Shannon Heston Boys' Basketball Camp 2022

This is our seventeenth year to run our basketball camp in Katy! We believe that summer is agreat opportunity to improve basketball skills and improve your game for the upcoming season. It's a great time to further your knowledge of the game and edge out the competition on the basketball court. We are so excited for the return of camps! This year, for the summer of 2022, we are again excited to offer three sessions of basketball camps. Thank you for choosing Shannon Heston Basketball Camp! Together, we build character, promote positive attitudes, and focus on high quality fundamentals of basketball in a competitive and fun environment.

See you on the court,

Coach Heston



GENERAL INFORMATION

Cost Session 1: \$125 per camper (sibling discount cost:

\$100 per additional camper)

Grades: Boys entering grades 1st - 4th

Times: Monday - Thursday/9:00 a.m. - 12:00 p.m.

Dates: June 13th - June 16th

Cost Session 2: \$125 per camper (sibling discount cost:

\$100 per additional camper)

Grades: Boys entering grades 5th - 8th

Times: Monday - Thursday/1:00 p.m. - 4:00 p.m.

Dates: June 13th - June 16th

Cost Session 3: \$225 per camper (sibling discount cost:

\$200 per additional camper)

Grades: Boys entering grades 2nd - 8th

Times: Monday - Thursday/9:00 a.m. - 4:30 p.m.

Dates: June 20th - June 23rd

This organization and its activities are not related to or sponsored by the Katy Independent School District.

Sessions 1 and 2:

Shooting League

Offensive Skill Work

Fundamental Stations

Competitions

Tournament Games

Session 3:

Shooting League

Fundamental Stations

Teaching Lectures

Position Breakdown Work

Competitions

1 on 1 League

3 on 3 League

Tournament Games

Shannon Heston Basketball Camp *Summer 2022*

© Seven Lakes High School



ALL SESSIONS ARE FOR BOYS ENTERING 1ST - 8TH GRADES

Summer Session 1: June 13th - 16th

9:00 - 12:00 (entering 1st - 4th grades)

Summer Session 2: June 13th - 16th

1:00 - 4:00 (entering 5th - 8th grades)

Summer Session 3: June 20th - 23rd

9:00 - 4:30 (entering 2nd - 8th grades)

About the Staff

Camp director Shannon Heston has worked basketball camps in the Houston area for the past 24 years. Coach Heston continues to lead his 6A high school team with a "team first" mentality and is more proud of the men they become than anything else. This past season his team won 33 games, were crowned district champions, and he was named Coach of the Year. Coach Heston previously served as a high school assistant and middle school coach for 16 seasons before taking over as head coach in 2014.

The camp staff has a passion for teaching and runs a very competitive camp with a focus on basketball improvement, sportsmanship, and having fun! All camp staff are former district championship basketball players or current high school and junior high basketball coaches who LOVE to teach the game of basketball. The coaches want to help campers learn what it takes to be a successful player!

CAMP LOCATION for all of Session 1 and 2

Seven Lakes High School 9251 South Fry Road Katy, Texas 77494 *Main and Aux Gyms

CAMP LOCATION for 4th and 5th grade Session 3

Seven Lakes Junior High School 6026 Katy-Gaston Road Katy, Texas 77494

*Just behind Seven Lakes High School

CAMP LOCATION 2nd/3rd & 6^{th-8th} grade Session 3

Seven Lakes High School 9251 South Fry Road Katy, Texas 77494 *Main, Aux, 9th, and Dance Gyms

CONTACT INFORMATION.

SHANNON HESTON 832.264.2574

email to: <u>hestonbasketballcamp@gmail.com</u> <u>www.shannonhestonbasketballcamp.com</u>

Who is basketball camp for?

Camp is for boys who are serious about basketball and want to learn the game and improve their basketball skills. All three sessions are competitive, focus on teaching, and enjoying the game of basketball.

Camp focus:

- Individual Defense
- Team Defense

Shooting

- Ball Handling
- Rebounding
- Passing
- Individual Offense
- Team Offense

Post Play

- Perimeter Play
- Sportsmanship
- Teamwork

Camp Information:

- Session 1 and 2 concession stand will be open with snacks and drinks.
- Session 3 concession stand will be open with snacks, drinks, hot dogs, pizza, etc.
- There will be a camp bank to deposit money for the concession stand.
- Campers have the option to bring a lunch each day for Session 3.
- Doors open Mondays one hour before camp starts for registration.
- Please have basketball shoes.
- Camp jerseys will be passed out Monday and should be worn each day of camp.
- Session 3 4th and 5th grade campers will start and finish at Seven Lakes Jr. High.
- Session 3 2nd/3rd and 6th 8th grade campers will start and finish at Seven Lakes High School's Main Gym

Shannon Heston Basketball Camp

Boys' Camp Registration Form

- 1. Complete camp application below. One application per camper.
- Return with check or money order payment to Shannon Heston Basketball Camp, 36805 Lariat Lane, Wallis, TX 77485.
- Non-refundable deposit of \$50 (session I and II) or \$75 (session III)
 per player must accompany application and is required prior to June
 11th, 2021. Remaining balance must be paid on or by the first day of
 camp. Full payment is also accepted.
- You may also pay with Venmo! Please put your son's name in the notes so I can keep track of your payment. Send payment to: @Heston-Basketball
- 5. Please circle Jersey Size: YS YM YL AS AM AL AXL

CHECK #

AMOUNT: \$

Session 1:	Session 2:Session 3:
Sessions 1 & 3:	Sessions 2 & 3:
Camper's First Name	Last Name
Grade (next Fall)	School
Parent(s) Name	
lome Phone	Cell Phone
E-mail address: (please	PRINT clear)

By signing below, I authorize Shannon Heston Basketball Camp and staff to arrange emergency medical care as necessary for my son in the event that I cannot be reached to authorize treatment. In such an event, I understandthat, as this camper's parent, my insurance will be considered primary coverage for care. In addition, I hereby release Shannon Heston Basketball Camp in itself and its staff from any liability in the event of illness or injury of my child, and I affirm that my child has no medical conditions that would prevent him from full participation in camp activities.

Signature of Parent of Legal Guardian	Date

PLEASE CHECK IF YOU **DO NOT** WANT YOUR CHILD'S IMAGE USED FOR CAMP FACEBOOK OR ANY FORM OF MEDIA.

Venmo payment to @Heston-Basketball or make check payable to Shannon Heston Basketball Camp
Please Mail Registration Forms to:

Shannon Heston Basketball Camp 36805 Lariat Lane Wallis, TX 77485