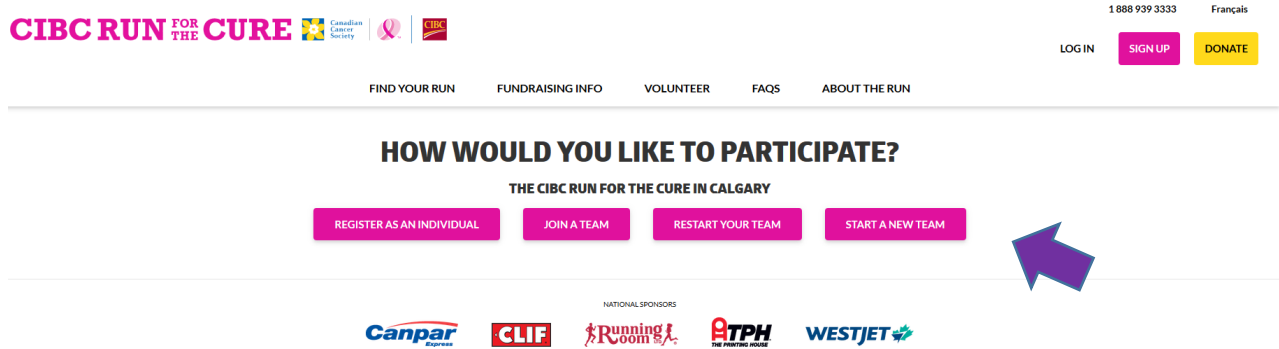


Steps for creating your Metastatic Breast Cancer Team

1. Choose your province and town
2. Select “Start a New Team” – even if it is just 1 or 2 of you.



3. Fill in the boxes
 - o Name your team - it has to start with “Metastatic Breast Cancer”
 - o Select “Metastatic Breast Cancer” as your organization,
 - o Select “Friends and Family Team”

Calgary

The screenshot shows the "JOIN OR FORM A TEAM" form. The form has four main sections: "Team name:" with a text input field containing "Metastatic Breast Cancer <Your Team Name>", "Fundraising goal:" with a text input field containing "\$2,500.00", "Corporate/Organizational affiliation:" with a dropdown menu showing "Metastatic Breast Cancer", and "Type of team" with a dropdown menu showing "Friends and Family Team". A "NEXT STEP" button is located at the bottom right of the form. Three purple arrows point to the "Team name", "Corporate/Organizational affiliation", and "Type of team" fields.

[I would like to join an existing team](#) | [I would like to participate as an individual](#)

4. Select what kind of fundraising you would like to do – pay a \$35/40 entry free or try to raise \$150 or more.
5. Create your user name & password and continue to follow the instructions.

If you have a previous Run for the Cure team that you’d like to switch over and need help – please contact the CCS Run organizers and they’ll be able to do it behind the scenes.

Don’t worry if you want to change anything later. It can be done!

To connect with other MBC team captains and participants – mbcteams@outlook.com or <https://www.facebook.com/groups/MBCRunforCureTeams>