

**Del Norte Senior Center**  
**1765 Northcrest Drive**  
**Crescent City, CA 95531**  
**707-464-3069**  
**Hours 9:00am to 4:00pm**

**COME JOIN US!!!**  
**Lunch Served**  
**Monday Thru Friday**  
**11:00am TO 12:30Pm**



# April 2024

**Suggested meal contribution: \$3.00. No one 60 or older will be denied a meal for inability to contribute. Those under 60 must pay a fee.**

SUN	MON	TUE	WED	THU	FRI	SAT
<b>Saltshaker indicates a higher sodium meal.</b>  <b>Low-fat milk served with every meal.</b>	1 Turkey & Cheese Sandwich On W/W Bread, Minestrone Soup W/W Cracker & Peaches	2 Egg Casserole, W/W Blueberry Muffin, Oven Fried Potatoes & Apple Crisp	3 Chicken and Dumplings, Oregon Blend Medley, Warm Applesauce & Fruited Yogurt	4 Beef & Bean Chili, Corn Bread, Green Salad w/dressing & Fresh Fruit	5 Teriyaki Chicken, Steamed Rice, Broccoli, Mandarin Oranges & Fortune Cookie	<b>6 Menu is Subject To Change Without Notice</b>
<b>7 Menu is Subject To Change Without Notice</b>	8 Chicken Supreme, Buttered Noodles, Broccoli Normandy & Peaches	9 Pulled Pork Sandwich on W/W Bun, Baked Beans, Coleslaw & Banana	10 Chili Relleno Casserole, Spanish Rice, Black Beans & Pears	11 Roasted Chicken, Scalloped Potatoes, Green Beans, W/W Roll & Fruit Cup	12 Chef Salad, W/W Roll W/W Cracker & Applesauce	<b>13</b>  <small>shutterstock - 244078135</small>
<b>14</b> 	15 Sweet and Sour Pork, Brown Rice, Stir Fry Vegetables & Pineapple Tidbits	16 Egg Salad Sandwich On W/W Bread, Split Pea Soup, Garbanzo Bean Coleslaw, W/W Cracker & Peaches	17 Baked Fish, Scalloped Potatoes, Sautéed Cabbage W/W Bread & Fruit Cup	18 Chicken Caesar Salad, W/W Roll, W/W Crackers & Banana	19 Whole Grain Spaghetti w/Zesty Meat Sauce, Green Salad w/Dressing, Garlic Bread & Pears	<b>20</b>
<b>21</b>	22 Tuna Noodle Casserole, Mixed Vegetables, W/W Roll & Orange	23 Roasted Turkey, Sweet Potatoes, Succotash, W/W Roll & Pears	24 BBQ Chicken, Buttered Corn, Macaroni Salad, W/W Roll, Fruit Compote & V-8 Juice	25 Vegetarian Chili, Cornbread, W/W Cracker, Coleslaw & Fruited Yogurt	26 <b>Happy Birthday</b> Salisbury Steak Mashed Potatoes w/Gravy, Mixed Vegetables, W/W Bread, Fresh Juice & Birthday Cake	<b>27</b>
<b>28</b>	29 Spanish Frittata, Oven Fried Potatoes, Peach Crisp, Cheese Stick & W/W Blueberry Muffin	30 Beef Lasagna, Italian Vegetables, Tossed Salad, Garlic Bread & Fresh Fruit				<b>30 Senior Legal Service</b> <b>464-3069</b> <b>1-800-972-0002 X304</b> <b>1-707-445-0866 X304</b>