

# Ridgeview Global Studies Academy

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
	3	4	5	6	7	8
	Chicken & Waffles	Beef Tacos	Early Release	Chicken Alfredo	Pizza	
	Carrots	Rice / Beans	Muffin / Yogurt	Peas	Corn	
	Green Beans	Lettuce/Tomato/ Cheese	Cheese / Fruit	Cauliflower	Salad	
	Fruit / Juice	Fruit / Juice	Chips / Juice	Fruit / Juice	Crisp / Juice	
	Milk	Milk	Milk	Milk	Milk	
9	10	11	12	13	14	15
	Mini Corndogs	Hamburger On Bun	Veggie Soup	Burrito	Chicken Nuggets	
	Baked Beans	veggie Sticks	Grilled Cheese	Lettuce / Tomato/ Cheese	Carrots	
	Baked Fries /Salad	Peas & Carrots	Broccoli / Salad	Rice / Beans	Green Beans	
	Fruit / Juice	Salad / Fruit	Fruit / Juice	Fruit / Juice	Salad / Cookie	
	Milk	Milk	Milk	Milk	Juice / Milk	
16	17	18	19	20	21	22
		Chicken Sandwich	Cheese Burger	Chicken Fajita	Pizza	
	NO	Mixed Veggies	Carrots	Rice / Beans	Corn	
	SCHOOL	Tater Tots	Green Beans	Salad	Salad	
		Fruit / Juice	Fruit / Juice	Fruit	Freezie	
		Milk	Milk	Milk	Juice / Milk	
23	24	25	26	27	28	29
	Quesadilla	Hotdog On Bun	Pasta w/Meatsauce	Grilled Cheese	Chicken Nuggets	
	Rice / Beans	Tater Tots	Garlic Bread	Veggie Sticks	Broccoli / Carrots	
	Lettuce / Tomato/ Cheese	Baked Beans	Italian Veggies	Green Beans	Salad	
	Fruit	Fruit / Juice	Salad	Salad / Fruit	Cookie /Juice	
	Milk	Milk	Juice / Milk	Milk	Milk	