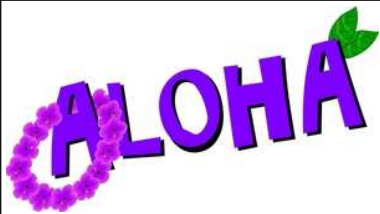


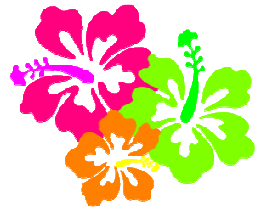
Lokahi Outrigger Canoe Center Newsletter

Vol. 5, Issue 2, April 2015



New Member Welcome and Reminder

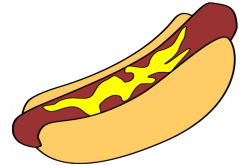
A big welcome to all new paddlers. We are excited to have you join the Lokahi Ohana as you begin your paddling journey! Please remember that club dues are required to be paid by May 1st.



Keiki BBQ— April 18th

The annual Lokahi Keiki BBQ will take place on Saturday April 18th from 12 PM to 2:30 PM immediately following Keiki paddle practice. Lokahi will provide burgers, hot dogs, and drinks for each Keiki paddler and family. Please bring a side dish and/or dessert to share with the rest of the club. If you will be able to attend please make sure you have RSVP'd in order to get an accurate head count for food and drinks. If you are able to assist with cooking and serving let Pua know (we are always looking for volunteers).

RSVP to info@lokahi.us



Ice Cream Social in May-SAVE THE DATE!!

Look for updates via email and Facebook about the May 16th Keiki Ice Cream Social.



Canoes, Shed and Marina

As we enter the 2015 season please remember how important it is to treat our canoes with the utmost care, maintain the cleanliness of the paddle shed and make sure not to leave personal items behind at the marina. The property owners and the City of Petaluma continue to support our club's activities—let's all do our part to make sure this positive relationship continues.

****REMEMBER TO LEAVE SPACE FOR TRAILERED BOATS WHEN PUTTING CANOES IN THE WATER****

Steering and Rigging Clinics

Prior to the first regatta the club will be scheduling clinics to learn how to both steer and rig a canoe. These skills are invaluable to all paddlers and the club. Look for email updates. Contact coaches with any suggestions or comments.

Coaches Message

Thank you everyone for coming out for the 2015 Paddling Season - keep up the hard work at practice, it will pay off as we begin the race season. When possible integrate additional physical fitness routines that to work on your flexibility, strength and endurance outside of paddling practice.

Petaluma River/Marina Cleanup

The annual cleanup is scheduled for May 2nd beginning at 9 AM. Please plan to help before or after your division practice.

FUNDRAISING

Look for Facebook and email update regarding location for the upcoming Lokahi Garage Sale Fundraiser on May 9th. Don't forget that any unused items you have can help the club. Contact Sabri for your item donations!

