

Subtype Interests Defined

- **Self-Preservation** – my private world; to preserve and maintain¹
 - home, garden, family, solitary and personal pursuits
 - having enough resources, safety, health
 - grounded, practical, introverted, firm boundaries
 - adjust the environment to their needs
 - *preserving, retracting*²
 - contracting³
 - *individualist*
 - **drive to matter, to be useful**⁴
- **Sexual** – my intimate, creative or spiritual life; to activate; to reproduce¹
 - love affairs, intense experiences & encounters, transcendent spirituality
 - move toward stimulation (of nervous system⁵), aggressive, competitive, emotionally intense
 - change, fluid boundaries
 - most energized subtype
 - seeking intimacy
 - *transmitting*²
 - expanding, relational³
 - *adventurer*
 - **drive to be known, to attract, to connect**⁴
- **Social** – my role in social activities, as either a leader or a participant¹
 - event planning, parties, charity work, causes, politics, fund raising
 - adapt to serve the needs of environment
 - seek long-term personal connection
 - aware of others and how they affect others, more warm, open & engaging
 - avoids long periods of quiet solitude and exclusive intimacy
 - *navigating*²
 - adapting, locking in, making meaning³
 - *adapter*
 - **drive to belong**⁴

Contrasting the subtypes⁶ –

SP versus **SX** – **solitude**⁷ versus *intimacy*;
responsibility versus *freedom*;
ordinary life versus *mysticism*

SX versus **SOC** – *informality* versus **formality**;
spontaneity versus **planning**;
vivacity/animated versus **smoothness**

SP versus **SOC** – **comfort** versus **consensus**;
directness versus **diplomacy**;
personal focus versus **social** focus

¹ Rhodes, *Archetypes* and Enneagram Institute

² Mario Sikora

³ Barbato, Enneagram Monthly #239

⁴ Hahn & Becket, *The Energetics of Relationship*

⁵ Whiteside, Instincts as Celtic Knot, Enneagram Monthly #247

⁶ Rhodes, *Archetypes*

⁷ *SX italics blue*; SP black **bold**; SOC underlined yellow