



DANCE WORKS

The Center for Dance and Movement

Presents **Modern and Moving**

Modern Dance Classes & Workshop

Adults

Nicole Wieczorek Martinell

Artistic Director,
Deep Vision Dance Company

Youth

Kelly Weckesser Hall

Teaching Artist & Dancer,
Deep Vision Dance Company

Saturday, June 17

BOTTLE WORKS

411 Third Avenue, Cambria City

classes: \$15; workshop: \$18



Photo © Michael Faulkner

Adult Schedule

- 9:00-10:30am: Youth (14-18 yrs) Beginner/Intermediate Modern Dance Class: Momentum, Sequencing and Spirals
- 10:45-12:15pm: Youth (14-18 yrs) Intermediate-Advanced Modern Dance Class: Momentum, Sequencing & Spirals
- 1:00-3:00pm: Youth (14-18 yrs) Choreography Workshop: Generating, Manipulating & Dance Making
- 3:30-5:00pm: Adult (18+ yrs) Beginner/Modern Dance class: Introduction to Movement Fundamentals

These classes emphasize a somatic approach to modern dance technique, layering self-awareness with dynamic movement choices and personal artistry.

Youth Schedule

- 9:00-10:00am: Youth (5-7 yrs) Modern Dance Fundamentals: Rolling, Bouncing, Stacking
- 10:15-11:45am: Youth (8-10 yrs) Modern Dance Fundamentals: Rolling, Bouncing, Stacking
- 12:00-1:30pm: Youth (11-13 yrs) Modern Dance Fundamentals: Rolling, Bouncing, Stacking

These classes emphasize improvisation, movement fundamentals, and partnering to explore how energy dynamics help us to interact with and support one another

For information & registration:
www.johnstownconcertballet.org

or call 814-243-2224