

# Cater 4 You

## CORPORATE MENU

281 SW 41st St Renton, WA 98057 | O 253-981-4637 | deecater4you@gmail.com | www.cater-4-you.com

### BREAKFAST

Buffet Style - Minimum 10  
compostable plates, cutlery, napkins and serving  
utensils included with order

#### TRADITIONAL ALL AMERICAN \$13.50

cage free egg scramble topped with cheese blend  
served with smoked peppered bacon, sausage links,  
pan fried ranch potatoes, assortment of Marsee  
morning pastries, fresh fruits & berries and chilled  
bottled water

#### CRACK OF DAWN HOT SANDWICH \$10.50

on baked croissant OR english muffin with pan fried  
cage free egg made over well, cheddar cheese AND  
your choice of breakfast protein:  
chef's honey ham | sausage patty | smoked bacon |  
vegetarian

served with fresh fruits & berries and chilled bottled  
water

\*Gluten Free Option Available

#### MEAT LOVER'S BURRITO SUPREME \$10.50

10" savory wrap loaded with cage free scrambled eggs,  
combination of ham, smoked bacon and sausage,  
potato strings and cheese blend.  
served with salsas, fresh fruits & berries and chilled  
bottled water

\*Add Sour Cream .99

#### BREAKFAST EXPRESS \$9.50

assortment of Marsee fresh baked muffins, sconces,  
and coffee cakes served with fresh fruits & berries and  
chilled bottled water

#### OMELETTE BAR \$14

made to order with your choice of fillings and toppings -  
ham, sausage, bacon, green onions, cheese, olives,  
peppers, pico de gallo and salsas  
served with ranch potatoes, fresh fruits & berries,  
morning pastries and chilled bottled waters

### BREAKFAST PLATTERS & MORE

a la carte items - don't forget to purchase dining  
disposables at \$.75 per person

#### MORNING PASTRIES

assortment of Marsee's fresh baked muffins, sconces,  
and coffee cakes

SM (16 pcs) \$32 | LG (30 pcs) \$52

#### BAGELS & CREAM CHEESE

plain | blueberry | everything bagel  
SM (12 pcs) \$22 | LG (18 pcs) \$35

#### DONUTLICIOUS

sweet array of fav doughnuts  
SM (12 pcs) \$24 | LG (24 pcs) \$42

#### MARSEE MINI CINNAMON ROLLS

with cream cheese toppings - 3 day notice  
SM (16 pcs) \$32 | LG (30 pcs) \$52

#### FRESH FRUITS & BERRIES

sliced melons, pineapple, grapes and berries  
SM \$44 | LG \$60  
serves 15-20 | serves 20-25

#### GREEK YOGURT & GRANOLA PARFAITS

with fresh seasonal berries (2 pack - 9.5 oz ea)  
\$10

### BEVERAGES

#### COFFEE & TEA SERVICE

"Proudly serving Peets Coffee"  
Columbia Roast and Assorted Tea Bags  
Decaf Major Dickason - upon request only  
includes sugars, sugar substitutes, honey, half & half  
creamer, cups and stirrers  
\$3.50

96 OZ COFFEE TRAVELERS \$21.50 EA  
serves 12 - 8oz cups with assorted sugars, half & half  
creamer, stir sticks and napkins

TROPICANA ORANGE JUICE \$2

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### BOXED SANDWICHES & WRAPS

"Easy Grab and Go"

COMPLETE with fresh baked cookie, kettle style chips, Athena water, mint, cutlery and napkin

MINIMUM 10

#### ROAST TURKEY & HAVARTI \$13

with crisp lettuce, tomato and aioli spread on wheat

#### FIERY CHICKEN CLUB \$13

oven roast chicken, crisp smoked bacon, avocado, pepperjack cheese, lettuce, tomato and jalapeno ranch spread on freshly baked ciabatta

#### CARVER HAM & SWISS \$13

with crisp lettuce, tomato and honey mustard spread on french roll

#### BLT \$13

with AVOCADO spread on toasted wheat

#### ALBACORE TUNA \$13

housemade tuna salad, lettuce, cucumber, matchstick carrots on wheat

#### ROAST BEEF CHEDDAR \$13

with crisp lettuce, tomato and creamy horseradish spread on french white roll

#### MARGHERITA CHICKEN \$13

with mozzarella cheese roasted peppers, tomatoes, basil and pesto aioli spread

#### STEAK CHIMICHURRI \$13

seasoned and marinated steak slices with roasted peppers, red onions and chimichurri spread on freshly baked ciabatta

#### GRILLED CHICKEN CAESAR WRAP \$13

with crisp romaine and shaved parmesan cheese with creamy caesar in spinach flavored wrap

#### CAJUN SALMON CAESAR WRAP \$14.50

with crisp romaine and shaved parmesan cheese with creamy caesar in spinach flavored wrap

#### TURKEY BACON WRAP \$13

with crisp romaine, cheddar cheese, BBQ1000 in garlic flour wrap

#### ULTIMATE VEGETARIAN \$13

piled high with lettuce, cucumber, tomato, avocado and cheese with hummus spread

#### SEASONED TOFU WRAP (VEGAN) \$13

in rice wrap with vermicelli noodle, lettuce, cilantro, carrots and creamy peanut dip

### BOXED SALADS

"Easy Grab and Go"

COMPLETE with fresh baked cookie, roll & butter, Athena water, mint, cutlery and napkin

MINIMUM 10

#### GRILLED CHICKEN CAESAR \$13

crisp lettuce, shaved parmesan and house baked croutons with creamy caesar dressing

#### CAJUN SALMON CAESAR \$14.50

crisp lettuce, shaved parmesan and house baked croutons with creamy caesar dressing

#### TURKEY SPINACH \$13

diced red apple, raisins, toasted almonds and havarti cheese with raspberry vinaigrette

#### NUTTY CHICKEN CRUNCH \$13

chicken salad with almonds and cashew nuts over garden greens with dill ranch dressing

#### CHEF'S COBB \$13

garden salad with chicken, chopped fried eggs, crisp smoked bacon, tomatoes, red onions, avocado and cheese blend with dill ranch dressing

#### MEDITERRANEAN CHICKEN \$13

grilled chicken, crisp lettuce, tomatoes, cucumber, kalamata olives, pepperoncini, red onions, goat cheese and red wine vinaigrette

#### CHAMPAGNE BERRY \$13

vegetarian

spring greens tossed with blueberries, blackberries, raspberries, strawberries, gorgonzola crumbles and candied walnuts with champagne vinaigrette

#### CITRUS QUINOA & AVOCADO \$13

vegetarian | gluten free | vegan

garden green mix, black beans, corn, red onions, orange wedges and cilantro tossed with citrus lime vinaigrette

#### BLACKENED PORTOBELLO SALAD \$13

vegetarian | vegan option available

ruby mix with arugula, red onions, black beans, gorgonzola crumbles with dijon vinaigrette

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### HOT ENTREES

Buffet Style - Minimum 10

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#### MARGHERITA CHICKEN \$13.50

grilled tender breast of chicken topped with fresh mozzarella, sliced roma tomato and basil then finished with pesto and balsamic reduction

SERVED WITH:

garlic infused penne pasta, chef's veggie of the day, caesar salad and rolls and butter

#### FIESTA CHICKEN \$13

tender chicken thigh marinated with adobo seasoning, grilled and finished with sauteed red and green peppers, corn and citrus cream reduction

SERVED WITH:

cilantro lime rice, southwest salad, tortilla chips and pico de gallo

#### ENCHILADA CHICKEN \$13

seasoned pulled chicken wrapped in flour tortilla with cheese blend, diced tomatoes, onions, black beans and fresh cilantro topped with lemon cream and classic enchilada sauce

SERVED WITH:

cilantro lime rice, southwest salad, tortilla chips and pico de gallo

#### TERIYAKI CHICKEN \$13

marinated grilled tender chicken thigh sauced with our house teriyaki finished with sesame seeds and confetti of pineapple and scallions

SERVED WITH:

sticky rice, veggie lo mein noodles, asian salad with green and purple cabbage, cilantro and green onions topped fried wonton chips with creamy rice vinaigrette

#### COCONUT LEMONGRASS CHICKEN \$13.50

marinated with tumeric, lemongrass and fresh garlic then stir fried with onions, green beans and peppers finished with coconut cream sauce

SERVED WITH:

sticky rice, veggie lo mein noodles, asian salad with green and purple cabbage, cilantro and green onions topped fried wonton chips with creamy rice vinaigrette

#### CHICKEN TIKKA MASALA \$13.50

in traditional tomato creamy butter sauce

SERVED WITH:

pakorras (veggie fritters), chana masala and warm naan bread

#### FIRE GRILLED FLANK STEAK \$14.50

topped with chimichurri sauce

SERVED WITH:

roasted baby red potatoes, chef's veggie of the day, garden fresh salad with ranch and house vinaigrette, rolls and butter

#### STIR FRY BEEF SIRLOIN \$13.50

beef stir fried with broccoli, peppers, onions and carrots with our house sauce

SERVED WITH:

sticky rice, veggie lo mein noodles, asian salad with green and purple cabbage, cilantro and green onions topped fried wonton chips with creamy rice vinaigrette

#### LASAGNA ROLLS \$13

lasagna noodle filled and rolled with seasoned ground beef, italian sausage, ricotta mozzarella and parmesan cheeses sauced with our house marinara

SERVED WITH:

caesar salad, fresh fruit bowl and garlic bread

#### PASTA DUO \$13

garlic infused penne pasta and fettuccini noodles with YOUR CHOICE OF TWO SAUCES: creamy pesto alfredo chicken | classic meat sauce | primavera alfredo | classic marinara

SERVED WITH:

caesar salad, fresh fruit bowl, garlic bread and side of shaved parmesan

#### STREET TACO BAR \$14

seasoned carne asada and adobo chicken, cilantro lime rice, cheddar topped refried beans, warm corn tortillas, tortilla chips, fresh fruit bowl, lettuce, diced onions, fresh cilantro, lime wedges, fried jalapenos, salsa verde, red chili salsa and pico de gallo

ADD GUACAMOLE \$2

#### FILET OF SALMON \$15

oven fried then glazed with sweet apple cider reduction

SERVED WITH:

rice pilaf, chef's veggie of the day, garden fresh salad with ranch and house vinaigrette, rolls and butter

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### **SALISBURY STEAK \$13**

house made steak patty with mushroom demi glaze

SERVED WITH:

mashed potato, chef's veggie of the day, garden fresh salad with ranch and house vinaigrette, rolls and butter

### **PARMESAN CHICKEN 13.50**

italian herb tender breast of chicken breaded with flour, panko and parmesan cheese

SERVED WITH:

fresh fruits and berries, caesar salad, pesto egg noodle and garlic bread

## **VEGAN AND VEGETARIAN**

Buffet Style - Minimum 8

compostable plates, cutlery, napkins and serve utensils included with order

### **VEGGIE FRITTER PARMESAN \$12**

spinach, onion, carrots, potatoes, red peppers and parmesan bound with pureed garbanzo beans and deep fried

SERVED WITH:

cucumber and red radish salad and olive oil infused gluten free pita bread

**\* VEGETARIAN & GLUTEN FREE**

### **ROLLED EGGPLANT \$14**

roasted eggplant stuffed with spinach, zucchini, red peppers and squash covered with a citrus coconut cream sauce

SERVED WITH:

garden salad with red wine vinaigrette and olive oil infused gluten free pita bread

**\* VEGAN, VEGETARIAN & GLUTEN FREE**

### **STUFFED PORTABELLA \$14**

portabella steak stuffed with quinoa, spinach, roma tomatoes and chopped kale topped with balsamic reduction

SERVED WITH:

garden salad with red wine vinaigrette and olive oil infused gluten free pita bread

**\* VEGAN, VEGETARIAN & GLUTEN FREE**

### **GRILLED TOFU SKEWERS \$12**

grilled tofu, pineapple and veggies topped with balsamic reduction

SERVED WITH:

garden salad with red wine vinaigrette and olive oil infused gluten free pita bread

**\* VEGAN, VEGETARIAN & GLUTEN FREE**

## **LITE FARE**

Buffet Style - Minimum 10

compostable plates, cutlery, napkins and serve utensils included with order

### **DELI DELUXE "BUILD YOUR OWN" \$14**

smoked turkey, chef's honey ham, roast beef and chef's "special of the day" deli salad, assorted cheeses, lettuce, tomatoes, red onions and pickles with assorted breads and spreads

SERVED WITH COOKIES AND TWO SIDES:

garden fresh salad | caesar salad | house made potato salad | veggie pasta | fruit & berries | assorted chips

### **SANDWICH EXPRESS \$13**

assortment of sandwiches - smoked turkey & havarti, ham & swiss, fiery clubhouse and chicken spinach crunch served with fresh baked cookies and bottled water PLUS one of the following:

garden fresh salad | caesar salad | housemade potato salad | veggie pasta | fresh fruits & berries | assorted chips

### **SUPER SALAD BAR \$13.50**

crisp romaine lettuce, spring greens and baby spinach with strips of grilled breast of chicken, cajun salmon, diced eggs, bacon pieces, cucumbers, grape tomatoes, red onions, olives, mushrooms, croutons, shaved parmesan and cheese blend with ranch, caesar and our house vinaigrette

SERVED WITH:

fresh fruits & berries and rolls & butter

### **BAJA BAKER'S BAR \$12**

PIPING HOT POTATOES WITH ALL THE WORKS!

jalapeno white cheddar sauce, veggie chili sauce, fajita flavored chopped chicken, cilantro sour cream, grated cheddar and pico de gallo

SERVED WITH:

southwest salad with sweet chili ranch, fresh fruits & berries and tortilla chips

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### SWEET SPOT

#### FRESHLY BAKED COOKIES \$2

assortment of flavors

#### DESSERT BARS \$2

double chocolate fudge, coconut chocolate delight,  
lemon and more

Gluten Free Raspberry Almond Bar \$3

### BEVERAGES

#### CHILLED ATHENA WATER \$1.25

#### CHILLED SODA CANS \$1.25

pepsi products

also available gourmet sodas \$2.50

st. croix, seagram gingerale and pelligrino

#### MANGO SUNRISE ICED TEA | STRAWBERRY

#### LEMONADE

\$30 PER GALLON

#### COLD BEVERAGE SERVICE \$4

mango sunrise iced tea, strawberry lemonade and  
cucumber infused water

includes disposable cups

#### COFFEE URN SERVICE \$50

1.5 gallon - serves 24 - 8oz cups with sugars, creamers,  
stir sticks and napkins

#### COFFEE & TEA SERVICE \$3.50

Peet's Columbia Roast and Assorted Tea Bags with  
sugars, honey packet, half & half creamer, cups and  
stirs

\*decaf coffee available upon request only

#### 96 OZ COFFEE TRAVELERS \$21.50

serves 12 - 8oz cups with assorted sugars, half & half  
creamer, stir sticks and napkins

### MISCELLANEOUS

#### ASSORTED CHIPS \$1.50

to include assorted tim's and hawaiian kettle style chips

#### DISPOSABLES \$.75 PER PERSON

compostable plates, napkins, forks and knives

#### SERVING UTENSILS \$1 EA

tongs | spoons

#### DISPOSABLE WARMING TRAY \$15

Way to Keep Your Catered Food Nice and Hot!  
complete with sternos



CATER 4 YOU  
FRESH, ENTICING, FABULOUS - FARE