

OFSSA West Regionals T & F
Results - windsortiming.com
TD Waterhouse Stadium - 2017-05-26 to 2017-05-27
Results

Women 100 Meter Dash Midget

=====					
West Region: # 12.12	2002	Emily JOHNSON/J. F. Ross			
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1 Georgina Pickard		Johnson, P.	12.58Q	0.7	2
2 Leandra Mitchell		Paris - Paris	12.80Q	1.8	1
3 Collette Wolfe		Macdonald, J.A.	12.83Q	1.8	1 12.821
4 Milenne Habash		Pere Rene-de-Gal	12.83Q	0.7	2 12.830
5 Joanna Hui		Centennial - Guelph	12.87Q	0.7	2
6 Julia Pagano		Northern - Sarnia	12.96Q	1.8	1
7 Kailyn Robertson		Vista Academy	13.10q	1.8	1
8 Jaidyn Nyhoff		Vista Academy	13.27q	0.7	2 13.262
9 Jaime Newell		Madill, F.E.	13.27	1.8	1 13.265
10 Katie Plante		Brennan, F.J.	13.28	1.8	1
11 Ursula Wood		St. Mary's Dcvi	13.42	0.7	2
12 Sarah Cacciato		Sandwich - Windsor	13.44	0.7	2
13 Jaci Mitchell		St. Mary's Dcvi	13.51	1.8	1
14 Taylor Pranger		Strathroy	13.54	1.8	1 13.534
15 Rachel Gray		Oakridge - London	13.54	0.7	2 13.536
16 Kaitlyn Allen		Medway - Arva	13.68	0.7	2

Women 100 Meter Dash Midget

=====					
West Region: # 12.12	2002	Emily JOHNSON/J. F. Ross			
Name	Year	School	Finals	Wind	
=====					
Finals					
1 Georgina Pickard		Johnson, P.	12.63	2.5	
2 Leandra Mitchell		Paris - Paris	12.80	2.5	
3 Milenne Habash		Pere Rene-de-Gal	12.82	2.5	
4 Collette Wolfe		Macdonald, J.A.	12.84	2.5	
5 Joanna Hui		Centennial - Guelph	12.88	2.5	12.878
6 Julia Pagano		Northern - Sarnia	12.88	2.5	12.879
7 Jaidyn Nyhoff		Vista Academy	13.14	2.5	
8 Kailyn Robertson		Vista Academy	13.28	2.5	

Women 200 Meter Dash Midget

=====					
West Region: # 24.70	2002	Emily JOHNSON/J. F. Ross			
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1 Olivia Gee		Strathroy	25.78Q	0.3	2
2 Georgina Pickard		Johnson, P.	25.89Q	+0.0	1
3 Camille Blain		Chatham-Kent	26.12Q	+0.0	1
4 Milenne Habash		Pere Rene-de-Gal	26.25Q	0.3	2
5 Holly Steenveld		Bishop MacDonnel	26.65Q	+0.0	1
6 Leandra Mitchell		Paris - Paris	26.73Q	0.3	2
7 Nicole Paine		Galt - Cambridge	26.92q	0.3	2
8 Emma Zammit		C.C.H. - London	27.10q	0.3	2
9 Julia Pagano		Northern - Sarnia	27.36	+0.0	1
10 Kacie Bains		London Central	27.75	0.3	2
11 Madeline Douma		Chatham-Kent	27.88	+0.0	1
12 Kaitlyn Allen		Medway - Arva	28.07	0.3	2

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13	Hannah Grimmell	Herman, W.F.	28.16	0.3	2
14	Sarah Cacciato	Sandwich - Windsor	28.52	+0.0	1
15	Laura Guiot	Mother Teresa	28.55	+0.0	1
16	Samantha Brown	Parkside	28.59	+0.0	1

Women 200 Meter Dash Midget

West Region: # 24.70	2002	Emily JOHNSON/J. F. Ross		
Name	Year	School	Finals	Wind

Finals

1	Olivia Gee	Strathroy	24.89	-0.1
2	Camille Blain	Chatham-Kent	25.67	-0.1
3	Georgina Pickard	Johnson, P.	25.90	-0.1
4	Milenne Habash	Pere Rene-de-Gal	26.30	-0.1
5	Holly Steenveld	Bishop MacDonnel	26.53	-0.1
6	Leandra Mitchell	Paris - Paris	26.67	-0.1
7	Emma Zammit	C.C.H. - London	27.22	-0.1

Women 400 Meter Dash Midget

West Region: # 57.3h	1982	Donalda DUPREY / Pt. Elgin-Sauge		
Name	Year	School	Finals	H#

1	Holly Steenveld	Bishop MacDonnel	59.92	2
2	Haley Davis	Ross, John F.	1:00.15	2
3	Julia Agostinelli	St.Thomas Aquina	1:00.76	2
4	Sydney Sollen	North Lambton	1:01.72	2
5	Jenelle Lyman	Owen Sound	1:02.80	2
6	Holly Lavigne	Brennan, F.J.	1:03.35	2
7	Vanessa Goodman	Macdonald, J.A.	1:03.67	1
8	Madelaine Douma	Chatham-Kent	1:03.74	2
9	Mary Tennant	C.C.H. - London	1:04.37	1
10	Lily Faragher	Galt - Cambridge	1:04.44	1
11	Hannah Grimmell	Herman, W.F.	1:04.61	2
12	Claudia Wolicka	C.C.H. - London	1:05.83	1
13	Clarissa Sladek	Medway - Arva	1:05.97	1
14	Teonna Slepoczuk	C.C.H. - London	1:06.70	1
15	Payton Kerr	St. Anne-Clinton	1:07.18	1

Women 800 Meter Run Midget

West Region: # 2:10.69	2012-06-02	Kailee Sawyer, Bluevale		
Name	Year	School	Finals	H#

1	Haley Davis	Ross, John F.	2:15.74	2
2	Tegan Morrison	Macdonald, J.A.	2:16.25	2
3	Jessie Byers	Walkerton	2:19.42	2
4	Julia Agostinelli	St.Thomas Aquina	2:21.26	2
5	Sarah-Rose Sullivan	Orangeville	2:23.11	2
6	Avery Dolderman	Centr Wellington	2:24.96	1
7	Mary Tennant	C.C.H. - London	2:26.20	2
8	Amera Pratt	Saunders - London	2:26.23	1
9	Clarissa Sladek	Medway - Arva	2:27.96	2

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10	Katrina Pawley Mason	St.Thomas	2:33.03	1
11	Lyla Pratt	Saunders - London	2:33.23	1
12	Esther Fehr	Kingsville	2:33.43	1
13	Katelyn Fletcher	ES L'Essor	2:35.78	1
14	Brittany Main	Woodstock	2:38.26	1
15	Rubie Diemer	ES L'Essor	2:41.53	1
16	Sydney Sollen	North Lambton	2:54.18	2

Women 1500 Meter Run Midget

West Region: # 4:33.99 1997 Erin MCLURE / Waterloo CI			
Name	Year	School	Finals
1 Haley Davis		Ross, John F.	4:44.46
2 Jessie Byers		Walkerton	4:48.84
3 Brooke Jez		Madill, F.E.	4:50.21
4 Abby Huehn		Westside	4:52.62
5 Tegan Morrison		Macdonald, J.A.	5:01.45
6 Alicia Domingues		Mother Teresa	5:03.73
7 Samara Quanz		Saugeen District	5:07.59
8 Amera Pratt		Saunders - London	5:11.45
9 Samantha Marchenkowsky		Vincent Massey	5:19.27
10 Haley Gibson		St. Anne-Clinton	5:19.64
11 Anna Trinca		Chatham-Kent	5:19.93
12 Lindsey Barwitzki		Northern - Sarnia	5:27.48
13 Isidora Sekaric		Herman, W.F.	5:28.78
14 Lyla Pratt		Saunders - London	5:31.67
15 Nevin Tekhli		Chatham-Kent	5:34.16
16 Jessie Hahn		Stratford Centra	5:42.60

Women 3000 Meter Run Midget

West Region: # 9:48.0h 1986 Jennifer ARMSTRONG / London			
Name	Year	School	Finals
1 Brooke Jez		Madill, F.E.	10:28.96
2 Abby Huehn		Westside	10:37.86
3 Samara Quanz		Saugeen District	10:58.01
4 Alicia Domingues		Mother Teresa	11:01.08
5 Abby Yuhasz		Resurrection	11:06.44
6 Maddie Ongena		Centr Wellington	11:29.27
7 Dakota Poulter		Erin - Erin	11:33.72
8 Jessie Hahn		Stratford Centra	11:39.02
9 Samantha Marchenkowsky		Vincent Massey	11:43.34
10 Haley Gibson		St. Anne-Clinton	11:43.78
11 Hazel Taylor		St. Mary's Dcvi	11:48.16
12 Anna Trinca		Chatham-Kent	11:57.38
13 Lindsey Barwitzki		Northern - Sarnia	12:07.91
14 Allison Ware		Leamington	12:13.03
15 Amera Pratt		Saunders - London	12:27.14

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Women 80 Meter Hurdles Midget

=====					
West Region: # 11.52		1996	Jessica ZELINKA / London-Banting		
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1	Olivia Gee	Strathroy	11.91Q	0.8	1
2	Emma Zammit	C.C.H. - London	12.31Q	0.4	2
3	Camille Blain	Chatham-Kent	12.88Q	0.4	2
4	Kenzie Smyth	Parkside	12.93Q	0.8	1
5	Monica Grigore	Oakridge - London	12.97Q	0.4	2
6	Hanna Schroeder	Maranatha Christ	13.12Q	0.8	1
7	Alexandria Webb	St. Benedict	13.16q	0.4	2
8	Sarah Meston	Kitchener Waterl	13.26q	0.4	2
9	Meghan Ash	Madill, F.E.	13.29	0.8	1
10	Sophie Maine	Chatham-Kent	13.30	0.8	1
11	Emma Hendriksen	Holy Cross	13.49	0.4	2
12	Jenn Hotrum	Holy Trinity	13.63	0.8	1
13	Jessie McPherson	Chatham-Kent	13.65	0.4	2
14	Tijana Krivokapic	Waterloo	13.82	0.8	1
15	Delaney Tone	St. James - Guelph	14.32	0.8	1
16	Ainsley Lewis	Great Lakes-Sarnia	14.36	0.4	2

Women 80 Meter Hurdles Midget

=====					
West Region: # 11.52		1996	Jessica ZELINKA / London-Banting		
Name	Year	School	Finals	Wind	
=====					
Finals					
1	Olivia Gee	Strathroy	11.62	-0.1	
2	Emma Zammit	C.C.H. - London	12.21	-0.1	
3	Camille Blain	Chatham-Kent	12.60	-0.1	
4	Hanna Schroeder	Maranatha Christ	12.88	-0.1	
5	Kenzie Smyth	Parkside	12.92	-0.1	
6	Monica Grigore	Oakridge - London	13.10	-0.1	
7	Alexandria Webb	St. Benedict	13.20	-0.1	
8	Sarah Meston	Kitchener Waterl	13.36	-0.1	

Women 300 Meter Hurdles Midget

=====					
West Region: # 43.59		2012-06-02	Lexi Aitken, St. Anne-Clinton		
Name	Year	School	Finals	H#	
=====					
1	Olivia Gee	Strathroy	45.05	2	
2	Camille Blain	Chatham-Kent	47.32	2	
3	Emma Zammit	C.C.H. - London	47.42	2	
4	Alicia Higgiins	Bishop MacDonnel	47.61	2	
5	Lauren Murray	St. Patrick's	48.25	2	
6	Desiree Byrd	Holy Names	48.88	2	
7	Hanna Schroeder	Maranatha Christ	49.58	1	
8	Shae Murphy	Holy Names	49.64	2	
9	Jaime Magoffin	Woodstock	49.88	2	
10	Allison Stevenson	St. Anne-Clinton	50.28	1	
11	Clara Kemperman	Grand River	50.47	1	
12	Meghan Ash	Madill, F.E.	51.04	1	
13	Lauren Roy	Bluevale - Waterloo	51.56	1	

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14	Julia Ersil	Stratford Centra	52.76	1
15	Teju Obesisan	St. James - Guelph	53.70	1
--	Jessie Cuthburt	Erin - Erin	DNF	1

Women 4x100 Meter Relay Midget

=====				
West Region: #	49.76	2014-05-30	W. F. Herman - Windsor, Herman,	
			J Jackson, S Guimond, A Traore, T Freckleton	
School			Finals	H#
=====				

1	Catholic Central - London 'A'	52.03	1
	1) Mikaela Dampier	2) Rachel Okeke	
	3) Claudia Wolicka	4) Rheannon Proctor	
2	St. Patrick's - Sarnia 'A'	52.05	2
	1) Averie Dumond	2) Kala Wagg	
	3) Lauren Murray	4) Ella Sottosanti	
3	F.J. Brennan - Windsor 'A'	52.34	1
	1) Osa Igbinosun	2) Katie Plante	
	3) Taylor Bolton	4) Holly Lavigne	
4	Tecumseh Vista Academy A 'A'	52.38	2
	1) Maddie Ford	2) Monica Plante	
	3) Kailyn Robertson	4) Jaidyn Nyhoff	
5	Sir John A Macdonald SS 'A'	52.51	1
	1) Emily Csontos	2) Tegan Morrison	
	3) Marly Verhoeve	4) Collette Wolfe	
6	Resurrection - Kitchener 'A'	52.60	2
	1) Sandra Salic	2) Alyssa Treusch	
	3) Macy Hepditch	4) Katie Croutch	
7	St. Anne's - Clinton 'A'	52.75	2
	1) Allison Stevenson	2) Aliyah Verhoef	
	3) Payton Kerr	4) Myea Fleet	
8	Sandwich - Windsor 'A'	52.79	1
	1) Katie Fettes	2) Sarah Cacciato	
	3) Meagan Wilkie	4) Madelyne Milling	
9	Lambton Central - Petrolia 'A'	53.03	2
	1) Hannah Thompson	2) Tori Smith	
	3) Alyssa Rops	4) Carlie Duncan	
10	F. E. Madill - Wingham 'A'	53.14	2
	1) Meghan Ash	2) Emma Jackson	
	3) Jaime Newell	4) Hannah Bloemberg	
11	John F. Ross - Guelph 'A'	53.22	1
	1) Emily Fritzley	2) Abby Griffin	
	3) Rosie Blower	4) Haley Davis	
12	St. Michael - Stratford 'A'	54.02	1
	1) Abby Meiering	2) Avery Wedow	
	3) Alexa Tracey	4) Alayna Egli	
13	St. Thomas Aquinas - London 'A'	54.32	1
	1) Julia Agostinelli	2) Noelle Majewski	
	3) Jamieson Brock	4) Sarah Catania	
14	Wellington Heights - Mount Fo 'A'	55.37	1
	1) Nina Rodrigues	2) Nicole Rodrigues	
	3) Morgan Flanagan	4) Haven Leblanc	
--	Galt - Cambridge 'A'	DQ	2 170.7
	1) Brook Azevedo	2) Nicole Paine	

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....Women 4x100 Meter Relay Midget

3) Lily Faragher	4) Brianne Smith	
-- Holy Cross - Strathroy 'A'		DQ 2 170.7
1) Emma Hendriksen	2) Margo Francis	
3) Emily Thuss	4) Bethany Vanderlinde	

Women High Jump Midget

West Region: # 1.73m 1984		Leanne MADILL / Guelph-Centen	
Name	Year School	Finals	
1 Nicola Jackman	Oakridge - London	1.57m	
1.43 1.48 1.51 1.54 1.57			
O O O O O			
2 Ella Sottosanti	St. Patrick's	1.54m	
1.38 1.43 1.48 1.51 1.54 1.57			
O O O O XXO XXX			
3 Emma Hendriksen	Holy Cross	1.51m	
1.33 1.38 1.43 1.48 1.51 1.54			
XO O XO O O XXX			
4 Emma Lemieux	Kitchener Waterl	1.51m	
1.38 1.43 1.48 1.51 1.54			
O XO XO XO XXX			
5 Madi Oliver	Elmira - Elmira	1.51m	
1.33 1.38 1.43 1.48 1.51 1.54			
XO O XO XXO XXO XXX			
6 Tijana Krivokapic	Waterloo	1.48m	
1.38 1.43 1.48 1.51			
XO XO O XXX			
7 Kenzie Smyth	Parkside	1.43m	
1.38 1.43 1.48			
O O XXX			
7 Laneigh Shirley	Northern - Sarnia	1.43m	
1.33 1.38 1.43 1.48			
O O O XXX			
9 Clara Kemperman	Grand River	1.43m	
1.38 1.43 1.48			
XO O XXX			
10 Jamie Bullas	Saunders - London	1.38m	
1.28 1.33 1.38 1.43			
O O O XXX			
10 Allison Stevenson	St. Anne-Clinton	1.38m	
1.28 1.33 1.38 1.43			
O O O XXX			
10 Cintia Thanukkody	London Central	1.38m	
1.28 1.33 1.38 1.43			
O O O XXX			
13 Jurnee Lord-Stafford	Orangeville	1.38m	
1.33 1.38 1.43			
XO XO XXX			
14 Caitlin Wilson	Lambton Central	1.33m	
1.28 1.33 1.38			
O O XXX			

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....Women High Jump Midget

15	Bailey Smith	North Lambton	1.33m
	1.28 1.33 1.38		
	XO O XXX		
16	Sydney Livingston	Lambton Central	1.33m
	1.28 1.33 1.38		
	O XXO XXX		

Women Pole Vault Midget

=====

West Region: # 2.95m 2016-05-27 Brooke Meloche, Sandwich

Name	Year	School	Finals
=====			
1 Monica Grigore		Oakridge - London	2.75m
	1.60 1.80 2.00 2.15 2.30 2.45 2.60 2.75 2.90		
	PPP PPP PPP PPP O O O XXX		
2 Justine Hodson		Kitchener Waterl	2.75m
	1.60 1.80 2.00 2.15 2.30 2.45 2.60 2.75 2.90		
	PPP PPP O O O O XO O XXX		
3 Jaime Magoffin		Woodstock	2.60m
	1.60 1.80 2.00 2.15 2.30 2.45 2.60		
	PPP PPP PPP PPP O O O		
4 Marly Verhoeve		Macdonald, J.A.	2.60m Jump off-2.75
	1.60 1.80 2.00 2.15 2.30 2.45 2.60 2.75		
	PPP PPP PPP O O O XO XXX		
5 Megan Langhorn		Oakridge - London	2.60m Jumpoff - XXX
	1.60 1.80 2.00 2.15 2.30 2.45 2.60 2.75		
	PPP PPP PPP PPP O O XO XXX		
6 Mackenzie Manuliak		Huron Park	2.60m
	1.60 1.80 2.00 2.15 2.30 2.45 2.60 2.75		
	PPP PPP PPP PPP O XO XXO XXX		
7 Ashley Spain		Delhi - Delhi	2.45m
	1.60 1.80 2.00 2.15 2.30 2.45 2.60		
	PPP PPP O O XO O XXX		
8 Ellie Lang		Macdonald, J.A.	2.15m
	1.60 1.80 2.00 2.15 2.30		
	O O O O XXX		
8 Alaina Hannagan		Vincent Massey	2.15m
	1.60 1.80 2.00 2.15 2.30		
	O O O O XXX		
10 Emily Csontos		Macdonald, J.A.	2.15m
	1.60 1.80 2.00 2.15 2.30		
	O O XXO XXO XXX		
11 Kimberley Norris		Woodstock	2.00m
	1.60 1.80 2.00 2.15		
	PPP O O XXX		
12 Emma Lavoie		Lord Dorchester	2.00m
	1.60 1.80 2.00 2.15		
	O O XO XXX		
13 Sasha El-Rifai		Vincent Massey	1.80m
	1.60 1.80 2.00		
	PPP O XXX		

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Women Long Jump Midget

=====						
West Region: # 5.78m 1996			Jessica ZELINKA / London-Banting			
Name	Year	School	Finals		Wind	
=====						
1 Olivia Freer		North Lambton		5.16m	2.8	
4.88m(2.7)	4.84m(0.3)	4.97m(1.6)	4.94m(0.5)	5.08m(2.1)	5.16m(2.8)	
2 Nicole Paine		Galt - Cambridge		4.96m	1.1	
4.75m(1.6)	4.63m(2.7)	4.77m(2.6)	4.56m(-0.4)	4.96m(1.1)	4.62m(2.9)	
3 Maia Rodrigue		Grand River		4.94m	1.7	
4.47m(0.4)	4.66m(-0.2)	4.80m(3.2)	4.90m(+0.0)	4.94m(1.7)	4.87m(0.7)	
4 Milenne Habash		Pere Rene-de-Gal		4.94m	1.8	
4.70m(1.3)	4.70m(0.4)	4.79m(2.6)	4.57m(1.5)	4.94m(1.8)	PASS	
5 Kirby Mackinnon		Chatham-Kent		4.78m	1.8	
4.70m(3.0)	4.41m(3.2)	4.64m(3.2)	4.61m(1.5)	4.78m(1.8)	4.67m(2.9)	
6 Lauren Panek		Sandwich - Windsor		4.74m	1.9	
4.65m(-0.9)	4.66m(2.4)	4.67m(2.3)	4.74m(1.9)	4.61m(4.5)	4.57m(1.9)	
7 Tegan Morrison		Macdonald, J.A.		4.69m	2.4	
4.51m(-1.0)	4.67m(4.2)	4.50m(1.0)	4.35m(2.7)	4.69m(2.4)	4.38m(+0.0)	
8 Nicole Rodrigues		Wellington Heigh		4.66m	0.9	
4.36m(3.7)	4.15m(2.2)	4.66m(0.9)	3.97m(3.0)	4.36m(0.9)	4.39m(0.3)	
9 Jaime Newell		Madill, F.E.		4.63m	1.5	
4.48m(2.0)	4.42m(1.5)	4.63m(1.5)				
10 Ursula Wood		St. Mary's Dcvi		4.58m	3.2	
4.43m(1.3)	4.58m(3.2)	4.53m(0.7)				
11 Korinne Sonneveld		Blenheim - Blenheim		4.57m	2.3	
4.57m(2.3)	FOUL(6.1)	4.19m(2.0)				
12 Jaidyn Nyhoff		Vista Academy		4.55m	2.0	
4.23m(2.3)	4.51m(1.0)	4.55m(2.0)				
13 Hali Osborne		Medway - Arva		4.55m	1.8	
4.55m(1.8)	4.47m(1.0)	4.40m(0.7)				
14 Emma Jackson		Madill, F.E.		4.49m	1.7	
4.46m(2.3)	4.25m(0.3)	4.49m(1.7)				
15 Emma Hendriksen		Holy Cross		4.39m	1.1	
4.39m(1.1)	4.33m(0.1)	4.39m(1.9)				
16 Hannah Bloemberg		Madill, F.E.		4.28m	4.0	
3.71m(-1.5)	4.27m(4.2)	4.28m(4.0)				

Women Triple Jump Midget

=====						
West Region: # 11.53m 2011-05-28 Angela Mercurio, St.Mary's-Kitche						
Name		Year School		Finals		Wind
=====						
1	Maia Rodrigue		Grand River		10.73m	0.7
	10.62m(0.4)	10.55m(1.0)	10.50m(-0.8)	10.52m(0.1)	10.43m(0.9)	10.73m(0.7)
2	Emma Lemieux		Kitchener Waterl		10.64m	1.5
	10.02m(0.7)	9.29m(1.3)	10.36m(-0.7)	10.44m(1.3)	10.64m(1.5)	10.50m(0.7)
3	Jaidyn Nyhoff		Vista Academy		10.47m	1.1
	10.47m(1.1)	10.11m(1.5)	9.91m(-1.6)	10.29m(1.8)	10.13m(1.1)	10.41m(0.3)
4	Jaime Newell		Madill, F.E.		10.34m	0.1
	9.99m(1.7)	10.08m(+0.0)	9.95m(-2.4)	10.29m(0.9)	9.70m(1.3)	10.34m(0.1)
4	Nicole Paine		Galt - Cambridge		10.34m	-1.5
	10.09m(0.3)	10.21m(1.6)	10.34m(-1.5)	10.16m(1.6)	10.08m(0.1)	10.10m(0.4)
6	Laneigh Shirley		Northern - Sarnia		10.19m	0.5
	9.56m(1.6)	9.94m(1.1)	9.86m(-0.7)	9.35m(-0.4)	10.00m(0.2)	10.19m(0.5)

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....Women Triple Jump Midget

6	Alexandria Webb	St. Benedict	10.19m	0.3
	9.46m(2.0) 9.92m(0.5) FOUL	10.15m(0.5) 10.04m(1.5) 10.19m(0.3)		
8	Kirby Mackinnon	Chatham-Kent	9.99m	NWI
	9.48m(0.1) 9.55m(1.4) 9.84m(-0.1) 9.99m(NWI) FOUL	FOUL		
9	Ella Sottosanti	St. Patrick's	9.77m	-0.8
	9.74m(1.3) 9.77m(-0.8) 9.54m(-1.5)			
10	Emma Jackson	Madill, F.E.	9.74m	-1.1
	9.45m(0.4) 9.58m(0.5) 9.74m(-1.1)			
11	Rachel Hayden	Medway - Arva	9.72m	-0.8
	9.58m(1.2) 9.57m(1.2) 9.72m(-0.8)			
12	Taylor Meloche	St. Anne - Windsor	9.60m	1.2
	9.20m(0.2) 9.60m(1.2) 9.55m(-0.5)			
13	Hali Osborne	Medway - Arva	9.55m	0.2
	9.55m(0.2) FOUL 9.36m(-0.1)			
14	Jaci Mitchell	St. Mary's Dcvi	9.35m	1.9
	9.02m(+0.0) 9.35m(1.9) 8.70m(-1.4)			
15	Ainsleigh Wedow	St. Michael	9.32m	-2.3
	8.66m(0.5) 8.93m(1.0) 9.32m(-2.3)			

Women Shot Put Midget

=====

West Region: # 12.08m 2015-05-29 Adele St. John, Banting, Sir

Name	Year	School	Finals
=====			
1 Billie Martin		Sacred Heart	11.02m
	10.44m 10.29m 10.81m 10.56m 10.66m 11.02m		
2 sam Fischer		Diefenbaker, J.	10.99m
	10.33m 10.15m 10.84m 10.97m 10.31m 10.99m		
3 Kristyn Kistulinec		Blenheim - Blenheim	10.78m
	10.01m 9.74m 9.91m 10.29m 10.78m 10.19m		
4 Jacqueline Turner		Vincent Massey	10.57m
	10.43m 10.29m 10.11m 10.19m 10.38m 10.57m		
5 Lucy Tesseyman		Banting, Sir F.	10.55m
	8.87m 10.06m 10.24m 9.91m 10.55m 10.03m		
6 Abby Piatkowski		Ursuline College	10.43m
	9.72m 9.90m 10.43m 9.91m 10.24m 10.15m		
7 Makayla Roy		Stratford NW	10.28m
	FOUL 9.40m 10.28m 9.37m 9.67m 9.45m		
8 Lily Spoozak		C.C.H. - London	10.16m
	9.80m 10.16m 9.66m 9.47m 9.21m 10.11m		
9 Payton Bottomly		Westside	10.00m
	9.58m 10.00m 9.32m		
10 Eden Lohr		Assumption-Brant	9.98m
	9.27m 9.14m 9.98m		
11 Claudia Wolicka		C.C.H. - London	9.71m
	7.36m 9.71m FOUL		
12 Haley Kraft		North Lambton	9.35m
	9.35m 9.28m 9.24m		
13 Morgan Kloestra		Oakridge - London	9.22m
	8.98m 8.95m 9.22m		
14 Ava Mio		Kennedy, Hon.W.C	9.13m
	FOUL 8.48m 9.13m		
15 Breelle Shaw		Madill, F.E.	9.12m
	9.12m 8.55m 8.86m		

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....Women Shot Put Midget

16 Tristin Brown	St. Mary's (Os)	9.09m
8.45m 9.09m FOUL		

Women Discus Throw Midget

West Region: # 40.46m 1979		Liz POLYAK / Brantford-North	
Name	Year School	Finals	
=====			
1 Lucy Tesseyman	Banting, Sir F.	29.97m	
26.49m 28.68m 22.18m 26.16m 29.97m 29.08m			
2 Anij Sparenberg	Parkside	29.52m	
FOUL FOUL 24.62m 29.52m FOUL 28.77m			
3 Hanna Van Stuyvenberg	Madill, F.E.	27.90m	
26.11m 25.66m 22.67m FOUL 27.90m FOUL			
4 Taylor Paquette	Erin - Erin	26.87m	
FOUL FOUL 25.31m 26.87m 26.69m 25.90m			
5 Kailyn Robertson	Vista Academy	25.93m	
FOUL 22.13m 25.90m 25.25m 25.93m FOUL			
6 Jacqueline Turner	Vincent Massey	25.84m	
23.75m 25.84m 23.99m FOUL 21.15m 24.21m			
7 Makayla Roy	Stratford NW	25.47m	
25.47m 20.83m FOUL 24.24m FOUL FOUL			
8 Nathalie Keunan	Strathroy	25.40m	
22.23m 24.60m 20.05m 25.40m 24.56m 20.95m			
9 Lily Spoozak	C.C.H. - London	24.09m	
22.66m 21.63m 24.09m			
10 Morgan Sadler	Erin - Erin	23.35m	
20.08m 23.35m 22.68m			
11 Megan MacDonald	Lambton Central	23.08m	
23.08m 18.69m 21.36m			
12 Carlie Duncan	Lambton Central	22.66m	
21.23m 19.59m 22.66m			
13 Sophia Imola	Assumption-Brant	21.33m	
FOUL 21.33m FOUL			
14 Samantha Bedard	St. Patrick's	21.22m	
20.04m 21.01m 21.22m			
15 Stephanie Agnew	Waterloo	20.85m	
20.85m FOUL 18.83m			
16 Sarah Bakker	Erin - Erin	19.72m	
18.79m FOUL 19.72m			

Women Javelin Throw Midget

West Region: # 39.25m 2009		Brooke ROWLAND, Westside	
Name	Year School	Finals	
=====			
1 Alexandria Webb	St. Benedict	36.77m	
35.03m 32.80m 36.77m 32.61m 32.13m FOUL			
2 Anij Sparenberg	Parkside	31.13m	
30.36m 31.13m 29.51m 30.23m PASS PASS			
3 Ashley Spain	Delhi - Delhi	30.29m	
FOUL 29.55m FOUL FOUL 30.29m FOUL			
4 Makayla Roy	Stratford NW	30.09m	
29.06m 27.18m 30.09m 27.49m 29.60m FOUL			

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....Women Javelin Throw Midget

5	Mackenzie Manuliak	Huron Park	29.88m
	21.65m 24.67m 25.39m 29.88m 28.09m 26.66m		
6	Morgan Kloestra	Oakridge - London	28.41m
	FOUL 26.83m 28.41m 26.78m 26.01m 27.42m		
7	Myea Fleet	St. Anne-Clinton	28.15m
	FOUL 28.15m FOUL FOUL FOUL 27.58m		
8	Kristyn Kistulinec	Blenheim - Blenheim	26.43m
	26.43m FOUL FOUL 24.31m 23.66m 24.08m		
9	Tamara VanderHeide	London Christian	24.92m
	24.92m 24.20m 19.81m		
10	Caitlin Epp	Ross, John F.	23.32m
	23.32m 21.83m FOUL		
11	Emily Burd	Chatham-Kent	22.62m
	22.62m FOUL FOUL		
12	Blythe Hilpert	Kitchener Waterloo	22.09m
	FOUL 17.05m 22.09m		
13	Gracie Goodhill	North Lambton	21.70m
	21.59m 21.70m 14.91m		
14	Kira Hoskins	Sandwich - Windsor	19.79m
	16.23m 19.79m 18.83m		

Women 100 Meter Dash Junior

=====

West Region: # 11.89	1995	Margaret FOX / Guelph-Bishop Mac.
Name	Year School	Prelims Wind H#

=====

Preliminaries

1	Breah Walls	Sandwich - Windsor	12.62Q	2.5	2
2	Nicole Paczkowski	Assumption-Brant	12.66Q	2.3	1
3	Mikayla Schnarr	St. David	12.72Q	2.5	2
4	Rebecca Ampofowah	Macdonald, J.A.	12.82Q	2.3	1 12.813
5	Julia Gosling	Mother Teresa	12.82Q	2.5	2 12.815
6	Emma McKnight	Lord Dorchester	12.83Q	2.3	1
7	Payton Sabourin	Chatham-Kent	12.86q	2.3	1
8	Stella MacBride	Johnson, P.	12.94q	2.5	2
9	Alison Burns	St. Andre Bessette	12.99	2.5	2
10	Jonelle Clarke	London Central	13.03	2.3	1
11	Breana Vrolyk	Goderich - Goderich	13.12	2.5	2
12	Kayla Pallett	East Elgin - Aylmer	13.15	2.3	1
13	Brianna Taylor	St. Thomas	13.16	2.3	1
14	Julia Santin	St. Anne - Windsor	13.17	2.5	2
15	Nicole Hellinga	Woodland Christi	13.26	2.3	1

Women 100 Meter Dash Junior

=====

West Region: # 11.89	1995	Margaret FOX / Guelph-Bishop Mac.
Name	Year School	Finals Wind

=====

Finals

1	Breah Walls	Sandwich - Windsor	12.58	2.7
2	Nicole Paczkowski	Assumption-Brant	12.65	2.7
3	Rebecca Ampofowah	Macdonald, J.A.	12.74	2.7 12.732
4	Mikayla Schnarr	St. David	12.74	2.7 12.734
5	Emma McKnight	Lord Dorchester	12.83	2.7

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....Women 100 Meter Dash Junior

6	Julia Gosling	Mother Teresa	12.88	2.7
7	Stella MacBride	Johnson, P.	12.97	2.7
8	Payton Sabourin	Chatham-Kent	13.01	2.7

Women 200 Meter Dash Junior

=====				
West Region: #	24.13	1995	Margaret FOX / Guelph-Bishop Mac.	
Name	Year	School	Prelims	Wind H#
=====				

Preliminaries

1	Sabrena Small	Laurier, Sir W.	26.30Q	-0.1	2
2	Payton Sabourin	Chatham-Kent	26.66Q	0.7	1
3	Nicole Paczkowski	Assumption-Brant	26.51Q	-0.1	2
4	Emma McKnight	Lord Dorchester	26.79Q	0.7	1 26.782
5	Olivia Benzin	St. Benedict	26.78Q	-0.1	2
6	Kim Orton	Essex - Essex	26.99Q	0.7	1
7	Mikayla Schnarr	St. David	26.79q	-0.1	2 26.784
8	Breana Vrolyk	Goderich - Goderich	27.02q	-0.1	2
9	Lizzy Klosa	Elmira - Elmira	27.17	0.7	1
10	Kayla Pallett	East Elgin - Aylmer	27.46	0.7	1
11	Amanda Day	Strathroy	27.63	-0.1	2
12	Breah Walls	Sandwich - Windsor	27.89	0.7	1
13	Breanna Roberts	A.B. Lucas - London	28.06	0.7	1
14	Sydney Dajka	Waterloo-Oxford	28.24	-0.1	2
15	Samantha Crispo	St.Thomas	30.33	0.7	1

Women 200 Meter Dash Junior

=====				
West Region: #	24.13	1995	Margaret FOX / Guelph-Bishop Mac.	
Name	Year	School	Finals	Wind
=====				

Finals

1	Nicole Paczkowski	Assumption-Brant	26.08	-0.3
2	Sabrena Small	Laurier, Sir W.	26.21	-0.3
3	Payton Sabourin	Chatham-Kent	26.51	-0.3
4	Mikayla Schnarr	St. David	26.66	-0.3
5	Olivia Benzin	St. Benedict	26.68	-0.3
6	Kim Orton	Essex - Essex	26.73	-0.3
7	Breana Vrolyk	Goderich - Goderich	26.76	-0.3
8	Emma McKnight	Lord Dorchester	26.91	-0.3

Women 400 Meter Dash Junior

=====				
West Region: #	54.56	1994	Nadia SCHMEIDT / London-John Pau	
Name	Year	School	Finals	H#
=====				

1	Tiana LoStracco	St. James - Guelph	57.52	2
2	Payton Sabourin	Chatham-Kent	59.30	2
3	Jerriah Kelly	Holy Names	1:00.04	2
4	Sophie Gareau	Mgsr. Bruyere E S	1:00.37	2
5	Madelyn Bullock	Huron Park	1:01.19	2
6	Sydney Lam	C.C.H. - London	1:02.14	2
7	Nele Schumacher	London Central	1:02.50	1
8	Megan McCarter	Wallaceburg D S S	1:02.57	2

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....Women 400 Meter Dash Junior

9	Alanna Olteanu	Vincent Massey	1:03.20	1
10	Amber Champagne	Centennial - Guelph	1:03.24	1
11	Kirsten VanGoethem	Chatham-Kent	1:03.55	2
12	Claire Perkins	Macdonald, J.A.	1:04.18	1
13	Maggie McKee	Oakridge - London	1:04.59	1
14	Mackenzie Feenstra	Emmanuel Christi	1:05.22	1
15	Sydney Yost	St. Michael	1:07.37	1

Women 800 Meter Run Junior

=====				
West Region: # 2:08.52 2007-06-02 Jessica Parry, C. C. London				
	Name	Year School	Finals	H#
=====				
1	Tiana LoStracco	St. James - Guelph	2:13.07	2
2	Rebecca DeKay	Banting, Sir F.	2:16.09	2
3	Hannah Tait	St. Anne-Clinton	2:17.51	2
4	Nicole Larue	St.Joe's-Windsor	2:18.42	2
5	Aryanna Brown	Herman, W.F.	2:23.38	2
6	Tessa Ladhani	Guelph - Guelph	2:24.43	2
7	Sophie Gareau	Mgsr. Bruyere E S	2:24.66	1
8	Madelyn Bullock	Huron Park	2:25.39	2
9	Trinity Davis	Vincent Massey	2:25.71	1
10	Claire Perkins	Macdonald, J.A.	2:27.10	1
11	Maggie McKee	Oakridge - London	2:27.63	1
12	Alexa Mognon	Assumption-Winds	2:28.95	1
13	Amber Champagne	Centennial - Guelph	2:32.82	1
14	Alison Hansen	C.C.H. - London	2:37.63	2
--	Agatha Godlewski	St. James - Guelph	DNF	1

Women 1500 Meter Run Junior

=====				
West Region: # 4:28.35 2007-06-01 Jessica Parry, C. C. London				
	Name	Year School	Finals	
=====				
1	Rebecca DeKay	Banting, Sir F.	4:42.69	
2	Tessa Ladhani	Guelph - Guelph	4:48.23	
3	Nicole Larue	St.Joe's-Windsor	4:51.21	
4	Hannah Tait	St. Anne-Clinton	4:51.26	
5	Kaylee White	Northern - Sarnia	4:52.88	
6	Elizabeth Drake	St. Michael	5:00.33	
7	Paige Sweeney	Cameron Heights	5:00.71	
8	Emily Hattayer	London South	5:00.81	
9	Amber Patten	Vincent Massey	5:01.65	
10	Mia Ennis	Vincent Massey	5:06.76	
11	Gabrielle Urquhart	Strathroy	5:09.31	
12	Taylor Embree	Ross, John F.	5:17.68	
13	Alison Hansen	C.C.H. - London	5:17.74	
14	Trinity Davis	Vincent Massey	5:18.97	
15	Hope Biro	Simcoe - Simcoe	5:22.49	

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Women 3000 Meter Run Junior

=====			
West Region: # 9:50.02	2001	Amy KOHLMEIER / Sarnia-St. Pa	
Name	Year	School	Finals
=====			
1 Rebecca DeKay		Banting, Sir F.	10:24.99
2 Kaylee White		Northern - Sarnia	10:44.39
3 Megan Coutinho		ES L'Esson	10:48.58
4 Elizabeth Drake		St. Michael	10:49.73
5 Emily Hattayer		London South	11:02.59
6 Amber Patten		Vincent Massey	11:02.97
7 Mia Ennis		Vincent Massey	11:14.40
8 Gabrielle Urquhart		Strathroy	11:22.45
9 Paige Sweeney		Cameron Heights	11:33.22
10 Taylor Embree		Ross, John F.	11:38.75
11 Veronica Silvester		Oakridge - London	11:43.91
12 Montana Wilkins		Essex - Essex	11:52.86
13 Annemieke Tucker		Glenview Park	11:58.28
14 Charlotte Jones		St. Benedict	12:04.93
15 Abbey Davis		Woodstock	12:09.56
-- Wiley McGowan		Centre Dufferin	DNF

Women 80 Meter Hurdles Junior

=====			
West Region: # 11.01	1998	Jessica ZELINKA / London-Banting	
Name	Year	School	Prelims Wind H#
=====			
Preliminaries			
1 Karlie Moore		Sandwich - Windsor	11.81Q 2.0 2
2 Ireland Crowther		H.B. Beal - London	12.10Q 3.3 1
3 Sabrina Gigante		St. Andre Bessette	12.15Q 2.0 2
4 Jerriah Kelly		Holy Names	12.39Q 3.3 1
5 Julia Gosling		Mother Teresa	12.35Q 2.0 2
6 Anastasia Lloyd		Cameron Heights	12.40Q 3.3 1
7 Kim Orton		Essex - Essex	12.45q 3.3 1
8 Samantha Crispo		St.Thomas	12.74q 2.0 2
9 Celia Markovinovic		Bishop MacDonnel	12.80 3.3 1
10 Jessie Ramseyer		Cameron Heights	12.83 2.0 2
11 Jenna Wilkins		Northern - Sarnia	12.84 3.3 1
12 Madelyn Eybergen		Kincardine	12.87 2.0 2
13 Katie McDonald		Lord Dorchester	13.02 3.3 1
14 MacKeely Shantz		Waterloo-Oxford	13.15 3.3 1
15 Melanie McColl		Mother Teresa	13.20 2.0 2
16 Caitlyn Evelyn		East Elgin - Aylmer	13.97 2.0 2

Women 80 Meter Hurdles Junior

=====			
West Region: # 11.01	1998	Jessica ZELINKA / London-Banting	
Name	Year	School	Finals Wind
=====			
Finals			
1 Karlie Moore		Sandwich - Windsor	11.83 -1.3
2 Kim Orton		Essex - Essex	12.10 -1.3
3 Ireland Crowther		H.B. Beal - London	12.19 -1.3
4 Sabrina Gigante		St. Andre Bessette	12.23 -1.3
5 Julia Gosling		Mother Teresa	12.25 -1.3

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....Women 80 Meter Hurdles Junior

6	Jerriah Kelly	Holy Names	12.35	-1.3
7	Samantha Crispo	St.Thomas	12.57	-1.3
8	Anastasia Lloyd	Cameron Heights	12.70	-1.3

Women 300 Meter Hurdles Junior

=====				
West Region: # 41.78		1994	Nadia SCHMEIDT / London-John Pau	
Name	Year	School	Finals	H#
=====				
1	Karlie Moore	Sandwich - Windsor	43.78	2
2	Jerriah Kelly	Holy Names	44.46	2
3	Kim Orton	Essex - Essex	45.82	2
4	Madelyn Bullock	Huron Park	45.89	2
5	Sophie Gareau	Mgsr. Bruyere E S	46.82	1
6	Madelyn Eybergen	Kincardine	46.97	2
7	Kirsten VanGoethem	Chatham-Kent	47.47	2
8	Sabrina Gigante	St. Andre Bessette	47.84	2
9	Brooklyn Haelzle	Lady of Lourdes	47.98	2
10	MacKeely Shantz	Waterloo-Oxford	48.75	1
11	Maggie McKee	Oakridge - London	48.84	1
12	Samantha Reidy	St. Michael	49.24	1
13	Andreya Lafontaine	Sandwich - Windsor	49.36	1 49.353
14	Jessie Ramseyer	Cameron Heights	49.36	1 49.359
15	Madeline Schroder	St.Mary's-Kitche	49.58	1
16	Caitlyn Evelyn	East Elgin - Aylmer	50.23	1

Women 4x100 Meter Relay Junior

=====				
West Region: # 49.53		2015-05-29	W. F. Herman - Windsor, Herman, J Jackson, A Traore, T Freckleton, S Guimond	
School			Finals	H#
=====				
1	Sandwich - Windsor	'A'	50.14	2
	1) Ancika Quimby			
	3) Andreya Lafontaine			
2	Mother Teresa - London	'A'	50.84	2
	1) Julia Gosling			
	3) Melanie McColl			
3	St Thomas of Villanova-Lasalle	'A'	51.39	2
	1) Samantha Crispo			
	3) Brianna Taylor			
4	Chatham-Kent - Chatham	'A'	51.60	2
	1) Alison Stephens			
	3) Chloe Pugh			
5	Cameron Heights - Kitchener	'A'	51.75	2
	1) Anastasia Lloyd			
	3) Jessie Ramseyer			
6	Northern - Sarnia	'A'	52.04	1
	1) Cassidy Hirtle			
	3) Julia Pagano			
7	East Elgin - Aylmer	'A'	52.64	2
	1) Kayla Pallett			
	3) Leedell Springer			
8	Sir John A Macdonald SS	'A'	52.75	1

West Region: # 1.77m 1985						Catherine BOND / Woodstock CI					
Name	Year					School	Finals				
1 Madelyn Eybergen						Kincardine	1.66m				
	1.30	1.35	1.40	1.45	1.50	1.53	1.56	1.59	1.63	1.66	1.70
	P	P	P	O	O	O	XO	O	XO	O	XXX
2 Cara TenBruggencate						Jacob Hespeler	1.56m				
	1.30	1.35	1.40	1.45	1.50	1.53	1.56	1.59			
	P	O	O	O	O	XO	XXO	XXX			
3 Maia Mwalwanda						Macdonald, J.A.	1.53m				
	1.30	1.35	1.40	1.45	1.50	1.53	1.56				
	P	P	O	XO	O	O	XXX				
4 Emily Smith						Kitchener Waterl	1.53m				
	1.30	1.35	1.40	1.45	1.50	1.53	1.56				
	P	P	O	O	O	XO	XXX				
5 Olivia Robinson						East Elgin - Aylmer	1.53m				
	1.30	1.35	1.40	1.45	1.50	1.53	1.56				
	P	P	O	O	XO	XO	XXX				
5 Tia Christensen						Oakridge - London	1.53m				
	1.30	1.35	1.40	1.45	1.50	1.53	1.56				
	P	P	O	O	XO	XO	XXX				
7 Bailey Spence						Ursuline College	1.50m				
	1.30	1.35	1.40	1.45	1.50	1.53					
	P	XO	O	O	XO	XXX					

West Region: # 3.70m 2010-05-28 Alysha Newman, Mother Teresa												
Name	Year School										Finals	
1 Lauren Hurrell	St. Andre Bessette										3.20m	
1.50 1.70 1.90 2.10 2.30 2.45 2.60 2.75 2.90 3.05 3.20 3.30												
PPP PPP PPP PPP PPP PPP O O O O O XXX												
2 Brooke Meloche	Sandwich - Windsor										3.05m	
1.50 1.70 1.90 2.10 2.30 2.45 2.60 2.75 2.90 3.05 3.20												
PPP PPP PPP PPP PPP O O O XXO O XXX												
3 Anakin McMahon	Woodstock										2.90m	
1.50 1.70 1.90 2.10 2.30 2.45 2.60 2.75 2.90 3.05												
PPP PPP PPP PPP PPP PPP O O O XXX												
4 Victoria Quance	Lord Dorchester										2.75m	
1.50 1.70 1.90 2.10 2.30 2.45 2.60 2.75 2.90												
PPP PPP PPP PPP O O XXO XO XXX												
5 Emily Smith	Kitchener Waterl										2.60m	
1.50 1.70 1.90 2.10 2.30 2.45 2.60 2.75												
PPP PPP PPP O O O O XXX												
6 Makayla Egan	Woodstock										2.45m	
1.50 1.70 1.90 2.10 2.30 2.45 2.60												
PPP PPP O O O XXX												
7 Sara Michie	Vincent Massey										2.45m	
1.50 1.70 1.90 2.10 2.30 2.45 2.60												
PPP O O XO XO O XXX												

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....Women Pole Vault Junior

8	Amelia Potts	Sandwich - Windsor	2.45m
	1.50 1.70 1.90 2.10 2.30 2.45 2.60		
	PPP PPP XO O O XO XXX		
9	Colette Black	Mother Teresa	2.45m
	1.50 1.70 1.90 2.10 2.30 2.45 2.60		
	PPP PPP PPP O XO XXO XXX		
10	Mariana Latta Suazo	Cameron Heights	2.30m
	1.50 1.70 1.90 2.10 2.30 2.45		
	PPP O O O XO XXX		
10	Sarah Chevers	St.Thomas Aquina	2.30m
	1.50 1.70 1.90 2.10 2.30 2.45		
	PPP PPP PPP O XO XXX		
12	Hanna Gingerich	Cameron Heights	2.10m
	1.50 1.70 1.90 2.10 2.30		
	PPP PPP O O XXX		
13	Elizabeth Elliot	Vincent Massey	2.10m
	1.50 1.70 1.90 2.10 2.30		
	PPP O XO XO XXX		
14	Breanna Lusted	Macdonald, J.A.	2.10m
	1.50 1.70 1.90 2.10 2.30		
	PPP PPP O XXO XXX		

Women Long Jump Junior

=====						
West Region: # 5.76m 1981 Tina LETOURNEAU / Windsor-Brennan						
Name	Year	School	Finals	Wind		
=====						
1 Abbey Gibb		General Amherst	5.16m	2.5		
	5.12m(-1.4)	FOUL(2.8)	5.02m(0.7)	5.16m(2.5)	FOUL(1.2)	FOUL(1.5)
2 Paige Vrolyk		St. Patrick's	5.11m	1.4		
	FOUL(-0.4)	4.85m(1.2)	5.08m(2.1)	4.90m(3.0)	5.08m(-0.6)	5.11m(1.4)
3 Sequoia Kim		Guelph - Guelph	5.11m	2.0		
	5.02m(-1.9)	FOUL(2.2)	FOUL(3.2)	FOUL(1.9)	5.04m(2.3)	5.11m(2.0)
4 Sarah Sugimoto		London South	4.93m	2.0		
	FOUL(-0.6)	4.93m(2.0)	4.93m(2.4)	FOUL(2.2)	4.68m(0.4)	4.59m(2.4)
5 Miranda Cox		A.B. Lucas - London	4.92m	NWI		
	4.92m(NWI)	FOUL	FOUL	FOUL	FOUL	
6 Abbey Konopka		London South	4.88m	2.7		
	4.12m(-0.7)	4.56m(-1.6)	4.88m(2.7)	4.05m(1.4)	4.88m(1.1)	4.69m(-0.4)
7 Rhiannon Hebert		Kennedy, Hon.W.C	4.88m	1.7		
	4.22m(0.8)	4.68m(1.7)	4.88m(1.7)	4.42m(1.4)	4.49m(0.9)	4.74m(1.0)
8 Jayla Walton		Grey Highlands	4.84m	3.4		
	4.06m(-3.4)	4.84m(3.4)	4.72m(3.4)	4.81m(2.2)	FOUL(2.0)	4.50m(2.1)
9 Katie McDonald		Lord Dorchester	4.81m	2.4		
	4.68m(1.7)	4.76m(-0.5)	4.81m(2.4)			
10 Carina Wolfert		Woodland Christi	4.81m	2.8		
	4.60m(-0.2)	4.60m(0.8)	4.81m(2.8)			
11 Alex Banks		Walkerville	4.56m	2.0		
	4.32m(-2.0)	4.56m(2.0)	4.34m(2.4)			
12 Sophie Kostakos		Oakridge - London	4.53m	2.2		
	4.24m(0.9)	4.37m(2.0)	4.53m(2.2)			
13 Nicole Hellinga		Woodland Christi	4.49m	-0.8		
	4.49m(-0.8)	3.56m(-1.0)	FOUL(2.0)			

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....Women Long Jump Junior

14 Andrey Lafontaine Sandwich - Windsor 4.40m 3.3
 4.28m(+0.0) 4.40m(3.3) 4.21m(1.4)

Women Triple Jump Junior

=====						
West Region: # 11.94m 1995		Monique HAAN / London Christian				
Name	Year	School	Finals		Wind	
=====						
1 Nele Schumacher		London Central	11.02m	0.8		
11.02m(0.8)	11.00m(0.9)	10.81m(0.4)	10.29m(-1.3)	FOUL	FOUL	
2 Paige Vrolyk		St. Patrick's	10.95m	0.9		
10.95m(0.9)	10.89m(0.9)	10.61m(-0.8)	10.89m(-1.2)	10.94m(-0.8)	10.47m(0.3)	
3 Abbey Gibb		General Amherst	10.88m	1.4		
10.65m(0.1)	10.88m(1.4)	10.63m(0.4)	10.63m(0.2)	10.37m(-0.9)	10.76m(0.4)	
4 Carina Wolfert		Woodland Christi	10.85m	1.8		
10.35m(0.7)	10.46m(0.8)	10.56m(2.6)	10.42m(-1.1)	9.83m(-1.0)	10.85m(1.8)	
5 MacKeely Shantz		Waterloo-Oxford	10.79m	1.0		
10.44m(1.0)	10.59m(-0.1)	10.45m(0.4)	10.13m(-1.3)	10.24m(-0.6)	10.79m(1.0)	
6 Amelia Potts		Sandwich - Windsor	10.62m	0.5		
10.48m(1.0)	10.61m(0.7)	10.13m(-0.7)	10.25m(-1.9)	10.13m(-1.4)	10.62m(0.5)	
7 Miranda Cox		A.B. Lucas - London	10.54m	1.2		
10.32m(1.2)	10.24m(-0.4)	FOUL	10.11m(-0.3)	10.15m(-1.8)	10.54m(1.2)	
8 Joanna VanDeWalle		St. Michael	10.38m	-0.1		
9.85m(-0.2)	10.02m(0.1)	10.34m(-0.4)	9.62m(-1.2)	9.77m(-0.7)	10.38m(-0.1)	
9 Tayjah Bryan		Cameron Heights	10.24m	+0.0		
9.99m(0.8)	10.24m(+0.0)	9.82m(+0.0)				
10 Chloe Vidamour		Holy Names	10.23m	-0.5		
10.23m(-0.5)	9.85m(0.7)	9.84m(-0.2)				
11 Sequoia Kim		Guelph - Guelph	10.21m	0.6		
10.11m(0.4)	10.21m(0.6)	9.86m(-0.4)				
12 Sarah Sugimoto		London South	10.18m	0.6		
9.95m(-0.4)	10.05m(1.6)	10.18m(0.6)				
13 Katie McDonald		Lord Dorchester	10.04m	0.2		
10.04m(0.2)	9.81m(-0.1)	9.66m(2.5)				
14 Sarah Hardy		Macdonald, J.A.	9.97m	0.3		
9.97m(0.3)	FOUL(0.1)	9.07m(+0.0)				
15 Nicole Eaton		Stratford Centra	9.60m	0.3		
9.41m(0.5)	9.42m(+0.0)	9.60m(0.3)				
16 Alex Banks		Walkerville	9.45m	0.9		
FOUL	9.35m(+0.0)	9.45m(0.9)				

Women Shot Put Junior

West Region: # 13.45m 2016-05-28 Adele St. John, Banting, Sir						
Name	Year		School		Finals	
1 Audrey O'Connor			E.J. Lajeunesse		12.99m	
12.49m	12.00m	12.08m	11.46m	12.90m	12.99m	
2 Trinity Papamandjaris			Banting, Sir F.		11.64m	
10.85m	10.28m	11.64m	11.27m	11.02m	FOUL	
3 Elizabeth Sullivan			Holy Trinity		11.62m	
11.37m	11.62m	11.19m	10.86m	11.19m	11.34m	
4 Seija Huhtala			Vista Academy		11.53m	
11.52m	11.53m	9.89m	10.83m	11.27m	11.45m	

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....Women Shot Put Junior

5	Megan McCurdy	St.Thomas Aquina	11.52m
	9.96m 9.87m 11.23m 11.52m 11.45m FOUL		
6	Sarah Ashby	Lord Dorchester	10.88m
	FOUL 10.88m 9.78m 10.35m 10.43m 10.73m		
7	Nicole Kelly	Brantford	10.87m
	10.07m 10.87m 10.24m 10.33m 10.64m 10.76m		
8	Madison Winegard	Northern - Sarnia	10.84m
	10.84m 10.44m 10.62m 8.54m 9.53m 10.44m		
9	Avory Konrad-Dolson	Owen Sound	10.62m
	10.31m 10.62m 9.71m		
10	Marielle Kleuskens	Saunders - London	10.61m
	9.58m 10.61m FOUL		
11	Madison Coolman	Huron Heights	10.51m
	10.51m 10.36m FOUL		
12	Alison Stephens	Chatham-Kent	10.42m
	FOUL 10.32m 10.42m		
13	Nicole Venhuizen	Oakridge - London	10.40m
	10.40m 9.91m 9.42m		
14	Emma Waight	Banting, Sir F.	10.05m
	8.82m 10.05m 9.74m		
15	Laura Maieron	St. James - Guelph	9.95m
	9.35m 9.95m 9.61m		
16	Delaney Gould	Northern - Sarnia	8.80m
	FOUL FOUL 8.80m		

Women Discus Throw Junior

=====			
West Region: # 44.24m 1981		Liz POLYAK / Brantford-North	
Name	Year	School	Finals
=====			
1	Alison Stephens	Chatham-Kent	34.64m
	FOUL FOUL 32.94m 33.25m 34.64m 31.30m		
2	Mackenzie Wilson	Sandwich - Windsor	32.55m
	32.55m 31.90m FOUL FOUL FOUL 30.14m		
3	Delaney Gould	Northern - Sarnia	31.59m
	26.97m 28.36m 27.94m 31.59m 30.07m 29.44m		
4	Taylor Thurlow	Bluevale - Waterloo	30.60m
	21.96m 28.60m 28.68m 26.99m 26.85m 30.60m		
5	Joceline Warren	Strathroy	30.41m
	FOUL 29.54m FOUL FOUL 29.08m 30.41m		
6	Skyler Stockie	St. Michael	30.25m
	27.77m 29.44m 28.93m 26.82m 30.25m 28.49m		
7	Mara St. John	Banting, Sir F.	28.15m
	25.05m 2.78m 27.78m 28.00m FOUL 28.15m		
8	Laura Maieron	St. James - Guelph	26.19m
	23.82m 21.79m 25.96m 23.62m 26.19m 22.00m		
9	Madison Coolman	Huron Heights	25.90m
	24.02m 25.90m 23.80m		
10	Elizabeth Sullivan	Holy Trinity	25.80m
	25.80m 24.32m FOUL		
11	Trinity Papamandjaris	Banting, Sir F.	25.60m
	24.03m 21.26m 25.60m		
12	Amanda Frayne	Lambton Central	25.15m
	FOUL 24.50m 25.15m		

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....Women Discus Throw Junior

13 Marielle Kleuskens	Saunders - London	24.68m
23.01m FOUL 24.68m		
14 Nakeisha Ecker-Belle	Brantford	23.30m
20.44m 18.97m 23.30m		
15 Allie Van Dyk	Central Elgin	23.26m
23.26m 21.95m 18.03m		
16 Maia Natvik	Ridgetown	22.03m
19.99m 21.22m 22.03m		

Women Javelin Throw Junior

=====									
West Region: # 48.84m 1989				Margaret GRIFFITHS / Windsor					
Name		Year		School				Finals	
=====									
1	Holly Hanchiruk			Huron Park				36.82m	
	34.88m	32.85m	32.98m	36.82m	FOUL	30.21m			
2	Laura Kelley			Saunders - London				34.70m	
	34.25m	31.44m	34.70m	32.25m	FOUL	34.32m			
3	Emily Guzzo			St.Thomas Aquina				33.80m	
	31.17m	28.43m	31.05m	30.52m	33.80m	33.13m			
4	Marandee Hunter			Chatham-Kent				32.42m	
	29.93m	31.09m	FOUL	29.60m	32.42m	29.39m			
5	Megan Tramble			Mother Teresa				31.98m	
	30.97m	30.05m	30.20m	29.95m	31.98m	FOUL			
6	Diana Pizzacroli			Vista Academy				31.47m	
	FOUL	29.11m	31.47m	30.54m	28.70m	28.79m			
7	Avory Konrad-Dolson			Owen Sound				29.84m	
	29.29m	28.51m	29.84m	29.04m	29.20m	28.98m			
8	Cassandra Kunkle			Holy Cross				29.75m	
	29.09m	26.88m	29.75m	28.67m	FOUL	FOUL			
9	Talia Ross			St. Patrick's				28.30m	
	25.90m	28.30m	27.29m						
10	Elizabeth Sullivan			Holy Trinity				28.22m	
	28.22m	23.55m	25.25m						
11	Nicole Kelly			Brantford				26.79m	
	26.79m	26.05m	25.49m						
12	Latavia Pearson			Galt - Cambridge				26.44m	
	FOUL	26.44m	FOUL						
13	Corinne Devinne			Holy Cross				25.49m	
	FOUL	23.52m	25.49m						
14	Veronica Samborski			Simcoe - Simcoe				25.36m	
	23.90m	24.97m	25.36m						
15	Samantha Regnier			Sandwich - Windsor				25.19m	
	FOUL	FOUL	25.19m						

Women 100 Meter Dash Senior

=====						
West Region: # 11.89		2011-05-27	Jellisa Westney, St. Benedict			
Name		Year	School	Prelims	Wind	H#
=====						
Preliminaries						
1	Von Davis		St. James - Guelph	12.10Q	2.6	1
2	Marvelous Agbonwaneten		Holy Names	12.29Q	1.4	2
3	Tyra Boug		Huron Heights	12.12Q	2.6	1

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4	Tomi Bamigbade	Cameron Heights	12.30Q	1.4	2	
5	Jada Jackson	Herman, W.F.	12.22Q	2.6	1	
6	Jessica Forcey	Mother Teresa	12.60Q	1.4	2	
7	Piper Doo	Regina Mundi	12.55q	2.6	1	
8	Jordyn Waters	St. David	12.64q	1.4	2	
9	Vivian Ogor	Resurrection	12.68	2.6	1	
10	Jasmine Scott-Kilgo	Sandwich - Windsor	12.70	1.4	2	
11	Haleigh Cole	Glendale	12.71	2.6	1	
12	Claire Larose	Oakridge - London	12.75	1.4	2	12.743
13	Antonina Struminski-Bodd	Mother Teresa	12.75	1.4	2	12.750
14	Chloe Gignac	St.Thomas	12.78	2.6	1	12.775
15	Lena Robinson	St. Anne-Clinton	12.78	2.6	1	12.778
16	Tanay Freckleton	Herman, W.F.	12.82	1.4	2	

Women 100 Meter Dash Senior

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West Region: # 11.89 2011-05-27 Jellisa Westney, St. Benedict

Name	Year	School	Finals	Wind
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Finals

1	Jada Jackson	Herman, W.F.	12.08	2.6
2	Von Davis	St. James - Guelph	12.14	2.6
3	Marvelous Agbonwaneten	Holy Names	12.16	2.6
4	Tomi Bamigbade	Cameron Heights	12.22	2.6
5	Tyra Boug	Huron Heights	12.27	2.6
6	Jessica Forcey	Mother Teresa	12.58	2.6
7	Piper Doo	Regina Mundi	12.63	2.6
8	Jordyn Waters	St. David	12.72	2.6

Women 200 Meter Dash Senior

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West Region: # 24.20 2016-05-28 Ashlan Best, Centennial

Name	Year	School	Prelims	Wind	H#
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Preliminaries

1	Ashlan Best	Centennial - Guelph	# 23.83Q	-0.7	1
2	Marvelous Agbonwaneten	Holy Names	25.15Q	0.6	2
3	Von Davis	St. James - Guelph	24.92Q	-0.7	1
4	Jada Jackson	Herman, W.F.	25.22Q	0.6	2
5	Tomi Bamigbade	Cameron Heights	25.37Q	-0.7	1
6	Jessica Forcey	Mother Teresa	26.15Q	0.6	2
7	Megan Beaudry	Lord Dorchester	25.78q	-0.7	1
8	Sarah Hodgson	Jacob Hespeler	26.23q	-0.7	1
9	Antonina Struminski-Bodd	Mother Teresa	26.25	-0.7	1
10	Claire Larose	Oakridge - London	26.40	0.6	2
11	Lena Robinson	St. Anne-Clinton	26.45	-0.7	1
12	Kiera Jackson	Leamington	26.76	0.6	2
13	Brenna Schmitt	London Central	26.83	-0.7	1
14	Kimora Harris	Assumption-Winds	26.94	0.6	2
15	Kennedy Campeau	Essex - Essex	27.35	0.6	2

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Women 200 Meter Dash Senior

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West Region: # 24.20 2016-05-28 Ashlan Best, Centennial

Name	Year	School	Finals	Wind
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Finals

1	Ashlan Best	Centennial - Guelph	23.71#	-0.8
2	Jada Jackson	Herman, W.F.	24.72	-0.8
3	Marvelous Agbonwaneten	Holy Names	24.80	-0.8
4	Von Davis	St. James - Guelph	24.82	-0.8
5	Tomi Bamigbade	Cameron Heights	25.34	-0.8
6	Jessica Forcey	Mother Teresa	26.00	-0.8
7	Megan Beaudry	Lord Dorchester	26.01	-0.8
8	Sarah Hodgson	Jacob Hespeler	26.32	-0.8

Women 400 Meter Dash Senior

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West Region: # 55.02 1985 Nadia SCHMEIDT / London-J.Paul I

Name	Year	School	Finals	H#
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1	Ashlan Best	Centennial - Guelph	56.29	2
2	Megan Beaudry	Lord Dorchester	57.54	2
3	Ally Oulds	Chatham-Kent	57.61	2
4	Taneidra Cain	Herman, W.F.	57.88	2
5	Brooke Overholt	St. Michael	58.18	2
6	Madi Jarvis	Guelph - Guelph	59.07	2
7	Adi Traore	Herman, W.F.	59.61	2
8	Kaitlynn Meier-Ross	Centennial - Guelph	59.71	2
9	Antonina Struminski-Bodd	Mother Teresa	1:00.96	1
10	Sara Farquarson	Guelph - Guelph	1:01.20	1
11	Mackenzie Morgan	Kitchener Waterl	1:01.41	1
12	Melanie Clayton	Medway - Arva	1:01.89	1
13	Frida Kapstad	Mitchell - Mitchell	1:02.45	1
14	Anna Ulicny	St. Anne - Windsor	1:02.54	1
15	Kennedy Campeau	Essex - Essex	1:03.60	1
--	Julia Vanhoucke	Saunders - London	DNF	1

Women 800 Meter Run Senior

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West Region: # 2:07.84 2014-05-31 Kailee Sawyer, Bluevale

Name	Year	School	Finals	H#
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=====

1	Laura Parkinson	C.C.H. - London	2:10.40	2
2	Mikenna Vanderheyden	Strathroy	2:11.97	2
3	Mackenzie Morgan	Kitchener Waterl	2:15.77	2
4	Christine Laurie	Kitchener Waterl	2:16.14	2
5	Martina Tait	St. Anne-Clinton	2:17.82	2
6	Lauren Perkins	Northern - Sarnia	2:19.71	2
7	Elizabeth Teasell	Centr Wellington	2:19.89	2
8	Paige Phills	Riverside - Windsor	2:22.26	1
9	Melanie Clayton	Medway - Arva	2:23.08	2
10	Cassidy Sollen	North Lambton	2:24.07	1
11	Madi Jarvis	Guelph - Guelph	2:24.36	1
12	Madison Burnham	Vista Academy	2:24.80	1
13	Katie Black	Saunders - London	2:25.66	1
14	Hope Harnack	St. Benedict	2:26.13	1

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....Women 800 Meter Run Senior

15 Alanna Budden	Belle River	2:29.19	1
16 Nadine Osman	London Central	2:35.58	1

Women 1500 Meter Run Senior

=====			
West Region: # 4:26.66	2008	Jessica PARRY, Catholic Cen	
Name	Year School	Finals	
=====			
1 Laura Parkinson	C.C.H. - London	4:30.12	
2 Sevanne Ghazarian	St. Benedict	4:31.01	
3 Christine Laurie	Kitchener Waterl	4:37.51	
4 Martina Tait	St. Anne-Clinton	4:42.60	
5 Zoe Burke	London South	4:47.41	
6 Natalie Verschoor	Assumption-Brant	4:51.59	
7 Juliette Davies	Cameron Heights	4:52.78	
8 Lauren Perkins	Northern - Sarnia	4:53.55	
9 Elizabeth Teasell	Centr Wellington	4:58.54	
10 Caroline Forbes	Northern - Sarnia	5:03.84	
11 Lynnsey Copat	Herman, W.F.	5:08.06	
12 Miah St. Pierre	Chatham-Kent	5:12.39	
13 Nadine Osman	London Central	5:15.95	
14 Kyleigh Stubbs	St.Joe-St.Thomas	5:20.65	
15 Ainsley McNamara	Chatham Christia	5:27.09	
16 Amy Ropchan	East Elgin - Aylmer	5:30.46	

Women 3000 Meter Run Senior

=====			
West Region: # 9:39.9h	1992	Kathy BUTLER / Waterloo CI	
Name	Year School	Finals	
=====			
1 Sevanne Ghazarian	St. Benedict	9:35.23#	
2 Zoe Burke	London South	10:20.52	
3 Natalie Verschoor	Assumption-Brant	10:22.91	
4 Maya Hannagan	Vincent Massey	10:30.77	
5 Chloe Walker	Vincent Massey	10:30.99	
6 Caroline Forbes	Northern - Sarnia	11:02.72	
7 Kassidy Griulich	Galt - Cambridge	11:16.90	
8 Caitlin Sostar	Westside	11:25.18	
9 Emily Huras	Waterloo-Oxford	11:28.74	
10 Joyce Bacic	Ursuline College	11:39.01	
11 Emma Davis	Woodstock	11:41.83	
12 Daniela Papac	Assumption-Winds	11:56.46	
13 Corina Simpson	Oakridge - London	12:01.58	
14 Alexandra Eigner	Mother Teresa	12:03.26	
15 Bailey Milos	Strathroy	12:10.36	
16 Sophia Slater	St. Mary's Dcvi	12:19.27	

Women 100 Meter Hurdles Senior

=====			
West Region: # 13.15	2000	Jessica ZELINKA / London-Banting	
Name	Year School	Prelims	Wind H#
=====			
Preliminaries			
1 Jasmine Scott-Kilgo	Sandwich - Windsor	14.38Q	3.1 2 14.372

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....Women 100 Meter Hurdles Senior

2	Tomi Bamigbade	Cameron Heights	14.72Q	1.7	1
3	Kaylyn Hall	H.B. Beal - London	14.38Q	3.1	2 14.376
4	Jessica McKim	Sandwich - Windsor	14.89Q	1.7	1
5	Megan Dunn	Lord Dorchester	14.71Q	3.1	2
6	Nike Abiodun	Waterloo	15.19Q	1.7	1
7	Destiny Vandenberg	St.Thomas Aquina	14.86q	3.1	2
8	Skyla Minaker	Northern - Sarnia	15.48q	1.7	1
9	Nia Holmes	General Amherst	15.91	3.1	2
10	Katy Magoffin	Woodstock	16.11	1.7	1
11	Maleeha Siddiqui	Banting, Sir F.	16.14	3.1	2
12	Tatjana Kirincic	St.Thomas	16.24	1.7	1
13	Hana Vezsenyi	Resurrection	17.08	3.1	2
14	Cassidy Murray- Collins	Kincardine	17.12	1.7	1
15	Jessica Johnston	Madill, F.E.	17.15	3.1	2
16	Amy Hasson	Lady of Lourdes	17.24	1.7	1

Women 100 Meter Hurdles Senior

=====

West Region: # 13.15	2000	Jessica ZELINKA / London-Banting
Name	Year School	Finals Wind

=====

Finals

1	Kaylyn Hall	H.B. Beal - London	14.15	0.9
2	Jasmine Scott-Kilgo	Sandwich - Windsor	14.39	0.9
3	Tomi Bamigbade	Cameron Heights	14.41	0.9
4	Megan Dunn	Lord Dorchester	14.50	0.9
5	Destiny Vandenberg	St.Thomas Aquina	14.73	0.9
6	Jessica McKim	Sandwich - Windsor	14.89	0.9
7	Nike Abiodun	Waterloo	15.08	0.9
8	Skyla Minaker	Northern - Sarnia	15.57	0.9

Women 400 Meter Hurdles Senior

=====

West Region: # 58.03	1995	Nadia SCHMEIDT / London-John Pau
Name	Year School	Finals H#

=====

1	Ally Oulds	Chatham-Kent	1:02.30	2
2	Katie Beaudry	Lord Dorchester	1:02.66	2
3	Brooke Overholt	St. Michael	1:03.33	2
4	Julia Vanhoucke	Saunders - London	1:04.48	2
5	Kaitlynn Meier-Ross	Centennial - Guelph	1:05.90	2
6	Sylvia Dean	Sandwich - Windsor	1:06.08	2
7	Chloe Knox	A.B. Lucas - London	1:07.73	1
8	Christy Rizzo	Saunders - London	1:08.01	1
9	Taneidra Cain	Herman, W.F.	1:08.10	2
10	Jessica Hodgkin	Sandwich - Windsor	1:08.32	1
11	Jamie Cunningham	Sandwich - Windsor	1:08.66	1
12	Maggie Gibson	Eastwood C I	1:12.19	1
13	Amy Hasson	Lady of Lourdes	1:12.32	1
14	Charlotte Manella	Bishop MacDonnel	1:14.45	1
--	Savannah Campbell	Elmira - Elmira	DNF	1

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Women 4x100 Meter Relay Senior

=====				
West Region: # 48.35 2016-05-27 W. F. Herman - Windsor, Herman, T Freckleton, J Jackson, T Cain, A Traore				
School		Finals	H#	
=====				
1 W. F. Herman - Windsor 'A'		48.43	2	
1) Jada Jackson	2) Adi Traore			
3) Tanay Freckleton	4) Taneidra Cain			
2 St. David - Waterloo 'A'		49.26	2	
1) Mackenzie Denomme	2) Alissa Melvin			
3) Mikayla Schnarr	4) Jordyn Waters			
3 Lord Dorchester - Dorchester 'A'		49.49	2	
1) Megan Dunn	2) Megan Beaudry			
3) Katie Beaudry	4) Emma McKnight			
4 Sandwich - Windsor 'A'		50.09	2	
1) Jamie Cunningham	2) Jasmine Scott-Kilgo			
3) Sylvia Dean	4) Jessica McKim			
5 Mother Teresa - London 'A'		50.13	2	
1) Isabella Alfonso	2) Jessica Forcey			
3) Melissa McColl	4) Antonina Struminski-Bodden			
6 Centennial - Guelph 'A'		50.25	1	
1) Jessica Forrest	2) Kaitlynn Meier-Ross			
3) Joanna Hui	4) Ashlan Best			
7 Essex - Essex 'A'		50.27	2	
1) Makayla McKibbin	2) Lucia McElwain			
3) Kennedy Campeau	4) Kim Orton			
8 Guelph - Guelph 'A'		50.38	2	
1) Sequoia Kim	2) Jordyn Farquarson			
3) Madi Jarvis	4) Sara Farquarson			
9 Chatham-Kent - Chatham 'A'		50.98	1	
1) Taryn Dudley	2) Ally Oulds			
3) Ayla Jacobs	4) Hannah St. Pierre			
10 Resurrection - Kitchener 'A'		51.05	2	
1) Vivian Ogor	2) Chloe Hillier			
3) Justine Bissonnette	4) Eliza Smith			
11 St Thomas of Villanova-Lasalle 'A'		51.94	1	
1) Tatjana Kirincic	2) Chloe Gignac			
3) Jaylyn Cirino	4) Mandy Brunet			
12 Catholic Central - London 'A'		52.43	1	
1) Sophia McKillop	2) Sydney Lam			
3) Amrita Kiss	4) Olivia Walker			
13 Sir Frederick Banting - London 'A'		53.07	1	
1) Ayasha Horner	2) Tarryn Bouttarath			
3) Haley Cramer	4) Maleeha Siddiqui			
14 Mitchell - Mitchell 'A'		53.19	1	
1) Lindsay Harmer	2) Avery Anderson			
3) Rylie Dietz	4) Frida Kapstad			
-- Huron Heights - Kitchener 'A'		DNF	1	
1) Zoe Janakovic	2) Tyra Boug			
3) Denisa Ratiu	4) Lyric Sargeant			
-- St. Anne's - Clinton 'A'		DQ	1 170.7	
1) Hannah Tait	2) Lena Robinson			
3) Martina Tait	4) Nicole Tamming			

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Women High Jump Senior

=====									
West Region: # 1.78m 1986				Catherine BOND / Woodstock CI					
Name		Year		School		Finals			
=====									
1	Emily Branderhorst				London Christian				1.68m
	1.53	1.56	1.59	1.62	1.65	1.68	1.73		
	O	O	O	O	O	O	XXX		
2	Katie Beaudry				Lord Dorchester				1.65m
	1.48	1.53	1.56	1.59	1.62	1.65	1.68		
	O	O	O	XXO	O	XO	XXX		
3	Arabella Alton				Valley Heights				1.62m
	1.53	1.56	1.59	1.62	1.65				
	O	XO	XO	O	XXX				
4	Rayne Kellier				Chatham-Kent				1.56m
	1.43	1.48	1.53	1.56	1.59				
	O	O	O	XO	XXX				
5	Sammi Vlasmen				Ursuline College				1.53m
	1.43	1.48	1.53	1.56					
	O	O	O	XXX					
6	Ayasha Horner				Banting, Sir F.				1.53m
	1.38	1.43	1.48	1.53	1.56				
	O	O	O	XO	XXX				
7	Hannah Blair				St. David				1.53m
	1.33	1.38	1.43	1.48	1.53	1.56			
	O	O	XXO	XO	XO	XXX			
8	Savanna Cronk				St.Joe-St.Thomas				1.53m
	1.38	1.43	1.48	1.53	1.56				
	O	O	O	XXO	XXX				
9	Elizabeth Litchfield				London Central				1.48m
	1.33	1.38	1.43	1.48	1.53				
	O	O	O	O	XXX				
9	Ally Cumming				Lambton Central				1.48m
	1.38	1.43	1.48	1.53					
	O	O	O	XXX					
11	Breanna Pretty				St. Patrick's				1.48m
	1.38	1.43	1.48	1.53					
	O	O	XO	XXX					
11	Eseosa Nosakhare				Bluevale - Waterloo				1.48m
	1.33	1.38	1.43	1.48	1.53				
	O	O	O	XO	XXX				
13	Olivia Walker				C.C.H. - London				1.48m
	1.33	1.38	1.43	1.48	1.53				
	O	O	O	XXO	XXX				
14	Mattea Deleary				Chatham-Kent				1.43m
	1.38	1.43	1.48						
	O	O	XXX						
14	Danielle Weber				Elmira - Elmira				1.43m
	1.33	1.38	1.43	1.48					
	O	O	O	XXX					
16	Martinique Stastna				St. David				1.43m
	1.33	1.38	1.43	1.48					
	O	O	XO	XXX					

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Women Pole Vault Senior

West Region: # 3.91m 2011-05-28 Alysha Newman, Mother Teresa										
Name	Year School									Finals
=====										
1	Katy Magoffin	Woodstock								3.20m
	1.85	2.05	2.25	2.45	2.60	2.75	2.90	3.05	3.20	3.40
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	XXX
2	Christy Rizzo	Saunders - London								3.05m
	1.85	2.05	2.25	2.45	2.60	2.75	2.90	3.05	3.20	
	PPP	PPP	PPP	PPP	PPP	XO	O	O	XXX	
3	Madison Bardoel	St. Anne - Windsor								2.90m
	1.85	2.05	2.25	2.45	2.60	2.75	2.90	3.05		
	PPP	PPP	PPP	O	O	XO	O	XXX		
4	Karlie Stam	Vincent Massey								2.90m
	1.85	2.05	2.25	2.45	2.60	2.75	2.90	3.05		
	PPP	PPP	PPP	O	O	XO	XO	XXX		
5	Ema Kralik	Herman, W.F.								2.75m
	1.85	2.05	2.25	2.45	2.60	2.75	2.90			
	PPP	PPP	PPP	PPP	O	O	XXX			
6	Ella Doornaert	Sandwich - Windsor								2.75m
	1.85	2.05	2.25	2.45	2.60	2.75	2.90			
	PPP	PPP	O	O	XO	O	XXX			
7	Julia Garant	Walkerville								2.75m
	1.85	2.05	2.25	2.45	2.60	2.75	2.90			
	PPP	PPP	O	O	O	XO	XXX			
8	Natalie Lyons	Oakridge - London								2.75m
	1.85	2.05	2.25	2.45	2.60	2.75	2.90			
	PPP	PPP	PPP	O	O	XXO	XXX			
9	Vanessa Gunnell	St. Andre Bessette								2.60m
	1.85	2.05	2.25	2.45	2.60	2.75				
	PPP	PPP	PPP	O	O	XXX				
10	Olivia Walker	C.C.H. - London								2.60m
	1.85	2.05	2.25	2.45	2.60	2.75				
	PPP	O	O	O	XO	XXX				
11	SORCHA McNALLY	Macdonald, J.A.								2.60m
	1.85	2.05	2.25	2.45	2.60	2.75				
	PPP	O	O	XO	XO	XXX				
11	Kiara Desender	Saunders - London								2.60m
	1.85	2.05	2.25	2.45	2.60	2.75				
	PPP	PPP	O	XO	XO	XXX				
13	Naomi Henry	Brantford								2.45m
	1.85	2.05	2.25	2.45	2.60					
	PPP	O	O	XO	XXX					
14	Madison Mitchell	Cameron Heights								2.45m
	1.85	2.05	2.25	2.45	2.60					
	O	O	O	XXO	XXX					
15	Cree Ward	Cameron Heights								2.25m
	1.85	2.05	2.25	2.45						
	O	O	XO	XXX						
16	Sarah Varga	Macdonald, J.A.								2.05m
	1.85	2.05	2.25							
	O	XO	XXX							

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Women Long Jump Senior

=====						
West Region: # 5.92m 1996			Laura WESSELING / Delhi			
Name	Year	School	Finals		Wind	
=====						
1 Jasmine Scott-Kilgo		Sandwich - Windsor	5.60m	1.1		
5.38m(-0.4)	5.39m(1.5)	5.31m(0.6)	5.24m(-2.1)	5.60m(1.1)	5.31m(-0.4)	
2 Claire Larose		Oakridge - London	5.48m	0.1		
5.26m(-1.5)	5.48m(0.1)	5.36m(0.2)	5.17m(3.0)	5.31m(0.7)	5.21m(0.1)	
3 Alissa Melvin		St. David	5.41m	1.5		
FOUL(1.4)	5.41m(1.5)	5.29m(1.5)	5.40m(0.1)	FOUL(0.4)	FOUL(0.5)	
4 Emily Sluys		A.B. Lucas - London	5.35m	0.1		
5.35m(0.1)	5.27m(1.1)	5.13m(0.1)	FOUL(0.4)	5.26m(+0.0)	5.06m(0.1)	
5 Tamara Grahovac		Cameron Heights	5.30m	1.2		
1.76m(0.1)	FOUL(1.9)	5.30m(1.2)	0.93m(0.6)	FOUL(1.5)	FOUL(0.1)	
6 Kiera Jackson		Leamington	5.25m	-0.6		
5.25m(-0.6)	5.17m(2.1)	4.96m(-0.1)	FOUL(0.1)	4.98m(1.9)	5.06m(0.8)	
7 Ayasha Horner		Banting, Sir F.	5.24m	0.5		
5.10m(0.8)	5.24m(0.5)	FOUL(1.5)	FOUL(0.8)	FOUL(1.6)	3.34m(1.5)	
8 Kayla Biersteker		St. John's College	5.18m	-0.2		
4.81m(-1.1)	5.18m(-0.2)	4.96m(1.2)	4.81m(+0.0)	5.04m(1.4)	5.06m(0.3)	
9 Megan Dunn		Lord Dorchester	5.13m	-0.3		
5.13m(-0.3)	4.95m(0.6)	FOUL(1.9)				
10 Carolyn Prins		Chatham Christia	5.07m	0.7		
4.76m(-0.6)	4.99m(0.3)	5.07m(0.7)				
11 Mattea Deleary		Chatham-Kent	4.97m	0.3		
FOUL	4.97m(0.3)	FOUL(0.8)				
12 Mandy Brunet		St. Thomas	4.94m	0.1		
4.57m(-0.9)	4.94m(0.1)	FOUL(0.6)				
13 Brittany Porter		London South	4.93m	0.9		
4.93m(0.9)	4.80m(1.4)	4.63m(0.3)				
14 Grace Drewry		Bishop MacDonnel	4.75m	2.4		
4.55m(-1.1)	4.60m(0.1)	4.75m(2.4)				
15 Eseosa Nosakhare		Bluevale - Waterloo	4.30m	0.3		
FOUL(1.2)	4.30m(0.3)	FOUL(0.5)				
16 Jamie Eckert		Central Huron	3.37m	0.7		
FOUL(0.7)	3.37m(0.7)	FOUL(1.2)				

Women Triple Jump Senior

=====						
West Region: # 12.11m 1996		Monique HAAN / London Christian				
Name	Year	School	Finals		Wind	
=====						
1 Alissa Melvin		St. David		12.23m#	2.0	
11.84m(0.8)	11.88m(-0.1)	12.12m(1.6)	12.23m(2.0)	12.19m(0.9)	11.97m(0.4)	
2 Mandy Brunet		St.Thomas		11.71m	2.9	
11.11m(-3.1)	10.99m(-0.2)	11.17m(-0.7)	11.32m(1.6)	11.71m(2.9)	11.50m(0.6)	
3 Tamara Grahovac		Cameron Heights		11.56m	0.3	
9.11m(-1.4)	9.54m(1.0)	11.36m(0.8)	11.56m(0.3)	FOUL	11.23m(0.5)	
4 Carolyn Prins		Chatham Christia		11.46m	0.3	
11.15m(0.3)	11.19m(0.4)	11.46m(0.3)	11.24m(1.7)	9.53m(3.4)	11.34m(+0.0)	
5 Destiny Vandenberg		St.Thomas Aquina		11.38m	2.9	
10.94m(-1.2)	11.17m(-0.0)	11.38m(2.9)	11.18m(2.9)	11.28m(0.9)	11.27m(0.3)	
6 Amy Nap		Wallaceburg D S S		11.17m	1.2	
10.75m(1.5)	FOUL	11.05m(1.6)	FOUL	11.17m(1.2)	10.77m(0.4)	

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7	Emily Sluys	A.B. Lucas - London	11.11m	1.8
	10.60m(0.1) 11.06m(0.4) 10.69m(3.0) 10.99m(1.3) 11.11m(1.8) 11.11m(0.1)			
8	Kayla Biersteker	St. John's College	11.02m	1.0
	10.45m(-0.4) 10.71m(0.7) 11.02m(1.0) 10.51m(0.9) 10.67m(3.3) 10.88m(1.8)			
9	Chloe Knox	A.B. Lucas - London	10.93m	2.3
	10.42m(-1.3) 10.40m(-0.7) 10.93m(2.3)			
10	Danielle Lanooy	London Central	10.83m	3.4
	10.42m(-1.6) 10.49m(0.5) 10.83m(3.4)			
11	Grace Drewry	Bishop MacDonnel	10.72m	1.9
	10.46m(-1.1) 10.61m(1.7) 10.72m(1.9)			
12	Jamie Eckert	Central Huron	10.56m	1.7
	FOUL 10.06m(2.1) 10.56m(1.7)			
13	Fiona Watling	London Central	10.37m	1.9
	9.67m(-1.0) 10.11m(1.7) 10.37m(1.9)			
14	Jessica Jordan	Chatham-Kent	10.37m	0.1
	10.37m(0.1) 10.01m(1.5) FOUL			
15	Alora Webb	Chatham-Kent	10.13m	1.7
	9.67m(-1.3) 10.13m(1.7) FOUL			
16	Justine Bissonnette	Resurrection	10.09m	1.9
	10.09m(1.9) FOUL 9.55m(0.1)			

Women Shot Put Senior

=====						
West Region: # 14.25m 1996				Liz TOMAN / Elmira		
Name		Year	School		Finals	
=====						
1	Adele St. John		Banting, Sir F.		12.38m	
	FOUL	11.47m 12.37m	FOUL	FOUL	12.38m	
2	Holly Taylor		Assumption-Brant		11.85m	
	11.21m	11.37m 11.51m	11.85m	FOUL	11.55m	
3	Monique Theriault		Sandwich - Windsor		11.50m	
	11.12m	11.04m 11.11m	FOUL	11.50m	10.60m	
4	Avery Bathe-Minard		Northern - Sarnia		11.16m	
	10.42m	11.16m 10.93m	10.95m	FOUL	10.63m	
5	Nana-Afia Agyeipah		St. Benedict		11.13m	
	9.09m	11.03m 10.20m	11.13m	10.32m	10.41m	
6	Vivian Kristjansson		Northern - Sarnia		10.87m	
	FOUL	10.36m 10.87m	10.38m	10.44m	10.60m	
7	Kendra Cornelissen		East Elgin - Aylmer		10.83m	
	10.03m	10.38m 9.72m	9.67m	10.83m	10.61m	
8	Kailee Cherevka		Brantford		10.74m	
	10.40m	10.02m 9.99m	10.64m	10.74m	10.45m	
9	Rachel Campbell		Banting, Sir F.		10.35m	
	10.35m	10.30m 10.17m				
10	Morgan Desjardins		Paincourt SS		10.32m	
	FOUL	FOUL 10.32m				
11	Lisa Wedel		Ross, John F.		10.30m	
	9.07m	10.30m 9.57m				
12	Lydia Abraha		Kennedy, Hon.W.C		10.25m	
	9.80m	9.40m 10.25m				
13	Elisa Bolinger		Mitchell - Mitchell		9.95m	
	9.68m	FOUL 9.95m				
14	Natasha Gubbels		St. Andre Bessette		9.85m	
	9.85m	FOUL 9.10m				

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....Women Shot Put Senior

15 Hunter Smith	Central Elgin	9.65m
9.10m 8.81m 9.65m		
16 Laura Vis	Emmanuel Christi	9.15m
8.42m 9.15m 8.88m		

Women Discus Throw Senior

West Region: # 48.20m 1982				Liz POLYAK / Brantford-North	
Name	Year	School		Finals	
1 Holly Taylor		Assumption-Brant		40.14m	
FOUL 37.15m 38.04m 34.48m 40.14m FOUL					
2 Molly Boley		Owen Sound		39.27m	
28.45m 37.56m FOUL 39.27m 35.13m 36.28m					
3 Avery Bathe-Minard		Northern - Sarnia		36.20m	
FOUL 34.98m 36.19m 36.20m FOUL 34.22m					
4 Adele St. John		Banting, Sir F.		36.01m	
FOUL 34.17m FOUL 34.67m 32.09m 36.01m					
5 Rachel Campbell		Banting, Sir F.		35.19m	
34.92m FOUL 29.07m 32.57m 34.94m 35.19m					
6 Natasha Gubbels		St. Andre Bessette		34.16m	
FOUL 34.16m FOUL FOUL FOUL FOUL					
7 Erica Forshaw		ES L'Esson		33.91m	
33.91m FOUL 33.50m 33.86m FOUL FOUL					
8 Megan Bates		Ingersoll		33.84m	
33.84m 33.76m 30.31m FOUL FOUL 32.23m					
9 Morgan Desjardins		Paincourt SS		32.92m	
FOUL FOUL 32.92m					
10 Paloma Ducre		Sandwich - Windsor		32.74m	
25.43m 29.45m 32.74m					
11 Kailee Cherewka		Brantford		31.63m	
FOUL FOUL 31.63m					
12 Mackenzie Collings		Erin - Erin		29.49m	
29.49m 26.64m FOUL					
13 Kendra Cornelissen		East Elgin - Aylmer		29.05m	
28.89m 27.04m 29.05m					
14 Chloe Feierabend		Grand River		27.62m	
25.81m 26.11m 27.62m					
15 Hunter Smith		Central Elgin		26.79m	
FOUL 26.79m 24.30m					
16 Logan Kucera		Chatham-Kent		26.54m	
FOUL 26.54m FOUL					

Women Javelin Throw Senior

West Region: # 47.56m 1997				Andrea BULAT / Windsor-Brenn	
Name	Year	School		Finals	
1 Marissa Mueller		Lambton Central		45.17m	
45.17m 42.26m FOUL FOUL 40.77m 44.26m					
2 Holly Taylor		Assumption-Brant		37.55m	
31.97m 32.75m 33.37m 33.17m 32.96m 37.55m					
3 Jana Kucera		Chatham-Kent		37.48m	
34.92m 32.60m 35.16m 35.07m 36.27m 37.48m					

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....Women Javelin Throw Senior

4	Logan Kucera	Chatham-Kent	36.71m
	33.86m FOUL 35.30m 35.27m 34.64m 36.71m		
5	Molly Boley	Owen Sound	36.39m
	34.35m 31.22m FOUL 35.04m FOUL 36.39m		
6	Emily White	St. David	35.89m
	35.07m FOUL FOUL 35.89m 33.10m FOUL		
7	Avery Wedow	St. Michael	34.47m
	29.50m 26.85m 32.68m 32.39m 30.69m 34.47m		
8	Kealy Taylor-Noah	Ridgetown	34.10m
	32.17m 31.63m 32.63m 34.10m 31.72m 33.47m		
9	Nadine Butt	Montcalm - London	32.57m
	32.57m FOUL 27.95m		
10	Mackenzie Oke	South Huron	31.89m
	31.89m 28.42m 26.70m		
11	Zoe Rolph	Montcalm - London	30.35m
	FOUL 29.44m 30.35m		
12	Claire Weaver	Valley Heights	29.75m
	FOUL 29.75m 26.05m		
13	Beth Minielly	Regina Mundi	28.29m
	25.53m 28.29m 26.63m		
14	Kael Prickett	Guelph - Guelph	27.55m
	27.27m 27.55m 25.25m		
15	Emily Roy	Sandwich - Windsor	27.55m
	FOUL 25.12m 27.55m		
16	Taylor Montgomery	Madill, F.E.	26.61m
	FOUL 26.61m FOUL		

Women 1500 Meter Steeplechase Open

=====			
West Region: #	4:50.68	2015-05-29	Charlotte Prouse, London Ce
Name	Year	School	Finals
=====			
1	Mikenna Vanderheyden	Strathroy	4:55.39
2	Chloe Walker	Vincent Massey	5:10.92
3	Avery Dolderman	Centr Wellington	5:20.63
4	Holly Hanchiruk	Huron Park	5:21.03
5	Lynnsey Copat	Herman, W.F.	5:21.88
6	Hope Harnack	St. Benedict	5:34.13
7	Sarah Scott	Northern - Sarnia	5:34.47
8	Alessandra Pontoni	Sandwich - Windsor	5:45.32
9	Hazel Taylor	St. Mary's Dcvi	5:47.66
10	Emma Davis	Woodstock	5:53.36
11	Meg Mooney	St. Anne - Windsor	5:55.14
12	Tayrn McManus	Lady of Lourdes	5:56.60
13	Elyssa Murray	Orangeville	6:02.94
14	Abby Yuhasz	Resurrection	6:05.06
15	Emily Drake	St. Michael	6:09.75

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Women 4x400 Meter Relay Open

=====			
West Region: # 3:53.30 2016-05-28 Lord Dorchester - Dorchester,			
M Dunn, D Earhart, M Beaudry, K Beaudry			
School		Finals	H#
=====			
1 W. F. Herman - Windsor 'A'		3:54.60	2
1) Adi Traore	2) Jada Jackson		
3) Taneidra Cain	4) Tanay Freckleton		
2 Centennial - Guelph 'A'		3:59.11	2
1) Kaitlynn Meier-Ross	2) Amber Champagne		
3) Lauren Zonneveld	4) Ashlan Best		
3 Chatham-Kent - Chatham 'A'		4:00.06	2
1) Kirsten VanGoethem	2) Ally Oulds		
3) Chloe Pugh	4) Payton Sabourin		
4 Guelph - Guelph 'A'		4:00.44	2
1) Tessa Ladhani	2) Jordyn Farquarson		
3) Madi Jarvis	4) Sara Farquarson		
5 Mother Teresa - London 'A'		4:04.47	1
1) Julia Gosling	2) Lauren Tennant		
3) Jessica Forcey	4) Antonina Struminski-Bodden		
6 Sandwich - Windsor 'A'		4:04.64	2
1) Jessica Hodgkin	2) Karlie Moore		
3) Jamie Cunningham	4) Sylvia Dean		
7 Holy Names - Windsor 'A'		4:05.20	2
1) Jerriah Kelly	2) Mylene Tu		
3) Robin Susko	4) Marvelous Agbonwaneten		
8 Sir John A Macdonald SS 'A'		4:11.77	1
1) Emily Csontos	2) Claire Perkins		
3) Vanessa Goodman	4) Tegan Morrison		
9 Strathroy - Strathroy 'A'		4:12.75	1
1) Gabrielle Urquhart	2) Alyssa Girardin		
3) Amanda Day	4) Mikenna Vanderheyden		
10 Catholic Central - London 'A'		4:16.36	1
1) Laura Parkinson	2) Mary Tennant		
3) Claudia Wolicka	4) Alison Hansen		
11 Cameron Heights - Kitchener 'A'		4:17.17	1
1) Madison Mitchell	2) Juliette Davies		
3) Paige Sweeney	4) Jessie Ramseyer		
12 Vincent Massey - Windsor 'A'		4:17.31	1
1) Mia Ennis	2) Chloe Walker		
3) Alanna Olteanu	4) Trinity Davis		
13 London Central - London 'A'		4:28.66	1
1) Brenna Schmitt	2) Nele Schumacher		
3) Nadine Osman	4) Julianna Mereu		
14 St. James - Guelph 'A'		4:29.94	2
1) Agatha Godlewski	2) Tamar Meyers		
3) Tiana LoStracco	4) Von Davis		
-- Saunders - London 'A'		DNF	1
1) Julia Vanhoucke	2) Christy Rizzo		
3) Amera Pratt	4) Lyla Pratt		

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Women 200 Meter Dash Wheelchair

=====				
West Region: # 1:55.74	2016-05-27	Abby Leblanc, MacKenzie		
Name	Year	School	Finals	Wind
=====				
1 Abbey LeBlanc		MacKenzie	3:00.98	2.9

Women 800 Meter Run Ambulatory

=====				
West Region: # 3:04.47	2016-05-28	Madison Wilson-Walker, Lord		
Name	Year	School	Finals	
=====				
1 Sarah Gilles		Orangeville	2:53.13#	
2 Ella Baker-Lehnen		St. Anne-Clinton	6:25.69	

Women 100 Meter Dash Intellectual

=====				
West Region: # 14.15	2016-05-27	Kyla Rodrigue, Woodstock	CI	
Name	Year	School	Finals	Wind
=====				
1 Kyla Rodrigue		Woodstock	14.19	1.1
2 MacKenzie Donaldson		Resurrection	15.65	1.1
3 Jacinda Nauta		Woodstock	16.05	1.1
4 Regan Knowles		St. Patrick's	17.94	1.1

Women 800 Meter Run Intellectual

=====				
West Region: # 4:05.92	2016-05-28	Tiffany Hillman, MacKenzie		
Name	Year	School	Finals	
=====				
1 Kate Holden		Grand River	3:42.23#	

Men 100 Meter Dash Midget

=====				
West Region: # 11.18	2006	Corey CRAWLEY, A.B. Lucas		
Name	Year	School	Prelims	Wind H#
=====				

Preliminaries

1 Gage Marshall	Vista Academy	11.39Q	1.5	1	
2 Luc Lacroix	St. Patrick's	11.41Q	1.0	2	
3 McKenzie Stevens	Central Huron	11.46Q	1.0	2	
4 Gaddiel Kazadi	Mother Teresa	11.52Q	1.5	1	11.517
5 Chris Caruso	Oakridge - London	11.52Q	1.0	2	11.518
6 Benjamin Beaulieu	E.J. Lajeunesse	11.68Q	1.5	1	
7 Zach Zimmerman	Riverside - Windsor	11.65q	1.0	2	
8 Aiden Wildfong	St. Patrick's	11.74q	1.5	1	
9 Stephen Kpehe	London South	11.75	1.5	1	11.746
10 Alexander Barel	St. Michael	11.75	1.0	2	11.749
11 Richard Davis	Assumption-Brant	11.80	1.0	2	
12 Jackson Lippert	C.C.H. - London	11.87	1.5	1	
13 Mike Bradley	Centr Wellington	11.93	1.0	2	
14 Matthew Weber	St.Mary's-Kitche	12.08	1.0	2	
15 Ethan Luelo	Huron Heights	12.23	1.5	1	
16 Benjamin Smith	Centennial - Guelph	12.75	1.5	1	

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Men 100 Meter Dash Midget

=====

West Region: # 11.18	2006	Corey CRAWLEY, A.B. Lucas
Name	Year School	Finals Wind

=====

Finals

1	Luc Lacroix	St. Patrick's	11.38	0.4
2	Gage Marshall	Vista Academy	11.51	0.4
3	Gaddiel Kazadi	Mother Teresa	11.59	0.4
4	McKenzie Stevens	Central Huron	11.63	0.4
5	Benjamin Beaulieu	E.J. Lajeunesse	11.66	0.4
6	Chris Caruso	Oakridge - London	11.67	0.4
7	Zach Zimmerman	Riverside - Windsor	11.71	0.4
8	Aiden Wildfong	St. Patrick's	11.84	0.4

Men 200 Meter Dash Midget

=====

West Region: # 22.55	2016-05-28	Dante Henriques, Delhi
Name	Year School	Prelims Wind H#

=====

Preliminaries

1	Luc Lacroix	St. Patrick's	23.14Q	-0.3	2
2	Gage Marshall	Vista Academy	23.46Q	1.2	1
3	Richard Davis	Assumption-Brant	23.65Q	-0.3	2
4	Chris Caruso	Oakridge - London	23.84Q	1.2	1
5	Gaddiel Kazadi	Mother Teresa	23.88Q	1.2	1
6	Duwardo Cain	Herman, W.F.	24.01Q	-0.3	2
7	Spencer Campeau	Essex - Essex	23.93q	1.2	1
8	Michael Roth	Parkside	24.18q	-0.3	2
9	Mike Bradley	Centr Wellington	24.28	1.2	1
10	Aiden Wildfong	St. Patrick's	24.36	-0.3	2
11	Alexander Barel	St. Michael	24.50	1.2	1
12	Griffin McPhee	Grand River	24.73	-0.3	2
13	Benjamin Bishop	Waterloo	24.89	-0.3	2
14	Srihari Vishnu	Waterloo	25.08	1.2	1

Men 200 Meter Dash Midget

=====

West Region: # 22.55	2016-05-28	Dante Henriques, Delhi
Name	Year School	Finals Wind

=====

Finals

1	Luc Lacroix	St. Patrick's	23.26	1.6
2	Gage Marshall	Vista Academy	23.37	1.6
3	Richard Davis	Assumption-Brant	23.57	1.6
4	Duwardo Cain	Herman, W.F.	23.66	1.6
5	Gaddiel Kazadi	Mother Teresa	23.67	1.6
6	Spencer Campeau	Essex - Essex	23.87	1.6
7	Michael Roth	Parkside	23.94	1.6
8	Chris Caruso	Oakridge - London	23.98	1.6

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Men 400 Meter Dash Midget

West Region: # 50.91 1994		Jeff ELLIS / Orangeville		
Name	Year	School	Finals	H#
1 Carter Barron		Northern - Sarnia	53.85	1
2 Richard Davis		Assumption-Brant	54.08	2
3 Gage Marshall		Vista Academy	54.15	2
4 Curtis Dawes		Centr Wellington	54.54	1
5 Owen McDonald		Strathroy	54.69	2
6 Amoui Derder		C.C.H. - London	55.26	2
7 Sebastian Porcalotto		Lady of Lourdes	55.31	1
8 Daniel George		Bluevale - Waterloo	55.45	1
9 Nolan Gagnier		Central Huron	55.83	1
10 Daniel Khan		Saugeen District	56.02	2
11 Galdo Tutu		Holy Names	56.20	2
12 Michael Roth		Parkside	56.57	2
13 Osei Antwi		C.C.H. - London	56.64	1
14 Gamaliel Kazadi		Mother Teresa	57.08	2
15 Liam Cullinan		Northern - Sarnia	57.22	1
16 Ler Lar Hay		Kennedy, Hon.W.C	59.30	1

Men 800 Meter Run Midget

West Region: # 1:55.74 1989		Kevin Sullivan/Brantford-North		
Name	Year	School	Finals	H#
1 Jackson Bull		Orangeville	2:04.04	2
2 Evan Dodd		Grand River	2:04.11	2
3 Daniel Khan		Saugeen District	2:04.91	2
4 Liam Cullinan		Northern - Sarnia	2:05.34	2
5 Blake Freer		Northern - Sarnia	2:05.46	2
6 Daniel George		Bluevale - Waterloo	2:07.27	1
7 Amoui Derder		C.C.H. - London	2:08.33	1
8 Owen Leatherdale		Laurier, Sir W.	2:09.09	2
9 Matthew Matos		Vincent Massey	2:09.53	1
10 Connor Mackenzie		Bluevale - Waterloo	2:11.71	2
11 Creedyn Bragg		Ingersoll	2:13.34	2
12 Michael Wang		London Central	2:13.51	1
13 Adrian Stubberfield		Chatham-Kent	2:14.23	1
14 Morgan Fontaine		Sandwich - Windsor	2:14.89	1
15 Tim Kerkhoff		Oakridge - London	2:15.08	1 2:15.072
16 Matthew Bentley		St. Andre Bessette	2:15.08	1 2:15.077

Men 1500 Meter Run Midget

West Region: # 4:01.00 1989		Kevin Sullivan/Brantford-No		
Name	Year	School	Finals	
1 Seth Kwasnicki		Holy Names	4:21.36	
2 Jackson Bull		Orangeville	4:21.40	
3 Jacob Fitzpatrick		Vista Academy	4:23.24	
4 Matthew Lynk		H.B. Beal - London	4:26.76	
5 Liam Fitzgerald		Kincardine	4:26.81	
6 Owen Martin		General Amherst	4:30.89	
7 Paul Popescu		Vista Academy	4:31.19	

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....Men 1500 Meter Run Midget

8	Justin Sanders	St.Thomas Aquina	4:34.42
9	Zachary McPhee	St. Michael	4:35.22
10	Evan Dodd	Grand River	4:35.87
11	Owen Leatherdale	Laurier, Sir W.	4:38.12
12	Nathan Kemp	St.Mary's-Kitche	4:38.21
13	Sean Bender	Vista Academy	4:38.91
14	Michael Wang	London Central	4:41.07
15	Abdi Sirage	Montcalm - London	4:48.68
16	Theo Hill	Holy Trinity	4:53.12

Men 3000 Meter Run Midget

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West Region: # 8:47.3h 1979 Chris BREWSTER / London-Cat

Name	Year School	Finals
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=====

1	Seth Kwasnicki	Holy Names	9:40.37
2	Jacob Fitzpatrick	Vista Academy	9:42.74
3	Zachary McPhee	St. Michael	9:47.62
4	Liam Fitzgerald	Kincardine	9:48.46
5	Matthew Lynk	H.B. Beal - London	9:55.54
6	Justin Sanders	St.Thomas Aquina	10:01.67
7	Alexander Arellano	Mother Teresa	10:02.65
8	John Wang	London Central	10:03.33
9	Owen Martin	General Amherst	10:03.86
10	Matthew Matos	Vincent Massey	10:04.76
11	Owen Duffy	Lady of Lourdes	10:08.40
12	Paul Popescu	Vista Academy	10:12.26
13	Kelton Langman	Waterloo	10:29.07
14	Spencer Whitehead	Sacred Heart	10:43.09
15	Jeremiah Leiya	Cameron Heights	10:53.38

Men 100 Meter Hurdles Midget

=====

West Region: # 13.12 1998 Paul WHITTY / London-Saunders

Name	Year School	Prelims	Wind	H#
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=====

Preliminaries

1	Owen McDonald	Strathroy	14.36Q	3.4	2	14.351
2	Avery Smiley	Northern - Sarnia	14.36Q	2.7	1	14.353
3	Marco Sucuqui-Daynes	C.C.H. - London	14.47Q	3.4	2	
4	Srihari Vishnu	Waterloo	15.15Q	2.7	1	
5	Dean Palimaka	St. Patrick's	15.27Q	2.7	1	
6	Carter Barron	Northern - Sarnia	15.32Q	3.4	2	
7	Aleks Ilic	Cameron Heights	15.28q	2.7	1	
8	Benjamin Bishop	Waterloo	15.36q	2.7	1	
9	Judson Moorhouse	Medway - Arva	15.49	2.7	1	
10	Maxwell Uhuangho	Resurrection	15.70	3.4	2	
11	Riley Boug	Huron Heights	15.84	3.4	2	
12	Raphael Gyamfi	Clarke Road S S	16.51	3.4	2	
13	Adam Dekraker	East Elgin - Aylmer	17.40	3.4	2	
14	Owen Davies	Banting, Sir F.	18.12	2.7	1	
15	Kyle Walker	Sandwich - Windsor	19.58	3.4	2	

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Men 100 Meter Hurdles Midget

West Region: # 13.12 1998 Paul WHITTY / London-Saunders
 Name Year School Finals Wind

Finals

1	Marco Sucuqui-Daynes	C.C.H. - London	14.35	-0.8
2	Avery Smiley	Northern - Sarnia	14.48	-0.8
3	Owen McDonald	Strathroy	14.70	-0.8
4	Carter Barron	Northern - Sarnia	15.22	-0.8
5	Srihari Vishnu	Waterloo	15.30	-0.8
6	Aleks Ilic	Cameron Heights	15.46	-0.8
7	Benjamin Bishop	Waterloo	15.57	-0.8
8	Dean Palimaka	St. Patrick's	15.58	-0.8

Men 300 Meter Hurdles Midget

West Region: # 40.41 2005-05-28 Jeremy Gibbons, Herman
 Name Year School Finals H#

1	Matt Jaquith	A.B. Lucas - London	42.59	2
2	Carter Barron	Northern - Sarnia	43.31	2
3	Liam Hoskins	C.C.H. - London	44.06	2
4	Lazar Stojanovic	Ross, John F.	44.28	2
5	Andrew Semchism	St.Thomas Aquina	44.49	2
6	Kyle Walker	Sandwich - Windsor	44.93	2
7	Judson Moorhouse	Medway - Arva	45.22	2
8	Hadyn Legrand	St. James - Guelph	46.32	1
9	Jonathan Wang	Vincent Massey	46.48	2
10	Denzel Bolinger	Mitchell - Mitchell	47.01	1
11	Zachary McPhee	St. Michael	47.38	1
12	Evan Willms	Grand River	47.81	1
13	Lucas Gillen	Sandwich - Windsor	47.82	1
14	Ethan Hamelin	General Amherst	48.43	1
15	Nicholas Johnson	Holy Trinity	48.90	1
16	Logan Horoky	St. John's College	49.25	1

Men 4x100 Meter Relay Midget

West Region: # 45.37 2002 LASALLE-VILLANOVA
 School Finals H#

1	St. Patrick's - Sarnia 'A'	46.29	2
	1) Ryan Dennis 2) Luc Lacroix		
	3) Austin West 4) Aiden Wildfong		
2	Holy Names - Windsor 'A'	46.34	2
	1) Rodi Mazloun 2) Cyrus McGarrell		
	3) Michael Pizzuti 4) Ryan Gilham		
3	Catholic Central - London 'A'	46.72	2
	1) Jackson Lippert 2) Marco Morales		
	3) Marco Sucuqui-Daynes 4) Osei Antwi		
4	Northern - Sarnia 'A'	47.31	2
	1) Blake Freer 2) Carter Barron		
	3) Avery Smiley 4) Adam Ikert		
5	Centre Wellington - Fergus 'A'	47.68	1
	1) Zach Schmidt 2) Curtis Dawes		

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....Men 4x100 Meter Relay Midget

3) Mike Bradley	4) Max Katerberg			
6 Waterloo Collegiate Institute 'A'		47.74	2	
1) Tony Richardson	2) Benjamin Bishop			
3) Henry Hu	4) Srihari Vishnu			
7 Grand River - Kitchener 'A'		47.94	1	
1) Sami Ross	2) Justin Moua			
3) Sam Barrick	4) Griffin McPhee			
8 Mother Teresa - London 'A'		48.15	2	
1) Gamaliel Kazadi	2) Gaddiel Kazadi			
3) Kevin Timmerman	4) Terrance Wright			
9 Tecumseh Vista Academy A 'A'		48.37	1	
1) Gage Marshall	2) Josh Puskaric			
3) Paul Popescu	4) Alec Webb			
10 Oakridge - London 'A'		49.04	2	
1) Elijah Thomson	2) Brett Timbeck			
3) Mony Madlol	4) Ben Sparks			
11 F.J. Brennan - Windsor 'A'		49.08	1	
1) Malcolm Wallace	2) Chris Ruta			
3) Aiden Bryson	4) John Mansour			
12 Centennial - Guelph 'A'		49.83	1	
1) Connor Wideman	2) AJ Nishaanthan			
3) Vaughan Quintal	4) Benjamin Smith			
13 Huron Heights - Kitchener 'A'		50.56	1	
1) Riley Boug	2) Austin Kaus			
3) Kaden Kliever	4) Ethan Luelo			
-- London Central - London 'A'		DQ	1	170.7
1) Abhishek Parapuram	2) Justin Tham			
3) George Perez	4) Harmen Gill			
-- Central Huron - Clinton 'A'		DQ	2	170.7
1) Austin Passmore	2) Nolan Gagnier			
3) Cordell Kennedy	4) McKenzie Stevens			
-- Medway - Arva 'A'		DQ	1	170.7
1) Luke Parry	2) Thomas Steenholdt			
3) Ryan Fieldhouse	4) Judson Moorhouse			

Men High Jump Midget

West Region: # 1.90m 2007-06-02 Branden Wilhelm, Woodstock									
Name		Year School						Finals	
=====									
1	Sam Myles					Pennisula Shores DS			1.73m
	1.47	1.52	1.57	1.62	1.67	1.70	1.73	1.76	
	P	O	O	O	O	O	XO	XXX	
2	Anawa Htoo					London South			1.73m
	1.47	1.52	1.57	1.62	1.67	1.70	1.73	1.76	
	O	O	O	O	O	XO	XO	XXX	
3	Bryce Sukhdeo					Ross, John F.			1.70m
	1.47	1.52	1.57	1.62	1.67	1.70	1.73		
	P	P	O	XO	XO	O	XXX		
4	Kohl Grevenstein					St.Mary's-Kitche			1.70m
	1.47	1.52	1.57	1.62	1.67	1.70	1.73		
	P	O	O	O	XO	XO	XXX		

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....Men High Jump Midget

5	Damien Nath	Resurrection	1.70m
	1.47 1.52 1.57 1.62 1.67 1.70 1.73		
	P O O O XXO XO XXX		
6	Braedon MacDonald	St. Patrick's	1.70m
	1.47 1.52 1.57 1.62 1.67 1.70 1.73		
	P O O O XO XXO XXX		
7	Cole Houghton	Northern - Sarnia	1.67m
	1.47 1.52 1.57 1.62 1.67 1.70		
	O XO O O O XXX		
8	Harmen Gill	London Central	1.62m
	1.47 1.52 1.57 1.62 1.67		
	O O O XXO XXX		
9	Elijah Thomson	Oakridge - London	1.57m
	1.47 1.52 1.57 1.62		
	O O O XXX		
9	Joel Watson	Jacob Hespeler	1.57m
	1.47 1.52 1.57 1.62		
	P O O XXX		
9	Stephen Kpehe	London South	1.57m
	1.47 1.52 1.57 1.62		
	O O O XXX		
9	Gabe Plain	Stratford NW	1.57m
	1.47 1.52 1.57 1.62		
	O O O XXX		
13	Blake Freer	Northern - Sarnia	1.57m
	1.47 1.52 1.57 1.62		
	XO O XO XXX		
14	Andrew Levitt	Strathroy	1.57m
	1.47 1.52 1.57 1.62		
	O O XXO XXX		
15	Armand Gagnon	E.J. Lajeunesse	1.57m
	1.47 1.52 1.57 1.62		
	XXO O XXO XXX		
16	Ethan Robinson	Kingsville	1.52m
	1.47 1.52 1.57		
	XXO XO XXX		

Men Pole Vault Midget

=====												
West Region: # 3.80m 1997					Frank KLUNDERT / Cardinal Car							
Name					Year School					Finals		
=====												
1	Owen McDonald				Strathroy							3.35m
	1.70	1.90	2.10	2.30	2.45	2.60	2.75	2.90	3.05	3.20	3.35	3.50
	PPP	PPP	PPP	PPP	O	XXO	PPP	O	O	XO	XO	XXX
2	Chris Caruso				Oakridge - London							3.05m
	1.70	1.90	2.10	2.30	2.45	2.60	2.75	2.90	3.05	3.20		
	PPP	PPP	PPP	PPP	PPP	O	XXO	O	O	XXX		
3	Kurtis Heggie				College Avenue S S							2.75m
	1.70	1.90	2.10	2.30	2.45	2.60	2.75	2.90				
	PPP	PPP	PPP	PPP	XO	XXO	XO	XXX				
4	Dane Quinn				Assumption-Winds							2.60m
	1.70	1.90	2.10	2.30	2.45	2.60	2.75					
	PPP	O	PPP	O	O	XO	XXX					

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5	Ibrahim Wafai	Vincent Massey	2.45m
	1.70 1.90 2.10 2.30 2.45 2.60		
	PPP O O O O XXX		
5	Noah Nimer	Macdonald, J.A.	2.45m
	1.70 1.90 2.10 2.30 2.45 2.60		
	PPP PPP O O O XXX		
7	Hunter Lambert	Jacob Hespeler	2.45m
	1.70 1.90 2.10 2.30 2.45 2.60		
	PPP PPP O O XO XXX		
8	Henry Bruin	Oakridge - London	2.45m
	1.70 1.90 2.10 2.30 2.45 2.60		
	PPP O O O XXO XXX		
9	Daniel Brown	Jacob Hespeler	2.30m
	1.70 1.90 2.10 2.30 2.45		
	PPP PPP O O XXX		
10	Bowen Sun	Macdonald, J.A.	2.10m
	1.70 1.90 2.10 2.30		
	O O XO XXX		
11	Ethan McRoberts	Macdonald, J.A.	2.10m
	1.70 1.90 2.10 2.30		
	O XO XO XXX		

Men Long Jump Midget

West Region: # 6.67m 1979				Ken BERRY / London-Laurier		
Name	Year	School	Finals	Wind		
=====						
1 Spencer Campeau		Essex - Essex	6.25m	-0.3		
5.76m(0.6)	5.79m(2.4)	5.98m(1.7)	5.57m(0.1)	6.04m(0.5)	6.25m(-0.3)	
2 Omar Hajyasien		Bluevale - Waterloo	6.03m	4.8		
5.92m(3.5)	6.03m(4.8)	5.53m(0.8)	5.60m(0.4)	5.58m(0.3)	2.19m(0.5)	
3 Aiden Wildfong		St. Patrick's	5.96m	-0.4		
FOUL(3.2)	5.86m(2.4)	5.67m(-0.7)	5.67m(1.4)	5.96m(-0.4)	FOUL	
4 McKenzie Stevens		Central Huron	5.88m	2.1		
5.58m(2.2)	5.20m(0.6)	5.88m(2.1)	5.53m(0.2)	5.78m(-0.5)	5.69m(0.2)	
5 Carter Amaral		St. Patrick's	5.85m	0.5		
FOUL(0.5)	5.49m(2.4)	5.70m(3.3)	5.50m(1.3)	5.41m(0.5)	5.85m(0.5)	
6 Alexander Barel		St. Michael	5.81m	-1.7		
5.63m(2.6)	5.43m(2.3)	FOUL(1.4)	4.01m(+0.0)	5.81m(-1.7)	FOUL(2.2)	
7 Brad Slegers		Holy Cross	5.64m	3.4		
FOUL(2.2)	FOUL(-0.0)	5.64m(3.4)	4.94m(0.8)	5.38m(0.5)	5.22m(3.0)	
8 Kohl Grevenstein		St.Mary's-Kitche	5.62m	-0.2		
5.62m(-0.2)	FOUL(0.9)	4.79m(0.6)	1.91m(1.9)	4.86m(1.2)	5.45m(2.0)	
9 Marco Sucuqui-Daynes		C.C.H. - London	5.61m	1.2		
5.60m(1.9)	5.61m(1.2)	FOUL(1.3)				
10 Aidan Cornwell		Banting, Sir F.	5.43m	-0.4		
5.27m(-0.0)	5.43m(-0.4)	5.05m(1.6)				
11 Sam Myles		Pennisula Shores DS	5.40m	1.5		
5.40m(1.5)	5.40m(4.1)	5.18m(0.9)				
12 Dean Billard		Glenview Park	5.35m	1.0		
5.35m(1.0)	FOUL(0.2)	FOUL(3.3)				
13 Matthew Needs		ES L'Essor	5.28m	3.6		
5.00m(1.8)	5.10m(3.0)	5.28m(3.6)				

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....Men Long Jump Midget

14	Theo Kempffer	St.Thomas	5.17m	1.3
	5.17m(1.3) 4.96m(1.0) 4.82m(1.3)			
15	Jacob Ehrhardt	Resurrection	4.89m	+0.0
	4.89m(+0.0) 4.76m(2.4) FOUL			
16	Marco Morales	C.C.H. - London	4.78m	-0.3
	4.78m(-0.3) 4.54m(4.3) 4.77m(2.3)			

Men Triple Jump Midget

=====					
West Region: # 13.78m 1994 Kriss PETERSON / LaSalle-Sandwich					
	Name	Year	School	Finals	Wind
=====					
1	Spencer Campeau		Essex - Essex	12.82m	1.8
	11.74m(-1.2) 12.10m(0.6) 11.93m(-1.9) PASS			12.25m(3.0) 12.82m(1.8)	
2	Galdo Tutu		Holy Names	12.51m	2.1
	12.00m(-0.6) 12.30m(0.5) 11.90m(+0.0) 12.01m(0.8)			12.15m(1.8) 12.51m(2.1)	
3	Theo Kempffer		St.Thomas	12.32m	1.2
	11.52m(-0.4) 11.38m(0.5) 11.09m(-1.1) 11.50m(-1.5)			11.77m(-0.1) 12.32m(1.2)	
4	Carter Amaral		St. Patrick's	12.28m	1.0
	11.04m(-0.9) 11.45m(0.7) 11.63m(-0.6) 11.70m(-0.6)			12.28m(1.0) 12.16m(2.1)	
5	Jacob Derksen		Essex - Essex	12.25m	2.0
	11.63m(-0.3) 11.87m(1.1) 12.21m(1.1) 11.88m(1.1)			12.25m(2.0) FOUL	
6	Cameron Hollestelle		Medway - Arva	12.02m	1.4
	11.52m(-0.2) 12.00m(0.6) 12.02m(1.4) 11.14m(-1.3)			11.77m(2.1) 11.78m(0.1)	
7	Joel Watson		Jacob Hespeler	12.01m	1.7
	FOUL(-0.8) 11.91m(1.0) 11.64m(-2.7) 11.82m(0.2) FOUL			12.01m(1.7)	
8	Jaxen Reeve		Huron Heights	11.40m	+0.0
	11.32m(-0.2) 11.40m(+0.0) 11.07m(+0.0) 10.78m(-1.3)			11.33m(2.2) 11.10m(2.4)	
9	David Wong		Waterloo	11.38m	1.0
	10.80m(-0.1) 11.03m(0.8) 11.38m(1.0)				
10	Kurtis Skipper		Woodland Christi	11.34m	0.9
	11.12m(0.1) 11.34m(0.9) 10.49m(-1.7)				
11	Aidan Cornwell		Banting, Sir F.	11.33m	-0.5
	FOUL 11.33m(-0.5) FOUL				
12	McKenzie Stevens		Central Huron	11.13m	0.8
	11.06m(-1.0) 11.13m(0.8) 10.99m(-2.3)				
13	Hadyn Legrand		St. James - Guelph	10.92m	1.1
	10.82m(0.9) 10.72m(0.8) 10.92m(1.1)				
14	Rick Damen		East Elgin - Aylmer	10.76m	2.0
	10.76m(2.0) 10.41m(-0.9) 10.30m(0.6)				
15	Adam Dekraker		East Elgin - Aylmer	10.72m	+0.0
	FOUL 10.72m(+0.0) 10.49m(1.2)				

Men Shot Put Midget

=====					
West Region: # 18.23m 1982 Dave CROMBEEN / Sarnia-St. P					
	Name	Year	School	Finals	
=====					
1	Ryan Jacklin		Madill, F.E.	17.12m	
	15.91m 16.69m 16.29m 17.12m 16.47m FOUL				
2	Jeremy Elliot		Sacred Heart	15.15m	
	15.05m 14.44m 14.65m 14.22m 15.15m 14.92m				
3	Sean Yang		Vincent Massey	13.99m	
	FOUL FOUL 13.19m 13.59m 13.99m 13.92m				

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....Men Shot Put Midget

4	Isaac Glos	Maranatha Christ	13.64m
	13.06m 13.08m 13.64m 12.92m 13.21m 11.76m		
5	Kody Heimpel	Kitchener Waterl	13.20m
	12.57m 12.99m 12.36m 12.26m 12.32m 13.20m		
6	Dane Quinn	Assumption-Winds	12.87m
	11.95m 12.87m 12.64m 11.94m PASS 12.83m		
7	Christopher Veilleux	St.Thomas Aquina	12.83m
	FOUL 12.83m 12.31m 11.60m 12.09m FOUL		
8	Xander Nieuwets	Strathroy	12.76m
	11.59m 11.78m 12.76m 12.39m 12.32m 12.32m		
9	Zain Spoenlein	Huron Heights	12.50m
	12.29m 12.32m 12.50m		
10	Jacob Derksen	Essex - Essex	12.34m
	12.09m 12.24m 12.34m		
11	Braedon MacDonald	St. Patrick's	12.26m
	11.95m 12.26m 11.92m		
12	Nolan adkins	Ingersoll	12.09m
	FOUL 11.63m 12.09m		
13	Max Nitz	Glenview Park	11.99m
	11.58m 11.52m 11.99m		
14	Jackson Kotecha	St.Mary's-Kitche	11.85m
	10.96m 11.85m 11.53m		
15	Ryan Garrett	Holy Cross	11.37m
	9.47m 11.37m 11.35m		
16	Michael Onyema	Central Elgin	10.81m
	FOUL 10.00m 10.81m		

Men Discus Throw Midget

West Region: # 55.14m 2002				Joe POCOCK/Windsor	
Name	Year	School		Finals	
1 Ryan Jacklin		Madill, F.E.		50.86m	
	42.75m 50.60m FOUL FOUL	50.86m 47.21m			
2 Jeremy Elliot		Sacred Heart		49.59m	
	47.99m 49.59m 48.89m 45.98m 46.71m 48.43m				
3 Ryan St. Denis		Erin - Erin		40.80m	
	FOUL 35.55m 40.80m FOUL	35.98m FOUL			
4 Jared Parkin		Parkside		38.55m	
	38.55m 36.57m 37.10m FOUL FOUL	36.60m			
5 Ryan Garrett		Holy Cross		37.54m	
	33.82m FOUL 37.54m 34.48m 37.19m 36.03m				
6 Ethan Robinson		Kingsville		37.45m	
	37.45m FOUL 34.54m FOUL FOUL	34.02m			
7 Max Laur		St. Patrick's		35.00m	
	33.27m FOUL 30.11m 34.66m 30.31m 35.00m				
8 Patrick Fournie		Saunders - London		34.04m	
	FOUL FOUL 32.76m 33.89m FOUL	34.04m			
9 Tate Bowden		Ursuline College		32.19m	
	32.19m 32.02m 31.94m				
10 David Carson		C.C.H. - London		32.18m	
	30.04m 30.90m 32.18m				
11 Keegan O'Neil		Belle River		31.14m	
	FOUL 29.19m 31.14m				

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....Men Discus Throw Midget

12 Avery Smiley	Northern - Sarnia	29.64m
23.12m FOUL 29.64m		
13 Colby Van Bargaen	Elmira - Elmira	27.75m
27.75m FOUL 27.21m		
14 Zachary Copeland	Parkside	26.39m
26.39m FOUL 26.35m		
15 JaeJun Heo	Woodland Christi	22.07m
22.07m FOUL FOUL		

Men Javelin Throw Midget

=====						
West Region: # 61.70m 1982			Dave CROMBEEN / Sarnia-St. P			
Name			Year	School		Finals
=====						
1	Ryan Jacklin			Madill, F.E.		51.85m
	46.68m	41.57m	51.40m	51.85m	47.00m 48.50m	
2	Jeremy Elliot			Sacred Heart		45.21m
	41.32m	45.21m	44.60m	43.70m	42.12m 42.68m	
3	Matt Locking			Sandwich - Windsor		40.97m
	37.25m	38.36m	40.97m	37.40m	37.60m 38.08m	
4	Marco Sucuqui-Daynes			C.C.H. - London		39.90m
	35.87m	34.62m	FOUL	29.98m	37.70m 39.90m	
5	Jack Hutchinson			Northern - Sarnia		39.28m
	38.38m	37.69m	39.28m	36.20m	37.40m 38.82m	
6	Jalen Rodrigues			Saunders - London		38.66m
	37.31m	34.34m	35.36m	38.40m	38.66m 36.04m	
7	Tigh Jobin			Essex - Essex		38.08m
	37.52m	34.31m	34.14m	35.80m	37.70m 38.08m	
8	Mack Watson			Parkside		36.26m
	30.70m	28.59m	36.26m	30.75m	29.24m FOUL	
9	Max Nitz			Glenview Park		34.26m
	34.26m	29.72m	34.10m			
10	David Carson			C.C.H. - London		33.90m
	33.02m	33.90m	33.12m			
11	James Canadiasan			Saunders - London		33.80m
	33.36m	32.86m	33.80m			
12	Nolan Lazar			Orangeville		30.30m
	27.10m	28.26m	30.30m			
13	Toren Burr			Johnson, P.		30.16m
	FOUL	FOUL	30.16m			
14	Matthew Denchuk			St. Anne - Windsor		29.18m
	29.18m	FOUL	FOUL			
15	Braedon MacDonald			St. Patrick's		28.95m
	28.95m	24.79m	FOUL			
--	Adam Hoff			St. Benedict		FOUL
	FOUL	FOUL	FOUL			

Men 100 Meter Dash Junior

=====						
West Region: # 10.60 2002			Rhoan STERLING/Galt			
Name	Year	School	Prelims	Wind	H#	
=====						
Preliminaries						
1 Aron Massaquoi		Herman, W.F.	11.28Q	2.0	1	

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2	Liam Van Loon	C.C.H. - London	11.30Q	1.1	2	
3	Connor Arnold	Resurrection	11.33Q	2.0	1	11.324
4	Dante Henriques	Delhi - Delhi	11.33Q	1.1	2	11.326
5	Jung-Il Lalonde	Brennan, F.J.	11.36Q	1.1	2	
6	Michael Pugsley	Great Lakes-Sarnia	11.50Q	2.0	1	
7	Arjun Khanna	Oakridge - London	11.54q	2.0	1	
8	Abraham Kayeye	Lady of Lourdes	11.57q	1.1	2	
9	Caelan Brosnan-Dennis	Oakridge - London	11.58	2.0	1	
10	Adepo Adenitan	Sandwich - Windsor	11.59	2.0	1	
11	Michael Rice	Resurrection	11.63	2.0	1	
12	Kyle Whitelaw	Jacob Hespeler	11.68	1.1	2	
13	Jon Cartier	Ursuline College	11.78	1.1	2	
14	justin holmes	Ingersoll	11.84	2.0	1	
15	Mahmoud Alqahwaji	Westminster	11.88	1.1	2	
16	Austin McIntosh	Oakridge - London	11.91	1.1	2	

Men 100 Meter Dash Junior

=====

West Region: # 10.60	2002	Rhoan STERLING/Galt		
Name	Year	School	Finals	Wind

=====

Finals

1	Dante Henriques	Delhi - Delhi	11.10	2.4
2	Liam Van Loon	C.C.H. - London	11.23	2.4
3	Aron Massaquoi	Herman, W.F.	11.29	2.4
4	Jung-Il Lalonde	Brennan, F.J.	11.30	2.4
5	Connor Arnold	Resurrection	11.33	2.4
6	Abraham Kayeye	Lady of Lourdes	11.44	2.4
7	Arjun Khanna	Oakridge - London	11.58	2.4
8	Michael Pugsley	Great Lakes-Sarnia	11.63	2.4

Men 200 Meter Dash Junior

=====

West Region: # 21.67	1993	Chris ROBINSON / Cambridge-Hespeler		
Name	Year	School	Prelims	Wind H#

=====

Preliminaries

1	Callum Robinson	St. Anne-Clinton	22.76Q	1.4	1
2	Dante Henriques	Delhi - Delhi	22.83Q	0.3	2
3	Aron Massaquoi	Herman, W.F.	23.15Q	1.4	1
4	Brodie Graziano	North Park	23.63Q	0.3	2
5	Liam Van Loon	C.C.H. - London	23.26Q	1.4	1
6	Adepo Adenitan	Sandwich - Windsor	23.87Q	0.3	2
7	Grant Luke	London Central	23.40q	1.4	1
8	Ryan Renaud	Sacred Heart	23.79q	1.4	1
9	Cameron Powell	Centennial - Guelph	23.99	1.4	1
10	Arjun Khanna	Oakridge - London	24.28	1.4	1
11	Jung-Il Lalonde	Brennan, F.J.	24.32	0.3	2
12	James Hart	Essex - Essex	24.42	0.3	2
13	Ben Nitturi	St. Andre Bessette	24.55	0.3	2
14	Amaan Chadha	Mgsr. Bruyere E S	24.58	0.3	2
--	Michael Pugsley	Great Lakes-Sarnia	DNF	1.4	1

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Men 200 Meter Dash Junior

=====

West Region: # 21.67	1993	Chris ROBINSON / Cambridge-Hespele
Name	Year School	Finals Wind

=====

Finals

1	Dante Henriques	Delhi - Delhi	22.74	-0.4
2	Callum Robinson	St. Anne-Clinton	22.90	-0.4
3	Aron Massaquoi	Herman, W.F.	23.30	-0.4
4	Grant Luke	London Central	23.33	-0.4
5	Liam Van Loon	C.C.H. - London	23.34	-0.4
6	Brodie Graziano	North Park	23.63	-0.4
7	Ryan Renaud	Sacred Heart	23.95	-0.4
8	Adepo Adenitan	Sandwich - Windsor	24.04	-0.4

Men 400 Meter Dash Junior

=====

West Region: # 47.94	1997	Liam CARD / Port Elgin-Saugeen
Name	Year School	Finals H#

=====

1	Joshua Jackson	St.Mary's-Kitche	50.80	2
2	Grant Luke	London Central	51.29	2
3	Callum Robinson	St. Anne-Clinton	51.54	2
4	Brodie Graziano	North Park	51.80	2
5	Caelan Brosnan-Dennis	Oakridge - London	52.80	2
6	Spencer Wright	Lady of Lourdes	52.92	2
7	Liam Kiewitz	St. Anne - Windsor	53.51	1
8	Cameron Powell	Centennial - Guelph	53.72	1
9	Adrian O'Toole	St. David	54.25	2
10	Aidan Lachine	Paincourt SS	55.09	1
11	Aaron Canfield	Huron Park	55.44	1
12	Alex Lyford	St. Patrick's	55.69	1
13	Darren Catt	East Elgin - Aylmer	56.13	1
14	Dillin Yang	Westview Freedom	1:45.49	2

Men 800 Meter Run Junior

=====

West Region: # 1:50.90	2000	Nathan BRANNEN / Preston HS
Name	Year School	Finals H#

=====

1	Kyle Koyanagi	Laurier, Sir W.	1:58.13	2
2	Matthew Donnelly	Sacred Heart	1:58.40	2
3	Noah Costa	Vincent Massey	1:58.81	2
4	Korbett Cator	Grand River	1:59.63	2
5	Brock McKenzie	Lady of Lourdes	2:00.07	2
6	Eric Hill	St.Thomas Aquina	2:00.40	2
7	Tommy Sydor	Saunders - London	2:03.08	2
8	Stephen Harris	Ross, John F.	2:04.02	1
9	Nate McCann	St. Michael	2:04.61	2
10	Dion Killens	St. Anne-Clinton	2:05.33	1
11	John Wojcik	C.C.H. - London	2:05.73	1
12	Aidan Lachine	Paincourt SS	2:05.78	1
13	Parker Crewson	Macdonald, J.A.	2:07.06	1
14	Owen Norland	St. Patrick's	2:07.73	1
15	Thomas Bjorkman	Sandwich - Windsor	2:08.20	1
16	Declan Handley	Kingsville	2:10.66	1

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Men 1500 Meter Run Junior

=====			
West Region: # 3:49.3h	1994	Jay CANTIN / Sarnia-St. Cla	
Name	Year	School	Finals
=====			
1 Josh Zelek		Stratford Centra	4:01.62
2 Kyle Koyanagi		Laurier, Sir W.	4:02.65
3 Noah Costa		Vincent Massey	4:02.91
4 Evan Burke		London South	4:03.87
5 Korbett Cator		Grand River	4:04.98
6 Chase Canty		Vincent Massey	4:05.11
7 Eric Klassen		Banting, Sir F.	4:05.29
8 Brock McKenzie		Lady of Lourdes	4:10.74
9 Foster Malleck		St.Mary's-Kitche	4:12.02
10 Eric Hill		St.Thomas Aquina	4:14.30
11 Aaron Canfield		Huron Park	4:14.98
12 Scott Ardnt		Waterloo	4:16.17
13 David Henderson		Sandwich - Windsor	4:24.25
14 Luke Cabral		St. James - Guelph	4:26.33
15 Thomas Bjorkman		Sandwich - Windsor	4:28.76
16 Owen Norland		St. Patrick's	4:34.96

Men 3000 Meter Run Junior

=====			
West Region: # 8:35.46	2001	Adam HORTIAN / Bluevale	
Name	Year	School	Finals
=====			
1 Josh Zelek		Stratford Centra	8:47.80
2 Evan Burke		London South	8:53.62
3 Chase Canty		Vincent Massey	9:00.56
4 Eric Klassen		Banting, Sir F.	9:01.30
5 Ethan Kruisselbrink		St. Mary's (Os)	9:14.38
6 Aaron Canfield		Huron Park	9:15.74
7 Foster Malleck		St.Mary's-Kitche	9:17.07
8 Nathaniel Abell		East Elgin - Aylmer	9:18.18
9 Scott Ardnt		Waterloo	9:23.05
10 Luke Cabral		St. James - Guelph	9:26.60
11 David Henderson		Sandwich - Windsor	9:37.66
12 Luke Aikman		Waterloo-Oxford	9:56.15
13 Arturo Lopez		Leamington	10:00.72
14 Alexandre Guindon		St. Patrick's	10:09.92
15 Caleb Canfield		Huron Park	10:14.53
16 Justin Susko		St.Thomas	10:16.20

Men 100 Meter Hurdles Junior

=====				
West Region: # 13.15	2014-05-30	Joey Daniels, Cameron Heights		
Name	Year	School	Prelims	Wind H#
=====				
Preliminaries				
1 Adam Exley		Resurrection	14.07Q	0.1 2
2 Jonah McPhee		Waterloo	14.32Q	3.4 1
3 Chris Bungay		Lady of Lourdes	14.62Q	3.4 1
4 Casey Van Dorp		St. Anne-Clinton	14.66Q	0.1 2
5 Carson Perry		Lambton Central	14.69Q	3.4 1
6 Nate Norton		Vincent Massey	14.88Q	0.1 2

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....Men 100 Meter Hurdles Junior

7	Nils Diederik	Macdonald, J.A.	14.93q	0.1	2	14.928
8	Boriz Wright	Holy Names	14.93q	3.4	1	14.930
9	Matt Ballantyne	Saunders - London	15.12	0.1	2	
10	Qalib Ladhni	Centennial - Guelph	15.25	3.4	1	
11	Abdullah Zafar	Kennedy, Hon.W.C	15.31	3.4	1	
12	Jakob Ager	Woodstock	15.54	3.4	1	
13	Brady Smith	Belle River	15.66	0.1	2	
14	Jacob Larsen	St.Thomas Aquina	16.10	0.1	2	
15	Aidan Shimizu	Oakridge - London	16.55	3.4	1	
16	Oakley Potter	East Elgin - Aylmer	18.02	0.1	2	

Men 100 Meter Hurdles Junior

=====

West Region: # 13.15 2014-05-30 Joey Daniels, Cameron Heights

Name	Year	School	Finals	Wind
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=====

Finals

1	Adam Exley	Resurrection	13.73	0.7
2	Jonah McPhee	Waterloo	14.31	0.7
3	Boriz Wright	Holy Names	14.65	0.7
4	Casey Van Dorp	St. Anne-Clinton	14.67	0.7
5	Chris Bungay	Lady of Lourdes	14.68	0.7
6	Nate Norton	Vincent Massey	14.69	0.7
7	Nils Diederik	Macdonald, J.A.	14.84	0.7
8	Carson Perry	Lambton Central	15.19	0.7

Men 300 Meter Hurdles Junior

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West Region: # 38.11 1996 Jeff ELLIS/Orangeville

Name	Year	School	Finals	H#
------	------	--------	--------	----

=====

1	Adam Exley	Resurrection	40.59	2
2	Caleb Timm	Bluevale - Waterloo	40.94	2
3	Carson Perry	Lambton Central	41.23	2
4	Casey Van Dorp	St. Anne-Clinton	41.68	2
5	Jakob Ager	Woodstock	41.93	1
6	Cole Hines	Kennedy, Hon.W.C	41.95	2
7	Matt Ballantyne	Saunders - London	42.96	1
8	Aidan Lachine	Paincourt SS	43.14	2
9	Nils Diederik	Macdonald, J.A.	43.58	1
10	Nate Norton	Vincent Massey	43.64	2
11	Brady Smith	Belle River	43.69	2
12	David Kroes	Ross, John F.	43.81	1
13	Matias Tessel	Lady of Lourdes	44.34	1
14	Jacob Larsen	St.Thomas Aquina	45.98	1
15	Ryan Duffy	Mother Teresa	46.27	1
16	Chris Zwinkles	Holy Cross	46.66	1

Men 4x100 Meter Relay Junior

=====

West Region: # 43.15 2002 LONDON-CATHOLIC CENTRAL

School	Finals	H#
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=====

1	Sandwich - Windsor 'A'	43.97	2
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....Men 4x100 Meter Relay Junior

1) Dapo Adenitan	2) Aiden Allen			
3) Phillippe Alce	4) Leon Manning			
2 Oakridge - London 'A'		45.14	2	
1) Arjun Khanna	2) Austin McIntosh			
3) Caelan Brosnan-Dennis	4) Chris Caruso			
3 Catholic Central - London 'A'		45.25	2	
1) Cam Guest	2) Bryce Twohey			
3) Luke Ciapka	4) Liam Van Loon			
4 London Central - London 'A'		45.54	2	
1) Noah Kim	2) Prey Parikh			
3) Mika Bosnjak	4) Grant Luke			
5 Our Lady of Lourdes - Guelph 'A'		45.65	2	
1) Tyler Alessio	2) Abraham Kayeye			
3) Spencer Drohan	4) Spencer Wright			
6 St Thomas of Villanova-Lasalle 'A'		46.57	1	
1) Ethan Mackinnon	2) Matthew Burrows			
3) Frank Guarasci	4) Kodi McCrate			
7 Huron Heights - Kitchener 'A'		46.69	1	
1) Kevin He	2) Kwame Bonsu			
3) Erik Lemberg	4) Keegan Chmielewski			
8 Centennial - Guelph 'A'		46.96	1	
1) Cameron Powell	2) Davin Ramdath			
3) Timothy Wang	4) William Meng			
9 Essex - Essex 'A'		47.21	1	
1) Jacob Derksen	2) Spencer Campeau			
3) James Hart	4) Brent Davison			
10 Woodstock - Woodstock 'A'		47.68	1	
1) Jakob Ager	2) Mac Fox			
3) Benny Hart	4) Bailey Couch			
11 Sir Frederick Banting - London 'A'		48.34	1	
1) Kieran Warner	2) Brandon Grubb			
3) Nathaniel Ault	4) Will Brown			
12 East Elgin - Aylmer 'A'		48.39	1	
1) Darren Catt	2) Rick Damen			
3) Nathan Baughman	4) Oakley Potter			
-- W. F. Herman - Windsor 'A'		DNF	2	
1) Tiaje Polkosnik	2) Aron Massaquoi			
3) Austin Thornton	4) Elliot Idemudia			
-- Resurrection - Kitchener 'A'		DNF	2	
1) Adam Exley	2) Connor Arnold			
3) Jaden Evans	4) Michael Rice			
-- Lambton Central - Petrolia 'A'		DQ	1	170.7
1) Logan McLinchey	2) Carson Perry			
3) Devin Power	4) Keegan Watson			
-- Sir John A Macdonald SS 'A'		DQ	2	170.7
1) Nils Diederik	2) Ty Davis			
3) Parker Crewson	4) Misha Melnyk			

Men High Jump Junior

=====

West Region: # 2.01m 1984	Andrew MCLEAN / Arva-Medway
Name	Year School Finals

=====

=====																											
West Region: # 4.40m 1991					Mike NOLAN / Lord Dorchester																						
Name					Year School					Finals																	
=====																											
1 Aiden Allen					Sandwich - Windsor							3.86m															
1.90		2.10		2.30		2.50		2.70		2.85		3.00		3.15		3.30		3.45		3.60		3.75		3.86		4.00	
PPP		PPP		PPP		PPP		PPP		PPP		PPP		PPP		O		O		O		O		XO		XXX	

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....Men Pole Vault Junior

2	Bailey Harris	Jacob Hespeler	3.60m
	1.90 2.10 2.30 2.50 2.70 2.85 3.00 3.15 3.30 3.45 3.60 3.75		
	PPP PPP PPP PPP PPP O XO XXO XO XXO XXO XXX		
3	Caleb Timm	Bluevale - Waterloo	3.15m
	1.90 2.10 2.30 2.50 2.70 2.85 3.00 3.15 3.30		
	PPP PPP PPP PPP O O XO XXX		
4	Mac Fox	Woodstock	3.00m
	1.90 2.10 2.30 2.50 2.70 2.85 3.00 3.15 3.30		
	PPP PPP PPP PPP PPP O O XXP X		
5	Connor Sniatenchuk	Waterloo-Oxford	3.00m
	1.90 2.10 2.30 2.50 2.70 2.85 3.00 3.15		
	PPP PPP PPP PPP PPP O XO XXX		
6	Josh Authier	Macdonald, J.A.	3.00m
	1.90 2.10 2.30 2.50 2.70 2.85 3.00 3.15		
	PPP PPP PPP PPP XO O XO XXX		
6	Jonathan Wahl	Jacob Hespeler	3.00m
	1.90 2.10 2.30 2.50 2.70 2.85 3.00 3.15		
	PPP PPP PPP PPP XO O XO XXX		
8	Benny Hart	Woodstock	3.00m
	1.90 2.10 2.30 2.50 2.70 2.85 3.00 3.15 3.30		
	PPP PPP PPP PPP O XXO XXO XXP X		
9	Kevin Tebbens	Sandwich - Windsor	2.85m
	1.90 2.10 2.30 2.50 2.70 2.85 3.00		
	O PPP O O XO XO XXX		
10	Aidan Rand	Lord Dorchester	2.70m
	1.90 2.10 2.30 2.50 2.70 2.85 3.00		
	PPP PPP PPP O XO PPP XXX		
11	Ben Byczynski	St. Anne - Windsor	2.50m
	1.90 2.10 2.30 2.50 2.70		
	PPP O O O XXX		
11	Bailey Couch	Woodstock	2.50m
	1.90 2.10 2.30 2.50 2.70		
	PPP PPP PPP O XXX		
13	Logan Walters	College Avenue S S	2.50m
	1.90 2.10 2.30 2.50 2.70		
	PPP PPP PPP XO XXX		
14	Nicholas Dunsmore	Stratford NW	2.30m
	1.90 2.10 2.30 2.50		
	O O O XXX		
15	Aaron Atkinson	Sandwich - Windsor	2.10m
	1.90 2.10 2.30		
	O O XXX		

Men Long Jump Junior

=====					
West Region: # 7.18m 1999 Paul WHITTY / London-Saunders					
Name	Year	School	Finals	Wind	
=====					
1 Mika Bosnjak		London Central	6.39m	0.9	
5.16m(0.8) 6.00m(-0.5) 6.21m(-0.9) 6.39m(0.9) FOUL(-0.3) 6.16m(0.9)					
2 Akos Balint		C.C.H. - Windsor	6.37m	2.2	
FOUL(0.1) 6.24m(0.5) 6.06m(0.3) 6.37m(2.2) 6.34m(-0.8) FOUL(0.7)					
3 Aaron Barton		Johnson, P.	6.21m	0.9	
6.02m(0.5) 5.77m(-0.7) FOUL(-1.2) FOUL(0.7) 6.21m(0.9) 6.14m(1.0)					

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....Men Long Jump Junior

4	Jamie Teti	Vista Academy	6.21m	0.8
	5.07m(-0.3) 6.01m(0.6) 5.89m(-0.5) 6.08m(-0.3) 6.21m(0.8) 5.88m(0.3)			
5	Timothy Wang	Centennial - Guelph	6.13m	0.7
	FOUL(0.4) 5.91m(0.8) 6.01m(-0.2) 6.13m(0.7) 6.10m(1.5) 5.70m(+0.0)			
6	Spencer Wright	Lady of Lourdes	6.11m	0.3
	6.07m(0.3) 6.11m(0.3) 5.70m(-0.5) 6.00m(0.9) FOUL(0.7) 5.88m(0.1)			
7	Adam Exley	Resurrection	6.10m	0.7
	5.86m(0.4) FOUL(0.5) 5.87m(-0.6) 5.63m(1.0) 6.10m(0.7) 5.31m(-0.5)			
8	Kodi McCrate	St.Thomas	6.01m	0.8
	5.95m(-1.1) 2.93m(0.5) FOUL(1.0) FOUL(-0.9) 6.01m(0.8) 5.90m(-0.4)			
9	Dillin Yang	Westview Freedom	5.87m	-0.1
	5.87m(-0.1) 5.59m(2.0) 5.41m(-0.3)			
10	Caelan Brosnan-Dennis	Oakridge - London	5.78m	0.9
	5.68m(+0.0) 5.78m(0.9) 5.62m(-0.4)			
11	Austin Eadie	Madill, F.E.	5.77m	-0.3
	5.77m(-0.3) 5.60m(1.1) 5.62m(0.1)			
12	Abraham Kayeye	Lady of Lourdes	5.72m	0.5
	5.72m(0.5) FOUL(-0.5) FOUL(0.7)			
13	Caden Lear	Kingsville	5.64m	-1.2
	5.64m(-1.2) 5.49m(-0.3) 5.20m(-1.3)			
14	Prey Parikh	London Central	5.64m	1.0
	FOUL(1.7) 5.38m(0.7) 5.64m(1.0)			
15	Noah Gray	London Central	5.46m	0.8
	5.41m(0.3) 5.42m(0.2) 5.46m(0.8)			
16	Nathan Dwornik	Montcalm - London	5.23m	-0.9
	5.10m(0.7) FOUL(-0.4) 5.23m(-0.9)			

Men Triple Jump Junior

=====					
West Region: # 15.22m 2000 Kenen SHADD / Kitchner-Grand Rive					
	Name	Year School	Finals	Wind	
=====					
1	Aaron Barton	Johnson, P.	14.05m	2.6	
	FOUL FOUL 14.05m(2.6) 13.82m(0.2) 13.88m(-0.3) 13.87m(-0.1)				
2	Austin Eadie	Madill, F.E.	12.99m	-1.2	
	12.99m(-1.2) 12.21m(0.3) 12.46m(2.7) 12.73m(1.5) 12.80m(2.6) 12.72m(+0.0)				
3	Spencer Wright	Lady of Lourdes	12.96m	2.9	
	12.63m(0.7) 12.96m(2.9) FOUL 11.18m(1.3) 12.01m(3.2)				
4	Walter Le	Glenview Park	12.95m	1.2	
	12.27m(0.8) 11.94m(2.5) 12.42m(2.8) 12.83m(3.7) 12.62m(2.1) 12.95m(1.2)				
5	Sam Dupuis	St. Anne-Clinton	12.92m	1.9	
	12.64m(0.6) 12.25m(1.6) 12.57m(1.8) 12.22m(3.7) 12.92m(1.9) 12.72m(0.2)				
6	Mika Bosnjak	London Central	12.88m	0.1	
	11.87m(1.9) 12.03m(0.3) 12.42m(3.0) 12.44m(3.3) 12.63m(+0.0) 12.88m(0.1)				
7	Caden Lear	Kingsville	12.75m	1.5	
	12.53m(0.6) 12.75m(1.5) 12.35m(3.0) 12.54m(2.0) 12.59m(0.9) 12.74m(0.3)				
8	Dillin Yang	Westview Freedom	12.42m	0.6	
	12.37m(0.5) FOUL 12.42m(0.6)				
9	Lars MacDonald	Chatham-Kent	12.11m	1.4	
	12.11m(1.4) 9.30m(2.8) 12.05m(3.4)				
10	Jamie Teti	Vista Academy	11.95m	1.9	
	11.94m(0.7) FOUL 11.95m(1.9)				
11	Tiaje Polkosnik	Herman, W.F.	11.86m	1.7	
	11.86m(1.7)				

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....Men Triple Jump Junior

11	Isaac Watsa	Waterloo-Oxford	11.86m	1.4
	11.83m(+0.0) 11.86m(1.4) 11.75m(2.8)			
13	justin holmes	Ingersoll	11.84m	1.3
	11.39m(1.5) FOUL 11.84m(1.3)			
14	Henry Huang	Ross, John F.	11.73m	2.8
	11.51m(1.0) 11.73m(2.8) 11.72m(2.3)			
15	Travis Bannerman	Listowel - Listowel	11.54m	1.9
	10.86m(-0.9) 11.54m(1.9) 11.45m(3.2)			
16	Ali Rifai	Saunders - London	10.01m	-2.3
	9.86m(4.0) 10.01m(-2.3)			

Men Shot Put Junior

West Region: # 17.70m 2016-05-27 Cole Belkwell, St.Mary's-Kit						
Name	Year	School	Finals			
1 Ryley Forbes		Jacob Hespeler	16.13m			
	15.17m 15.88m 15.29m 15.56m 15.34m 16.13m					
2 Devin Veresuk		Holy Names	14.98m			
	14.98m 13.82m FOUL FOUL 13.01m 13.01m					
3 Gaedon Berry		Vista Academy	14.80m			
	14.11m 14.80m FOUL FOUL 13.23m 13.69m					
4 Dylan Earish		Herman, W.F.	14.22m			
	14.22m FOUL 13.16m FOUL FOUL FOUL					
5 Seth Kuiper		Central Elgin	14.17m			
	13.66m 13.40m 13.91m 14.17m 13.93m 13.90m					
6 Kareem Taha		Oakridge - London	13.97m			
	13.89m 13.92m FOUL 13.97m 13.88m 13.45m					
7 Donaven Quangvan		St.Mary's-Kitche	13.81m			
	13.29m 12.89m 13.80m 13.63m FOUL 13.81m					
8 Travis Wilson		St. Mary's (Os)	13.13m			
	13.03m 12.97m 13.13m 12.35m 12.73m 12.21m					
9 Camden Fischer		Wallaceburg D S S	13.11m			
	13.11m FOUL FOUL					
10 Jason Guy		Stratford NW	12.83m			
	12.39m 12.82m 12.83m					
11 Aaron Collins		St. Anne - Windsor	12.60m			
	11.68m 12.37m 12.60m					
12 Mac Fox		Woodstock	12.45m			
	11.80m 11.51m 12.45m					
13 Sean Skinner		Simcoe - Simcoe	12.39m			
	12.09m FOUL 12.39m					
14 Christian Panhuis		Banting, Sir F.	12.29m			
	12.29m 12.05m 12.07m					
15 Ethan Bishop		Erin - Erin	12.23m			
	12.23m 11.93m 12.08m					
16 Steven Fodor		Parkside	11.74m			
	FOUL 11.74m FOUL					

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Men Discus Throw Junior

=====							
West Region: # 61.26m 2009				Jordan YOUNG, St. Joseph St.			
Name		Year		School		Finals	
=====							
1	Matt Boyce				Northern - Sarnia		51.94m
	50.90m	46.49m	FOUL	47.63m	51.94m	51.21m	
2	Christian Panhuis				Banting, Sir F.		47.21m
	36.45m	46.82m	47.21m	45.87m	45.74m	FOUL	
3	Seth Kuiper				Central Elgin		43.32m
	43.32m	FOUL	32.26m	39.51m	32.35m	FOUL	
4	Connor Walsh				Waterford		42.37m
	38.48m	FOUL	41.41m	FOUL	41.43m	42.37m	
5	Joseph Gillespie				Parkside		42.29m
	41.13m	38.90m	FOUL	38.90m	42.29m	41.08m	
6	Sam Haight				Chatham-Kent		38.90m
	31.76m	FOUL	38.90m	38.32m	37.25m	FOUL	
7	Jakob Schroeder				Bluevale - Waterloo		38.88m
	38.88m	34.32m	36.41m	27.94m	37.19m	35.47m	
8	Raman Deol				Vista Academy		38.32m
	33.69m	38.32m	FOUL	FOUL	FOUL	36.25m	
9	Joel Cartwright				Sandwich - Windsor		38.29m
	38.29m	34.05m	35.74m				
10	Kareem Taha				Oakridge - London		37.73m
	34.00m	37.73m	37.07m				
11	Luka Jones				Vista Academy		36.23m
	FOUL	36.23m	FOUL				
12	Travis Wilson				St. Mary's (Os)		34.56m
	34.56m	3.72m	32.34m				
13	Alex Wagler				Waterloo-Oxford		34.50m
	FOUL	32.83m	34.50m				
--	Qalib Ladhni				Centennial - Guelph		FOUL
	FOUL	FOUL					
--	Chase Cookson				Parkside		FOUL
	FOUL	FOUL	FOUL				
--	Connor Barkauskas				St. Anne-Clinton		FOUL
	FOUL	FOUL	FOUL				
=====							

Men Javelin Throw Junior

=====							
West Region: # 61.10m 2009				Tyler WITHERS, Northern			
Name		Year		School		Finals	
=====							
1	Bailey Couch			Woodstock			50.61m
	48.93m	FOUL	FOUL	FOUL	50.61m	49.23m	
2	Josh Doupe			St. Patrick's			49.08m
	40.87m	42.96m	49.08m	FOUL	47.24m	47.72m	
3	Greg Ross			Northern - Sarnia			48.16m
	44.17m	46.57m	45.92m	42.64m	44.57m	48.16m	
4	Oakley Potter			East Elgin - Aylmer			47.49m
	44.01m	41.96m	42.79m	47.49m	40.78m	FOUL	
5	Connor Keogh			Holy Cross			46.76m
	42.37m	42.12m	44.28m	46.76m	43.32m	FOUL	
6	Ethan Ried			Stratford NW			46.32m
	42.17m	43.71m	43.00m	FOUL	46.32m	FOUL	

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....Men Javelin Throw Junior

7	Matthew Greidanus	Westminster	45.94m
	FOUL 39.09m 45.69m 41.35m FOUL 45.94m		
8	Mac Starkebaum	Huron Heights	45.77m
	40.76m 45.77m 43.60m 37.75m 40.50m FOUL		
9	Sam Haight	Chatham-Kent	42.78m
	41.34m 40.36m 42.78m		
10	Nolan Charette	Sandwich - Windsor	42.50m
	41.32m 42.50m 40.38m		
11	Chase Cookson	Parkside	42.31m
	36.92m 42.31m FOUL		
12	Adam Tunnickliffe	Galt - Cambridge	42.29m
	FOUL 42.29m 40.89m		
13	Spencer Dyce	Centr Wellington	40.63m
	40.63m 38.13m 37.99m		
14	Kevin He	Huron Heights	40.24m
	40.24m 31.80m 37.20m		
15	Dylan Earish	Herman, W.F.	35.86m
	FOUL FOUL 35.86m		
16	Aedan Bell	Waterloo-Oxford	35.08m
	FOUL 34.37m 35.08m		

Men 100 Meter Dash Senior

=====

West Region: # 10.56 2012-06-01 Devon Rittinger, Forest Heights

Name	Year	School	Prelims	Wind	H#
------	------	--------	---------	------	----

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Preliminaries

1	Adam Nalywaiko	Mother Teresa	10.83Q	-1.5	1
2	Adrian Livingston	Mgsr. Bruyere E S	11.02Q	1.4	2
3	Marcus Penaloza	St. Benedict	11.03Q	1.4	2
4	Cole Barnes	St.Joe-St.Thomas	11.21Q	-1.5	1
5	Jonah Zimmer	C.C.H. - London	11.10Q	1.4	2
6	Daniel O'Brien	H.B. Beal - London	11.38Q	-1.5	1
7	Owen Read	Elmira - Elmira	11.11q	1.4	2
8	Ethan Martin	London South	11.24q	1.4	2
9	Mason Garrett	North Park	11.39	1.4	2
10	Joshua Woghiren	Herman, W.F.	11.42	-1.5	1
11	Dante Lewis	Herman, W.F.	11.44	-1.5	1
12	Michael Herzog	Holy Names	11.45	1.4	2
13	Carter Powell	Centennial - Guelph	11.53	-1.5	1
14	Olami Ogunnote	Centennial - Guelph	11.55	-1.5	1
15	Daniel Akpedeye	Vincent Massey	11.56	-1.5	1

Men 100 Meter Dash Senior

=====

West Region: # 10.56 2012-06-01 Devon Rittinger, Forest Heights

Name	Year	School	Finals	Wind
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=====

Finals

1	Adam Nalywaiko	Mother Teresa	10.83	2.9
2	Jonah Zimmer	C.C.H. - London	10.86	2.9
3	Adrian Livingston	Mgsr. Bruyere E S	11.02	2.9
4	Owen Read	Elmira - Elmira	11.07	2.9
5	Ethan Martin	London South	11.25	2.9

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....Men 100 Meter Dash Senior

6 Daniel O'Brien	H.B. Beal - London	11.31	2.9
7 Marcus Penaloza	St. Benedict	36.42	2.9
-- Cole Barnes	St.Joe-St.Thomas	DQ	2.9

Men 200 Meter Dash Senior

West Region: # 21.30 1995		Dave TOMLIN / Kitchener-St. Mary's	
Name	Year School	Prelims	Wind H#

Preliminaries

1 Liam Mather	London Central	22.56Q	0.8	2
2 Owen Read	Elmira - Elmira	22.70Q	0.3	1
3 Joshua Woghiren	Herman, W.F.	22.64Q	0.8	2
4 Patrick Quinland	Herman, W.F.	22.78Q	0.3	1 22.773
5 Mason Garrett	North Park	22.67Q	0.8	2
6 Carter Powell	Centennial - Guelph	22.78Q	0.3	1 22.779
7 Dante Lewis	Herman, W.F.	22.80q	0.8	2
8 Jonah Zimmer	C.C.H. - London	22.83q	0.3	1
9 Adrian Livingston	Mgsr. Bruyere E S	22.89	0.8	2
10 Daniel O'Brien	H.B. Beal - London	22.96	0.8	2
11 Ethan Martin	London South	23.02	0.3	1
12 Zachary Murch	Bishop MacDonnel	23.26	0.3	1
13 Curtis Godfrey	Chatham-Kent	23.63	0.3	1

Men 200 Meter Dash Senior

West Region: # 21.30 1995		Dave TOMLIN / Kitchener-St. Mary's	
Name	Year School	Finals	Wind

Finals

1 Owen Read	Elmira - Elmira	22.35	-1.6
2 Jonah Zimmer	C.C.H. - London	22.66	-1.6
3 Liam Mather	London Central	22.71	-1.6
4 Patrick Quinland	Herman, W.F.	22.78	-1.6
5 Joshua Woghiren	Herman, W.F.	22.85	-1.6
6 Mason Garrett	North Park	22.93	-1.6
7 Carter Powell	Centennial - Guelph	23.04	-1.6
8 Dante Lewis	Herman, W.F.	23.19	-1.6

Men 400 Meter Dash Senior

West Region: # 46.54 2012-06-01		Brandon McBride, Herman, W.F.	
Name	Year School	Finals	H#

1 William McBride	Herman, W.F.	48.57	2
2 Cameron Hoggarth	Goderich - Goderich	49.92	2
3 Patrick Quinland	Herman, W.F.	50.00	2
4 Curtis Godfrey	Chatham-Kent	50.36	2
5 Ruach Padhal	John Paul II	50.45	2
6 Owen Read	Elmira - Elmira	50.77	1
7 Ryland Williamson	C.C.H. - London	50.83	1
8 Nathen Chapple	Northern - Sarnia	51.05	2
9 Robbie Menzies	Medway - Arva	51.14	1
10 Zachary Earhart	Lord Dorchester	51.26	1

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....Men 400 Meter Dash Senior

11 Miguel Robles Villarreal	St.Mary's-Kitche	51.33	1
12 Mason Garrett	North Park	51.34	2
13 Brandon Sellers	Huron Heights	51.37	1
14 Austin McLeod	Saunders - London	51.46	1
15 Trevone Zoyza	Assumption-Brant	51.93	1
16 Roberto Asy	C.C.H. - Windsor	52.11	2

Men 800 Meter Run Senior

=====				
West Region: # 1:47.56 2012-06-02 Brandon McBride, Herman, W.F.				
Name	Year School	Finals	H#	
=====				
1 Ruach Padhal	John Paul II	1:51.67	2	
2 William McBride	Herman, W.F.	1:52.31	2	
3 John Fish	Macdonald, J.A.	1:52.60	2	
4 Cameron Hoggarth	Goderich - Goderich	1:52.61	2	
5 Braydon Clarke	Erin - Erin	1:55.29	2	
6 Éric Gareau	Mgsr. Bruyere E S	1:55.62	2	
7 Tyrone Traher	London South	1:56.52	2	
8 Greg Carette	Forest Heights	1:57.17	1	
9 Cole Hannam	St. James - Guelph	1:58.14	1	
10 Thador Tekhli	Chatham-Kent	1:58.41	1	
11 Trevone Zoyza	Assumption-Brant	1:58.88	1	
12 Sam Wyatt	Stratford Centra	2:01.35	2	
13 Kiniw Cleland	Herman, W.F.	2:01.51	1	
14 Max Cooney	Riverside - Windsor	2:01.96	1	
15 Nathen Chapple	Northern - Sarnia	2:02.51	1	
16 Jordan Palmer	St.Joe-St.Thomas	2:03.18	1	

Men 1500 Meter Run Senior

=====				
West Region: # 3:45.06 1993 Kevin SULLIVAN / Brantford-				
Name	Year School	Finals		
=====				
1 John Fish	Macdonald, J.A.	4:01.54		
2 Braydon Clarke	Erin - Erin	4:03.35		
3 Gavin Hughes	St. James - Guelph	4:03.60		
4 Marcus Kemp	St.Mary's-Kitche	4:03.88		
5 Greg Danayan	St. Benedict	4:04.22		
6 Éric Gareau	Mgsr. Bruyere E S	4:05.62		
7 Brendan Simone	Holy Names	4:08.30		
8 Tyrone Traher	London South	4:08.71		
9 Tristan Wendt	H.B. Beal - London	4:11.12		
10 Andrew Davies	Northern - Sarnia	4:16.49		
11 Kiniw Cleland	Herman, W.F.	4:16.63		
12 Kyle Luyt	St.Joe-St.Thomas	4:17.27		
13 Cameron Ross	Chatham-Kent	4:17.49		
14 Levi Shimer-Whitehead	London Central	4:20.95		
15 Drew Horner	South Huron	4:25.94		

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Men 3000 Meter Run Senior

=====			
West Region: # 8:21.8h 1995 Matt KERR / Fergus - Centre			
Name	Year	School	Finals
=====			
1 Marcus Kemp		St.Mary's-Kitcher	8:51.17
2 Marcel Scheele		St. Mary's Dcvi	8:51.26
3 Gavin Hughes		St. James - Guelph	8:53.10
4 Nicholas Bannon		Centre Dufferin	8:54.29
5 Greg Danayan		St. Benedict	8:56.71
6 Brad Sheeler		Holy Cross	9:02.55
7 Brendan Simone		Holy Names	9:05.22
8 Zach Frangos		Cameron Heights	9:07.01
9 Kyle Farquharson		Strathroy	9:15.07
10 Andrew Davies		Northern - Sarnia	9:15.62
11 Arseniy Chertov		Vincent Massey	9:27.61
12 Levi Shimer-Whitehead		London Central	9:39.68
13 Mark Bunzendahl		Listowel - Listowel	9:58.00
-- Tristan Wendt		H.B. Beal - London	DNF

Men 110 Meter Hurdles Senior

=====					
West Region: # 13.46 2010-05-28 Greg MacNeill, Mother Teresa					
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1 Liam Mather		London Central	13.96Q	1.7	2
2 James Muharrem		Chatham-Kent	14.51Q	2.8	1
3 Matthew MacGillivray		C.C.H. - London	14.13Q	1.7	2
4 Tyrell Mairs-Onwumere		H.B. Beal - London	14.57Q	2.8	1
5 Matt MacNeill		A.B. Lucas - London	14.27Q	1.7	2
6 Sebastian Smith		Northern - Sarnia	14.79Q	2.8	1
7 Harris Schaubel		Centennial - Guelph	15.20q	2.8	1 15.191
8 Hayden Bell		Central Elgin	15.20q	1.7	2 15.194
9 Evan Krebs		St. Anne-Clinton	15.32	2.8	1
10 Inho Choi		Holy Names	15.69	1.7	2
11 Aiden Peet		Bishop MacDonnel	15.75	1.7	2
12 David Oteng-Pabi		Vincent Massey	16.03	2.8	1
13 Liam Ramshaw		Ross, John F.	16.15	2.8	1
14 Jaxon Gordon		St. Patrick's	16.28	1.7	2
15 Colin Elvie		Simcoe - Simcoe	17.55	2.8	1
-- Noah Enns Le-Doare		Kitchener Waterl	DQ	1.7	2

Men 110 Meter Hurdles Senior

=====					
West Region: # 13.46 2010-05-28 Greg MacNeill, Mother Teresa					
Name	Year	School	Finals	Wind	
=====					
Finals					
1 Liam Mather		London Central	14.04	-0.3	
2 Matthew MacGillivray		C.C.H. - London	14.25	-0.3	
3 Matt MacNeill		A.B. Lucas - London	14.29	-0.3	
4 Sebastian Smith		Northern - Sarnia	14.44	-0.3	
5 James Muharrem		Chatham-Kent	14.46	-0.3	
6 Tyrell Mairs-Onwumere		H.B. Beal - London	14.56	-0.3	
7 Harris Schaubel		Centennial - Guelph	14.81	-0.3	

West Region: # 42.21 2011		Northern CIVS		Finals	H#
School					
1	Catholic Central - London 'A'			43.02	2
	1) Dylan Franze	2)	Matthew MacGillivray		
	3) Anthony Cimino	4)	Jonah Zimmer		
2	H.B. Beal - London 'A'			43.26	2
	1) Jamal Williams	2)	Devin Slack-Allen		
	3) Tyrell Mairs-Onwumere	4)	Daniel O'Brien		
3	W. F. Herman - Windsor 'A'			43.52	2
	1) Dante Lewis	2)	Patrick Quinland		
	3) William McBride	4)	Josh Woghiren		
4	Sandwich - Windsor 'A'			44.10	2
	1) Blake McConville	2)	Kobe Washington		
	3) Rob Maure	4)	Logan Panek		
5	Centennial - Guelph 'A'			44.17	2
	1) Harris Schaubel	2)	Dylan Jamieson		
	3) Olami Ogunnote	4)	Carter Powell		
6	Glenview Park - Cambridge 'A'			44.84	1
	1) Walter Le	2)	Shahmir Khan		
	3) Emanuel Otong	4)	Jordan Rogers		
7	Mitchell - Mitchell 'A'			44.99	2
	1) Quaid Austin	2)	James Cooper		
	3) Nick Jung	4)	Cody Pauli		
8	Chatham-Kent - Chatham 'A'			45.05	1
	1) Tye Douma	2)	Curtis Godfrey		
	3) James Muharrem	4)	Jordan Wright		
9	John F. Ross - Guelph 'A'			45.20	1

West Region: # 2.19m		2010-05-28		Branden Wilhelm, Woodstock	
Name		Year		School	
				Finals	
1	Sebastian Smith	Northern - Sarnia		2.02m	
	1.75 1.85 1.90 1.93 1.99 2.02				
	O O O O O O				
2	Matt Pfefferkorn	Waterloo		1.99m	
	1.75 1.80 1.85 1.90 1.93 1.96 1.99 2.02				
	O O O O XO O O XXX				
3	Emanuel Otong	Glenview Park		1.93m	
	1.80 1.85 1.90 1.93 1.96				
	O O O O XXX				
4	Daniel O'Brien	H.B. Beal - London		1.93m	
	1.70 1.80 1.85 1.90 1.93 1.96				
	O O O XXO O XXX				
5	Eric Pierce	Strathroy		1.90m	
	1.75 1.80 1.85 1.90 1.93				
	O XO XO O XXX				
6	Adam Lee	Ross, John F.		1.90m	
	1.75 1.80 1.85 1.90 1.93				
	O O O XO XXX				
6	Andrew Russell	Kennedy, Hon.W.C		1.90m	
	1.75 1.80 1.85 1.90 1.93				
	O O O XO XXX				
8	Hayden Bell	Central Elgin		1.85m	
	1.75 1.80 1.85 1.90				
	O XO O XXX				

West Region: # 5.10m 1985						Doug WOOD / Wingham-Madill					
Name	Year					School	Finals				
1 Nojah Parker						College Avenue S S	4.00m				
	2.60	2.80	3.00	3.20	3.35	3.50	3.65	3.80	3.90	4.00	4.15
	PPP	PPP	PPP	PPP	PPP	PPP	XO	PPP	PPP	XO	XXX
2 Cooper Murphy						Oakridge - London	3.80m				
	2.60	2.80	3.00	3.20	3.35	3.50	3.65	3.80	3.90	4.00	
	PPP	PPP	PPP	PPP	PPP	XO	XO	XO	PPP	XXX	
3 Austin McLeod						Saunders - London	3.50m				
	2.60	2.80	3.00	3.20	3.35	3.50					
	PPP	PPP	PPP	PPP	O	O					
4 Kyle Lewis						Delhi - Delhi	3.35m				
	2.60	2.80	3.00	3.20	3.35	3.50					
	PPP	O	O	O	O	XXX					
5 Aiden Peet						Bishop MacDonnel	3.35m				
	2.60	2.80	3.00	3.20	3.35	3.50					
	PPP	PPP	XO	O	O	XXX					
6 Zeyad Saadi						St. Anne - Windsor	3.35m				
	2.60	2.80	3.00	3.20	3.35	3.50					
	O	O	XXO	XXO	O	XXX					
7 Harald Phelps						Sandwich - Windsor	3.20m				
	2.60	2.80	3.00	3.20	3.35						
	O	PPP	XO	XXO	XXX						
7 Calum Doherty						A.B. Lucas - London	3.20m				
	2.60	2.80	3.00	3.20	3.35						
	PPP	XO	O	XXO	XXX						

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....Men Pole Vault Senior

9 Brennan Sniatenchuk	Macdonald, J.A.	3.00m
2.60 2.80 3.00 3.20		
PPP O O XXX		
9 Linden Liles-McCurdy	Sandwich - Windsor	3.00m
2.60 2.80 3.00 3.20		
O O O XXX		
9 Ben Kerkhoff	Oakridge - London	3.00m
2.60 2.80 3.00 3.20		
PPP O O XXX		
12 Malcolm McCarron	Macdonald, J.A.	3.00m
2.60 2.80 3.00 3.20		
O O XXO XXX		
13 Wilson Reusing	Macdonald, J.A.	2.80m
2.60 2.80 3.00		
O O XXX		
-- Matt Veroude	Strathroy	NH
2.60 2.80		
PPP XXX		

Men Long Jump Senior

=====					
West Region: # 7.50m 2010-05-29 Taylor Stewart, Regina Mundi					
Name	Year	School	Finals	Wind	
=====					
1 Ryan Taylor		Huron Heights	7.13m	0.1	
7.00m(0.9) 6.74m(-1.8)	FOUL	FOUL	FOUL	7.13m(0.1)	
2 Marcus Cooper		Holy Names	6.90m	1.0	
6.50m(+0.0) 6.55m(0.1) 6.73m(-2.0) 6.65m(1.6) 6.90m(1.0)	FOUL				
3 Kenny Siharath		Cameron Heights	6.81m	0.3	
6.62m(1.1) 6.81m(0.3) 6.76m(0.1)	FOUL	FOUL	FOUL		
4 Logan Panek		Sandwich - Windsor	6.78m	+0.0	
FOUL 6.72m(1.2) 6.50m(-0.8) 6.72m(1.3)	FOUL		6.78m(+0.0)		
5 Austin McLeod		Saunders - London	6.77m	1.3	
6.77m(1.3) 6.45m(-1.3) 2.47m(-0.3)	FOUL(1.5)	6.48m(1.1) 6.55m(-0.4)			
6 Matt MacNeill		A.B. Lucas - London	6.58m	0.5	
FOUL 6.57m(1.5) FOUL(0.7) 6.55m(2.3)	FOUL	6.58m(0.5)			
7 Sebastian Smith		Northern - Sarnia	6.55m	1.4	
6.24m(0.7) 6.55m(1.4) 6.47m(-1.3)	FOUL(2.9)	6.37m(1.7)	FOUL		
8 Shahmir Khan		Glenview Park	6.42m	-1.2	
6.26m(0.6) 6.22m(0.5) 6.42m(-1.2) 4.79m(2.1) 6.37m(1.2)	6.25m(0.2)				
9 Isaac Mapp		Preston - Cambridge	6.36m	0.8	
6.33m(1.7) 5.24m(-2.1) 6.36m(0.8)					
10 Adam Lee		Ross, John F.	6.24m	0.3	
6.24m(0.3) FOUL FOUL					
11 Alex Needs		ES L'Essor	6.02m	-0.6	
FOUL FOUL 6.02m(-0.6)					
12 Matt Darrell		Madill, F.E.	5.96m	-2.0	
FOUL 5.96m(-2.0) 5.94m(1.3)					
13 Mathew Musclow		College Avenue S S	5.82m	-0.3	
5.82m(-0.3) 5.49m(-0.6) 5.73m(2.0)					
14 Kier Cumming		Chatham-Kent	5.71m	0.3	
5.71m(0.3) 5.64m(-2.2) 5.38m(0.5)					
15 Mitch Deans		Madill, F.E.	5.62m	1.2	
FOUL 5.62m(1.2) 5.56m(1.4)					

1	Mark Bujnowski				Holy Cross			19.33m
	17.88m	18.61m	18.65m	19.33m	FOUL	18.61m		
2	Zion Webb				St. Patrick's			16.17m
	15.00m	16.05m	14.85m	16.17m	16.15m	FOUL		
3	Cole Belkwell				St.Mary's-Kitche			15.96m
	14.40m	FOUL	15.96m	15.86m	15.41m	FOUL		
4	Spencer Vanderlaan				Maranatha Christ			15.83m
	15.25m	15.31m	15.83m	15.52m	15.78m	15.50m		
5	Adam Kohlsmith				Strathroy			15.29m
	15.29m	15.18m	FOUL	15.27m	14.95m	FOUL		

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....Men Shot Put Senior

6	Quintin Seguin	Herman, W.F.	14.69m
	13.91m FOUL 14.69m 13.58m 14.18m 14.39m		
7	Nathan Gould	Ingersoll	14.51m
	14.02m 13.92m 13.88m 14.18m 12.91m 14.51m		
8	Anthony Atkinson	McGregor	14.18m
	14.18m FOUL 13.74m FOUL 13.75m FOUL		
9	Johnny Vanos	St. Patrick's	13.55m
	FOUL 13.55m FOUL		
10	Sam Csinos	C.C.H. - London	13.07m
	12.71m 12.58m 13.07m		
11	Brandon Wilson	St. Mary's (Os)	13.06m
	12.28m 10.35m 13.06m		
12	Josh Mather	Strathroy	12.53m
	11.97m 12.19m 12.53m		
13	Kendel Hutchinson-Cotoc	Huron Heights	12.00m
	11.69m 12.00m 11.38m		
14	Dakota Loosemore	Bluevale - Waterloo	11.85m
	11.26m FOUL 11.85m		

Men Discus Throw Senior

West Region: # 64.94m 1995				Jason TUNKS / London-Banting	
	Name	Year	School	Finals	
1	Mark Bujnowski		Holy Cross	56.92m	
	54.27m 56.92m FOUL 56.90m 55.40m 54.23m				
2	Anthony Elliot		Sacred Heart	45.45m	
	44.25m 44.49m 43.98m 43.49m 45.45m 44.41m				
3	David Peet		Forest Heights	44.93m	
	FOUL 42.55m 41.54m 42.26m 44.93m 44.78m				
4	Tyler Donley		Medway - Arva	44.78m	
	43.15m 40.11m 37.80m 42.16m 40.99m 44.78m				
5	Anthony Atkinson		McGregor	44.54m	
	38.53m 41.69m FOUL 39.74m 44.54m 43.70m				
6	Dakota Loosemore		Bluevale - Waterloo	43.79m	
	40.86m 39.60m 42.58m 38.83m 43.79m FOUL				
7	Johnny Vanos		St. Patrick's	43.17m	
	FOUL 39.64m 43.17m 41.65m 42.86m 41.61m				
8	Bennett VanBerlo		St.Thomas Aquina	43.10m	
	FOUL 39.59m 40.83m 43.10m 39.66m 41.63m				
9	Owen Mueller		St.Thomas Aquina	40.72m	
	38.18m 38.50m 40.72m				
10	Cole Belkwell		St.Mary's-Kitche	40.05m	
	FOUL 40.05m 32.79m				
12	Harrison Taylor		Southwood	39.73m	
	33.72m 39.73m 34.17m				
12	Josh Mather		Strathroy	38.86m	
	37.60m 38.86m 34.17m				
13	Kyle Lalich		Holy Cross	37.29m	
	36.59m 37.09m 37.29m				
14	Zion Webb		St. Patrick's	37.01m	
	37.01m FOUL FOUL				
15	Collin Burrowes		Northern - Sarnia	36.48m	
	FOUL FOUL 36.48m				

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....Men Discus Throw Senior

16 Mitchell Prsa	Vista Academy	36.03m
32.13m 36.03m 34.43m		

Men Javelin Throw Senior

=====									
West Region: # 70.20m 2001				Trevor SNYDER / Windsor-St.J					
Name		Year		School				Finals	
=====									
1	Josh Mather					Strathroy			54.06m
	54.06m 5.36m	PASS	PASS	PASS	PASS				
2	Jared O'Riley					College Avenue S S			52.09m
	43.98m 47.85m	52.09m	46.06m	51.43m	49.74m				
3	Blake McConville					Sandwich - Windsor			50.70m
	47.91m 45.93m	48.90m	50.70m	FOUL	46.55m				
4	Marlow Carter					Glencoe - Glencoe			49.11m
	43.23m 49.11m	45.92m	45.43m	47.03m	43.50m				
5	Terrel Webb					St. Benedict			47.16m
	44.24m 46.14m	46.83m	46.70m	45.82m	47.16m				
6	Orlando Campbell					Mitchell - Mitchell			45.85m
	35.39m 35.91m	45.43m	FOUL	45.85m	39.97m				
7	Quinten Earhart					Kennedy, Hon.W.C			45.37m
	FOUL 41.36m	45.37m	43.05m	41.42m	FOUL				
8	Connor Martin					Medway - Arva			45.32m
	44.58m 41.89m	44.69m	45.32m	40.85m	41.97m				
9	Dakota Loosemore					Bluevale - Waterloo			43.22m
	43.22m 39.00m	39.88m							
10	Ben Vanzant					Westside			43.14m
	39.60m 43.14m	41.87m							
11	Nicholas Epp					Ross, John F.			42.98m
	FOUL 42.98m	40.60m							
12	Max Dalrymple					C.C.H. - London			42.25m
	42.21m 39.54m	42.25m							
13	Lucas Scarfe					Sandwich - Windsor			40.98m
	38.83m 38.77m	40.98m							
14	Carter Rombouts					North Lambton			39.47m
	FOUL 39.47m	FOUL							

Men 2000 Meter Steeplechase Open

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West Region: # 5:54.94		2012-06-01	Daniel Piticariu, Vincent M
Name	Year	School	Finals
=====			
1	Marcel Scheele	St. Mary's Dcvi	6:04.05
2	Cole Hannam	St. James - Guelph	6:05.07
3	Brad Sheeler	Holy Cross	6:08.93
4	Arseniy Chertov	Vincent Massey	6:13.24
5	Thador Tekhli	Chatham-Kent	6:18.07
6	Nicholas Bannon	Centre Dufferin	6:21.84
7	Nahom Tesfit Ezra	Ross, John F.	6:21.92
8	Kyle Farquharson	Strathroy	6:25.22
9	John Wang	Elmira - Elmira	6:32.82
10	Nathaniel Abell	East Elgin - Aylmer	6:33.71
11	Joey Hardy	St.Joe-St.Thomas	6:35.03
12	Austin McQuiggan	Chatham-Kent	6:37.43

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....Men 2000 Meter Steeplechase Open

13 Greg McFarlane	Vincent Massey	6:43.90
14 Bradley Shepherd	Cameron Heights	6:48.70
15 Michael Schraa	Madill, F.E.	6:50.56
16 Tyler Jones	Sandwich - Windsor	7:00.16

Men 4x400 Meter Relay Open

West Region: # 3:19.22 2010-05-29 W. F. Herman S S - swhe, Herma
 A Colquhoun, C Johnson, B McBride, M Savic

School Finals H#

1 W. F. Herman - Windsor 'A'	3:19.34	2
1) William McBride	2) Patrick Quinland	
3) Dante Lewis	4) Josh Woghiren	
2 Northern - Sarnia 'A'	3:26.93	2
1) Zachary Doxilly	2) Nathen Chapple	
3) Alec Trusler	4) Sebastian Smith	
3 Catholic Central - London 'A'	3:28.06	2
1) David Alvarez	2) Jonah Zimmer	
3) Matthew MacGillivray	4) Ryland Williamson	
4 Chatham-Kent - Chatham 'A'	3:28.08	2
1) Tye Douma	2) Thador Tekhli	
3) James Muharrem	4) Curtis Godfrey	
5 St. Benedict - Cambridge 'A'	3:29.93	2
1) Josh Gancena	2) Greg Danayan	
3) Kyson Vi	4) Devaughn Channer	
6 St. Anne's - Clinton 'A'	3:31.57	2
1) Casey Van Dorp	2) Evan Krebs	
3) Rienk Van Der Ploeg	4) Callum Robinson	
7 H.B. Beal - London 'A'	3:32.73	1
1) Tyrell Mairs-Onwumere	2) Noah O'Brien	
3) Daniel O'Brien	4) Joseph Varfee	
8 Grand River - Kitchener 'A'	3:33.37	1
1) Jason Willms	2) Nathan Rowe	
3) Chad Lacey	4) Korbett Cator	
9 Sir John A Macdonald SS 'A'	3:33.40	1
1) Osman Mahboob	2) Filip Popovic	
3) Parker Crewson	4) John Fish	
10 Sandwich - Windsor 'A'	3:33.53	1
1) Brad O'Neal	2) Rob Maure	
3) Dapo Adenitan	4) Chad Kristolovich	
11 Vincent Massey - Windsor 'A'	3:33.58	2
1) Laith Al-Kinani	2) Noah Costa	
3) Daniel Akpedeye	4) Keith Sum	
12 Mgrs. Bruyere E S 'A'	3:34.90	1
1) Adrian Livingston	2) Nicholas Schildroth	
3) Amaan Chadha	4) Éric Gareau	
13 St. James - Guelph 'A'	3:35.30	1
1) Luke Cabral	2) Gavin Hughes	
3) Cole Hannam	4) Hadyn Legrand	
14 St. Joseph's - St. Thomas 'A'	3:36.15	1
1) Andrew Russchen	2) Joey Hardy	
3) Kyle Luyt	4) Jordan Palmer	
15 St. Thomas Aquinas - London 'A'	3:38.59	1

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....Men 4x400 Meter Relay Open

1) Jared Wiles	2) Nick Vanderlaan		
3) Nathan Moore	4) Edward Grunwald		
-- St. Mary's - Kitchener 'A'		DNF	2
1) Miguel Robles Villarreal	2) Marcus Kemp		
3) Joshua Jackson	4) Ruairi Tiernan		

Men 100 Meter Dash Blind

Name	Year School	Finals	Wind
1 Bidhialyh Sanon	Brennan, F.J.	16.96	2.7

Men 200 Meter Dash Wheelchair

West Region: # 3:30.67	2014-05-30	Cole Campbell, MacKenzie		
Name	Year School	Finals	Wind	
1 Carlos Melo	C.C.H. - Windsor	49.09#	1.4	

Men 100 Meter Dash Ambulatory

West Region: # 12.08	2006-06-01	Deric Kruse, F.E.Madill		
Name	Year School	Finals	Wind	
1 Nick Heffernan	St.Thomas Aquina	13.97	0.8	
2 Cody Bell	Lambton Central	14.20	0.8	
3 Josh Grondin	MacKenzie	14.25	0.8	

Men 800 Meter Run Ambulatory

West Region: # 2:41.25	2015-05-30	Chris Heaney, St. James		
Name	Year School	Finals		
1 Nick Heffernan	St.Thomas Aquina	2:37.33#		
2 Josh Grondin	MacKenzie	2:37.79#		
3 Brian Eaton	Grand River	2:45.12		
4 Cody Bell	Lambton Central	2:46.27		

Men 100 Meter Dash Intellectual

West Region: # 12.06	2013-05-31	Peter Snider, WCI			
Name	Year School	Finals	Wind	H#	
1 Andre Ferguson	Westview Freedom	12.77	0.7	2	
2 Prince Sulbani	Clarke Road S S	13.21	0.7	2	
3 Craig Machan	MacKenzie	13.42	0.7	2	
4 Xavier Issacs	St. Benedict	13.46	0.7	2	
5 Hunter Legault	Vista Academy	14.08	0.7	2	
6 Matt Pastorius	MacKenzie	15.14	2.0	1	
7 Diego Echeverria	St. Andre Bessette	15.28	2.0	1	
8 Vincent Gareau	Mgsr. Bruyere E S	16.83	2.0	1	
9 Kyri Kerhoulas	London Central	17.76	2.0	1	
10 Connor McCandless	St.Joe's-Windsor	18.37	0.7	2	

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Men 800 Meter Run Intellectual

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West Region: # 2:48.55 2016-05-28 Craig Machan, MacKenzie			
Name	Year	School	Finals
=====			
1 Craig Machan		MacKenzie	2:36.46#
2 Hunter Legault		Vista Academy	2:46.44#
3 Diego Echeverria		St. Andre Bessette	2:48.95
4 Connor McCandless		St.Joe's-Windsor	2:59.99
5 Aidan McCandless		St.Joe's-Windsor	3:02.05
6 Matt Pastorius		MacKenzie	3:07.84
7 Vincent Gareau		Mgsr. Bruyere E S	3:12.27