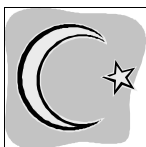
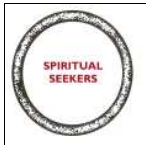
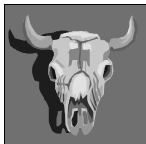
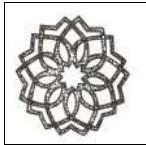




# URI of Henderson County presents The Academy for Peace 2008

*Tools for building Peace in our hearts, our lives, our community, our world.*

**Volume 2  
2008**



The United Religions Initiative of Henderson County is part of a global organization working to cultivate peace by promoting understanding among the religions and spiritual expressions present in our community, as well as by cultivating peace inwardly, locally and globally.

The Academy for Peace is the series of programs and events which our local Cooperation

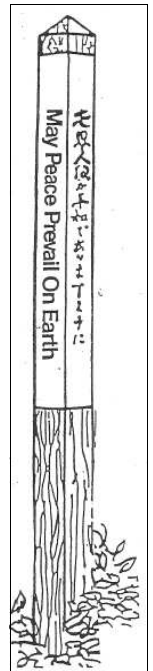
Circle of URI offers throughout the year. It is designed to provide opportunities for enriching our lives by working together towards creating cultures of peace.

The Academy's programs are open to the public, however to assure adequate space, several require advance reservation. Some also require a small fee to recover the cost of materials.

Four areas of emphasis are included in this year's Academy offerings, plus a fifth is produced in conjunction with the Hendersonville Dispute Settlement Center.

- ◆ Study Courses and Workshops
- ◆ Interfaith Dialogues
- ◆ Visits to Faith Traditions
- ◆ Special Events and Gatherings
- ◆ Monthly Movie Series

To learn more about URI and how you might support its work locally or globally, call (828) 890-2631, visit the URI International website at [www.uri.org](http://www.uri.org), or email [uri@academyforpeace.org](mailto:uri@academyforpeace.org).



*There will be no peace among nations  
Without peace among the religions.  
There will be no peace among the religions  
Without dialogue among the religions.*

Hans Küng, German Theologian

JANUARY							FEBRUARY							MARCH						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
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														30	31					

### Locations and Registration

You will find directions and addresses for all programs on Page 5.

\*\* For those events requiring advance registration, send your check to URI, PO Box 1194, Hendersonville, NC 28793 by the registration deadline. Make checks payable to URI.

### The Gift of Understanding Through MBTI

*Saturday and Sunday*

*January 12-13, 2:00-5:30pm*

The Myers-Briggs Type Inventory (MBTI) is a tool to increase your understanding of yourself and others. It will give you insight into how to improve relationships in both your personal and professional lives. Through introspection, dialogue and team activities, you will discover ways to increase trust and respect, and learn techniques for managing conflict. Leader: Julie Gordon.

Trinity Presbyterian Church. \*\* Fee \$25. Minimum 12 – Maximum 20. **Register by Jan. 5.** Contact person Julie Gordon, 891-7366, jmg29860@hotmail.com.

### Nonviolent Communication, Level I

*Sundays of January 20-March 9, 3:00-5:00pm*

Nonviolent Communication (NVC) has been described as a language of compassion, a tool for positive social change, and a spiritual practice. NVC was developed by Dr. Marshall Rosenberg. During our 8-week workshop we

will learn what triggers us, how to take responsibility for our reactions, and how to deepen our connection to ourselves and others. Learning NVC is a process similar to learning a new language or skill: step-by-step learning with ample time for practice leads to growing mastery. Co-Facilitators: Arlene Russell and Dale Weil.

Trinity Presbyterian Church; \*\* Fee \$25 including book and workshop materials. Maximum 20. **Register by Jan. 13.** Contact person Arlene Russell, 692-4833, arlenerussell@peoplepc.com.

### Nonviolent Communication, Level II, Practice Group

*Thursday evenings, January 24-March 13, 7:00-9:00pm*

This 8-week class is open to previous NVC participants. Our focus will be to review NVC principles and to practice, practice, practice! New insights will be shared periodically, as well as exploration of a new approach to learning NVC kinesthetically through a tool called “NVC Dance Floors”. Facilitator: Arlene Russell.

Home of Arlene Russell. \*\* Fee \$15. Maximum 8. **Register by Jan. 15.** Contact person Arlene Russell, 692-4833, arlenerussell@peoplepc.com.

### The Golden Rule Workshop

*Saturday, February 16, 9:00am – 12:00pm*

Many people feel that religious and ethical education can no longer be conducted from the perspective of only one religion or culture. Participants in this workshop will consider the per-

spective of a universal moral principle – the Golden Rule – in its various expressions across the world’s religions. Facilitators: Rev. Donna Stroud and Jenifer McDermott of the Greenville Interfaith Forum (URI).

WCCA Children’s Services Center. No fee. **\*\* Register by Feb. 9.** Contact person Sandy Westin, 749-3581, swestin@tds.net.

### Discernment in Circles of Trust

*Sundays of March 30 -April 20, 2:00-5:00pm*

During the past decade, Parker J. Palmer has introduced a model to help people explore their identity and integrity in the context of community. At the core of Parker's work is the clearness committee process. Developed by Quakers more than 400 years ago, a clearness committee gives an individual the opportunity to gain clarity about a vocational, personal, family or community issue by bringing the question before a group of individuals who hold the person in silence, engage in deep listening, and ask only honest, open questions. Participants in this four-week series will form a circle of trust in which this process can take place and everyone will be given the opportunity to participate, either as the person seeking discernment or as a member of the circle of trust enabling the process. Leader: Karen Jackson, D.Ed.

St. James Episcopal Church. \*\* Fee \$25. Minimum 12 – Maximum 25. **Register by March 23.** Contact person Karen Jackson, 692-2024, karen@kljackson.net.



APRIL							MAY							JUNE						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
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27	28	29	30				25	26	27	28	29	30	31	29	30					

**Interfaith Dialogue: “Why do you attend/not attend a house of worship?”**

*Sunday, April 27, 7:00-9:00pm*

Facilitators will lead small group discussions to explore this topic from each participant’s personal perspective and spiritual background. Chairs: Bob Walker and Toni Youngblood.

Unitarian Universalist Fellowship; No fee or registration. Contact person Bob Walker, 890-4741, walkerrl@mchsi.com.

**Interfaith Panel Discussion: Imagining A World at Peace**

*Thursday, May 8, 7:00-9:00pm*

How can spiritual traditions build a culture of peace in our world? Local representatives of four faith traditions will explore this vision quest from Buddhist, Christian, Jewish and Native American perspectives. Time will be reserved for audience participation.

Blue Ridge Community College, Patton Auditorium; No fee or registration. Contact person Sandy Westin, 749-3581, swestin@tds.net.

**Spiritual Autobiography Workshop**

*Friday-Saturday, May 16-17, 7:00pm  
Friday through 5:00pm Saturday*

Join author and facilitator Aile Shebar, MS in this communal exploration of the creative potential that arises from the source of who we are. Workshop includes periods of writing, sharing, listening and deep silence as we draw together in spirit, learning to tell our



**Movies That Move**

URI has joined with the Dispute Settlement Center to create a monthly series of movies that have the potential to change our thinking and our lives. We’ll gather once each month from 6:00-9:00pm. to view a film, then join in small group discussions about what we just experienced.

We’ll be sending out a monthly notice by email of what the next film will be and where we’ll be viewing it. If you’d like to be notified, be sure we have your current email address. (See *Update & Change Notices* on page 5.) Here’s a sample of the movies we’ll be seeing.

- ◆ Pay it Forward
- ◆ To Kill a Mockingbird
- ◆ Erin Brockovich
- ◆ Driving Miss Daisy
- ◆ Stand and Deliver
- ◆ Diary of Anne Frank

- ◆ Paper Clips
- ◆ On Golden Pond
- ◆ Philadelphia
- ◆ Crash
- ◆ Powder
- ◆ A Beautiful Mind

story. Three options are available – come Friday evening and spend the night at the Hermitage; return to your own home and come back Saturday at 8:00am to resume the workshop; or just come on Saturday. Meals are included.

Embracing Simplicity Hermitage; \*\* Fee \$40, or \$30 if commuting or for Saturday only. **Register by May 9.** Contact person Kaye Meckley, 330-4258, embracingsimplicity@yahoo.com.

**Telephone Area Code**  
All phone numbers listed are in area code (828) unless otherwise noted.

**“Lovingkindness: The Revolutionary Art of Happiness” by Sharon Salzberg Book Study**

*Thursdays, June 5-26, 7:00-8:30pm*

Lovingkindness (also called universal friendliness) is the abiding mental state of the spiritual warrior. Often the heart is willing, but the flesh is weak! This "book study" is, therefore, a series of discussions, and exercises to liberate the mind and allow the heart to prevail to peace. Facilitator: Bhikkhuni Pannavati, PhD.

Embracing Simplicity Hermitage; No fee. \*\* **Register by May 29.** Contact person Kaye Meckley, 330-4258, embracingsimplicity@yahoo.com.



JULY							AUGUST							SEPTEMBER						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
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							31													

**Annual Ice Cream Social**

*Sunday, June 22, 3:00-4:30pm*

Celebrate the start of summer with URI over ice cream and goodies. You bring the goodies, we'll bring the ice cream.

Westin Woods. No fee or registration. Contact person Toni Youngblood, 692-3831, tbyoungblood@ioa.com.

**Summer Interfaith Visit: Episcopalian**

*Sunday, July 13, 10:30am Orientation; 11:00am Service; 1:00pm optional lunch.*

We will join in worship and celebration with our Episcopalian neighbors. For those who wish to stay, we'll gather after the service for lunch to share our experiences. Orientation leader: Kathleen Lees.

St. James Episcopal Church. No fee or registration. Contact person Mary Page Sims, 890-2631, marypagesims@gmail.com.

**Summer Interfaith Visit: Baptist**

*Sunday, July 27, Orientation; 10:30am; Service; 11:00am; optional lunch*

We will join in worship and celebration with our African-American neighbors. For those who wish to stay, we'll gather after the service for lunch to share our experiences. Minister: Rev. Billy T. Waters.

Union Grove Baptist Church. No fee or registration. Contact person Kaye Meckley, 330-4258, embracingsimplicity@yahoo.com.

**Summer Interfaith Visit: Presbyterian**

*Sunday, August 10, 11:00am Orientation; 11:30am Service; 12:30pm optional lunch.*

We will join in worship and celebration with our Hispanic neighbors. For those who wish to stay, we'll gather after the service for lunch to share our experiences. Minister: Rev. Carlos Unda.

Pinecrest Presbyterian Church. No fee or registration. Contact person Ronnie Pepper, 692-3344, rpepper@wcca.net.

**Summer Interfaith Visit: Unity**

*Sunday, August 24, 10:30am Orientation; 11:00am Service; 12:00pm optional lunch.*

We will join in worship and celebration with our neighbors in Fletcher. For those who wish to stay, we'll gather after the service for lunch to share our experiences. Minister: Rev. Chad O'Shea.

Unity Center of Fletcher. No fee or registration. Contact person Charley Rogers 696-3121, charley3r6@mchsi.com.

**Annual URI Picnic**

*Sunday, September 7, 5:00-7:00pm*

Celebrate the end of summer with URI in our annual potluck picnic.

Westin Woods. No fee or registration. Contact person Ronnie Pepper, 692-3344, rpepper@wcca.net.



**Building a World Beyond War**

*Sundays of September 14-November 2, 3:00-5:00pm*

Beyond War is a centrist, mainstream, non-partisan international movement. This 2-week series will explore and promote effective methods and actions that will help build a world in which conflicts are prevented or resolved non-violently. Facilitator: Charley Rogers.

Location: To be announced. \*\* Fee: \$32 including workshop materials. Minimu 8 – Maximum 20. **Register by Sept. 7.** Contact person Charley Rogers 696-3121, charley3r6@mchsi.com.

**Interfaith Dialogue: "How do you nurture your spiritual growth and development?"**

*Sunday, Nov 16, 7:00-9:00pm*

Facilitators will lead small group discussions to explore this topic from our personal perspective and spiritual background. Chair: Bob Walker.

Unitarian Universalist Fellowship. No fee or registration. Contact person Bob Walker, 890-4741, walkerr1@mchsi.com.

**Tenth Annual Interfaith Service for Peace**

*Sunday, December 28, 7:00-8:30pm*

In this, our tenth year of furthering the cause of peace in Henderson County, URI will bring ten different faiths together in the common cause of celebrating peace within, peace among faiths and peoples, and peace in our world through music, poetry, drama, prayers and fellowship. Child care available.

Location: To be announced. No fee or registration. Contact person Sandy Westin, 749-3581, swestin@tds.net.

OCTOBER							NOVEMBER							DECEMBER						
Sun	Mon	Tue	We	Thu	Fri	Sat	Sun	Mon	Tue	We	Thu	Fri	Sat	Sun	Mon	Tue	We	Thu	Fri	Sat
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19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27
26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31			
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## Locations and Directions

All locations are in or near Hendersonville, NC unless otherwise noted.

### Blue Ridge Community College, Patton Auditorium

At Duck Pond Drive, Flat Rock; off Campus Drive north of Upward Road; call for directions: 694-1700.

### Christian Science Church

702 Fifth Avenue West; corner of Justice Street and Fifth Ave West.

### Embracing Simplicity Buddhist Hermitage

41 Wisdom Lane off Finley Cove Road; call for directions: 330-4258.

### First Congregational Church

1735 Fifth Avenue West; corner of Fifth Avenue and Washington Street

### Home of Arlene Russell

23 Lake Drive, Laurel Park. Call for directions: 692-4833.

### Pinecrest Presbyterian Church

1790 Greenville Highway; south of Hendersonville on US 25.

### St James Episcopal Church

766 North Main Street; on Main Street north of 7th Avenue.

### Trinity Presbyterian Church

900 Blythe Street; on Blythe between Brevard Road, US 64, and Haywood Road, NC 191.

### Union Grove Baptist Church

901 Robinson Terrace; off 7th Avenue East near corner of Robinson Terrace and Towhee Drive.

### Unitarian Universalist Fellowship

2021 Kanuga Road, at intersection of Kanuga and Price Roads.

### Unity Center of Fletcher

2041 Old Fanning Bridge Road, Fletcher; north of Boylston Highway (New Airport Road) off Old Fanning Bridge Road.

### WCCA Children's Services Center Multipurpose Room

20 Fickley Drive in Kings Creek development off Spartanburg Highway, US 176, north of intersection with Upward Road. Park behind the building.

### Westin Woods Elderpark

Off West Allen Street at South Justice Street, behind Sunnybrook Assisted Living Center on Spring Street.

## Updates and Change Notices

While events and programs of the Academy for Peace are planned as they appear in this catalog, changes can happen. To be kept informed of cancellations, changes in location, addition of new programs, or weather-related changes, be sure URI has your current email address or phone number. We use email as much as possible. Let us know if that is not your preference.

Send mailing list updates to  
Sandy Westin, [swestin@tds.net](mailto:swestin@tds.net),  
or call (828) 749-3581.



*Universal Prayer for Peace*

*Lead us from Dying to Living,  
From Illusion to Truth.*

*Lead us from Despair to Hope.  
Lead us from Hatred and Unlove  
Through Forgiveness and Reconciliation  
to Cooperation and Peace.*

*May Love and Peace Fill Ourselves,  
our Neighbor, the World, our Universe.*

*Om Shanti,  
Shalom,  
Salaam,  
Blessed Be,  
Peace,  
Amen.*

