtroom*. Texas Counseling Association Annual Professional Growth Conference, Galveston, Texas.

Stokes, S. B. & Bruhn, R. (2012). *Tenets, trends and tips: Updates from the State Board of Examiners of Marriage and Family Therapists*. Texas Counseling Association Annual Professional Growth Conference, Galveston, Texas.

Stokes, S. B., Flores, M., Bierschenk, K., & Johnson, E. (2012). *Coffee, care and collaboration – the new face of supervision*. Texas Association of Marriage and Family Therapy Annual Professional Growth Conference, Plano, Texas.

Stokes, S. B. (2012 – Accepted for presentation). *My parents divorced... What now? Effective strategies for working with children and teens of divorce*. Marriage America Conference. Orlando, Florida.

Stokes, S. B. & Corrigan, A. (2011). *The role of spirituality and religion in couple therapy*. Texas Counseling Association Annual Professional Growth Conference, Fort Worth, Texas.

Stokes, S. B. & Bruhn, R. (2011). *Tenets, trends and tips: Updates from the State Board of Examiners of Marriage and Family Therapists*. Texas Counseling Association Annual Professional Growth Conference, Fort Worth, Texas.

Stokes, S. B. (2011). *Adolescent understanding of father absence: A qualitative inquiry*. American Association of Christian Counselors, World Conference, Nashville, Tennessee.

Stokes, S. B. (2010). *Adolescent understanding of father absence: A qualitative inquiry*. Texas Counseling Association Annual Professional Growth Conference, Austin, Texas.

Stokes, S. B., Johnson, E., Bierschenk, K., & Flores, M. (2010). *Counseling children experiencing grief and loss*. Texas Counseling Association Annual Professional Growth Conference, Austin, Texas.

Stokes, S. B. (2010). *Counseling the Substance Abusing Couple*. Texas Wesleyan University, CEU Workshop, Fort Worth, Texas.

Stokes, S. B. (2010). *Treating Infidelity*. Texas Wesleyan University, CEU Workshop, Fort Worth, Texas.

Stokes, S. B. (2010). *My parents divorced—now what?* Texas Wesleyan University, CEU Workshop, Fort Worth, Texas.

Stokes, S. B. (2008-2009). *Twogether in Texas Workshops*. Denton, Texas.

Stokes, S. B. (2008). *Living through the journey of grief*. Irving Bible Church, Irving, Texas.

Stokes, S.B. (2006). *The connection between early childhood sexual and/or physical abuse and later substance use/abuse*. Annual Institute on Substance Use and Abuse, Lubbock, Texas.

Stokes, S.B. (2004). *My parents divorced—now what? Equipping youth pastors to effectively respond to divorce*. Counselor training for the Youth Specialties National Youth Workers Conference, Dallas, TX.

Stokes, S.B., & Wampler, R.S. (2004). *Adolescent understanding of father absence: A qualitative study*. Poster presented at annual AAMFT conference, Atlanta, GA.

Negretti, M.A., Christensen, F.B., Bryan, L.A., Stokes, S.B., Kimball, T., & Wieling, E. (2000, January). *Postmodernism in marriage and family therapy: Passing fad or here to stay?* Paper presented at annual TAMFT conference, Houston, TX.

Christensen, F.B., Negretti, M.A., Stokes, S.B., Kimball, T., Bryan, L. & Wieling, E. (2000, January). *Postmodernism in marriage and family therapy: Love it or hate it?* Poster presented at annual TAMFT conference, Houston, TX.

Bryan, L., Christensen, F.B., Negretti, M.A., Kimball, T., Stokes, S.B. & Wieling, E. (1999, November). *A postmodern class action: The process of conducting a qualitative study*. Roundtable presented at annual meeting of National Council on Family Relations, Irvine, CA.

Stokes, S.B., & Whitt, R.J. (1997, January). *Religion's impact on the family: A systemic view*. Poster presented at annual TAMFT conference, Houston, TX.

## **COMMUNITY WORKSHOPS**

Stokes, S.B. – *Twogether in Texas – Within our reach*. State grant providing premarital education workshops. Denton, Texas

Stokes, S. B. – *Recognizing and preventing child abuse--Training for church workers*. Aldersgate Methodist Church, Lubbock, TX.

Stokes, S. B. & Clayton, J. – *Divorce Care: divorce recovery community outreach*. Raintree Christian Church, Lubbock, TX.

Stokes, S.B. – *Forgiveness and second chances: Healing for adolescents in residential treatment and their families*. Girlstown U.S.A., Whiteface, TX.

Stokes, S.B. – *Taming the four harmful patterns in a relationship*. Northwest Texas Conference of the United Methodist Church, Round-Up 2003, Lubbock, TX.

Stokes, S.B. – *Recognizing and responding to child abuse: Healing the hurt*. Northwest Texas Conference of the United Methodist Church, Round-Up 2003, Lubbock, TX.

Stokes, S.B., & Hindman, C. – *Child abuse: Recognizing signs & symptoms for medical practitioners*. University Medical Center, Pediatric Residents, Lubbock, TX.

Stokes, S.B. – *Marriage and family therapists' responses to child abuse*. Marriage & Family Therapy Program, TTU, Lubbock, TX.

Stokes, S.B. – *Building better relationships between parents and teens: What teens say*. Girlstown U.S.A., Whiteface, TX.

Stokes, S.B., & Whitt, R.J. – *Orientation to marriage and family therapy*. Monroe, LA.

Whitt, R.J., & Stokes, S.B. – *STEP's to better parenting*. Monroe, LA.

#### **PROFESSIONAL MEMBERSHIPS**

AAMFT (American Association for Marriage and Family Therapy) - **Clinical Fellow**

AACC (American Association of Christian Counselors)

AFCC (Association of Family and Conciliation Courts)

TCA (Texas Counseling Association)

TAMFT (Texas Association of Marriage and Family Therapy)

TAMFC (Texas Association of Marriage and Family Counselors)