LUNCH APRIL 2018

Reduced Price .40 (child) Full Price $2.85 (Child) Adult Price $2.85

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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
| 2  **NO SCHOOL**  **SPRING HOLIDAY** | 3  Cheeseburger on W/G Bun w/lettuce and tomato  French Fries,  ½ cup Fruit,  Milk Variety | 4  Baked Potato w/fixings,  Graham Cracker,  ¾ cup Veggie,  ½ cup Fruit,  Milk Variety | 5  Chicken Nuggets,  W/G Rice,  ¾ cup Veggie,  ½ cup of Fruit,  Milk Variety |
| 9  W/G Spaghetti with Meat Sauce,  W/G Garlic Bread,  ¾ cup Veggie,  ½ cup Fruit,  Milk Variety | 10  Baked Chicken,  W/G Wild Rice,  ¾ cup Veggies,  ½ cup Fruit,  Milk Variety  BOARD MEETING 5:45 pm | 11  Cheese or Pepperoni Pizza on W/G Crust, Garden Salad w/Dressing,  ½ cup Fruit,  Milk Variety | 12  W/G Corn Dog,  Veggie Beans,  ½ cup Fruit,  Milk Variety |
| 16  Grilled Cheese Sandwich,  Chicken/ Vegetable Soup,  ½ cup Fruit,  Milk Variety | 17  Teriyaki Chicken,  W/G Noodles,  ¾ cup Veggies,  ½ cup Fruit,  Milk Variety | 18  Beefy Nachos on W/G Tortilla Chips,  Refried Beans,  ½ cup Fruit,  Milk Variety | 19  Salisbury Steak,  Mashed Potatoes,  W/G Roll,  ¾ cup Veggie,  ½ cup Fruit,  Milk Variety |
| 23  Fish Sticks,  W/G Rice,  ¾ cup Veggie,  ½ cup Fruit,  Milk Variety | 24  All Beef Hot Dog on a W/G Bun,  Veggie Beans,  ½ cup Fruit,  Milk Variety | 25  W/G Mac & Cheese,  W/G Garlic Bread,  ¾ cup Veggie,  ½ cup Fruit,  Milk Variety | 26  BBQ Chicken,  Baked Potato Wedges,  W/G Roll,  ¾ cup Veggie,  ½ cup Fruit,  Milk Variety |
| 30  Beef Taco on W/G Shell,  Lettuce, Tomato, Cheese,  Spanish Rice,  ½ cup Fruit,  Milk Variety | If you would like to have  breakfast or lunch with your child/ grandchild, please contact Ms Leslie 24 hours in advance, so we may plan accordingly. | WEEKLY AVERAGE:  Calories: 600-650  Sodium: < 1230  Sat. Fat: < 10  Trans Fat: zero | NSLP REQUIREMENTS:  Fruit: ½ cup daily  Veggie: ¾ cup daily  Meat/Alt: 1.75 oz. daily  Grains: 1.75 oz. daily  Milk: 1 cup daily |

**This institution is an equal opportunity provider**

Menu is subject to change without notice.

Milk Variety: Low Fat 1% White or Non Fat Chocolate or Non Fat Strawberry

BREAKFAST APRIL 2018 Breakfast in the classroom Adult Price $2.85

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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
| 2  **NO SCHOOL**  **SPRING HOLIDAY** | 3  W/G Pancakes,  1 cup of Fruit,  Milk Variety | 4  Scrambled Eggs,  Sausage Patty,  W/G Toast,  1 cup of Fruit,  Milk Variety | 5  W/G Banana Muffins,  String cheese,  1 cup of Fruit,  Milk Variety |
| 9  W/G Bagel with  cream cheese or peanut butter,  1 cup Fruit,  Milk Variety | 10  Scrambled Eggs,  Ham Slice,  W/G English Muffin,  1 cup Fruit,  Milk Variety | 11  W/G French Toast,  1 cup Fruit,  Milk Variety | 12  Oatmeal w/Raisins,  1 cup Fruit,  Milk Variety |
| 16  W/G Cereal Bar  Yogurt,,  1 cup Fruit,  Milk Variety | 17  Scrambled Eggs,  W/G Pancake on a Stick  1 cup Fruit,  Milk variety | 18  Scrambled eggs W/Cheese,  Bacon,  W/G Toast,  1 cup Fruit,  Milk Variety | 19  Fruit Smoothie,  W/G English Muffin  w/ peanut butter,  Milk Variety |
| 23  W/G Blueberry Breakfast Cookies,  Yogurt,  1 cup Fruit,  Milk Variety | 24  Ham and Eggs,  W/G English Muffin,  1 cup Fruit  Milk Variety | 25  W/G Waffles,  Sausage patty,  1 cup Fruit,  Milk Variety | 26  W/G Cereal with Milk,  1 cup Fruit,  Milk Variety |
| 30  Breakfast Burrito on a  W/G Tortilla,  1 cup Fruit,  Milk Variety | WEEKLY AVERAGE:  Calories: 400-500  Sodium: < 540  Sat Fat: <10  Trans Fat: 0g/Serving | Please advise Ms Leslie  24 hrs. in advance if you would like to have breakfast or lunch you’re your child/grandchild so we may plan accordingly. | NSLP REQUIREMENTS:  fruit: 1 cup daily  Grain: 2 oz. daily  Milk: 1 cup daily  Meat/Alt.: Optional |

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