

# Sashiko – An Introduction

## Supply List

4 to 6 Pre-cut 6" squares; solid color cottons or mid weight linen. Traditional is blue indigo , optional are Pre-printed Sashiko designs\* on a 4" to 6" squares; but only bring 1 or 2 of these so you can learn to mark the cloth for patterns

## Small hand embroidery

Sashiko thread\*, 6 stranded DMC embroidery thread or a 8 Pearl Cotton all work well. NOTE: Do not open Sashiko thread unless you are familiar on how to cut and braid.

Sashiko needles \* or you may use Milner embroidery needles.

Ruler with ¼" markings and/or in millimeters

Marking pens/pencils: Sewline white or Iron off marking pen. (Iron and ironing pad will be available in class.) You will want one with a fine point

Thimble optional

\*Crafts and Quilting does stock Sashiko supplies.

Provided:

An instruction booklet with 6 basic Sashiko patterns and finishing options for coasters or sachets. Or patches can be used in boro cloth.