

***Community Resources
Pickett County
Byrdstown Center Head Start
2017-2018***



***To find additional information on community
resources access,
Call 211 or www.tennhelp.com
Developed and Distributed by LBJ & C. Head Start***

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Adult Education:

Tennessee Technology Center

740 Airport RD.

Livingston, TN. 38570

(931) 823-5525

(Assists adults to further their education and job skills training)

Volunteer State Community College

113 Windle Community RD.

Livingston, TN 38570

931-8235-7065

(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)

Adult Job Training Services:

Advocacy & Resources Corporation

P.O. Box 3368

Cookeville, TN. 38506

(931) 432-6997

1-800-861-6997

(Assists persons with disabilities to get jobs by providing job coaching / industrial training / school-to-work programs)

Tennessee Technology Center

740 Airport RD.

Livingston, TN. 38570

(931) 823-5525

(Assists adults to further their education and job skills training)

Vocational Rehabilitation

Cookeville, TN. 38501

(931) 526-9783

(Provides assistance with re-education of disabled individuals and job skills training)

Volunteer State Community College

113 Windle Community RD.

Livingston, TN 38570

931-8235-7065

(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)

Resources for Bereavement:

Heart of the Cumberland

P. O. Box 717,

Cookeville, TN 38503

Phone: 931-525-2600

heartofthecumberland@gmail.com

Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances

Hospice Grief Recovery Group

Sponsored by: Lazarus House Hospice

851 South Willow Ave Ste 102

Cookeville, TN.

931-520-1705

931-528-5133

Childcare:

Byrdstown Head Start

1012 Beason Rd

Byrdstown, TN. 38549

(931) 864-3575

(Provide free comprehensive child development services for children 3-5 years old)

PICKETT CO. PRE-K (-E-)

1016 WOODLAWN DR

BYRDSTOWN, TN 38549

(931) 864-3496

Resources to help in Child Abuse Situations:

Child Abuse Hotline

900 2nd Avenue North
Nashville, TN 37201
877-237-0004

(Hotline Only. Provides a 24-hour line to take reports of abuse and neglect from anyone who knows about a child abuse situation)

Department of Children's Services

8816 Highway 111
Byrdstown, TN. 38549
(931) 864-3153

(Provides assistance concerning child abuse and / or Neglect)

Genesis House

Street location is confidential
Cookeville, TN N / A
(931) 526-4730
Hotline: 800-707-5197

(This shelter offers a 24 hour crisis line (will accept collect calls), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, and supportive transitional housing, and individual counseling for domestic violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape / sexual assault).

Pickett County Sheriff's Department

Byrdstown, TN.
(931) 864-3210
Emergency = 911

(Provides assistance in all types of emergency situations, such as child abuse / domestic violence, etc.)

The Exchange Club / Stephens Center for the Prevention of Child Abuse

616-B North Church Street
Livingston, TN 38570
Contact: Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199

(Assist parents with home-building nurturing environments and prevent abuse / neglect through home-visitation programs, parenting classes, & community education programs)

Dental Providers who take TennCare:

Dr. Steven Ellis

215 Oak Street
Livingston, TN 38570
(931) 823-5517
(Provides dental services)

Dr. Parsons Buckie

215 Oak Street
Livingston, TN 38570
(931) 823-5517
(Provides dental services)

Dr. Joe Upton

415 University Street
Livingston, TN 38570
(931) 823-5653
(Provides dental services)

Dr. LG. Puckett

508 North Church Street
Livingston, TN 38570
(931) 823-3754
(Provides dental services)

Pickett County Health Dept

Byrdstown, TN 38549
(931) 864-3178
(Provide medical, dental & nutritional services)

Dental Providers, who do not take TennCare, but offer services to low-income families:

Bread of Life Homeless Shelter and Clinic

281 4th Street

Crossville, TN 38555

931-707-0569

(Primary care medical clinic for uninsured non-income and low-income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Resources for Persons with Disabilities:

Advocacy & Resources Corporation

P.O. Box 3368

Cookeville, TN. 38506

(931) 432-6997

1-800-861-6997

(Assists persons with disabilities to get jobs by providing job coaching / industrial training / school-to-work programs)

Children's Special Services

Pickett County Health Department

931-864-3178

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Project affirm

Dale Hollow Mental Health Center

501 Spruce Street

Livingston, TN 38570

931-432-5590

Hotline: 931-823-5678

(Provides support services for families with children ages 2-17 diagnosed with serious emotional disturbance or dual diagnosis of developmental and behavioral disorder. They also provide respite alternatives ranging from indirect to direct care services. Services are not provided to children who are in the custody of the Department of Children's Services)

Pickett County School System

141 Skyline Drive

Byrdstown, TN. 38549

(931) 864-3123

(Provides assistance with speech / language services & education)

Vocational Rehabilitation

Cookeville, TN. 38501

(931) 526-9783

(Provides assistance with re-education of disabled individuals and job skills training)

Resources to help in Domestic Violence Situations:

Genesis House

Street location is confidential

Cookeville, TN N / A

(931) 526-4730

Hotline: 800-707-5197

(This shelter offers a 24 hour crisis line (collect calls will accept), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, and supportive transitional housing, and individual counseling for domestic violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape / sexual assault).

Pickett County Sheriff's Department

Byrdstown, TN.

(931) 864-3210

Emergency = 911

(Provides assistance in all types of emergency situations, such as child abuse / domestic violence, etc.)

Walk By Faith Ministries

Byrdstown, TN

Contact: Cindy Lee

931-349-4435

**Resources available to help fight the Alcohol and Drug Abuse
(Including METH) Problems in your area:**

All Churches in Local Area (See listed under Pre-Marriage Counselors)

Alcoholics Anonymous (AA)

Sponsored by: Smyrna Church
Byrdstown, TN 38549
931-864-3997

Bradford Health Center @ Livingston Regional Office

550 N. Church St, Ste 10
Livingston, TN 38570
931-403-4673

Child Abuse Hotline

Nashville, TN 37201
877-237-0004

Pickett County Anti-Drug Coalition

City Hall
Byrdstown, TN.
4th Thursday each month 6:00 p.m.

Cumberland Plateau Recovery

550 North Church Street
Livingston, TN. 38570
(931) 403-3577
(931) 265-5382

Dale Hollow Mental Health Center

501 Spruce Street
Livingston, TN. 38570
(931) 823-5678

Department of Children's Services

8816 Highway 111
Byrdstown, TN. 38549
(931) 864-3153

Pickett County Fire Department

Byrdstown, TN.
(931) 864-3210
Emergency = 911
(Assist with emergency needs and offer CPR & First Aid Classes)

Pickett County Sheriff's Department

Byrdstown, TN.

(931) 864-3210

Emergency = 911

(Provides assistance in all types of emergency situations, such as child abuse / domestic violence, etc.)

Life Recovery

Community Center

Byrdstown, TN 38549

(931)650-1077

(Meets every Monday Night at 6pm)

Assistance in the event of an Emergency Situation:

Air Evac Life Team

106 Emergency Services Drive
Albany, KY 42602
(606) 387-9099
Emergency = 911

Byrdstown Medical Center

8401 Highway 111
Byrdstown, TN. 38549
(931) 864-3187

Livingston Regional Hospital

315 Oak Street
Livingston, TN.
931-823-5611

Pickett County Ambulance Service

Byrdstown, TN.
(931) 864-3181
Emergency = 911

Pickett County Fire Department

Byrdstown, TN.
(931) 864-3210
Emergency = 911

Pickett County Sheriff's Department

Byrdstown, TN.
(931) 864-3210 Emergency = 911

Poison Control / National

1-800-222-1222

Shriners of Tennessee

1354 Brick Church Pike
Nashville, TN. 37207
(615) 226-7676

(Helping Children with Orthopedic and burn conditions at no cost to the families or outside agencies)

Thirteenth Judicial Task Force

Cookeville, TN. 38501
(931) 528-5400
(Drug Task Force)

Assistance with Food / Clothing / Utilities Needs:

Barnes Church of Christ

Byrdstown, TN 38549

Bloomington Christian Church

(931) 864-3209

Byrdstown, TN 38549

Byrdstown Christian Church

(931) 864-3557

Byrdstown, TN 38549

Calvary Bible Church

(931) 864-3369

Byrdstown, TN 38549

Chanut Community Church

(606) 387-6982

Community Education Office for the Food Stamp Program

Legal Aid Society of Middle Tennessee and the Cumberlands

9 South Jefferson Avenue

Cookeville, Tennessee 38501

Phone: 931.528.7436 Toll Free: 800.262.6817

Emmanuel Catholic Church of Albany

Albany, KY

Etter Baptist Church

(931) 864-6455

Byrdstown, TN 38549

Family Resource Center

Contact: Nikki Smith

864-6940

Fairview Baptist Church

Byrdstown, TN 38549

First Baptist Church

(931) 864-3499

Byrdstown, TN 38549

First United Methodist Church

(931) 864-7372

Byrdstown, TN 38549

Grace Chapel

Byrdstown, TN 38549

Grace Fellowship Church of Albany

Albany, KY

Locust Grove United Baptist Church

Byrdstown, TN 38549

Love & Grace Full Gospel Church

Byrdstown, TN 38549

Lovelady Christian Church

Byrdstown, TN 38549

Maupin United Methodist Church

(606) 348-0777

Moodyville Union Baptist Church

Byrdstown, TN 38549

Oak Grove Baptist Church

(931) 864-8171

Byrdstown, TN 38549

Pleasant View United Baptist Church

Byrdstown, TN 38549

Red Hill Church of Christ

(931) 864-7481

Byrdstown, TN 38549

Red Hill First Bible Baptist Church

Byrdstown, TN 38549

Smyrna Church

(931) 864-3997

Byrdstown, TN 38549

Star Point Church of Christ

Byrdstown, TN 38549

Travisville United Methodist Church

(931) 879-6215

Jamestown, TN 38556

Williams Chapel Church

Byrdstown, TN 38549

Wolf River Baptist Church

(931) 864-3487

Byrdstown, TN 38549

York Chapel

(931) 879-5797

Jamestown, TN 38556

Department of Human Services

P.O. Box 400

8816 Highway 111

Byrdstown, TN 38549

931-864-3153

Family Resource Center

Byrdstown, TN. 38549

Contact: Nicole Cooksey

(931) 864-6940

Pickett County Health Dept

Byrdstown, TN.

(931) 864-3178

Provide medical services for children under 5 WIC Medical Services

U.C.H.R.A.

Byrdstown, TN. 38549

Contact: Jamie Edwards

(931) 864-6540

(Provide assistance with Food / Utilities / Transportation / job training)

Upper Cumberland Development District

1225 South Willow Avenue

Cookeville, TN 38501

(931) 432-4111

(Provide assistance with Disability Services, Housing, Legal / Governmental Assistance, Money / Employment Assistance, Parenting and Marriage Issues, Transportation / Utilities)

Resources to assist with Housing / Homeless Needs:

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0569

(Primary care medical clinic for uninsured non-income and low-income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Hillcrest Apartments

100 Pickett Square
Byrdstown, TN. 38549
931-864-6218

(Rent based on income with utility allowance)

Pickett Square Apartments / Circle View

100 Pickett Square
Byrdstown, TN. 38549
931-864-6218

(Rent based on income with utility allowance)

Pickett County Homeless

141 Skyline Drive
Byrdstown, TN. 38549
(931) 864-3123

(Assist homeless individuals and families)

Upper Cumberland Development District

1225 South Willow Avenue
Cookeville, TN 38501
(931) 432-4111

(Provide assistance with Disability Services, Housing, Legal / Governmental Assistance, Money / Employment Assistance, Parenting and Marriage Issues, Transportation / Utilities)

United States Department of Agriculture Rural Development

390 South Lowe Avenue Suite K
Cookeville, TN 38501
(931) 528-6539

(Provides affordable home loans. Assists low-income homeowners finance needed home repairs)

Assistance with Insurance Needs:

Department of Human Services / CoverKids

P.O. Box 400
8816 Highway 111
Byrdstown, TN 38549
931-864-3153

(Provide assistance for a variety of functions including, but not limited to Administering the Families First and Food Stamp programs, TennCare & processing applications)

Keisling Insurance Agency

8500 Hwy 111 Suite 150
Byrdstown, TN 38549-2422
931-864-3116

(Provide assistance in obtaining affordable Health Insurance)

Pickett County Farm Bureau

1115 Olympus Drive
Byrdstown, TN 38549-2422
Contact: Kim Garrett
931-864-3755

(Provide assistance in obtaining affordable Health Insurance)

Legal / Governmental Assistance:

Child Support Services of Tennessee - Cookeville

1525 East Spring Street

Suite G

Cookeville, TN 38506

931-528-8598

(Helps locate parents who are not paying child support. They will provide legal representation in child support hearings. They also provide paternity testing)

Legal Aid Society of Middle Tennessee and the Cumberland

9 South Jefferson Avenue

Cookeville, Tennessee 38501

Phone: 931.528.7436

Toll Free: 800.262.6817

(Serves all counties in the LBJ & C Head Start service area. Provides free legal assistance to low-income persons on issues such as TennCare, Medicare, Domestic Violence, Housing Problems, Special Education Issues, and Consumer Issues.)

Rape and Sexual Assault Response Center

1519 East Spring, Suite F

Cookeville, TN 38506

Hours of operation = 24 hrs / day, 7 days a week

Phone: = 931-526-5197

Hotline: 800-707-5197

Translation services offered: Yes

(Serves eight counties in all LBJ & C Head Start service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, and court advocacy, counseling (individual and group support). Also Qualifies for all Genesis House service).

Tennessee 211

1-800-318-9335

(Helps direct non-profit agencies within each local service area of the state. Services are networked to find suicide prevention hotlines, help caring for an elderly relative, help learning to read, to help with emergency utility bill, support groups, & transportation, etc.)

Resources to Strengthen Marriage:

Assessment / Counseling / Training Services (ACTS)

Cookeville, TN 38501

(931) 528-9399

Barnes Church of Christ

Byrdstown, TN 38549

Bloomington Christian Church

(931) 864-3209

Byrdstown, TN 38549

Byrdstown Christian Church

(931) 864-3557

Byrdstown, TN 38549

Calvary Bible Church

(931) 864-3369

Byrdstown, TN 38549

Chanut Community Church

(606) 387-6982

Emmanuel Catholic Church of Albany

Albany, KY

Etter Baptist Church

(931) 864-6455

Byrdstown, TN 38549

Fairview Baptist Church

Byrdstown, TN 38549

First Baptist Church

(931) 864-3499

Byrdstown, TN 38549

First United Methodist Church

(931) 864-7372

Byrdstown, TN 38549

Grace Chapel

Byrdstown, TN 38549

Grace Fellowship Church of Albany
Albany, KY

Locust Grove United Baptist Church
Byrdstown, TN 38549

Love & Grace Full Gospel Church
Byrdstown, TN 38549

Lovelady Christian Church
Byrdstown, TN 38549

Maupin United Methodist Church
(606) 348-0777

Moodyville Missionary Church
Byrdstown, TN 38549

Moodyville Union Baptist Church
Byrdstown, TN 38549

Oak Grove Baptist Church
(931) 864-8171
Byrdstown, TN 38549

Pleasant View United Baptist Church
Byrdstown, TN 38549

Red Hill Church of Christ
(931) 864-7481
Byrdstown, TN 38549

Red Hill First Bible Baptist Church
Byrdstown, TN 38549

Smyrna Church
(931) 864-3997
Byrdstown, TN 38549

Star Point Church of Christ
Byrdstown, TN 38549

Travisville United Methodist Church
(931) 879-6215
Jamestown, TN 38556

Williams Chapel Church
Byrdstown, TN 38549

Wolf River Baptist Church
(931) 864-3487
Byrdstown, TN 38549

York Chapel
(931) 879-5797
Jamestown, TN 38556

Pre-Marriage Counselors:

Barnes Church of Christ
Byrdstown, TN 38549

Bloomington Christian Church
(931) 864-3209
Byrdstown, TN 38549

Byrdstown Christian Church
(931) 864-3557
Byrdstown, TN 38549

Calvary Bible Church
(931) 864-3369
Byrdstown, TN 38549

Chanut Community Church
(606) 387-6982

Emmanuel Catholic Church of Albany
Albany, KY

Etter Baptist Church
(931) 864-6455
Byrdstown, TN 38549

Fairview Baptist Church
Byrdstown, TN 38549

First Baptist Church
(931) 864-3499
Byrdstown, TN 38549

First United Methodist Church
(931) 864-7372
Byrdstown, TN 38549

Grace Chapel
Byrdstown, TN 38549

Grace Fellowship Church of Albany
Albany, KY

Locust Grove United Baptist Church
Byrdstown, TN 38549

Love & Grace Full Gospel Church
Byrdstown, TN 38549

Lovelady Christian Church
Byrdstown, TN 38549

Maupin United Methodist Church
(606) 348-0777

Moodyville Missionary Church
Byrdstown, TN 38549

Moodyville Union Baptist Church
Byrdstown, TN 38549

Oak Grove Baptist Church
(931) 864-8171
Byrdstown, TN 38549

Pleasant View United Baptist Church
Byrdstown, TN 38549

Red Hill Church of Christ
(931) 864-7481
Byrdstown, TN 38549

Red Hill First Bible Baptist Church
Byrdstown, TN 38549

Smyrna Church
(931) 864-3997
Byrdstown, TN 38549

Star Point Church of Christ
Byrdstown, TN 38549

Travisville United Methodist Church
(931) 879-6215
Jamestown, TN 38556

Williams Chapel Church
Byrdstown, TN 38549

Wolf River Baptist Church
(931) 864-3487
Byrdstown, TN 38549

York Chapel
(931) 879-5797
Jamestown, TN 38556

Medical Providers who take TennCare:

Associates In Eye Care

Medical Arts Building

Albany, KY 42602

(1st & 3rd Fri / Byrdstown Medical Center)

Contact: Dr. Upchurch / Dr. Jacobs

1-800-451-5546 (*Provide Vision Care TennCare and all is accepted*)

Children's Special Services

Pickett County Health Department

931-864-3178

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Dr. Mark Clapp

101 Duncan Street

Jamestown, TN 38556

(931) 879-4645 (*Provide medical services*)

Dr. Michael Cummings

Twin Lakes Medical Center

Albany, KY 42602

(606) 387-6627 (*Provide medical services*)

Tommy Fryar, FNP

8401 Highway 111

Byrdstown, TN 38549

(931) 864-3187 (*Provide medical services*)

Dr. Larry Mason

8401 Highway 111

Byrdstown, TN 38549

(931) 864-3187 (*Provide medical services*)

Dr. Joan Clark

8401 Highway 111

Byrdstown, TN 38549

(931) 864-3187 (*Provide medical services*)

Dr. Clough & Colburn

521 Medical Drive
Livingston, TN 38570
(931) 823-5603 (*Provide medical services*)

Dr. Jori Shaffer

8401 Highway 111
Byrdstown, TN 38549
(931) 864-3187 (*Provide medical services*)

Dr. Matthew King

8401 Highway 111
Byrdstown, TN 38549
(931) 864-3187 (*Provide medical services*)

Pickett County Health Dept

Byrdstown, TN 38549
(931) 864-3178 (*Provide medical, dental & nutritional services*)

Livingston Regional Hospital

315 Oak Street
Livingston, TN.
931-823-5611 (*Assist with emergency medical needs*)

Dr. James Tompkins

8401 Highway 111
Byrdstown, TN 38549 (*Provide medical services*)

Medical Providers, who do not take TennCare, but offer services to low-income families:

Bread of Life Homeless Shelter and Clinic

281 4th Street

Crossville, TN 38555

931-707-0569

(Primary care medical clinic for uninsured non-income and low-income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Lion's Club

Moodyville Rd

Byrdstown, TN. 38549

(931) 864-7342

Contact: Herb Groce

(Vision screenings & eyeglasses for those who cannot afford them)

Partnership for Prescription Assistance

Phone: 1-888-477-2669

www.pparx.org

(If you do not have prescription coverage and / or can not afford your medicines, this is available)

Mental Health Providers who take TennCare:

Cumberland Plateau Recovery

550 North Church Street

Livingston, TN. 38570

(931) 403-3577

(931) 265-5382

(Assists those recovering from substance abuse with counseling and support services)

Dale Hollow Mental Health Center

501 Spruce Street

Livingston, TN. 38570

(931) 823-5678

(Assist with family or individual counseling for drugs / alcohol / etc.)

Personal Growth and Learning Center

509 North Cedar Avenue

Cookeville, TN 38501

931-520-8435

Rape and Sexual Assault Response Center

1519 East Spring, Suite F

Cookeville, TN 38506

Hours of operation = 24 hrs / day, 7 days a week

Phone: = 931-526-5197

Hotline: 800-707-5197

(Serves eight counties in all LBJ & C Head Start service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, and court advocacy, counseling (individual and group support). Also Qualifies for all Genesis House service).

Team Evaluation Center

600 North Holtzclaw Avenue

Chattanooga, TN 37404-1220

(423) -622-0500

(Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, then Team will help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)

Volunteer Behavioral Health Care System - Plateau Mental Health Center

1200 South Willow

PO Box 3165

Cookeville, TN 38502

931-432-4123 Hotline: 1-800-281-4943

Mental Health Providers, who do not take TennCare, but offer services to low-income families:

Assessment / Counseling / Training Services (ACTS)

Cookeville, TN. 38501

(931) 528-9399

(Provide Assistance with Marriage Counseling & Mental Health)

Crossroads Counseling

87 Creek Lane Daddy

Crossville, TN 38555

931-707-8921

Contact: Tom Netherton, LPC, LPE

(Child Abuse, Domestic Violence, Drug / Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A & D / chemical dependency counseling, parenting counseling, psychological assessments, psychosexual, and psychosocial / or psychological evaluations.)

LifeCare Family Services

Cookeville, TN. 38501

(931) 528-0051

1-800 - 881-0359

(615) 781-0688

(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

Plateau Mental Health Center

1200 South Willow Avenue

Cookeville TN 38502

Phone: (931) 432-4123 Hotline: (877) 567-6051

(Assist persons with disabilities and mental illness in various ways)

Resources to assist with Transportation Needs:

U.C.H.R.A.

Byrdstown, TN. 38549

Contact: Jamie Edwards

(931) 864-6540

(Provide assistance with Food/Utilities/Transportation/ job training)

Upper Cumberland Development District

1225 South Willow Avenue

Cookeville, TN 38501

(931) 432-4111

(Provide assistance with Disability Services, Housing , Legal/Governmental Assistance , Money/Employment Assistance , Parenting and Marriage Issues , Transportation/Utilities)

Resources to assist persons raising children possibly other than their own:

Agricultural Extension Service - Pickett County

P.O. Box 99

Byrdstown, TN 38549

931-864-3310

(The Agricultural Extension Service of Pickett County offers information on basic food preparation, storage, safety and/preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.)

Family Resource Center

Byrdstown, TN. 38549

(931) 864-6069

(Provides referrals for food, tutoring/counseling/parenting)

Help Us Grow Up Successful (HUGS)

Upper Cumberland

Regional Office

200 West 10th Street

Cookeville, TN 38501

931-528-7531

Developed by the Tennessee Department of Health, Help Us Grow Successfully also known as HUGS is a home visiting program that also coordinates additional services for pregnant and postpartum women up to two years and children ages birth through five years. HUGS coordinators can assist clients in getting health care as well as social, educational, and many other necessary services to ensure Tennessee's babies are born healthy and grow up healthy.

Pickett County Health Dept

Byrdstown, TN.

(931) 864-3178

Provide medical services WIC for children under 5 Medical services

LifeCare Family Services

Cookeville, TN. 38501

(931) 528-0051

1-800- 881-0359

(615) 781-0688

(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

Relatives as Caregivers

1225 South Willow Ave.

Cookeville, TN. 38501

Meets 3rd Thursday of each month 12:30 – 1:30 p.m.

At the Byrdstown Head Start Center

(931) 432-4111

(Assists in various ways, such as support groups, etc.)

The Exchange Club/Stephens Center for the Prevention of Child Abuse

Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

Youth Villages

1420 Neal Street

Cookeville, TN. 38501

(931) 525-6905

(Assists Foster Parents in the Upper Cumberland)

Promoting Youth Involvement:

Agriculture Extension Services //4-H

105 South Main Street
Byrdstown, TN 38549
(931) 864-3310

Contact = Emily Sells/Richard Daniels

(provide opportunities for youth to become involved in community and learn about nutritional information)

Upper Cumberland-Community Services Agency

417 East Broad Street
Suite A.200
Cookeville, TN 38501
931-520-0200

(Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

WCTE American Graduate& Ready To Learn

lWray@wcte.org
CPutnam@wcte.org
931-528-2222

Quit Tobacco Resources

Tennessee Tobacco Quitline:

1-800-784-8669

Cumberland County Health Department

Smoking Cessation

Ruth Lucas

131 South Webb

Crossville, TN 931-484-6196

White County Hospital

Quit 4 Life Smoking Cessation

Greg Williams

931-738-9211

Cookeville Regional Medical Center- Algood Room

Quit 4 Life Smoking Cessation

Tandy Todd

142 W. 5th St.

Cookeville, TN 38501

931-528-5176

March of Dimes and Tennessee Department of Health, WIC Program

S.M.A.R.T. – Smart Mothers are Resisting Tobacco

1-800-884-9301

Nicotine Anonymous

www.nicotineanonymos.org

American Lung Association

Freedom From Smoking

www.lungusa.org

American Lung Association of Tennessee

1-800-432-5864

www.lungusa.org

Former Smokers

The No Smoke Café

<http://clever.net/chrisco/nosmoke/stop.html>

Language Assistance **(All Counties)**

Brent Simpson
931-212-8097

County Health Depts. - Primary Health Care Services

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)

Department of Human Services, Counties

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

Hispanic Family Resource Center

(615) 227-7500
(800) 280-8682

Hispanic Association

732 Lafayette Rd Red Boiling Spgs, TN 37150
(615) 699-6279

Hispanic Service Ebenezer

PO Box 712
Mc Minnville, TN 37111
Phone: 9314741551

LifeCare Family Services - Cookeville - Counseling and Therapeutic Services

665 South Jefferson Avenue
Cookeville, TN 38501
(931) 528-0051

Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)