

Barge Trip 18th July

secure your place! ACSIL

arrange many of these visits at

minimal cost for members and

carers. Let us know if there is

anywhere you'd like to visit!

Transport will leave office at 8.15am, be early or miss it!

discussed amputation and how we could work together to improve the lot of amputees in Merseyside.

ACSIL seek to work closely with other groups and organisations.



MY GRATITUDE AND THANKS

I had my left leg below the knee amputated on the 30th June 2015 and at that moment when I had to make the decision to allow amputation, I felt that my world was gone, as I had always been a sporting person; playing football, swimming, walking and other daily activities that I pursued. I thought initially that my work days were also over, but this was not so. I was in a depressed state on leaving the hospital after my operation, as I was facing a lengthy period confined to a wheelchair.

An organisation called ACSIL helped me mentally and physically to get through my depression, through these bad times. I would advise any person who has undergone or who is undergoing an amputation; if you are feeling down in any way then I would strongly recommend you contact ACSIL and speak to a member. I guarantee they will help you so much up to the point of them convincing you that you do have a future in this world: through ACSIL I met many people that have been through similar circumstances but with a lot more difficulties, none more so than a certain member called Robbie Winterson, who helped me through so much to accept my disability and eventually face up to life. Robbie is a remarkable person who is a very

influential person within the organisation. With his help he gives a lot of other people, new members, new amputees just out of hospital etc. We meet every Thursday afternoon and it is a pleasure to all meet up as a group. Robbie keeps us all alert with his wit, his outlook on life, and mostly his brave personality. Without Robbie on a Thursday it would be a sadder place. The organisation (ACSIL) need people need people like him to be in attendance as his most gifted talent is that he cares at all times for other people. A big thank you to Robbie, Peter, Bobby and all other members of ACSIL for helping myself through my sad and depressing time. God bless you all.

Billy, Jean, Lindsey (Lamberts).

P.S Remember family and friends are so important in life, so if anyone reading this letter needs help, then contact ACSIL, who are there to help you al all times.

#### **PLEASE NOTE**

In 2017 we will be having lots of days out which are wheelchair friendly and mostly free or minimal cost to you and your carer.

#### **HOSPITAL VISITS BY ACSIL**

We will be visiting the Royal and Aintree hospitals on a regular basis to let amputees know about the support and help we can offer them. We will also have a Welfare Officer in to help with free advice on benefits. We need volunteers to visit patients in hospital to tell them about our service. Ring the office if you can help. 0151 261 1166 many thanks!

#### **BIRTHDAY WISHES**

Maureen Furlong, Charlie Philips



Any ideas or suggestions you have can be passed to a committee member for consideration.

# SLIMLINE STAIRLIFTS

### From only £599

Rent a stairlift for less than £10 per week. Excellent service! We buy back used stairlifts. Give us a call, you won't be disappointed!

🕾 Stuart 0151 289 0022

# **THANK YOU!**

Thanks for the continued support and donations from Veronica Burt.

Many thanks to Andy Brittles from Limb Care for his interesting talk on Thursday 29th June.

Thanks to Keith Moore and his partner Teresa for their donation of a cabinet to the group.

Many thanks to all our members and friends for their kind donations, sale of goods donated and continued help to keep the organisation running, well done!

We can't thank you all enough for your help and support to keep ACSIL going.



Every bouquet sold will bring a donation to ACSIL - Bouquets are delivered to your door and are always fresh and beautiful!

#### **OUR SUPPORTERS**

Heartfelt thanks to our sponsors, dignitaries, volunteers, members and carers for all the help and support given in 2017. We know that we couldn't continue our work without you all, Thanks very much to all of you!

#### **FUTURE TRIPS**

The committee has decided that ALL trips whether free or not will require a deposit to be paid to secure a place. No exceptions!

# Introduction to ACSIL

What we do: We provide free and confidential support in the Liverpool and Merseyside area for people for whom an amputation may be necessary or who already are amputees, this also extends to their families, partners and carers.

**Support:** Based on first hand experience we can provide advice, practical help and support when and where needed. Much of our support is given in hospital prior to the operation and just after the operation.

#### **VOLUNTEERS NEEDED**

It is with great sadness that we have to once again ask for volunteers to help at the Royal Hospital and the Prosthetics and Wheelchair Centre at Aintree. Unless we get more volunteers, we won't be able to offer these services.

#### **DON'T LEAVE IT TO OTHERS**

Volunteers are only needed on a monthly basis for one or two hours at Aintree and the Royal to meet and greet other amputees who might need help or advice.

We are making giant strides to get into the Royal and hopefully we will have our own room where we can talk to people in private. Ladies can be accommodated with a lady amputee if required to offer help and advice from a female perspective.

And after: The Amputees and Carers Support Group is an active and dynamic group who meet regularly and organise social events to benefit members.

Our social day is on a Thursday between 10.30am and 4.15pm where you can chat and socialise with other people in a similar situation as yourself. We also provide day trips on specially adapted vehicles.

Interested? Then contact ACSIL between 9.30am and 1.30pm Monday to Friday on 0151 261 1166 or come along to our office and drop-in centre at: ACSIL have electric wheelchairs, ramps, zimmer frames and other aids available for members to borrow on a first come first served basis. Ring the office to check availability and we will try to accommodate you.



Please note: these can only be allocated to our own members and must be returned as supplied originally.



ACSIL are arranging many days out over 2017 so you MUST get your name/s down as soon as possible to avoid disappointment. We try to be as fair as possible but numbers ARE restricted, latecomers usually miss out! Ring Ron ASAP to book early.

# ACSIL

The Liverpool Six

Community Association

99 Queens Road

Everton

Liverpool L6 2NF



0151 261 1166

acsil.liverpool@gmail.com

Visit our website to view or print the latest Newsletter.

www.acsil.com



Join Give as you Live and donate to ACSIL every time you buy something from hundreds of shops.

It's dead easy to join and access, a small drop down menu lets you donate to Amputees & Carers Support in Liverpool. It's FREE to join... Here is the internet address:

## www.giveasyoulive.com

Your help and support would be greatly appreciated

ACSIL

99 Queens Road

Everton

L6 2NF

0151 261 1166

Many thanks to Mark and Tony from Davinci for their continued We very much support. appreciate the advertising revenue from this company.

Leggera

Trail Rider



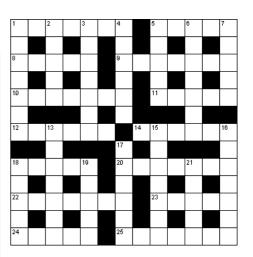
July, August and September 2017 fishing trips - put your name down ASAP for these trips to Rosemary Woods, places are limited. Phone Robbie Winterson to book your place.

Banjo Band at the office on 3rd August, 1 - 2pm

Candleworks & Ice Cream Factory visits July/August, details to follow.

Briars Hall on 3rd October. Max 35 people. Contact Ronnie to book.





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cooter	16. Cut apart (7)
	17. Peak (6)
	18. Go and get (5)

- 19. Enticed (5)
- 21. Evade (5)